

# Oklahoma TRACK & FIELD NEWS

Devoted to Track & Field and Cross Country

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SEASON LEADING 400-METER RELAY--Altus' Chauncey Raiden signals the win after handing off to teammate David Bennett in the Elk City Track Classic April 21st. The Bulldogs have the season's best time of 41.82 set at the John Jacobs Invitational in Norman April 14th. Photo by John Hoke

## John Jacobs Invitational

University of Oklahoma

Norman

4/14/95

5A Boys

TEAM SCORING: 1. Edmond North 132; 2. Eisenhower 67; 3. Norman 61; 4. Jenks 57; 5. Del City 49; 6. Edmond Memorial 46; 7. Moore 45; 8. Union 43; 9. Lawton 27; 10. Rogers 20; 11. Washington 16; 12. Northwest Classen 12; 13. Putnam North 10.

100: 1. Birch, Rog. 10.69; 2. Butler, DC, 10.96; 3. Wakefield, EN, 11.18; 4. Murchison, Ike, 11.20; 5. Johnson, EN, 11.21.

200: 1. Birch, Rog. 21.65; 2. Johnson, EN, 22.52; 3. Leon, Moore, 22.84; 4. Brown, DC, 22.89; 5. Home, Ike, 22.91.

400: 1. Leon, Moore, 49.28; 2. Rogers, DC, 49.55; 3. Jons, Law, 51.28; 4. Home, Ike, 51.4; 5. Belonga, Nor, 51.62.

800: 1. Bennett, Nor, 2:00.19; 2. Ashley, EN, 2:01.02; 3. Starks, Un, 2:01.31; 4. Factor, EN, 2:02.88; 5. Springer, Nor, 2:03.33.

1600: 1. Donnelly, Nor, 4:34.31; 2. Jefferson, Ike, 4:35.43; 3. Podoll, EM, 4:36.75; 4. Thompson, EM, 4:38.26; 5. Reid, Jenks, 4:40.59.

3200: 1. Donnelly, Nor, 10:06.34; 2. Podoll, EM, 10:11.60; 3. Thompson, EM, 10:21.33; 4. Reid, Jenks, 10:25.12; 5. Becker, Jenks, 10:30.69.

400 Relay: 1. Edmond North 42.49; 2. Union 42.62; 3. Del City 42.95; 4. Eisenhower 43.03; 5. Washington 43.06.

1600 Relay: 1. Edmond North 3:20.96; 2. Del City 3:24.65; 3. Moore 3:26.26; 4. Jenks 3:26.47; 5. Lawton 3:31.09.

3200 Relay: 1. Norman 8:06.09; 2. Eisenhower 8:13.21; 3. Jenks 8:13.84; 4. Edmond Memorial 8:14.92; 5. Edmond North 8:17.91.

110H: 1. Briscoe, EN, 15.31; 2. Nash, EM, 15.51; 3. Baugh, Ike, 15.63; 4. Schat, Nor, 16.24; 5. Coleman, Ike, 16.29.

300H: 1. Briscoe, EN, 40.60; 2. Baugh, Ike, 41.10; 3. Huffman, Law, 41.20; 4. Carson, Jenks, 42.0; 5. Carter, Un, 42.50.

Shot: 1. Anderson, Moore, 55-4; 2. LeBlanc, EN, 52-1.75; 3. Bennett, Un, 51-11.75; 4. Fitzgerald, PN, 50-8.5; 5. Light, EM, 48-4.

Discus: 1. Dicus, Jenks, 187-0; 2. LeBlanc, EN, 171-6; 3. Fitzgerald, PN, 171-0; 4. Robinson, Ike, 161-4; 5. Casey, Nor, 147-6.

Long Jump: 1. Winfrey, Un, 22-10.5; 2. Porter, Law, 22-9.25; 3. McQuarters, Was, 22-9.25; 4. Ratliff, Was, 22-4; 5. Birdow, Law, 22-3.25.

High Jump: 1. Modey, NC, 6-8; 2. Washington, Jenks, 6-6; 3. Schadegg, EN, 6-4; 4. Williams, EM, 6-2; 5. Primrose, Moore, 6-2.

Pole Vault: 1. Conoway, EN, 13-8; 2. Benear, EN, 13-0; 3. Burdick, Jenks, 12-0; 4. Jackson, Moore, 11-0.

### 4A-A Boys

TEAM SCORING: 1. Altus 80; 2. Idabel 76; 3. John Marshall 59; 4. Duncan 45; 5. Stroud 38; 6. Ada 36.5; 7. Northeast 34; 8. (tie) MacArthur, Douglass 28; 10. Ardmore 19.5; 11. (tie) Carl Albert, Guthrie, Little Axe 16; 14. Wynnewood 12; 15. (tie)

Continued on page 3

Over 20 Meets Inside  
Rankings for Every Class

Next Issue: May 12

# On TRACK

By John Hoke, Editor

This is the last issue before the 3A and below regionals and state meets as well as the 4A-5A regionals. I have to say that I'm pretty disappointed at the number of track meets held that didn't report their results, especially after having so many reported in the last issue. Add the poor weather last weekend, which cancelled many meets and shortened others, and there are less than 25 meets reported in this issue of nearly 50 that were scheduled. This has made it tough to feel good about the season leaders lists but we can only operate with the information we receive.

I've had a lot of help from coaches again this year in doing the season leaders lists which is something that I really couldn't do without. Special thanks go to Jerry Loveall and Scott Combest at Velma-Alma; Brett Stone at Boise City; Randy Belicek, Purcell and Bob Wood at Stroud; Amie Lampkin, Plainview and Jimmy Brackeen at Marlow; Mike Driskil at John Marshall and David Morton of McGuinness. Many others, too numerous to list, have also contributed in one way or another and I really appreciate the support and interest everyone has shown.

The Oklahoma vs. Arkansas Track Dual will be held in Greenwood, Ark., again this year and I want to encourage coaches to nominate their top junior and senior athletes for the Oklahoma All-Star Team. We will be taking four competitors per event as well as relays and this means that there is a place on this team for a lot of athletes. Last year there were a lot of open slots which we need to fill this year--there is a story elsewhere in this issue with more information.

Bret Rider of Beaver and Jim Coleman of Watonga are the head coaches for the Oklahoma team competing in the Great Southwest Classic to held at Arizona State University in Tempe, Ariz., May 27th. They will be meeting over the next two weeks to select the very best our state has to represent us in this prestigious meet. I attended the Oklahoma City meet this week at Millwood High School and I must say that I was appalled at what the city's athletes and coaches must deal with regarding the lack of equipment and facilities. I know that city voters voted down the funds that would have provided for better equipment and much-needed repairs and I wonder what they must have been thinking. What better way to get our young people involved in healthy activities exists besides sports? I know that the city school's athletic director, Eddie Griffin, is doing a great job trying to re-establish sports in the city and I hope that there is some way to get him the funds necessary to make this happen.

It has been a tough week for Oklahoma City as well as the state of Oklahoma and the United States. I was talking to a local coach when the bomb shook my building April 19th and I watched the plume of black smoke rise over the downtown area less than four miles away. This was a terrible tragedy and one that will be in our memories forever. My thoughts are with those that lost loved-ones or were hurt in this senseless act. My fervent hope is that we can pull together as a city, state and nation and not let this extinguish our enthusiasm for life, which must go on.

See you at a track meet.

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# John Jacobs Invitational

Continued from page 1

Poteau, Elk City, Hooker 10; 18. (tie) Webster, Marlow 9; 20. Velma-Alma 8; 21. Millwood 6; 22. Spiro 5; 23. (tie)Lindsay, Davenport 3; 25. Plainview 2; 26. El Reno 1.5.

100: 1. Marsh, Dou. 10.61; 2. Jones, Dou. 10.92; 3. Cole, Id. 10.93; 4. Maddox, Mac. 10.94; 5. Burch, Pot. 11.04.

200: 1. Marsh, Dou. 22.24; 2. Cole, Id. 22.45; 3. Pearce, Id. 22.88; 4. Scott, Spiro. 22.91; 5. Daniels, Ada. 23.06.

400: 1. Ralden, Altus. 49.86; 2. Babock, JM. 50.06; 3. Jackson, Id. 50.16; 4. Swindell, Mill. 50.49; 5. Giddings, Mac. 50.99.

800: 1. Mason, NE. 1:58.23; 2. K. Calhoun, JM. 2:02.94; 3. Rex, CA. 2:03.05; 4. M. Calhoun, JM. 2:04.51; 5. Cantrell, Ada. 2:05.68.

1600: 1. Mason, NE. 4:27.91; 2. Cleck, Gut. 4:39.85; 3. Whitlock, Altus. 4:42.97; 4. Lewis, LA. 4:43.58; 5. Clark, Pla. 4:44.18.

3200: 1. Mason, NE. 9:47.88; 2. Johnson, VA. 9:55.61; 3. Derosa, Pot. 10:14.92; 4. Lowery, CA. 10:28.18; 5. McKinney, Dav. 10:28.18.

400 Relay: 1. Altus 41.82; 2. MacArthur 42.87; 3. Ardmore 43.6; 4. John Marshall 43.95; 5. Ada 44.14.

1600 Relay: 1. Altus 3:22.5; 2. Idabel 3:26.63; 3. Ada 3:27.32; 4. Duncan 3:27.32; 5. MacArthur 3:27.58.

3200 Relay: 1. Duncan 8:07.95; 2. John Marshall 8:11.08; 3. Little Axe 8:25.96; 4. Guthrie 8:27.01; 5. Ada 8:30.18.

110H: 1. Bennett, Altus. 14.05; 2. Austin, Id. 14.63; 3. Curtis, Dun. 14.81; 4. Braddy, NE. 14.83; 5. Maytubby, Ard. 15.49.

300H: 1. Austin, Id. 39.70; 2. Curtis, Dun. 39.80; 3. Atkinson, Mac. 40.40; 4. Thompson, JM. 40.80; 5. Banks, Ard. 41.00.

Shot: 1. C. Bookout, Str. 54-7.75; 2. Kay, Wyn. 50-6.75; 3. Mack, Id. 49-0.25; 4. Lyon, Lin. 48-7; 5. Cook, Ada. 48-0.25.

Discus: 1. C. Bookout, Str. 181-2; 2. Rakes, Web. 156-8; 3. K. Bookout, Str. 156-2; 4. Thomas, Ada. 155-8; 5. Pruitt, Dun. 140-8.

Long Jump: 1. Pearce, Id. 22-7.75; 2. Grissom, JM. 21-10.75; 3. Thorton, CA. 21-6.75; 4. Thomas, Ada. 20-6.5; 5. Weary, JM. 20-1.5.

High Jump: 1. Butler, Hook. 6-8; 2. Bennett, Altus. 6-4; 3. Sheely, Altus. 6-2; 4. Harris, Wyn. 6-2; 5. (tie) Hughes, Ada, Smith, Ard. 6-2.

Pole Vault: 1. Heard, EC. 14-0; 2. Wilkinson, Str. 13-6; 3. Black, Mar. 12-6; 4. Willis, Str. 12-0; 5. (tie) Montgomery, Dun, James, ER. 12-0.

## 5A Girls

TEAM SCORING: 1. Jenks 134; 2. Washington 117; 3. Union 77; 4. Norman 66; 5. Northwest Classen 46; 6. Del City 42; 7. Edmond North 39; 8. Yukon 29; 9. Rogers 17; 10. Shawnee 15; 11. Edmond Memorial 12; 12. (tie) Moore, Putnam North 10.

100: 1. Schumpert, Was. 12.54; 2. Givens, Un. 12.74; 3. Wilson, NWC. 12.97; 4. Dulaney, EN. 13.04; 5. Ledbetter, Rog. 13.08.

200: 1. Schumpert, Was. 26.81; 2. Ledbetter, Rog. 27.27; 3. Hill, Un. 27.33; 4. Sorrels, EM. 27.43; 5. Orr, Un. 27.72.

400: 1. Wilson, NWC. 1:00.84; 2. Thompson, Was. 1:01.73; 3. Prescott, PN. 1:03.16; 4. Srjeck, Jenks. 1:03.53; 5. Freeman, DC. 1:03.53.

800: 1. O'Rourke, Jenks. 2:22.64; 2. Dean, Yuk. 2:23.18; 3. Reser, Nor. 2:24.69; 4. Delozier, Nor. 2:24.84; 5. Nickens, Jenks. 2:26.34.

1600: 1. O'Rourke, Jenks. 5:30.7; 2. Dean, Yuk. 5:34.96; 3. Alhgren, Jenks. 5:35.47; 4. Settle, Moore. 5:35.97; 5. Horton, Nor. 5:36.82.

3200: 1. Gibson, Sha. 12:12.19; 2. Riddle, Un. 12:17.21; 3. Nix, Jenks. 12:33.88; 4. Alhgren, Jenks. 12:38.19; 5. Miller, EN. 12:40.38.

400 Relay: 1. Washington 48.53; 2. Del City 49.97; 3. Union 50.1; 4. Northwest Classen 51.42; 5. Norman 51.55.

800 Relay: 1. Washington 1:45.9; 2. Del City 1:46.39; 3. Union 1:46.65; 4. Jenks 1:47.61; 5. Northwest Classen 1:48.23.

1600 Relay: 1. Jenks 4:05.6; 2. Washington 4:15.0; 3. Northwest Classen 4:15.86; 4. Edmond North 4:17.66; 5. Del City 4:18.31.

3200 Relay: 1. Jenks 9:47.80; 2. Norman



OKLAHOMA CITY MEET--Local rivals Justin Matthews of John Marshall (left) and Mike Braddy of Northeast duke it out in the 110 meter hurdles. Photo by John Hoke

9:59.76; 3. Washington 10:18.31; 4. Edmond North 10:18.44; 5. Moore 10:37.00.

100H: 1. Burns, Was. 14.76; 2. Cato, Yuk. 16.51; 3. Cook, Rog. 17.00; 4. Geaves, Un. 17.06; 5. Stuart, Nor. 17.42.

300H: 1. Laughry, Jenks. 47.4; 2. Nickens, Jenks. 48.0; 3. Bruner, NWC. 48.6; 4. Miller, DC. 48.8; 5. Geaves, Un. 50.7.

Shot: 1. Schlegel, Un. 43-1.75; 2. Palmer, Nor. 40-1.75; 3. Webster, EN. 36-0; 4. Laughry, Jenks. 34-6.75; 5. Johnson, Nor. 34-3.75.

Discus: 1. Schlegel, Un. 130-4; 2. Palmer, Nor. 127-10; 3. Holt, Nor. 113-8; 4. Ward, Yuk. 110-4; 5. Siems, Jenks. 110-0.

Long Jump: 1. Bell, Was. 18-1; 2. Johnston, Jenks. 17-2.25; 3. Halverson, Nor. 17-1.50; 4. Suzuki, Jenks. 16-8.

High Jump: 1. Toole, EN. 5-4; 2. Vanduyne, EM. 4-10; 3. Rademeyer, Jenks. 4-10; 4. Combs, Sha. 4-10.

## 4A-A Girls

TEAM SCORING: 1. Ardmore 106; 2. Plainview 79; 3. Holdenville 67; 4. Guthrie 59; 5. John Marshall 56; 6. Millwood 42; 7. Wynnewood 40; 8. Marlow 37; 9. Poteau 32; 10. (tie) Northeast, Altus 27; 12. Sulphur 10; 13. Elk City 8; 14. Chickasha 7; 15. MacArthur 6; 16. (tie)Stroud, Western Heights, U.S. Grant 4; 19. (tie)Star Spencer, Douglass 2.

100: 1. Hayes, Mill. 12.60; 2. Lee, Ard. 12.71; 3. Knowles, Wyn. 12.75; 4. Morrow, NE. 12.78; 5. Patton, Pla. 13.04.

200: 1. Morrow, NE. 26.15; 2. Knowles, Wyn. 26.33; 3. Young, Altus. 26.49; 4. Williamson, Ard. 26.93; 5. Brown, SS. 27.47.

400: 1. Lacy, Hol. 59.84; 2. Monroe, Gut. 1:00.84; 3. Roberts, JM. 1:01.02; 4. Young, Altus. 1:01.43; 5. Treadwell, Hol. 1:02.01.

800: 1. Roberts, JM. 2:30.32; 2. Harvey, Pla. 2:34.51; 3. Cowan, Gut. 2:35.82; 4. Schuknecht, Str. 2:37.46; 5. Swanegan, JM. 2:43.61.

1600: 1. Harvey, Pla. 5:30.2; 2. Woodard, Gut. 5:33.71; 3. McCullon, Pla. 5:43.76; 4. Cowan, Gut. 5:45.01; 5. McKennley, Mill. 6:07.62.

3200: 1. Harvey, Pla. 11:47.8; 2. Woodard, Gut. 11:48.08; 3. Guild, Mar. 11:50.37; 4. Shaw, WH. 11:52.12; 5. Lemons, Mar. 11:56.48.

400 Relay: 1. Ardmore 49.34; 2. Holdenville 49.77; 3. Northeast 50.39; 4. Wynnewood 50.58; 5. John Marshall 51.11.

800 Relay: 1. Millwood 1:44.64; 2. Holdenville 1:44.85; 3. Ardmore 1:45.08; 4. Plainview 1:49.09; 5. Poteau 1:49.35.

1600 Relay: 1. Holdenville 4:10.93; 2. Altus 4:16.08; 3. Ardmore 4:16.69; 4. Marlow 4:18.71; 5. Guthrie 4:30.38.

3200 Relay: 1. Plainview 9:57.10; 2. Guthrie 10:14.64; 3. Poteau 10:33.21; 4. Marlow 10:39.00; 5. Ardmore 10:54.07.

100H: 1. Wisby, JM. 15.77; 2. Sanders, JM. 16.29; 3. Johnson, Ard. 16.63; 4. Ladd, USG. 17.34; 5. Wall, Pla. 17.44.

300H: 1. Bunch, Pot. 47.9; 2. Wisby, JM. 49.6; 3. Lusk, Mill. 49.9; 4. Johnson, Ard. 50.5; 5. Qualls, Ard. 51.1.

Shot: 1. Dowdy, Ard. 41-0; 2. Jones, EC. 35-7; 3. Dotson, Wyn. 35-1.5; 4. Easterling, Pla. 35-1; 5. Carson, Mar. 33-11.5.

Discus: 1. Carson, Mar. 138-2; 2. Dowdy, Ard. 134-4; 3. Stewart, Mac. 110-10; 4. Warren, Pot. 109-10; 5. Lee, Ard. 108-6.

Long Jump: 1. Williams, Wyn. 17-6.5; 2. Wisby, JM. 17-3.75; 3. Asberry, Ard. 16-0; 4. Brown, Chick. 15-9; 5. Curtis, Hol. 15-6.25.

High Jump: 1. Row, Sul. 5-4; 2. (tie)Pickens, Ard. Blackwell, Pla. 4-10; 4. Hladik, Gut. 4-10; 5. Workman, Chick. 4-10.



OKLAHOMA CITY MEET--John Marshall's Maricia Sanders sails over the hurdle in the 100 meter hurdles. Photo by John Hoke

## Elk City Track Classic

Elk City High School  
4/21/95

### Girls

**TEAM SCORING:** 1. Liberal, Ks, 182; 2. McGuinness 80; 3. Canadian, Tx, 50; 4. Elk City 38.5; 5. Fritch, Tx, 36.5; 6. Temple 36; 7. Garden City, Ks, 28.5; 8. Gruver, Tx, 26; 9. (tie) Weatherford, Cushing 18; 11. Carnegie 12; 12. (tie) Thomas, Woodward 10; 14. Perryton, Tx, 9; 15. (tie) Wellington, Tx, Memphis, Tx, West, Tx, 6; 22. (tie) Altus, Leedy 4; 24. Booker, Tx, Hobart 2.

**100:** 1. Evans, Te, 12.15; 2. Kindred, Tem, 12.27; 3. Ingram, Lib, 12.35; 4. Odhams, Mem, 12.41; 5. Angton, Sham, 12.62.

**200:** 1. Kindred, Tem, 25.84; 2. Evans, Tem, 25.99; 3. Tuftin, Lib, 26.23; 4. Jacobs, Cus, 26.54; 5. Mincher, Fri, 26.93. (Prelims. Randle, Weatherford, 25.24\*)

**400:** 1. Ward, Lib, 1:01.50; 2. Jacobs, Cus, 1:02.88; 3. Kilgore, Wel, 1:03.41; 4. West, Al, 1:04.02; 5. Meinert, Hob, 1:04.50.

**800:** 1. Floyd, Lib, 2:30.40; 2. Boothe, McG, 2:31.06; 3. Hoke, McG, 2:34.70; 4. Meyer, Gru, 2:35.74; 5. Sexton, Th, 2:36.54; 6. Haire, Per, 2:36.55.

**1600:** 1. Wofram, Lib, 5:34.60; 2. Boothe, McG, 5:39.07; 3. Hoke, McG, 5:51.14; 4. Wilkinson, Fr, 5:54.58; 5. Scantlin, Lib, 5:59.73; 6. Airington, McG, 6:01.36.

**3200:** 1. Wofram, Lib, 11:49.77\*; 2. Boothe, McG, 12:13.08; 3. Long, McG, 12:13.94; 4. Wilkinson, Fr, 12:14.16; 5. Sims, Bo, 12:45.68; 6. Airington, McG, 12:50.60.

**100H:** 1. Fitzgerald, Lib, 15.00; 2. S. Jones, EC, 15.03; 3. Gillespie, Gr, 15.80; 4. Pearson, Per, 15.89; 5. Davis, Wel, 16.56; 6. Shapley, Gr, 16.58.

**300H:** 1. Rupprecht, Can, 48.53; 2. Fitzgerald, Lib, 48.74; 3. Gillespie, Gr, 49.53; 4. Adkerson, EC, 49.90; 5. Pearson, Per, 50.49; 6. Odhams, Mem, 52.70.

**400 Relay:** 1. Liberal 49.85; 2. Weatherford 51.44; 3. Canadian 51.63; 4. McGuinness 51.70; 5. Hollis 52.78; 6. Elk City 53.42.

**800 Relay:** 1. Liberal 1:48.67; 2. Canada 1:50.49; 3. Fritch 1:51.90; 4. McGuinness 1:53.39; 5. Hollis 1:54.38.

**1600 Relay:** 1. Liberal 4:19.00; 2. Fritch 4:27.67; 3. Elk City 4:29.52; 4. Garden City 4:35.88; 5. Gruver 4:38.01; 6. Canadian 4:34.00.

**3200 Relay:** 1. McGuinness 10:14.50; 2. Liberal 10:24.13; 3. Carnegie 10:39.95; 4. Thomas 10:51.58; 5. Elk City 10:56.37; 6. Guyjon 11:02.66.

**Shot:** 1. Hail, GC, 38-5; 2. A. Jones, EC, 37-0.5; 3. Shelton, Lib, 36-10.5; 4. Angton, Sha, 36-6.5; 5. Northrup, West, 34-1.5; 6. Caddell, Per, 33-7.25.

**Discus:** 1. Stinson, Ww, 119-2; 2. Reynolds, Lib, 119-0.75; 3. Shieldknight, Spa, 118-3; 4. Northrup, West, 111-4.25; 5. Hail, GC, 110-10; 6. Caddell, Per, 108-4.25.

**Long Jump:** 1. Ingram, Lib, 18-7.5; 2. Meng, GC, 17-5; 3. Jacobs, Cus, 16-0.25; 4. McGee, Leedy, 15-9; 5. Bartlett, Wea, 15-0.75; 6. Odhams, Mem, 15-0.25.

## Heavener Invitational

Heavener High School  
4/8/95

### Boys

**TEAM SCORING:** 1. Poteau 131; 2. Spiro 88; 3. Heavener 85; 13. Talhina 9; 16. Pocola 5.

**100:** 1. Bunch, Pot, 11.05; 2. Steele, Sp, 11.20; 3. Ballentine, Hea, 11.44. **200:** 1. I. Scott, Spiro, 22.64; 2. Ballentine, Hea, 23.30; 3. Bunch, Pot, 23.54. **400:** 6. Darnell, Sp, 56.31. **800:** 2. DeRosa, Pot, 2:08.19. **1600:** 1. DeRosa, Pot, 4:49.89. **3200:** 1. DeRosa, Pot, 10:18.9; 2. Brown, Pot, 11:11.85; 4. Woodrall, Hea, 11.34.98.

**110H:** 1. Lovell, Pot, 15.78; 2. Bennett, Pot, 19.47; 3. Tichelnor, Sp, 20.94. **300H:** 1. Lovell, Pot, 42.34; 2. Watkins, Hea, 44.13; 3. Tanner, Spl, 44.54. **400 Relay:** 1. Spiro 43.98; 2. Poteau 44.93; 3. Heavener 45.55. **1600 Relay:** s. Spiro 3:44.28; 4. Talhina 4:04.59. **3200 Relay:** 2. Poteau 9:20.04. **Shot:** 2. Odom, Pot, 46-10. **Discus:** 2. Odom, Pot, 137-7. **Long Jump:** 1. Steele, Sp, 21-6; 3. Tanner, Sp, 19-7. **High Jump:** 4. Gibson, Hea, 5-6. **Pole Vault:** 1. Huckaby, Hea, 10-6; 2. Casey, Hea, 8-6.

### Girls

**TEAM SCORING:** 1. Poteau 179; 2. Heavener 103; 4. Spiro 62; 9. Pocola 19.

**100:** 2. Patrick, Poc, 13.41; 4. Cluble, Sp, 14.02. **200:** 1. Bunch, Pot, 27.03; 3. Walker, Pot, 29.17. **400:** 1. Steele, Pot, 1:01.2; 2. Bradely, Spl, 1:04.27. **800:** 2. Hodge, Pot, 2:36.74. **1600:** 1. Carter, Hea, 6:05.3. **3200:** 1. Hammond, Pot, 13:26; 2. Clubb, Hea, 13:29.85; 3. Carter, Hea, 13:35.09. **100H:** 2. Thompson, Hea, 17.39; 3. Davis, Hea, 18.14. **300H:** 1. Bunch, Pot, 49.26; 2. Davis, Hea, 52.12; 3. Thompson, Hea, 52.64. **400 Relay:** 1. Poteau 51.5; 2. Spiro 53.66. **800 Relay:** 1. Poteau 1:47.5; 2. Spiro 1:55.55. **1600 Relay:** 1. Poteau 4:23.68; 2. Spiro 4:42.88; 3. Pocola 4:53.59. **3200 Relay:** 1. Heavener 10:48; 2. Poteau 11:01.20. **Shot:** 2. Warren, Pot, 30-9; 3. Burris, Pot, 30-7. **Discus:** 1. Warren, Pot, 110-4; 2. Loyd, Pot, 92-0. **Long Jump:** 3. Warren, Pot, 19-7. **High Jump:** 2. Carter, Hea, 4-8.

**High Jump:** 1. Reed, Can, 5-2; 2. (tie) Wolfram, Lib; Boles, Lib; McClain, Gr, McMurry, Guy, 5-0; 6. (tie) Frantes, Fr; Barnum, GC, 5-0.

### Boys

**TEAM SCORING:** 1. Liberal, Ks, 120; 2. Altus 110; 3. Panhandle, Tx, 45; 4. McGuinness 32; 5. Weatherford 29; 6. West Texas 28; 8. (tie) Fritch, Tx, Perryton, Tx, 26; 10. (tie) Wheeler, Tx, Canadian, Tx, 18; 12. (tie) Elk City, Speerman, Tx, 16; 14. Shamrock, Tx, 15; 15. Garden City, Ks, 14; 16. Hollis 12; 17. Carnegie 10; 18. Berger, Tx, 9; 19. White Deer 8; 20. (tie) Merritt, Memphis, Tx, 4; 22. Clinton 2; 23. (tie) Hobart, Cushing, Burns Flat-Dill City 1.

**100:** 1. McMillan, Al, 10.57; 2. West, Lib, 10.62; 3. Brown, Al, 10.68; 4. Hammond, Lib, 10.71; 5. Carr, Cl, 10.74; 6. Schij, Wea, 10.95.

**200:** 1. Hammond, Lib, 22.30; 2. West, Lib, 22.32; 3. Brown, Al, 22.92; 4. Mason, Mem, 23.06; 5. Furlow, Sp, 23.07; 6. Atwood, Gr, 23.81.

**400:** 1. Raiden, Al, 51.35; 2. Atchley, Pan, 52.70; 3. Cole, Wea, 52.95; 4. Arrel, Gr, 53.40; 5. Williamson, Fr, 53.91; 6. Caldwell, Sh, 57.16.

**800:** 1. Nestell, Car, 2:04.34; 2. Connolly, McG, 2:08.03; 3. Whitlock, AL, 2:08.95; 4. Auld, BFDC, 2:09.24; 5. Moses, McG, 2:09.61; 6. Bravo, Gr, 2:11.00.

**1600:** 1. Parks, Fr, 4:46.90; 2. Coffey, WD, 4:47.31; 3. Montano, Lib, 4:49.63; 4. Johnson, GC, 4:50.09; 5. McKirman, Pan, 4:50.23; 6. Smith, Pan, 4:56.69.

**3200:** 1. Whitlock, Al, 10:23.21; 2. Montano, Lib, 10:26.45; 3. S. Johnson, GC, 10:33.89; 4. Parks, Fr, 10:38.59; 5. Styron, McG, 10:44.70; 6. Barkley, Gr, 10:47.97.

**110H:** 1. Bennett, Al, 13.85\*; 2. Menden, West, 14.45; 3. Smith, Lib, 14.90; 4. Mitchell, West, 14.95; 5. Rupprecht, Can, 15.27; 6. Washington, Wea, 15.68.

**300H:** 1. Monden, West, 39.24; 2. Hastings, Bor, 40.64; 3. Mitchell, West, 41.16; 4. Rupprecht, Can, 41.54; 5. Smith, Lib, 42.84; 6. Neugent, Hob, 43.31.

**400 Relay:** 1. Altus 42.28; 2. Liberal 43.56; 3. Weatherford 44.96; 4. Wheeler 46.07; 5. Garden City 46.43.

**1600 Relay:** 1. Altus 3:33.50; 2. Panhandle 3:34.74; 3. Canada 3:39.10; 4. Hollis 3:39.84; 5. Shamrock 3:40.65; 6. Gruver 3:40.95.

**3200 Relay:** 1. McGuinness 8:28.73; 2. Liberal 8:29.24; 3. Panhandle 8:35.42; 4. Elk City 8:46.57; 5. Hollis 8:49.49; 6. Weatherford 8:49.52.

**Shot:** 1. Archer, Per, 53-4; 2. Tower, Per, 52-7; 3. Frick, Gr, 52-1.5; 4. Fletcher, Whe, 48-0.75; 5. Jones, Al, 47-2.75; 6. Purinton, Wea, 46-3.

**Discus:** 1. Fritch, Gr, 162-3.75; 2. Towner, Per, 150-3.75; 3. Gafford, Sp, 139-11; 4. Kinsinger, Lib, 136-10.25; 5. Clark, Pan, 127-9.75.

**Long Jump:** 1. Chapman, Lib, 20-10.5; 2. Sheely, Al, 19-9; 3. Freeman, Lib, 19-8.75; 4. Atchley, Pan, 19-8.5; 5. Sparlin, Wh, 19-3.75; 6. Love, Lib, 18-11.25.

**High Jump:** 1. Bruton, Sh, 6-6; 2. Archer, Sp, 6-4; 3. Conkling, Wea, 6-4; 4. Seigrist, Mer, 6-4; 5. Sheely, Al, 6-2; 6. Dean, Bor, 6-2.

**Pole Vault:** 1. Gunter, Fr, 14-6; 2. Heard, EC, 14-0; 3. Hoffman, Lib, 13-0; 4. Stevens, Wh, 13-0; 5. Webb, Lib, 13-0; 6. Ward, Cus, 13-0.

\*meet record  
**WEATHER:** chilly and extremely windy.

**Catoosa Invitational**  
**Catoosa High School**  
**4/22/95**

**3A Girls**

**TEAM SCORING (11 events):** 1. Catoosa 112; 2. Miami 78; 3. Grove 60; 4. Oologah 32; 5. Cascia Hall 24; 6. Hugo 18; 7. Kansas 15; 8. Pawhuska 14; 9. Dewey 8; 10. Berryhill 6.

**100:** 1. Chesney, Cat. 13.92; 2. Moen, Cat. 14.93. **800:** 1. Wagner, Cat. 2:42.22; 2. Brant, Cat. 2:49.51; 3. McGhee, Cat. 3:14.08. **3200:** 1. Armer, Kan. 12:34; 2. McGraw, CH. 12:38.80; 3. Scott, Ber. 12:55.79. **100H:** 1. Robertson, Gr. 17.21; 2. Bunch, Ool. 18.31; 3. Labadie, Pawh. 18.63. **400 Relay:** 1. Catoosa 52.20; 2. Miami 52.60; 3. Grove 53.48. **800 Relay:** 1. Catoosa 1:53.43; 2. Miami 2:00.42. **3200 Relay:** 1. Catoosa 10:23.40; 2. Cascia Hall 10:23.56; 3. Grove 10:37.95. **Shot:** 1. Poe, Miami. 31-11.5; 2. Jarvis, Gr. 29-11; 3. Perry, Miami. 29-3. **Discus:** 1. Perry, Miami. 108-11; 2. Austin, Pawh. 101-7; 3. Jarvis, Gr. 92-11. **Long Jump:** 1. Hill, Hugo. 14-6.25; 2. Webb, Gr. 14-6.25; 3. Casebeer, Ool. 13-2.5. **High Jump:** 1. Teel, Ool. 4-6.

**3A Boys**

**TEAM SCORING (11 events):** 1. Catoosa 95; 2. Dewey 73; 3. Inola 44; 4. Oologah 43; 5. Miami 41; 6. Grove 34; 7. (tie) Hugo, Tahlequah Sequoyah 14; 9. (tie) Cascia Hall, Colcord 10; 11. Mannford 9; 12. Pawhuska 4; 13. (tie) Chouteau, Kansas 1.

**100:** 1. Webb, Col. 11.55; 2. Buford, dew. 12.03; 3. Vermeire, Dew. 12.13. **800:** 1. Chesney, Cat., 2:05.30; 2. Heller, Cat. 2:07.42; 3. Wocoche, TS. 2:10.90. **3200:** 1. Subbuth, CH. 10:37.26; 2. Brown, Miami. 10:42.47; 3. Murry, Cat. 10:44.91. **110H:** 1. Kerr, Dewey. 16.01; 2. Widney, Cat. 16.85; 3. Brewer, Dew. 16.95. **400 Relay:** 1. Oologah 44.40; 2. Dewey 45.20; 3. Hugo 45.22. **3200 Relay:** 1. Catoosa 8:50.08; 2. Miami 9:14.43; 3. Inola 9:26.37. **Shot:** 1. Alley, Gr. 47-9; 2. Niehas, Gr. 44-3; 2. Grimm, Man. 43-11.5. **Discus:** 1. Alley, Gr. 141-9; 2. Briggs, Cat. 128-8; 3. Niehas, Gr. 119-11. **Long Jump:** 1. Jump, Ool. 19-3.25; 2. Lawrence, Inola. 18-10; 3. Kerr, Dew. 18-3. **High Jump:** 1. Darden, Inola. 6-0; 2. Whistance, Cat. 5-10;

3. Lawrence, Inola. 5-10. **Pole Vault:** 1. Ratney, Cat. 11-6; 2. Brewer, Dew. 11-0; 3. Widney, Cat. 10-6.

**5A Girls**

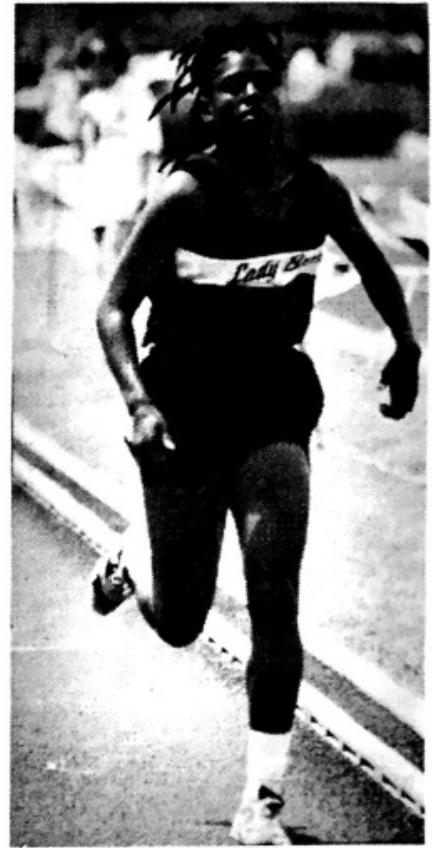
**TEAM SCORING (11 events):** 1. Muskogee 67; 2. Broken Arrow 58; 3. Kelley 55; 4. Sapulpa 48; 5. Durant 40; 6. Hale 38; 7. Claremore 34; 8. Stillwater 32; 9. Bixby 14; 10. Pryor 9.

**100:** 1. Edwards, Mus. 13.42; 2. Jones, Mus. 13.76; 3. Sikes, Hale. 14.33. **800:** 1. Dearman, Sap. 2:38.08; 2. Long, Sap. 2:42.59; 3. Echelle, Stw. 2:46.77. **3200:** 1. Housley, Sap. 12:03.82; 2. Nenec, Kel. 12:25.86; 3. Narvaes, Kel. 12:49.10. **100H:** 1. Moss, BA. 17.27; 2. Hayworth, BA. 17.43; 3. Copple, Pr. 17.71. **400 Relay:** 1. Muskogee 52.64; 2. Broken Arrow 54.22; 3. Hale 54.74. **800 Relay:** 1. Muskogee 1:53.18; 2. Kelley 2:03.98. **3200 Relay:** 1. Hale 10:25.76; 2. Sapulpa 10:35.39; 3. Kelley 10:46.06. **Shot:** 1. Smith, Cla. 35-5.75; 2. Johnson, Mus. 32-11; 3. Ross, BA. 32-6. **Discus:** 1. Smith, Cla. 114-5; 2. Ross, BA. 101-10; 3. Scott, Dur. 90-9. **Long Jump:** 1. Smith, Dur. 15-3; 2. Lenard, BA. 15-1; 3. Howard, Btx. 13-11. **High Jump:** 1. Campbell, Cla. 4-8; 2. Smith, Dur. 4-6; 3. Risbee, Kel. 4-4.

**5A Boys**

**TEAM SCORING (11 events):** 1. Muskogee 82; 2. Durant 73; 3. Sapulpa 56; 4. Claremore 46; 5. Broken Arrow 34; 6. Kelley 30; 7. Pryor 24; 8. Washington 20; 9. Bixby 14; 10. East Central 13; 11. Stillwater 7; 12. Hale 1.

**100:** 1. Crutchfield, Mus. 11.58; 2. Eischen, EC. 11.77; 3. Settles, Mus. 11.83. **800:** 1. Wilson, Dur. 2:02.26; 2. Crook, Sap. 2:05.12; 3. Postler, Kel. 2:08.48. **3200:** 1. Weyland, Kel. 10:45.11; 2. Corley, Dur. 10:53.59; 3. Starkus, Dur. 10:54.34. **110H:** 1. McGuire, Cla. 15.97; 2. McBright, Mus. 17.24; 3. Roland, Dur. 17.25. **400 Relay:** 1. McCoy, Dur. 44-10; 2. Smittick, Sap. 41-5; 3. Parrish, Pry. 39-6.5. **Discus:** 1. Smittick, Sap. 135-2.5; 2. Blair, Btx. 118-8; 3. Sorrells, Btx. 116-6.5. **Long Jump:** 1. McCarty, Dur. 19-10; 2. Dean, Sap. 17-6; 3. Gibb, Mus. 16-11. **High Jump:** 1. Gauden, Mus. 6-0; 2. Bullard, Dur. 6-0; 3. Murphy, BA. 5-10. **Pole Vault:** 1. Carlett, Pry. 11-6; 2. Novisk, Cla. 11-0; 3. (tie) Grtdder, Dur. and Chesney, Cla. 11-0.



*JOHN JACOBS INVITATIONAL--John Marshall's Jameka Roberts won the 800 meter run with a time of 2:30.32. Photo by John Hoke*



**BAYLOR**



**CROSS COUNTRY / DISTANCE CAMP**

Two Sessions: June 11-16 June 18-23 (Limited Space)

**Camp Director:**

✓ Steve Gulley, Baylor's Head Men's and Women's Cross Country Coach. In his seven years as head coach, he has led the men's and women's teams to six Southwest Conference titles and crowned five individual champions.

**Guest Speaker:**

✓ Todd Harbour, Collegiate Record Holder for the mile (3:50.34). While at Baylor, he won 11 SWC distance events titles.

**Benefits:**

- ✓ Develop personal training guidelines.
- ✓ Tailored instructions for specific workouts and programs.
- ✓ Experience a safe training atmosphere in a small college campus.
- ✓ Train with Baylor cross country team members.
- ✓ Individual training guidelines.
- ✓ Weight training instructions.

**For Information:**

• Write or Call:  
 • Steve Gulley  
 • Baylor Athletic Department  
 • 150 Bear Run  
 • Waco, Texas 76711  
 • (817) 755-1234



**SWC CHAMPIONS: WOMEN - 1990, 1991, 1992, 1993**

**MEN - 1992, 1994**

# Lake Country Conference

Lone Grove High School

4/18/95



ELK CITY TRACK CLASSIC--Liberal's West edges Brown from Altus for second in the 100 meter dash which was won by Altus' McMillan 10.57. Photo by John Hoke

## Boys

**TEAM SCORING:** 1. Tishomingo 194; 2. Lone Grove 143; 3. Madill 142; 4. Dickson 99; 5. Atoka 38; 6. Coalgate.

**100:** 1. Gardner, LG, 11.16; 2. Hopson, At, 11.22; 3. Stevenson, LG, 11.51; 200: 1. Gardner, LG, 23.0; 2. Ferris, Tish, 23.78; 3. Williamson, Tish, 24.31. **400:** 1. Humphrey, Mad, 51.44; 2. Ferris, Tish, 51.78; 3. Wyatt, Tish, 52.65. **800:** 1. Wyatt, Tish, 2:07.63; 2. Elkins, Mad, 2:07.81; 3. Stallings, Tish, 2:10.47. **1600:** 1. Elkins, Mad, 4:48.06; 2. M. Lampkin, Dic, 4:48.97; 3. D. Lampkin, Dic, 4:53.16. **3200:** 1. Elkins, Mad, 10:19.49; 2. Lampkin, Dic, 10:55.96; 3. Hutchins, Tish, 11:09.19. **110H:** 1. Jones, Mad, 15.78; 2. Inman, Tish, 17.28; 3. Ramsey, LG, 17.59. **300H:** 1. Inman, Tish, 41.73; 2. Marshall, LG, 42.38; 3. Jones, Mad, 43.07. **400 Relay:** 1. Lone Grove 44.20; 2. Tishomingo 46.22; 3. Atoka 47.69. **1600 Relay:** 1. Tishomingo 3:30.61; 2. Lone Grove 3:34.16; 3. Madill 3:44.28. **3200 Relay:** 1. Tishomingo 8:28.29; 2. Madill 8:39.61; 3. Dickson 8:53.31. **Shot:** 1. Knight, Dic, 48-10.25; 2. Jones, Mad, 45-4.5; 3. Gastineau, Tish, 44-10.5. **Discus:** 1. Brisco, Tish, 142-8; 2. Gastineau, Tish, 122-2; 3. Knight, Dic, 121-8.5. **Long Jump:** 1. Sims, Tish, 20-4.75; 2. Jones, Mad, 20-1.5; 3. Harris, Ato, 18-9.5. **High Jump:** 1. Humphrey, Mad, 6-0; 2. Christian, LG, 5-10; 3. Stallings, Tish, 5-10. **Pole Vault:** 1. Payne, Dic, 11-6; 2. Peoples, Dic, 10-0; 3. McWilliams, Dic, 9-6.

## Girls

**TEAM SCORING:** 1. Tishomingo 215; 2. Madill 142; 3. Atoka 62; 4. Dickson 36; 5. Lone Grove 35; 6. Coalgate.

**100:** 1. Smith, Ato, 12.58; 2. Sanders, Mad, 13.10; 3. Hedges, LG, 13.47. **200:** 1. Sanders, Mad, 27.73; 2. Hodges, LG, 27.74; 3. Lott, Mad, 28.62. **400:** 1. Kemp, Tish, 1:02.81; 2. Varnell, Tish, 1:04.24; 3. Coulson, Mad, 1:09.15. **800:** 1. Humphrey, Mad, 2:39.38; 2. Frank, Mad, 2:43.42; 3. Ross, Tish, 2:50.16. **1600:** 1. Humphrey, Mad, 6:10.72; 2. Frank, Mad, 6:14.18; 3. Houser, Tish, 6:31.81. **3200:** 1. Houser, Tish, 15:35.87; 2. Montacht, Tish, 15:37.99. **100H:** 1. McAllister, LG, 16.47; 2. Hendrix, Tish, 16.50; 3. Lokey, Tish, 19.28. **300H:** 1. McAllister, LG, 51.32; 2. Frank, Mad, 54.92; 3. Lokey, Tish, 59.35. **400 Relay:** 1. Tishomingo 52.0; 2. Madill 52.91; 3. Atoka 53.19. **800 Relay:** 1. Tishomingo 1:51.06; 2. Madill 1:52.45; 3. Atoka 2:01.22. **1600 Relay:** 1. Tishomingo 5:08.56. **3200 Relay:** 1. Madill 10:48.62; 2. Tishomingo 11:27.98. **Shot:** 1. Russell, Dic, 39-8.5; 2. Simpler, Dic, 33-9.5; 3. Brisco, Tish, 32-10.75; **Discus:** 1. Russell, Dic, 120-6; 2. James, Tish, 104-4; 3. Brisco, Tish, 96-0. **Long Jump:** 1. Smith, Atoka, 16-11.75; 2. Kiser, Mad, 16-1.13; 3. Russell, Tish, 15-8.25. **High Jump:** 1. Wyatt, Tish, 4-10; 2. May, Tish, 4-10; 3. Hendrix, Tish, 4-2.

## Route 66 Track Classic

Chandler

4/15/95

### BOYS

**TEAM SCORING:** 1. Stroud 131; 2. Catoosa 84; 3. Cascia Hall 72; 4. Chandler 56; 5. Heritage Hall 46; 6. Little Axe 42; 7. Okemah 33; 8. Crescent 29.5; 9. Mannford 24; 10. Bethel 21; 11. Ripley 17; 12. Purcell 16; 13. Claremore-Sequoyah 6; 14. Tecumseh 4; 15. Community Christian 2.5; 16. (tie) Meeker, Piedmont 2; 18. Bethany 1.

**100:** 1. Byers, CH, 10.96; 2. Carpenter, Bet, 11.03; 3. Heatherman, CH, 11.28; 4. Douglas, Cat, 11.50; 5. Loatson, Pie, 11.51; 6. Brown, Pur, 11.59.

**200:** 1. Burgess, Cha, 22.49; 2. Byers, CH, 22.53; 3. Heatherman, CH, 23.38; 4. Brown, Pur, 23.50; 5. Colley, Mee, 23.81; 6. Zapata, Bet, 24.09.

**400:** 1. Burgess, Cha, 49.81; 2. Jackson, Oke, 51.38; 3. Smith, CH, 52.16; 4. Malone, Man, 52.50; 5. Dumas, LA, 53.37; 6. Washington, CH, 53.56.

**800:** 1. Chesney, Cat, 1:59.87; 2. Dumas, LA, 2:01.87; 3. Heller, Cat, 2:04.50; 4. Holmes, Cha, 2:05.47; 5. Mims, Str, 2:06.81; 6. Johnston, Oke, 2:08.07.

**1600:** 1. Johnson, LA, 4:43.53; 2. Niccum, Str, 4:51.83; 3. Cazzelle, Rip, 4:53.22; 4. Johnston, Oke, 4:53.41; 5. Murray, Cat, 4:55.81; 6. Budd, Rip, 4:56.47.

**3200:** 1. Budd, Rip, 10:25.75; 2. Holmes, Cha, 10:27.65; 3. Myers, LA, 10:29.57; 4. Murray, Cat, 10:35.90; 5. Sudduth, CH, 10:38.42; 6. Cooper, Bet, 11:38.59.

**400 Relay:** 1. Cascia Hall 44.34; 2. Stroud 45.23; 3. Bethel 45.72; 4. Heritage Hall 46.53; 5. Crescent 46.97; 6. Chandler 46.99.

**1600 Relay:** 1. Stroud 3:32.07; 2. Catoosa 3:35.55; 3. Heritage Hall 3:36.91; 4. Cascia Hall 3:38.22; 5. Chandler 3:41.15; 6. Purcell 3:51.88.

**3200 Relay:** 1. Okemah 8:24.31; 2. Little Axe 8:26.81; 3. Catoosa 8:28.94; 4. Stroud 8:35.03; 5. Tecumseh 8:42.25; 6. Chandler 8:43.28.

**110H:** 1. Bradley, Str, 15.03; 2. Hornbeck, Str, 15.40; 3. Widney, Cat, 16.16; 4. Fisher, Cre, 16.32;

5. McGhee, Cat, 19.35; 6. Cassey, CC, 22.87.

**300H:** 1. Bradley, Str, 40.98; 2. Mangum, HH, 41.16; 3. Fisher, Cre, 41.56; 4. Hornbeck, Str, 42.38; 5. Widney, Cat, 44.2; 6. McNamara, CH, 46.19.

**Shot:** 1. C. Bookout, 58-0; 2. Stevenson, Cre, 50-4; 3. Grimm, Man, 46-6; 4. Briggs, Cat, 46-6; 5. Willis, Str, 46-0.75; 6. Morgan, Pur, 43-11.75.

**Discus:** 1. C. Bookout, Str, 176-2; 2. K. Bookout, Str, 161-0; 3. Briggs, Cat, 149-1; 4. Grimm, Man, 129-3.75; 5. Colson, Man, 125-7; 6. Willis, Str, 124-3.

**Long Jump:** 1. Anderson, Cha, 20-7.5; 2. Malone, Man, 20-3.25; 3. Johnson, Cre, 19-7.5; 4. Roberts, HH, 19-1.75; 5. Lyons, Str, 18-2.5; 6. Ballinger, Cat, 18-2.25.

**High Jump:** 1. Couch, HH, 6-6; 2. Whistance, Cat, 6-2; 3. Austin, Cha, 5-10; 4. Washington, CH, 5-10; 5. (tie) Spaulding, CC, Babb, Cre, 5-10.

**Pole Vault:** 1. Wilkinson, Str, 15-4; 2. Sterling, Pur, 14-3; 3. Walters, CS, 13-9; 4. Miller, HH, 12-6; 5. Willis, Str, 12-6; 6. Widney, Cat, 12-6.

## GIRLS

**TEAM SCORING:** 1. Pawnee 99; 2. Purcell 80; 3. Jones 63; 4. Lexington 61; 5. Catoosa 59; 6. Stroud 59; 7. Cascia Hall 51; 8. Heritage Hall 24; 9. Tecumseh 23; 10. Chandler 22; 11. Luther 18; 12. Deer Creek 13; 13. Crescent 13; 14. Berryhill 8; 15. Ripley 8; 16. Bethany 7; 17. Preston 5; 18. Okemah 4; 19. Mannford 2; 20. Bethel 1.

**100:** 1. Dufrain, Paw, 12.84; 2. Bigby, Str, 13.17; 3. Nichols, Jones, 13.19; 4. Roberts, Pre, 13.25; 5. Shaffer, Cat, 13.28; 6. Ontveros, Cre, 13.34.

**200:** 1. Dufrain, Paw, 26.94; 2. Fowlkes, CH, 27.64; 3. Bigby, Str, 27.88; 4. Shaffer, Cat, 28.09; 5. Cummingdeer, DC, 28.19; 6. Cornwell, Pre, 29.19.

**400:** 1. Dennis, Paw, 1:01.69; 2. Gharkhanian, Pur, 1:02.55; 3. Cummingdeer, DC, 1:03.60; 4. Edgerton, Rip, 1:04.57; 5. Hall, Man, 1:06.84; 6. Bigby, Str, 1:11.00.

**800:** 1. Duncan, Paw, 2:26.28; 2. Gharkhanian,

Pur, 2:29.54; 3. Dennis, Paw, 2:31.38; 4. Comingdeer, DC, 2:32.22; 5. Kriegh, CH, 2:32.56; 6. Spring, DC, 2:33.57.

**1600:** 1. Duncan, Paw, 5:47.09; 2. Pineda, HH, 5:50.41; 3. Kriegh, CH, 5:51.00; 4. Johnson, Pur, 5:55.63; 5. Baumelster, Jones, 5:59.94; 6. White, Cat, 6:02.03.

**3200:** 1. McGraw, CH, 12:34.44; 2. Scott, Berryhill, 12:35.28; 3. Brumelster, Jones, 13:06.31; 4. Pineda, HH, 13:15.00; 5. Schuknecht, Str, 13:54.50; 6. Rogers, Bet, 14:06.35.

**400 Relay:** 1. Jones 52.34; 2. Stroud 52.84; 3. Catoosa 53.06; 4. Lexington 53.07; 5. Pawnee 53.50; 6. Crescent 53.69.

**800 Relay:** 1. Lexington 1:52.85; 2. Catoosa 1:53.20; 3. Heritage Hall 1:53.90; 4. Jones 1:54.01; 5. Cascia Hall 1:56.97; 6. Purcell 1:57.34.

**1600 Relay:** 1. Pawnee 4:18.38; 2. Catoosa 4:23.14; 3. Lexington 4:27.00; 4. Purcell 4:28.13; 5. Cascia Hall 4:32.28; 6. Chandler 4:41.13.

**3200 Relay:** 1. Purcell 10:25.38; 2. Cascia Hall 10:27.53; 3. Pawnee 10:38.28; 4. Catoosa 10:45.22; 5. Jones 11:01.13; 6. Lexington 11:10.68.

**100H:** 1. Ryan, Tec, 16.38; 2. Andrus, Str, 17.41; 3. Chessmore, Pur, 17.81; 4. Franks, Paw, 18.19; 5. Cable, Bet, 19.97; 6. Dunlap, Lex, 20.53.

**300H:** 1. Johnston, Jones, 48.50; 2. Hodges, Lex, 48.79; 3. Andrus, Str, 51.82; 4. Harvick, Lut, 52.31; 5. Thompson, Paw, 53.41; 6. Shollmier, CH, 55.59.

**Shot:** 1. Oliver, Tec, 38-7.25; 2. Clements, Pur, 36-6; 3. Leathers, Str, 34-5; 4. Prince, Jones, 33-8; 5. Stevenson, Cre, 32-7.5; 6. Coker, Bet, 28-10.

**Discus:** 1. Clements, Pur, 121-6; 2. Brock, Cre, 113-8; 3. Leathers, Str, 103-6; 4. Cazzelle, Rip, 100-7.75; 5. Oliver, Tec, 96-8.5; 6. Lawrence, Jones, 94-6.

**Long Jump:** 1. Greenfield, Cha, 15-8.25; 2. Harvick, Lut, 15-5.75; 3. Woods, Pur, 15-2; 4. Walker, Oke, 15-1.5; 5. Walker, Jones, 14-8.5; 6. Thompson, Paw, 14-7.75.

**High Jump:** 1. Hodges, Lex, 5-2; 2. Andersen, Cha, 5-1; 3. Harvick, Lut, 5-0; 4. Forester, Bet, 5-0; 5. Childers, Cha, 4-10; 6. Trammell, Tec, 4-10.

# Beaver Invitational

4/22/95

## Girls

**TEAM SCORING:** 1. Beaver 124; 2. Laverne 119; 3. Boise City 104; 4. Turpin 72; 5. Texhoma 64; 6. Hooker 27; 7. (tie) Buffalo, Follett 20; 9. (tie) Balko, Fargo 18; 11. (tie) Higgins, Reydon 4; 13. (tie) Forgan, Tyrone 1.

**100:** 1. Carson, Tur. 13.28; 2. Cunningham, Tex. 13.38; 3. Strashka, BC. 13.76; 4. Anderson, Buf. 13.81; 5. Yach, Fol. 14.10; 6. Williams, BC. 14.15.

**200:** 1. Winchester, Tex. 27.96; 2. Hamilton, Lav. 27.97; 3. Henry, For. 29.50; 4. Bell, Bea. 30.08; 5. Westenhaver, Bea. 30.40; 6. Smylic, Bea. 31.52.

**400:** 1. Winchester, Tex. 62.71; 2. Parsons, Tex. 62.72; 3. Henry, For. 65.98; 4. Bell, Bea. 68.38; 5. Brown, Hook. 69.26; 6. Westenhaver, Bea. 71.81.

**800:** 1. Kee, Bea. 2:32.01; 2. Barby, Lav. 2:35.65; 3. Ogles, BC. 2:36.72; 4. Roberson, Fol. 2:37.04; 5. Bocock, BC. 2:40.03; 6. Land, For. 2:42.35.

**1600:** 1. Kee, Bea. 5:50.09; 2. Barby, Lav. 6:05.68; 3. Bocock, BC. 6:12.88; 4. Hennigh, Lav. 6:18.06; 5. Ogles, BC. 6:19.06; 6. Headrick, Tur. 6:23.35.

**3200:** 1. Headrick, Tur. 13:31.21; 2. Puebla, BC. 13:51.42; 3. Skaggs, Bea. 14:29.34; 4. Avey, Bea. 16:26.85.

**400 Relay:** 1. Boise City 52.64; 2. Laverne 53.24; 3. Turpin 53.54; 4. Texhoma 53.69; 5. Hooker 54.68; 6. Beaver 55.17.

**800 Relay:** 1. Boise City 1:52.44; 2. Laverne 1:54.98; 3. Turpin 1:55.89; 4. Beaver 1:59.00; 5. Hooker 2:00.43; 6. Follett 2:04.33.

**1600 Relay:** 1. Laverne 4:27.49; 2. Beaver 4:30.50; 3. Turpin 4:32.25; 4. Follett 4:36.61; 5. Texhoma 4:40.37; 6. Balko 5:10.79.

**3200 Relay:** 1. Boise City 10:26.97; 2. Laverne 10:41.08; 3. Beaver 10:47.00; 4. Turpin 11:37.59; 5. Forgan 11:58.65; 6. Balko 12:25.61.

**100H:** 1. Headrick, Hook. 16.74; 2. Cartwright, Tex. 17.25; 3. Shane, Buf. 17.42; 4. Todd, Fol. 18.06; 5. Hedrick, Tur. 18.48; 6. Goss, Tyr. 18.98.

**300H:** 1. Deal, Lav. 50.93; 2. Cartwright, Tex. 51.96; 3. Morris, Bal. 56.10; 4. Pillars, Bea. 59.30.

**Shot:** 1. Gregg, Bea. 37-10.5; 2. Sage, Bea. 37-2.5; 3. Depuy, Hook. 34-7.5; 4. Rutledge, Hig. 31-5.25; 5. Robertson, Hook. 30-6; 6. Manning, Lav. 30-0.

**Discus:** 1. Sage, Bea. 118-3.5; 2. Gregg, Bea. 108-1.5; 3. Jett, Lav. 97-1.75; 4. Westenhaver, Bea. 87-9; 5. Sinclair, BC. 83-10.25; 6. Fredrick, Tur. 75-11.75.

**Long Jump:** 1. Poe, Far. 13-11; 2. Morris, Bal. 13-10.75; 3. Juhl, Lav. 13-2; 4. Headrick, Tur. 12-10.75; 5. Powers, Rey. 12-3.63; 6. Short, Hook. 12-2.38.

**High Jump:** 1. Pyle, Buf. 5-1.25; 2. Poe, Far. 4-11.25; 3. Johnson, BC. 4-11.25; 4. Tooley, BC. 4-9.5; 5. Powers, Reydon, 4-6; 6. Trujillo, BC. 4-6.

## Boys

**TEAM SCORING:** 1. Turpin 133; 2. Laverne 107; 3. Hooker 62; 4. (tie) Boise City, Tyrone 54; 6. Guymon 51; 7. Texhoma 44; 8. Beaver 31; 9. Forgan 24; 10. Higgins 11; 11. Balko 8.

**100:** 1. Hine, Tur. 11.43; 2. Salazar, Tur. 11.54; 3. Cornelison, Tex. 11.70; 4. Harland, Tex. 11.88; 5. Metcalf, Hook. 11.90; 6. Curtis, Guy, 11.97.

**200:** 1. Cain, Ty. 23.33; 2. Salazar, Tur. 23.40; 3. Metcalf, Hook. 23.80; 4. Hines, Tur. 24.02; 5. Perkins, Hook. 24.92; 6. Brooks, Bea. 25.10.

**400:** 1. Cain, Ty. 52.38; 2. Brooks, Bea. 54.39; 3. Watson, Guy. 54.62; 4. Slatton, For. 56.12; 5. Redden, Tur. 56.24; 6. McReynolds, BC. 56.36.

**800:** 1. Williams, Guy. 2:07.40; 2. Crowell, Tur. 2:08.51; 3. Booker, Hig. 2:09.22; 4. Serna, BC. 2:14.29; 5. Ortiz, BC. 2:17.53; 6. Templin, Bea. 2:20.61.

**1600:** 1. Hennigh, Lav. 4:56.16; 2. Smith, Ty. 5:18.50; 3. Cooper, Tex. 5:25.61; 4. Nine, Lav. 5:28.56; 5. Hill, Bal. 5:35.70; 6. Morris, Lav. 5:40.

**3200:** 1. Abel, Tur. 10:53.71; 2. Smith, Ty. 10:58.89; 3. Crowell, Tur. 10:59.49; 4. Lilonel, Hig. 10:59.53; 5. Banks, Guy. 11:42.12; 6. Nine, Lav. 11:48.52.

**400 Relay:** 1. Turpin 45.63; 2. Boise City 46.38; 3. Guymon 46.55; 4. Hooker 46.94; 5. Texhoma 47.33; 6. Laverne 47.77.

**1600 Relay:** 1. Laverne 3:41.02; 2. Turpin

3:41.48; 3. Hooker 3:52.96; 4. Higgins 3:54.91; 5. Beaver 3:58.39; 6. Texhoma 4:04.66.

**3200 Relay:** 1. Laverne 8:48.80; 2. Boise City 8:51.20; 3. Turpin 8:57.62; 4. Hooker 9:41.62; 5. Texhoma 9:54.82; 6. Forgan 9:59.47.

**110H:** 1. S. Scheffe, Tur. 15.66; 2. Scott, Tur. 16.02; 3. Sells, For. 16.23; 4. Cornelison, Tex. 16.63; 5. J. Scheffe, 17.37; 6. Pickering, Ty. 18.02.

**300H:** 1. Bentley, Lav. 40.84; 2. Scott, Tur. 40.94; 3. Cornelison, Tex. 42.09; 4. Sells, For. 42.32; 5. S. Scheffe, Tur. 43.15; 6. Soell, BC. 44.24.

**Shot:** 1. Sanders, Bea. 49-7.75; 2. Johnson, Ty. 45-1.5; 3. Milton, 44-10.25; 4. Appleton, Tur. 43-10.25; 5. Hicks, Guy. 42-7.75; 6. Radford, Lav. 41-0.

**Discus:** 1. Radford, Lav. 130-3; 2. Dull, For.

128-10.5; 3. Sanders, Bea. 122-11.75; 4. Booker, Hig. 120-7; 5. Hicks, Guy. 109-3; 6. Appleton, Tur. 108-7.5.

**Long Jump:** 1. Bentley, Lav. 19-8.5; 2. Hardison, Lav. 18-10.5; 3. Bell, Ty. 18-9.25; 4. Webb, BC. 18-4; 5. Curtis, Guy. 17-7.5; 6. Loopp, Tur. 17-3.

**High Jump:** 1. Hill, Hook. 6-3.25; 2. Butler, Hook. 6-2; 3. Bostwick, Hook. 6-0; 4. (tie) Pickering, Ty. Barton, Lav. 5-10; 6. Bombach, Bea. 5-10.

**Pole Vault:** 1. Hardison, Lav. 12-0; 2. Soell, BC. 12-6; 3. Sherrer, Bal. 12-0; 4. Barton, Lav. 11-6; 5. Ottinger, BC. 11-0; 6. Reynolds, Tur. 10-6.

**WEATHER:** cold, 30-40's; rainy with sleet, and windy.



*RAM RELAYS--Owasso's Buddy Ownes (right) won the 1600 meter run with a time of 4:32.7. Photo by Darlene Cook*

# Harrah Invitational

4/18/95

## BOYS

**TEAM SCORING:** 1. Weatherford 116; 2. Jones 114; 3. Edmond Santa Fe 92; 4. Little Axe 74; 5. Anadarko 52; 6. Tuttle 37; 7. Harrah 36; 8. Casady 31; 9. Blackwell 23; 10. Tecumseh 22; 11. Bethel 19; 12. Noble 9; 13. Bethany 4.

**100:** 1. Gatewood, Jones, 11.03; 2. Degustl, Har. 11.04; 3. Carpenter, Bethel, 11.1. **200:** 1. Carpenter, Bethel, 22.51; 2. Burrus, Ana. 23.61; 3. Schl, Wea. 23.62. **400:** 1. Jordan, ESF. 51.82; 2. Shatwill, Tut. 53.05; 3. Crech, Bla. 53.9. **800:** 1. Allen, ESF, 2:07.23; 2. Johnston, Wea. 2:13.94; 3. Smith, LA. 2:14.84.

**1600:** 1. Johnson, LA. 4:45.41; 2. Jones, ESF, 4:56.12; 3. Roundface, Ana. 5:18. **3200:** 1. Myers, LA. 10:45.87; 2. Lettlemann, Wea. 11:14.9; 3. Sadongel, Ana. 11:29.85. **400 Relay:** 1. Casady 44.15; 2. Jones 44.23; 3. Weatherford 44.45. **1600 Relay:** 1. Edmond Santa Fe; 2. Jones. 3. Weatherford. **3200 Relay:** 1. Little Axe 8:27.43; 2. Tecumseh 8:42; 3. Weatherford 8:58. **110H:** 1. Merritt, Tut. 14.45; 2. Russell, Jones, 14.85; 3. Washington, Wea. 15.32. **300H:** 1. Russell, Jones, 39.56; 2. Merritt, Tut. 41.43; 3. Haskins, Jones, 41.72. **Distance Medley Relay:** 1. Little Axe 11:23.13; 2. Anadarko 11:48.18; 3. Edmond Santa Fe 11:53.68. **Shot:** 1. Oldham, Har. 50-8.25; 2. Stuart, Wea. 49-1; 3. Cordell, Jones, 47-8.25. **Discus:** 1. Wilson, Jones, 139-1.5; 2. Henson, Tut. 135-10.5; 3. Bryant, Noble, 132-5. **Long Jump:** 1. Haskins, Jones, 21-10; 2. Degustl, Har. 21-9.5; 3. Stone, Cas. 20-2.75. **High Jump:** 1. Conklins, Wea. 5-10; 2. Stansberry, ESF, 5-10; 3. Wagoner, Wea. 5-10. **Pole Vault:** 1. Ward, ESF, 13-0; 2. Willhott, Ana. 11-3; 3. Unk, Jones, 10-6.

## GIRLS

**TEAM SCORING:** 1. Weatherford 124; 2. Jones 108; 3. Casady 86; 4. Tuttle 66; 5. Deer Creek 64; 6. (tie) Noble, Anadarko 29; 8. Tecumseh 26; 9. Little Axe 25; 10. Edmond Santa Fe 21; 11. Bethany 14; 12. Blackwell 10; 13. Bethel 8; 14. Mt. View 4; 15. Harrah 2.

**100:** 1. Randall, Wea. 12.33; 2. Shelley, Cas. 12.63; 3. Bedford, Ana. 12.69. **200:** 1. Randall, Wea. 25.73; 2. Nicols, Jones, 27.25; 3. Mooreman, DC. 28.42. **400:** 1. Comingdeer, DC. 1:02.61; 2. Boone, Wea. 1:03.91; 3. Perkins, Bla. 1:05.04. **800:** 1. Weaver, Noble, 2:33.4; 2. Jones, Cas. 2:34.87; 3. Beda, Wea. 2:35.66. **1600:** 1. Burton, Tut. 5:51.29; 2. Cochran, LA. 5:53.52; 3. Burton, Tut. 5:56.54. **3200:** 1. Parekh, Cas. 12:47.47; 2. Baumelster, Jones, 12:52.53; 3. Weaver, Noble, 13:26.93. **400 Relay:** 1. Weatherford 51.0; 2. Casady 51.78; 3. Jones 53.71. **800 Relay:** 1. Weatherford 1:52.87; 2. Deer Creek 1:52.88; 3. Jones 1:54.97. **1600 Relay:** 1. Weatherford 4:18.19; 2. Deer Creek 4:18.19; 3. Jones 4:18.19. **3200 Relay:** 1. Jones 10:30.04; 2. Tuttle 10:37.62; 3. Deer Creek 10:41.02. **100H:** 1. Bedford, Ana. 16.31; 2. Miller, Tut. 16.87; 3. Cooper, Bethel, 17.4. **300H:** 1. Bedford, Ana. 48.51; 2. Johnston, Jones, 50.47; 3. Bartlett, Wea. 50.54. **Shot:** 1. Oliver, Tec. 36-2.5; 2. Heller, Noble, 33-2.75; 3. Johnston, Wea. 32-8.75. **Discus:** 1. Oliver, Tec. 98-11.5; 2. Marshall, Wea. 90-10.5; 3. Prince, Jones, 90-2.5. **Long Jump:** 1. Roulston, LA. 15-10.5; 2. Sherwood, Jones, 15-9.5; 3. Shelley, Cas. 15-9. **High Jump:** 1. Forrester, Beth. 5-0; 2. Hayes, ESF, 4-10; 3. Trammel, Tec. 4-10.

# THE ATHLETE'S KITCHEN

By Nancy Clark, MS, RD

## Carbo-Hydration Replete muscle glycogen stores

The latest buzzword in sports nutrition is "carbo-hydration," that is, recovering after hard exercise with carbohydrate-filled fluids that both quench your thirst and refuel your muscles. Speaking in Houston at the fourth Annual Sports Nutrition Convention of Sports and Cardiovascular Nutritionists (SCAN), a division of the American Dietetic Association, Dr. John Ivy of the University of Texas at Austin addressed the importance of nutrition for optimal recovery. His research suggests that muscles are most receptive to replacing glycogen within the first two hours post-exercise.

Cyclists who had performed hard, glycogen-depleting exercise for 70 minutes (including six sets of sprints) were given a carbohydrate-rich beverage (EXCEED High Carbohydrate Drink) within 15 minutes after exercise or two hours post-exercise. Ivy then studied muscle glycogen replacement and found that the immediately-fed muscles were able to restore the glycogen almost two times faster than if feeding was delayed. Apparently, the enzymes responsible for making glycogen are most active immediately post-exercise. This research suggests that the sooner you eat/drink carbohydrates after a hard work-out, the faster your muscles will start the recovery process. (*J. Appl. Physiology*, April 1988).

Post-exercise recovery fluids/foods are important on a daily basis for runners, particularly marathoners and triathletes who train rigorously for longer than 1.5 hours at a stretch and significantly deplete their muscle glycogen stores. Prompt recovery is especially important for runners doing double workouts or competing in multiple events within one or two days. Unfortunately, many runners have all sorts of excuses for why they eat inadequate carbohydrates post-exercise:

**Excuse 1.** "I'm not hungry; exercise killed my appetite."

You may not feel hungry immediately post-exercise, but you probably are thirsty. Simply quench your thirst with liquid carbohydrates, preferably nutritious juices, but high-carb sports drinks or soda will also do the job. Your appetite for solid food will return as your body cools down. Simply eat as soon as tolerable, rather than delay the meal.

**Excuse 2.** "I don't want to eat; I'm afraid that a morning meal will create stomach problems in the afternoon training session."

If you eat breakfast within an hour after your morning workout, you'll have four or five hours to digest the food before your afternoon workout. That should be plenty of time to avoid stomach problems. The trick is to eat soon after the morning workout, rather than postpone the meal. Eat simple foods; cereal, toast, fruit, juices. For those with a particularly finicky GI system, glucose polymer carbohydrate drinks such as EXCEED High Carb are generally well-tolerated.

**Excuse 3.** "I don't have time; I'm already late for work and can't stop to eat."

I suspect the issue isn't lack of time. It's lack of priority. If you can make time to train, you can also make time to eat an optimal training diet.

**Excuse 4.** "I don't like to cook. Instead, I generally pick up a burger on my way home from work. Or, I simply munch on chips or eat a pint of ice

cream."

Even non-cooks can make carbohydrate-rich fast food selections such as thick crust pizza and submarine sandwiches without mayonnaise or oil or munch on high-carb pretzels, bagels or whole wheat crackers.

The same way you take special care to feed yourself wisely pre-race, you should feed yourself wisely on a day-to-day basis. A 60-65 percent high carbohydrate training diet is just as important as the pre-competition meal, if not more important! For optimal daily "carbo-hydration" that contributes to greater strength, stamina and endurance, here's the recovery plan:

1. To replace sweat losses drink adequate fluids to quench your thirst. Then drink even MORE! You'll know you're adequately hydrated when you have to urinate frequently and the urine is a clear color and of significant amounts.

2. To replace glycogen losses consume two "doses" of carbohydrates. One dose equals 0.5 grams carbohydrates (two calories) per pound body weight.

The first dose should be taken as soon as tolerable post-exercise, preferably within 15 minutes.

The second dose should be taken within two-four hours post-exercise.

Weight	Grams carbohydrate*	Calories
100lbs	50	200
150	75	300
200	100	400

\*One gram carbohydrate equals four calories.

To consume 75 grams (300 calories) of carbs, you can choose: 24 ounces (three cups) orange juice; one fruit yogurt plus one cup orange juice; two cups cran-raspberry juice; two good-sized bananas; 1.5 cups EXCEED High Carbohydrate Drink; two cans soda pop.

Most athletes already follow this formula. For example, a 150-pound marathoner can easily drink 75 grams carbohydrates (0.5 grams per pound or 300 calories) after running 10 miles and expending 1,000 calories. That's a mere two glasses of cranberry juice, or a fruit yogurt and a swig of orange juice, or two cans of soft drink. I commonly see runners drinking fruit juice post-run (Dose One) and then devouring a high carbohydrate meal after showering and stretching (Dose Two). Even athletes who're "not hungry" after exercise can carbo-hydrate by simply drinking juice rather than diet soda or plain water.

Commercially available carbohydrate supplements, such as EXCEED High Carb, can be a convenient source of carbohydrates for:

\*traveling athletes, such as elite competitors stuck on airplanes, who may struggle with getting adequate carbohydrates;

\*junk-food junkies who make irresponsible post-exercise food choices, such as high school kids who insist upon eating McGrease;

\*runners with limited access to carbohydrate-rich foods.

Nancy Clark, MS, RD, nutrition counselor at Boston-area's Sports Medicine Brookline, is author of Nancy Clark's Sports Nutrition Guidebook (\$18) and The New York City Marathon Cookbook (\$23). To read how to eat for greater energy and top performance, send check payable to Sports Nutrition Services to 830 Boylston St., Brookline MA 02167.

## High Plains Conference

Boise City High School  
4/24/95

### Girls

**TEAM SCORING:** 1. Boise City 224; 2. Texhoma 126; 3. Yarbrough 81; 4. Felt 26; 5. Hardesty 23; 6. Keyes 12.

100: 1. Cunningham, Tx. 13.35; 2. Strasia, BC. 13.79; 3. Wilson, BC. 200: 1. Winchester, Tx. 27.14; 2. Williams, BC. 27.30; 3. Cunningham, Tx. 28.50. 400: 1. no results. 800: 1. Bocoock, BC. 2:32.41; 2. Ogles, BC. 2:35.56; 3. Warner, Felt. 2:36.66. 1600: 1. Bocoock, BC. 6:12.48; 2. Ogles, BC. 6:19.67; 3. Puebla, BC. 6:23.48. 3200: 1. Bocoock, BC. 13:10.45; 2. Puebla, BC. 13:44.77; 3. Brown, Keyes. 15:50.14. 100H: 1. Cartwright, Tx. 17.48. 300H: 1. Cartwright, Tx. 52.34. 400 Relay:

1. Texhoma 52.14\*; 2. Boise City; 3. Yarbrough 59.22. 800 Relay: 1. Boise City 1:49.53\*; 2. Yarbrough 2:09.04. 1600 Relay: 1. Boise City 4:21.40; 2. Texhoma 4:32.44; 3. Yarbrough 5:10.65. 3200 Relay: 1. Boise City 10:24.88; 2. Yarbrough 12:58.12. Shot: 1. Sinclair, BC. 31-9.4; 2. Brooks, Tx. 27-6; 3. Skelton, Tx. 25-10. Discus: 1. Carril-lon, Yar. 97-6; 2. Sinclair, BC; 3. Skelton, Tx. 84-9.5. Long Jump: 1. Warner, Felt. 14-3; 2. Axtell, Har. 13-7.5; 3. A. Johnson, Yar. 12-11.25. High Jump: 1. Johnson, BC. 5-1; 2. Tooley, BC. 4-8; 3. Trujillo, BC. 4-6.

### Boys

**TEAM SCORING:** 1. Boise City 263; 2. Texhoma 127; 3. Yarbrough 78; Felt 44.

100: 1. Cornelson, Tx. 11.50; 2. Harland, Tx. 11.73; 3. Soell, BC. 12.08. 200: 1. Serna, BC. 23.70; 2. Wilson, BC. 24.32; 3. Harland, Tx. 24.80. 400: no results. 800: 1. Serna, BC. 2:05.22; 2. Ortiz, BC. 2:09.81; 3. Tapp, Felt. 2:16.48. 1600: 1.

Tapp, Felt. 5:00.59; 2. Ortiz, BC. 5:06.04; 3. Cooper, Tx. 5:14.30. 3200: 1. Tapp, Felt. 10:52.98; 2. Gonzalez, BC. 11:22.47; 3. Cunningham, Yar. 12:04.56. 110H: 1. Cornelson, Tx. 16.59; 2. Farmer, BC. 18.00. 300H: 1. Cornelson, Tx. 11.50; 2. Harland, Tx. 11.73; 3. Soell, BC. 12.08. 400 Relay: 1. Boise City 45.52; 2. Texhoma 46.60; 3. Yarbrough 50.38. 1600 Relay: 1. Boise City 3:45.59; 2. Texhoma 4:05.23; 3. Yarbrough 4:19.28. 3200 Relay: 1. Boise City 9:06.05; 2. Texhoma 10:07.22; 3. Yarbrough 10:18.79. Shot: 1. Kline, BC. 41-3; 2. Stalder, BC. 40-9; 3. Henley, BC. 37-1. Discus: 1. Stalder, BC. 133-3; 2. Johnson, Tx. 102-1; 3. Henley, BC. 93-10.5. Long Jump: 1. Webb, BC. 20-11.75; 2. Burns, Yar. 18-5.5; 3. Williams, Felt. 17-1. High Jump: 1. Burns, Yar. 5-10; 2. Glidder, Yar. 5-8; 3. Williamson, Felt. 5-8. Pole Vault: 1. Ottinger, BC. 12-6; 2. Soell, BC. 12-0; 3. Farmer, BC. 9-0.

\*meet record



# OVERALL SEASON LEADERS

## OVERALL GIRLS

**100:** Austin, Edison, 11.7 (Owasso); Randle, Weatherford, 11.85 (Purcell); Morrow, Northeast, 11.9 (Western Heights); Hayes, Millwood, 12.01 (UCO); Sorrells, Edmond Memorial, 12.09 (UCO); Evans, Temple, 12.15 (Elk City).

**200:** Morrow, Northeast, 25.5 (Owasso); Tucker, Midwest City, 25.52 (Norman); Lee, Ardmore, 25.65 (Carl Albert); Randle, Weatherford, 25.73 (Harrah); Young, Altus, 25.83 (Duncan); Kindred, Temple, 25.84 (Elk City).

**400:** Thompson, B.T. Washington, 57.36 (Okmulgee); Sreaves, Grove, 58.69 (Okmulgee); Lacy, Holdenville, 58.73 (Sulphur); Shirley, Davis, 58.98 (Konawa); Mims, B.T. Washington, 59.26 (Okmulgee); Bell, Idabel, 1:00.42 (Ada).

**800:** Reser, Norman, 2:21.50 (Carl Albert); O'Rourke, Jenks, 2:21.94 (Union); Dean, Yukon, 2:23.16 (OU); Dearman, Sapulpa, 2:23.60 (Union); DeLozier, Norman, 2:24.12 (Carl Albert); White, Tahlequah, 2:24.13 (Union).

**1600:** O'Rourke, Jenks, 5:27.46 (Bartlesville); S. Harvey, Plainview, 5:27.75 (Sulphur); Dean, Yukon, 5:28.64 (Carl Albert); Corbett, Bartlesville, 5:29.34 (Pittsburg); Boothe, McGuinness, 5:30 (Edmond); Woodard, Guthrie, 5:31.08 (Okmulgee).

**3200:** McCulley, Grove, 11:46.15 (Sulphur); Long, McGuinness, 11:47 (Putnam City); Woodard, Guthrie, 11:48.08 (OU); Guild, Marlow, 11:50.37 (OU); Shaw, Western Heights, 11:52.12 (OU); Lemons, Marlow, 11:50.37 (OU).

**100H:** Burns, B.T. Washington, 14.14 (Webster); Schenk, Watonga, 14.61 (Elk City); Peel, Tulsa Central, 15.03 (Inion); Jones, Elk City, 15.03 (Elk City); Gainer, Putnam City, 15.35 (Choctaw); Hill, Union, 15.38 (Union).

**300H:** Murphy, Putnam City West, 45.56 (Choctaw); Sims, Velma-Alma, 46.1 (Watonga); Bell, McLain, 47.06 (Okmulgee); Nickens, Jenks, 47.29 (Union); Laughry, Jenks, 47.30 (Union); Holmes, Carl Albert, 47.31 (Carl Albert).

**400 Relay:** B.T. Washington, 47.82 (Austin); Ardmore, 49.31 (Coppell); Holdenville, 49.45 (Konawa); Del City, 49.7 (Moore); Tulsa Central, 49.78 (Webster); Union, 49.8 (Union).

**800 Relay:** Millwood, 1:44.64 (OU); Holdenville, 1:44.78 (Konawa); Ardmore, 1:45.08 (OU); B.T. Washington, 1:45.99 (Okmulgee); Northeast 1:46.55 (Western Hts); Union, 1:46.65 (OU).

**1600 Relay:** Jenks 4:05.6 (OU); Holdenville, 4:09.22 (Sulphur); Boise City, 4:12.97 (Elkhart); Laverne 4:13.56 (Watonga); Poteau, 4:14.54 (Poteau); B.T. Washington 4:15.0 (OU).

**3200 Relay:** Jenks, 9:47.80 (OU); Norman, 9:57.13 (Carl Albert); Guthrie 10:04.72 (Carl Albert); Union, 10:07.98 (Union); McGuinness, 10:08 (Moore); Plainview, 10:10.67 (Sulphur).

**Shot:** Schlegel, Union, 43-1.75 (OU); Dowdy, Ardmore, 41-7 (Duncan); Palmer, Norman, 40-1.75 (OU); Sage, Beaver, 40-2 (Watonga); Crumbo, Sperry, 40-2 (Dewey); Russell, Dickson, 39-11.75 (Wynnewood).

**Discus:** Schlegel, Union, 138-6 (California); Gregg, Beaver, 136-10 (Watonga); Dowdy, Ardmore, 135-9 (Carl Albert); Sage, Beaver, 133-5.5 (Turpin); Stinson, Woodward, 127-5.5 (Ponca City); Palmer, Norman, 127-0 (OU).

**Long Jump:** Williams, Wynnewood, 18-1 (Purcell); Bell, B.T. Washington, 18-1 (OU); Reese, Sulphur, 17-11.5 (Purcell); Johnson, Jenks, 17-6 (Bartlesville); Wisby, John Marshall, 17-3.75 (OU); Randle, Weatherford, 17-2.75 (McGuinness).

**High Jump:** Toole, Edmond North, 5-8 (UCO); Johnson, Boise City, 5-6 (Guymon); Teel, Oologah, 5-6 (Catoosa); Reams, Fairview, 5-4 (Fairview); Hutchings, Eisenhower, 5-4 (Moore); Row, Sulphur, 5-4 (Sulphur); Anderson, Chandler, 5-4 (Chandler).

## OVERALL BOYS

**100:** Marsh, Douglas, 10.23 (Western Hts); Birch, Rogers, 10.38 (Union); Smith, Hugo, 10.42 (Duncan); Johnson, Edmond North, 10.53 (Duncan); Moseley, Westmoore, 10.54 (Edmond); Cole, Idabel, 10.55 (Ada); Daniels, Ada, 10.57 (Ada).

**200:** Birch, Rogers, 21.19 (Union); Johnson, Edmond North, 21.76 (Union); Sensintaffar, Sand Springs, 21.8 (Bartlesville); Leon, Moore, 21.9 (Moore); Thomas, Broken Bow, 21.91 (Okmulgee); Marsh, Douglas, 21.95 (UCO).

**400:** Jordan, Okmulgee, 47.67 (Okmulgee); Jefferson, Stillwater, 48.21 (Okmulgee); Jackson, Okemah, 49.03 (Okmulgee); Sensintaffar, Sand Springs, 49.1 (Bartlesville); Birch, Rogers, 49.17 (Webster); Roberts, Broken Arrow, 49.2 (Bartlesville).

**800:** Mason, Northeast, 1:55.75 (Western Heights); M. Calhoun, John Marshall, 1:57.25 (Western Heights); Ashley, Edmond North, 1:57.32 (Western Heights); Bennett, Norman, 1:57.5 (Moore); Givens, Muskogee, 1:58.8 (UCO); Crook, Sapulpa, 1:59.29 (Union).

**1600:** Mason, Northeast, 4:27.7 (Moore); Cleek, Guthrie, 4:32.05 (Okmulgee); Johnson, Velma-Alma, 4:33.59 (Watonga); Wolfe, Enid, 4:33.8 (Choctaw); Donnelly, Norman, 4:34.31 (OU); K. Calhoun, John Marshall, 4:34.9 (Moore).

**3200:** Mason, Northeast, 9:43.5 (Moore); Baer, Norman, 9:56.42 (Moore); Donnelly, Norman, 9:56.42 (Enid); Reid, Jenks, 9:59.53 (Pittsburg); Wolfe, Enid, 10:00.22 (Choctaw); Johnson, Velma-Alma, 10:03.01 (Velma-Alma).

**110H:** Bennett, Altus, 13.85 (Elk City); Bradley, Stroud, 14.23 (Chandler); Baugh, Eisenhower, 14.35 (Duncan); Braddy, Northeast, 14.44 (Duncan); Merritt, Tuttle, 14.45 (OU); Curtis, Duncan, 14.46 (Duncan).

**300H:** Russell, Jones, 38.25 (Choctaw); Matthews, John Marshall, 38.4 (Moore); Browning, Putnam West, 39.19 (Choctaw); Petties, Midwest City, 39.32 (Yukon); Austin, Idabel, 39.70 (OU); Curtis, Duncan, 39.80 (OU).

**400 Relay:** Altus, 41.82 (OU); Douglas, 42.03 (Western Heights); Union, 42.37 (Union); Edmond North, 42.49 (OU); Del City, 42.55 (Western Heights); Moore, 42.6 (Moore).

**1600 Relay:** Edmond North, 3:20.25 (Edmond); Jenks, 3:20.5 (Owasso); Eisenhower, 3:20.63 (Choctaw); Putnam City West, 3:21.90 (Choctaw); Midwest City, 3:22.47 (Choctaw); Altus 3:22.5 (OU).

**3200 Relay:** Norman, 8:06.09 (OU); Duncan, 8:07.95 (OU); Putnam City, 8:10.54 (Choctaw); Midwest City, 8:11.94 (Choctaw); Edmond Memorial 8:12.3 (Moore); Eisenhower 8:13.21 (OU).

**Shot:** C. Bookout, Stroud, 59-3 (Cushing); Martins, Chisholm, 57-10 (McGuinness); Anderson, Moore, 55-4 (OU); Rutherford, Broken Bow, 55-1 (Nashville); Kay, Wynnewood, 54-2.75 (Sulphur); Anderson, Moore, 53-10 (Putnam City).

**Discus:** Dicus, Jenks, 187-0 (OU); C. Bookout, Stroud, 185-0 (Cushing); Fitzgerald, Putnam North, 175-4 (Putnam City); LeBlanc, Edmond North, 171-6 (OU); Martin, Chisholm, 169-9.5 (Watonga); Galloway, Broken Bow, 165-0 (Ada).

**Long Jump:** Ratliff, B.T. Washington, 23-4 (Webster); Watkins, 22-11 (Watonga); Winfrey, Union, 22-10.5 (OU); Jones, Eisenhower, 22-10.25 (Choctaw); Porter, Lawton, 22-9.5 (OU); McQuarters, B.T. Washington, 22-9.25 (OU).

**High Jump:** Moodey, Northwest Classen, 6-8 (OU); Butler, Hooker, 6-8 (OU); Bennett, Altus, 6-8 (Altus); Harris, Wynnewood, 6-8 (Sulphur); Ballard, Durant, 6-7 (Ada); Holt, McGuinness, 6-6 (UCO); Lookout, Hominy, 6-6 (Catoosa); Brown, Hominy, 6-6 (Catoosa); Humphrey, Madill, 6-6 (Sulphur); Washington, Jenks, 6-6 (Owasso); Gauden, Muskogee, 6-6 (UCO); Hughes, Ada, 6-6 (Altus); Sheeley, Altus, 6-6 (Altus); Bywaters, Claremore, 6-6 (Owasso); Couch, Heritage Hall, 6-6 (Chandler).

**Pole Vault:** Wilkinson, Stroud, 15-11.5 (Konawa); Heard, Elk City, 15-1 (Fairview); Hardison, Laverne, 14-6 (Watonga); Walters, Claremore-Sequoyah, 14-6 (Vinita); Martens, Fairview, 14-1 (Fairview).

# Top Teams

## A Girls

1. Laverne
2. Canton
3. Velma-Alma
4. Hollis
5. Newkirk
6. Carnegie
7. Pioneer-Pleasant Vale
8. Turpin
9. Covington-Douglas-Grbr
10. Oklahoma Christian

## 2A Girls

1. Watonga
2. Holdenville
3. Pawnee
4. Purcell
5. Wynnewood
6. Jones
7. Stroud
8. Alva
9. Tishomingo
10. Madill

## 4A Girls

1. Ardmore
2. McGuinness
3. John Marshall
4. Northeast
5. Guthrie
6. Nathan Hale
7. Broken Bow
8. Durant
9. Claremore
10. Tulsa Central

## A Boys

1. Turpin
2. Laverne
3. Covington-Douglas-Grbr
4. Waurika
5. Velma-Alma
6. Hooker
7. Merritt
8. Pioneer-Pleasant Vale
9. Quinton
10. Woodland

## 2A Boys

1. Stroud
2. Jones
3. Wynnewood
4. Prague
5. Madill
6. Holdenville
7. Chandler
8. Tishomingo
9. Hominy
10. Lindsay

## 4A Boys

1. Altus
2. Broken Bow
3. John Marshall
4. Duncan
5. Ada
6. Claremore
7. Douglas
8. Guthrie
9. McGuinness
10. Durant

## B Girls

1. Boise City
2. Beaver
3. Texhoma
4. Pond Creek-Hunter
5. Cherokee
6. Forgan
7. Fox
8. Buffalo
9. Temple
10. Waynoka

## 3A Girls

1. Plainview
2. Grove
3. Millwood
4. Marlow
5. Poteau
6. Weatherford
7. Idabel
8. Elk City
9. Catoosa
10. Vinita

## 5A Girls

1. Jenks
2. Midwest City
3. B.T. Washington
4. Union
5. Norman
6. Northwest Classen
7. Edmond North
8. Del City
9. Bartlesville
10. Yukon

## B Boys

1. Boise City
2. Fox
3. Hydro
4. Cherokee
5. Pond Creek-Hunter
6. Tyrone
7. Medford
8. Beaver
9. White Oak
10. Forgan

## 3A Boys

1. Idabel
2. Okmulgee
3. Weatherford
4. Catoosa
5. Marlow
6. Santa Fe
7. Little Axe
8. Lone Grove
9. Grove
10. Elk City

## 5A Boys

1. Edmond North
2. Eisenhower
3. Norman
4. Jenks
5. Del City
6. Edmond Memorial
7. Moore
8. Union
9. Muskogee
10. Broken Arrow

# A GIRLS AND BOYS SEASON LEADERS

## A GIRLS

**100:** Laird, Mt. View-Gotebo, 13.25 (Thomas); Birchell, Mt. View-Gotebo, 13.27 (Thomas); Carson, Turpin, 13.28 (Beaver); Ontiveras, Crescent, 13.29 (Fairview); Johnson, Crescent, 13.38 (Fairview); Knull, Laverne, 13.46 (Buffalo); Webb, Velma-Alma, 13.50 (Velma-Alma).

**200:** Sims, Velma-Alma, 26.8 (Duncan); Heath, Oklahoma Christian, 27.20 (Bethany); Reese, Covington-Douglas-Garber, 27.79 (Medford); Hamilton, Laverne, 27.96 (Forgan); Reiger, Turpin, 28.02 (Forgan); Brunie, Hollis, 28.18 (Thomas); Eisenhower, Newkirk, 28.28 (Dewey); Prater, Velma-Alma, 28.4 (Plainview).

**400:** Reese, Covington-Douglas-Garber, 62.10 (Watonga); Awtry, Ringling, 64.09 (Velma-Alma); Nease, Thomas, 64.16 (Thomas); Prater, Velma-Alma, 64.27 (Velma-Alma); Davis, Hollis, 65.4 (Thomas); Overstreet, Pioneer-Pleasant Vale, 66.07 (Thomas); Knull, Laverne, 66.1 (Turpin).

**800:** Seifried, Canton, 2:26.38 (Watonga); Barby, Laverne, 2:27.82 (Watonga); A. Overstreet, Pioneer-Pleasant Vale, 2:30.9 (Medford); Sexton, Thomas, 2:33.60 (Bethany); Cruse, Velma-Alma, 2:33.62 (Sulphur); Woolworth, Newkirk, 2:35.50 (Dewey); Kilewer, Canton, 2:36.05 (Watonga).

**1600:** Seifried, Canton, 5:45.50 (Watonga); Barby, Laverne, 5:46.68 (Watonga); T. Overstreet, Pioneer-Pleasant Vale, 5:49.2 (Thomas); Fuller, Velma-Alma, 5:53.4 (Sulphur); Kilewer, Canton, 5:53.56 (Watonga); Davis, Carnegie, 5:58.28 (Thomas); Estes, Newkirk, 6:01.60 (Dewey); Linke, Velma-Alma, 6:04.3 (Sulphur).

**3200:** T. Overstreet, Pioneer-Pleasant Vale, 12:45.8 (Medford); Fuller, Velma-Alma, 12:50.6 (Plainview); Linke, Velma-Alma, 13:11.2 (Velma-Alma); Barby, Lavern, 13:18.25 (Turpin); Davis, Carnegie 13:25.7 (Thomas); Ahhaity, Carnegie, 13:28.42 (Thomas); Bond, Canton, 13:37.69 (Watonga).

**100H:** Sims, Velma-Alma, 15.4 (Velma-Alma); Darter, Velma-Alma, 15.73 (Duncan); Adams, Canton, 16.58 (Thomas); Hedrick, Hooker, 16.74 (Beaver); Davis, Velma-Alma, 17.3 (Duncan); Morrow, Velma-Alma, 17.88 (Velma-Alma); Headrick, Turpin, 18.48 (Beaver).

**300H:** Sims, Velma-Alma, 46.10 (Watonga); McCollum, Oklahoma Christian, 47.79 (Bethany); Adams, Canton, 48.56 (Thomas); Darter, Velma-Alma, 49.3 (Velma-Alma); Deal, Laverne, 49.54 (Forgan); Davis, Velma-Alma, 52.3 (Velma-Alma); Harkin, Luther, 52.31 (Chandler).

**400 Relay:** Hollis, 51.99 (Thomas); Laverne, 53.23 (Thomas); Hooker, 53.44 (Hooker); Turpin, 53.54 (Beaver); Velma-Alma, 53.64 (Watonga); Crescent, 53.69 (Chandler); Oklahoma Christian, 53.9 (Bethany).

**800 Relay:** Hollis, 1:51.17 (Thomas); Laverne, 1:52.6 (Turpin); Velma-Alma, 1:52.9 (Velma-Alma); Oklahoma Christian, 1:53.96 (Bethany); Turpin, 1:54.87 (Forgan); Hooker, 1:58.89 (Buffalo).

**1600 Relay:** Laverne, 4:13.56 (Watonga); Velma-Alma, 4:15.62 (Sulphur); Canton, 4:17.12 (Watonga); Carnegie, 4:25.87 (Thomas); Oklahoma Christian, 4:28.6 (Bethany); Thomas, 4:30.81 (Thomas); Turpin, 4:32.2 (Beaver).

**3200 Relay:** Canton, 10:20.84 (Watonga); Laverne 10:25.22 (Watonga); Carnegie, 10:26.81 (Thomas); Velma-Alma, 10:39.6 (Sulphur); Newkirk 10:47.88 (Medford); Thomas 10:50.94 (Thomas).

**Shot:** Yarbrough, Savanna, 36-11.5 (Poteau); Chapman, Velma-Alma, 36-7 (Watonga); Depuy, Hooker, 34-7.75 (Beaver); Cline, Maud, 34-5.5 (Konawa); Dickerson, Velma-Alma, 34-5 (Velma-Alma); Dobbins, Thomas, 33-5 (Thomas); Wofford, Velma-Alma, 32-10 (Velma-Alma); Stevenson, Crescent, 32-7 (Chandler).

**Discus:** Brock, Crescent, 115-8 (Cushing); Jett, Laverne, 112-2 (Watonga); Watson, Tonkawa, 101-0 (Medford); Sanderville, Carnegie 100-1 (Elk City); Lane, Newkirk, 99-10 (Medford); Brewer, Velma-Alma, 95-3 (Velma-Alma); Dobbins, Thomas, 92-3 (Thomas).

**Long Jump:** Sims, Velma-Alma, 16-11.75 (Velma-Alma); Birchell, Mt. View-Gotebo, 16-11.5 (Thomas); Smith, Crescent, 16-8 (Fairview); Kirchoff, Hollis, 15-10 (Watonga); Eisenhower, Newkirk, 15-9 (Cushing); Fisher, Covington-Douglas-Garber, 15-8.5 (Watonga); Harvick, Luther, 15-3.5 (Chandler); Morgan, Velma-Alma, 14-5 (Duncan).

**High Jump:** Inman, Kingwood, 5-0 (Ringwood); Harvick, Luther, 5-0 (Chandler); Givens, Wetumka, 4-10 (Konawa); Bates, Waurika, 4-9 (Velma-Alma); Barby, Laverne, 4-8 (Fairview); Thacker, Velma-Alma, 4-4 (Velma-Alma).

## A BOYS

**100:** Golden, Quinton, 11.0 (Ada); McElroy, Waurika, 11.17 (Wynnewood); Seigrist, Merritt, 11.20 (Thomas); Emery, Wewoka, 11.37 (Byng); Salazar, Turpin, 11.41 (Buffalo); Bently, Laverne, 11.42 (Buffalo).

**200:** Schmidt, Covington-Douglas-Garber, 22.75 (Watonga); Seigrist, Merritt, 23.06 (Ringwood); Golden, Quinton, 23.34 (Ada); McElroy, 23.35, Waurika (Plainview); Salazar, Turpin, 23.40 (Beaver); Metcalf, Hooker, 23.8 (Watonga).

**400:** Metcalf, Hooker, 53.03 (Buffalo); Schmidt, Covington-Douglas-Garber, 51.47 (Medford); Littlejohn, Rush Springs, 52.47 (Velma-Alma); Salazar, Turpin, 52.93 (Buffalo); Johnson, Crescent, 53.09 (Medford); Scott, Canton, 53.56 (Watonga).

**800:** Crowell, Turpin, 2:03.44 (Watonga); Cazzelle, Ripley, 2:03.5 (Medford); Alestell, Carengie, 2:04.34 (Elk City); Auld, Burns Flat-Dill City, 2:05.11 (Thomas); Black, Hydro, 2:05.88 (Watonga); Aldridge, Velma-Alma, 2:06.02 (Velma-Alma); Johnson, Velma-Alma, 2:06.90 (Velma-Alma); Barton, Lavern, 2:14.16 (Turpin).

**1600:** Johnson, Velma-Alma, 4:33.57 (Watonga); Black, Hydro, 4:40.54 (Watonga); Haney, Laverne, 4:40.97 (Watonga); Cazzelle, Ripley, 4:42.26 (Medford); Haney, Lavern, 4:46.97 (Buffalo); Auld, Burns Flat-Dill City, 4:54.6 (Buffalo); Poage, Waurika, 4:54.81 (Wynnewood); Able, Turpin, 5:06.2 (Buffalo).

**3200:** Johnson, Velma-Alma, 9:55.80 (OU); Poage, Waurika, 10:16 (Wynnewood); Budd, Ripley, 10:25.95 (Chandler); Black, Hydro, 10:29.76 (Watonga); Hennigh, Laverne, 10:52.51 (Turpin); Crowell, Turpin, 11:03.56 (Buffalo); Sparks, Laverne, 11:37.19 (Turpin).

**110H:** McElroy, Waurika, 14.83 (Wynnewood); Scott, Turpin, 15.34 (Watonga); Scheff, Turpin, 15.66 (Beaver); Easterwood, Oklahoma Christian, 15.95 (Bethany); Davis, Velma-Alma 16.45 (Velma-Alma).

**300H:** Scott, Turpin, 40.72 (Watonga); Bently, Laverne, 40.84 (Beaver); Bilger, Newkirk, 41.26 (Dewey); Davis, Velma-Alma, 41.7 (Velma-Alma); Jester, Yale, 41.86 (Dewey);.

**400 Relay:** Wewoka 44.70 (Sulphur); Covington-Douglas-Garber 44.97 (Watonga); Turpin 45.09 (Buffalo); Laverne 46.19 (Buffalo); Hooker 46.74 (Buffalo); Canton, 46.70 (Thomas).

**1600 Relay:** Hollis 3:34.51 (Thomas); Laverne 3:37.59 (Watonga); Turpin 3:38.81 (Buffalo); Covington-Douglas-Garber 3:39.94 (Medford); Newkirk 3:42.65 (Medford); Carnegie 3:43.6 (Elk City).

**3200 Relay:** Laverne 8:33.67 (Watonga); Hydro 8:39.54 (Watonga); Turpin 8:40.50 (Turpin); Hollis 8:44.56 (Watonga); Velma-Alma 8:49 (Velma-Alma); Carnegie 8:54.91 (Thomas); Newkirk 9:02.9 (Dewey).

**Shot:** Kemp, Wewoka, 51-6 (Wetumka); Stevenson, Crescent, 50-4 (Chandler); Enloe, Velma-Alma, 49-1 (Velma-Alma); Kroll, Covington-Douglas-Garber, 48-3 (Medford); Crook, Velma-Alma, 47-8 (Velma-Alma); Cordell, Merritt, 47-2 (Thomas);.

**Discus:** McGuire, Velma-Alma, 157-8 (Watonga); Appleton, Turpin 134-8 (Forgan); Rodford, Laverne, 134-8 (Beaver); Kroll, Covington-Douglas-Garber, 128-8 (Medford); Arnold, Hooker, 127-1 (Buffalo); Reese, Covington-Douglas-Garber, 127-1 (Ringwood); Burden, Wetumka, 126-0 (Wetumka).

**Long Jump:** Bentley, Laverne, 21-10 (Watonga); Davis, Velma-Alma, 21-3 (Velma-Alma); Kelly, Wewoka, 20-10.5 (Ada); Martin, Waurika, 20-3 (Wynnewood); Bruner, Wewoka, 20-0.5 (Byng); Schotz, Tonkawa, 20-0.75 (Medford).

**High Jump:** Jester, Yale, 6-10 (Dewey); Butler, Hooker, 6-8 (Hooker); Hill, Hooker, 6-6 (Hooker); Seigrist, Merritt, 6-6 (Thomas); Bruner, Wewoka, 6-6 (Ada); Barton, Lavern, 6-4 (Buffalo).

**Pole Vault:** Hardison, Lavern, 14-6 (Watonga); Honeman, Hooker, 12-0 (Turpin); Toyekoyah, Carnegie, 12-0 (Thomas); Barton, Laverne, 11-0 (Forgan); Reynolds, Turpin, 10-6 (Turpin).

# B GIRLS AND BOYS SEASON LEADERS

## B GIRLS

**100:** Evans, Temple, 12.15 (Elk City); Kindred, Temple, 12.27 (Elk City); Morris, Buffalo, 12.95 (Ringwood); Kaiser, Waynoka, 13.28 (Buffalo); Cunningham, 13.35 (Beaver); Phillips, New Lima, 13.67 (Konawa); Rushing, Fox, 13.67 (Velma-Alma); Henry, Forgan, 13.79 (Turpin).

**200:** Kindred, Temple, 25.84 (Elk City); Evans, Temple, 25.99 (Elk City); Williams, Boise City, 27.07 (Elkhart, KS); Winchester, Texhoma, 27.14 (Boise City); Youngblood, Kremlin, 27.5 (Turpin); Freeman, New Lima, 27.81 (Konawa); Roseberry, Boise City, 27.83 (Elkhart, KS).

**400:** Winchester, Texhoma, 61.78 (Turpin); Foster, Forgan, 62.44 (Hooker); Parsons, Texhoma, 62.72 (Beaver); Roseberry, Boise City, 63.12 (Elkhart, KS); Williams, Boise City, 64.06 (Guymon); Meek, Waynoka, 64.12 (Ringwood).

**800:** Kee, Beaver, 2:27.18 (Thomas); Parker, Boise City, 2:32.9 (Boise City); Foster, Forgan, 2:33.10 (Buffalo); Ogles, Boise City, 2:34.83 (Watonga); Winchester, Texhoma, 2:35.11 (Boise City); Weiner, Felt, 2:36.66 (Boise City); Tooley, Boise City, 2:43.0 (Turpin); Mitchell, Kremlin, 2:44.94 (Buffalo).

**1600:** Kee, Beaver, 5:38.13 (Buffalo); Bocock, Boise City, 5:45.92 (Elkhart KS); Laney, Wakita, 5:54.60 (Buffalo); Ogles, Boise City, 5:57.61 (Watonga); Wright, Cherokee, 6:18.33 (Buffalo); Puebla, Boise City, 6:22.14 (Boise City); Schilling, Shattuck, 6:28.91 (Buffalo).

**3200:** Laney, Wakita, 12:39.91 (Buffalo); Bocock, Boise City, 13:40.45 (Boise City); Puebla, Boise City, 13:44.77 (Boise City); Skaggs, Beaver, 14:04.27 (Buffalo); Kramer, Forgan, 14:16.67 (Forgan); Brown, Keyes, 14:37.71 (Turpin).

**100H:** Whittet, Cherokee, 16.19 (Buffalo); Parker, Boise City, 16.54 (Clayton, NM); Allison, Cherokee, 17:00 (Buffalo); Shane, Buffalo, 17.17 (Buffalo); Cartwright, Texhoma, 17.25 (Beaver); Goss, Tyrone, 17.59 (Buffalo); Lebeda, Medford, 17.68 (Buffalo).

**300H:** Parker, Boise City, 49.95 (Elkhart, KS); Wilson, Boise City, 50.62 (Guymon); Whittet, Cherokee, 50.69 (Buffalo); Cartwright, Texhoma, 51.34 (Boise City); Allison, Cherokee, 52.91 (Buffalo); Pillars, Beaver, 55.78 (Buffalo).

**400 Relay:** Boise City, 51.94 (Clayton, NM); Texhoma, 52.14 (Boise City); Waynoka, 52.56 (Ringwood); Pond Creek-Hunter, 52.62 (Ringwood); Temple, 52.7 (Velma-Alma); Cherokee, 53.82 (Buffalo).

**800 Relay:** Boise City, 1:49.53 (Boise City); Pond Creek-Hunter, 1:52.47 (Ringwood); Waynoka, 1:54.70 (Ringwood); Texhoma, 1:54.97 (Turpin); Morrison, 1:55.14 (Dewey); Cherokee, 1:56.04 (Buffalo).

**1600 Relay:** Boise City, 4:12.97 (Elkhart, KS); Texhoma, 4:21.28 (Turpin); Beaver, 4:22.91 (Buffalo); Cherokee, 4:26.55 (Buffalo); Fox 4:27.6 (Velma-Alma); Forgan, 4:30.02 (Hooker); Morrison, 4:32.83 (Dewey).

**3200 Relay:** Boise City, 10:20.41 (Turpin); Pond Creek-Hunter, 10:24.32 (Watonga); Beaver, 10:35.69 (Buffalo); Fox 10:45.34 (Velma-Alma); Forgan, 11:00.97 (Buffalo); Wakita, 11:05.27 (Buffalo); Cherokee, 11:43.92 (Buffalo).

**Shot:** Sage, Beaver, 37-10 (Forgan); Gregg, Beaver, 37-10 (Beaver); Cole, Deer Creek Lamont, 34-10.5 (Buffalo); Rhoads, Morrison, 33-8.5 (Dewey); Wilbur, Cherokee, 32-9.75 (Buffalo); Miller, Tyrone, 32-9.5 (Buffalo).

**Discus:** Gregg, Beaver, 136-11 (Watonga); Sage, Beaver, 133-5.5 (Turpin); Wilbur, Cherokee, 109-1 (Ringwood); Miller, Tyrone, 100-11 (Buffalo); Catlin, Buffalo, 100-2 (Buffalo); Carrillo, Yarbrough, 97-6 (Boise City).

**Long Jump:** Kirby, Pond Creek-Hunter, 16-2 (Ringwood); Foster, Forgan, 16-0 (Turpin); Crabtree, Boise City, 15-6.75 (Boise City); Clayton, Sharon-Mutual, 15-4 (Buffalo); Cheney, Copan, 15-2 (Dewey); Sink, Medford, 14-11 (Buffalo).

**High Jump:** Johnson, Boise City, 5-6 (Guymon); Pyle, Medford, 5-3 (Buffalo); Pyle, Buffalo, 5-2 (Forgan); Poe, Forgan, 4-11 (Buffalo); Tooley, Boise City, 4-8 (Boise City); Trujillo, Boise City, 4-8 (Boise City).

## B BOYS

**100:** Jackson, Fox, 11.30 (Velma-Alma); Rushing, Fox, 11.38 (Velma-Alma); Cornelson, Texhoma, 11.5 (Boise City); Carter, New Lima, 11.55 (Konawa); Springer, Fox, 11.69 (Velma-Alma); Durkee, Waynoka, 11.72 (Buffalo).

**200:** Cain, Tyrone, 23.33 (Beaver); Rushing, Fox, 23.62 (Velma-Alma); Serna, Boise City, 23.7 (Boise City); Evans, Temple, 23.8 (Velma-Alma); Wilson, Boise City, 23.92 (Boise City); Springer, Fox, 24.08 (Velma-Alma).

**400:** Swindall, Fox, 50.92 (Velma-Alma); Cain, Tyrone, 52.38 (Beaver); Evans, Temple, 53.5 (Velma-Alma); Brooks, Beaver, 53.72 (Thomas); Wilson, Medford, 53.95 (Buffalo); Jones, Fox, 53.97 (Velma-Alma).

**800:** Serna, Boise City, 2:05.22 (Boise City); Levings, Buffalo, 2:05.63 (Buffalo); Black, Hydro, 2:08.01 (Thomas); Ortiz, Boise City, 2:09.81 (Boise City); Ginn, Hydro, 2:10.96 (Thomas); Cooper, Texhoma, 2:17.56 (Forgan).

**1600:** Black, Hydro, 4:42.55 (Thomas); Ginn, Hydro, 4:56.68 (Thomas); Simmons, Cement, 4:56.1 (Velma-Alma); Tapp, Felt, 4:58.16 (Clayton, NM); Gonzales, 4:58.26 (Boise City); Levings, Buffalo, 5:04 (Buffalo).

**3200:** Black, Hydro, 10:26.38 (Thomas); Smith, Tyrone, 10:45.51 (Turpin); Tapp, Felt, 10:52.98 (Boise City); Gonzales, Boise City, 11:22.47 (Boise City); Cunningham, Yarbrough, 12:05.56 (Boise City).

**110H:** Sells, Forgan, 16:23 (Beaver); Cornelson, Texhoma, 16.69 (Beaver); Pickering, Tyrone, 17.12 (Buffalo); Field, Tyrone, 17.39 (Buffalo); Scheff, Medford, 17.40 (Buffalo); Farmer, Boise City, 18.0 (Boise City).

**300H:** Cornelson, Texhoma, 42.09 (Beaver); Sells, Forgan, 42.32 (Beaver); Begley, Boise City, 43.24 (Boise City); Terry, Fox, 44.04 (Velma-Alma); Soell, Boise City, 44.24 (Boise City); Bombach, Beaver, 45.46 (Beaver).

**400 Relay:** Fox, 44.9 (Velma-Alma); Boise City, 45.5 (Boise City); Cherokee, 46.40 (Ringwood); Texhoma, 46.6 (Boise City); Forgan, 47.19 (Hooker); New Lima, 47.31 (Konawa).

**1600 Relay:** Boise City, 3:33.95 (Elkhart, KS); Fox, 3:37.34 (Velma-Alma); Cherokee, 3:39.56 (Buffalo); Hydro, 3:40.0 (Watonga); Medford, 3:49.72 (Buffalo); Beaver, 3:51.71 (Buffalo); Pond Creek-Hunter, 3:51.81 (Ringwood).

**3200 Relay:** Boise City, 8:47.12 (Elkhart, KS); Hydro, 8:57 (Medford); Pond Creek-Hunter, 9:11.67 (Ringwood); Medford, 9:12.44 (Buffalo); Fox, 9:13.45 (Velma-Alma); Cherokee, 9:38.40 (Buffalo); Forgan, 9:38.52 (Buffalo).

**Shot:** Sanders, Beaver, 49-7 (Beaver); Johnson, Tyrone, 45-1 (Beaver); Provinces, Moorland, 44-7 (Thomas); Robinson, Fox, 43-8 (Velma-Alma); Stalder, Boise City, 43-1 (Elkhart, KS); George, Waynoka, 42-11 (Buffalo); Dull, Forgan, 41-0.5 (Hooker); Kline, Boise City, 40-5.5 (Boise City).

**Discus:** Stalder, Boise City, 141-3 (Guymon); Dull, Forgan, 140-5 (Forgan); Downing, Medford, 138-2 (Buffalo); Carson, Kremlin, 122-11 (Turpin); Sanders, Beaver, 122-11 (Beaver); Dye, Keyes, 114-8 (Boise City).

**Long Jump:** Webb, Boise City, 20-11 (Boise City); Fowble, Ringwood, 20-4 (Ringwood); Bell, Tyrone, 19-5 (Buffalo); Burns, Yarbrough, 19-5 (Turpin); Ream, Cherokee, 18-9 (Ringwood); Miller, Waynoka, 18-3 (Buffalo).

**High Jump:** Lyons, Cherokee, 6-2 (Buffalo); White, Pond Creek-Hunter, 6-0 (Buffalo); Dice, New Lima, 6-0 (Konawa); Williamson, Felt, 5-10 (Hooker); Burns, Yarbrough, 5-10 (Boise City); Pickering, Tyrone, 5-10 (Hooker).

**Pole Vault:** Sherre, Balko, 13-0 (Turpin); Soell, Boise City, 13-0 (Watonga); Ottinger, Boise City, 12-6 (Boise City); Bombach, Beaver, 11-0 (Turpin); Gates, New Lima, 9-6 (Konawa).

# 2A GIRLS AND BOYS SEASON LEADERS

## 2A GIRLS

**100:** Knowles, Wynnewood, 12.54 (Konawa); Dufrain, Pawnee, 12.59 (Catoosa); Smith, Wynnewood, 12.72 (Purcell); Nichols, Jones, 12.74 (Cushing); Bigby, Stroud, 12.75 (Chandler); Treadwell, Holdenville, 12.89 (Holdenville); Langford, Beggs, 13.03 (Chandler); Sanders, Madill, 13.09 (Sulphur).

**200:** DuFrain, Pawnee, 26.29 (Catoosa); Knowles, Wynnewood, 26.33 (OU); Olive, Watonga, 26.42 (Medford); Bigby, Stroud, 26.95 (Okmulgee); Langford, Beggs, 26.98 (Okmulgee); Heath, Holdenville, 27.00 (Konawa); Shirley, Davis, 27.12 (Sulphur); Nichols, Jones, 27.25 (Harrah).

**400:** Lacy, Holdenville, 58.73 (Sulphur); Shirley, Davis, 58.98 (Konawa); Treadwell, Holdenville, 60.78 (Konawa); Gharkhanian, Purcell, 61.19 (Wynnewood); Dennis, Pawnee, 61.52 (Chandler); Comingdeer, Deer Creek, 62.00 (Chandler); Langford, Beggs, 62.49 (Cushing); Kemp, Tishomingo, 62.70 (Velma-Alma).

**800:** Shirley, Davis, 2:25.15 (Konawa); Crawford, Beggs, 2:25.3 (Okmulgee); Duncan, Pawnee, 2:26.8 (Chandler); Sanders, Elgin, 2:27.6 (Wynnewood); Gharkhanian, Purcell, 2:29.5 (Chandler); Dennis, Pawnee, 2:31.38 (Chandler); Lindsey, Purcell, 2:33.3 (Purcell); Schuknect, Stroud, 2:33.8 (Cushing).

**1600:** Duncan, Pawnee, 5:47.1 (Chandler); Dodson, Lindsay, 5:48.5 (Velma-Alma); Johnson, Purcell, 5:49.8 (Konawa); Crawford, Beggs, 5:50.3 (Okmulgee); Pineda, Heritage Hall, 5:50.4 (Chandler); Schuknect, Stroud, 5:50.9 (Okmulgee); Baumeister, Jones, 5:55.6 (Cushing); Humphrey, Madill, 5:57.6 (Lone Grove).

**3200:** Dodson, Lindsay, 12:26 (Wynnewood); Scott, Berryhill, 12:35 (Chandler); Sanders, Elgin, 12:52 (Wynnewood); Baumeister, Jones, 12:52 (Harrah); Gharkhanian, Purcell, 13:13 (Konawa); Pineda, Heritage Hall, 13:15 (Chandler); Hurst, Elgin, 13:35 (Wynnewood); M. Stacey, Davis, 13:39 (Konawa).

**100H:** Schenk, Watonga, 14.61 (Elk City); Bertram, Kingston, 16.61 (Konawa); Duffy, Watonga, 16.68 (Thomas); Chessmore, Purcell, 16.78 (Konawa); Webb, Watonga, 17.08 (Medford); Wilcox, Hominy, 17.23 (Adair); Andrus, Stroud, 17.37 (Chandler); Hendrick, Tishomingo, 17.38 (Wynnewood).

**300H:** Schenk, Watonga, 45.33 (Medford); Duffy, Watonga, 47.82 (Thomas); Johnson, Jones, 48.50 (Chandler); Hodges, Lexington, 48.79 (Chandler); Bertram, Kingston, 49.18 (Konawa); Lovelace, Adair, 49.77 (Adair); Scruggs, Lindsey, 50.61 (Velma-Alma); Grissom, Prague, 51.26 (Cushing).

**400 Relay:** Holdenville, 49.45 (Konawa); Watonga, 50.01 (Medford); Wynnewood, 50:58 (OU); Jones, 52.34 (Chandler); Alva, 52.41 (Buffalo); Frederick, 52.72 (Sulphur); Stroud, 52.84 (Chandler); Pawnee, 53.13 (Adair).

**800 Relay:** Holdenville, 1:44.78 (Konawa); Watonga, 1:48.60 (Thomas); Wynnewood, 1:48.96 (Wynnewood); Alva, 1:50.84 (Buffalo); Frederick, 1:52.3 (Sulphur); Lexington, 1:52.85 (Chandler); Deer Creek, 1:52.88 (Harrah); Tishomingo, 1:53.6 (Holdenville).

**1600 Relay:** Holdenville, 4:09.22 (Sulphur); Watonga, 4:15.1 (Medford); Pawnee, 4:18.3 (Chandler); Tishomingo, 4:21.2 (Wynnewood); Alva, 4:23.08 (Medford); Deer Creek, 4:26.5 (Harrah); Lexington, 4:27.1 (Chandler); Stroud, 4:27.3 (Okmulgee).

**3200 Relay:** Purcell, 10:21.6 (Wynnewood); Jones, 10:30 (Harrah); Madill, 10:36 (Wynnewood); Pawnee, 10:38.2 (Chandler); Deer Creek, 10:41 (Harrah); Chisholm, 10:56 (Medford); Caney Valley, 11:00.6 (Dewey); Konawa, 11:10 (Sulphur).

**Shot:** Crumbo, Sperry, 40-2 (Dewey); Clements, Purcell, 38-6 (Wynnewood); Curry, Watonga, 36-8 (Medford); Tallefson, Hennessy, 36-3 (Thomas); Dotson, Wynnewood, 35-1.5 (OU); Rains, Prague, 35-0 (Purcell); Holland, Hobart, 35-0 (Thomas); Leathers, Stroud, 34-5 (Chandler).

**Discus:** Clements, Purcell, 121-6 (Purcell); Crumbo, Sperry, 119-3 (Cushing); Starkey, Konawa, 114-4 (Konawa); Thomas, Wynnewood, 114-2 (Wynnewood); Tallefson, Hennessy, 112-5 (Thomas); Staggs, Elgin, 107-9 (Altus); Dotson, Wynnewood, 106-10 (Wynnewood); Leathers, Stroud, 106-9 (Cushing).

**Long Jump:** Williams, Wynnewood, 18-1 (Purcell); Roe, Alva, 16-9.5 (UCO); Duffy, Watonga, 16-4 (Thomas); Curtis, Holdenville, 16-3 (Holdenville); Ryan, Prague, 15-11 (Purcell); Patzkowski, Fairview, 15-9 (Fairview); Shirwood, Jones, 15-9 (Harrah); Greenfield, Chandler, 15-8.25 (Chandler).

**High Jump:** Reams, Fairview, 5-4 (Fairview); Bertram, Kingston, 5-2 (Lone Grove); Hodges, Lexington, 5-2 (Chandler); Anderson, Chandler, 5-2 (Cushing); McDermott, Alva, 5-2 (Fairview); May, Tishomingo, 5-0 (Sulphur); Sinclair, Watonga, 5-0 (Thomas); Gordon, Stroud, 4-11 (Catoosa).

## 2A BOYS

**100:** Muskrat, Warner, 10.76 (Catoosa); Carpenter, Bethel, 10.84 (Purcell); Smith, Holdenville, 10.85 (Holdenville); Higgins, Hominy, 10.91 (Chandler); Templeton, Holdenville, 10.93 (Holdenville); Gatewood, Jones, 10.96 (Chandler); McGee, Watonga, 11.02 (Watonga).

**200:** Muskrat, Warner, 22.25 (Vinita); Burdine, Prague, 22.41 (Holdenville); Higgins, Hominy, 22.42 (Catoosa); Burgess, Chandler, 22.49 (Chandler); Carpenter, Bethel, 22.51 (Harrah); Isham, Frederick, 22.55 (Watonga); Smith, Holdenville, 22.72 (Konawa).

**400:** Jackson, Okemah, 49.03 (Okmulgee); Burgess, Chandler, 49.81 (Chandler); Burdine, Prague, 50.05 (Konawa); High, Wynnewood, 50.55 (Konawa); Humphrey, Madill, 51.44 (Konawa); Ferris, Tishomingo, 51.78 (Sulphur); Wright, Stroud, 52.20 (UCO).

**800:** Salas, Marietta, 2:03.63 (Konawa); Wyatt, Tishomingo, 2:04.25 (Konawa); Elkins, Madill, 2:04.25 (Ada); Wright, Stroud, 2:04.65 (Konawa); Pickens, Madill, 2:05.26 (Sulphur); Holmes, Chandler, 2:05.47 (Chandler); Mims, Stroud, 2:05.55 (Konawa); Stollings, Tishomingo, 2:05.79 (Wynnewood).

**1600:** Turner, Holdenville, 4:39.63 (Sulphur); Elkins, Madill, 4:43.49 (Lone Grove); C. Sawyer, Chisholm, 4:44.91 (Watonga); S. Sawyer, Chisholm, 4:46.20 (Thomas); Bearden, Lindsay, 4:46.35 (Sulphur); Holcomb, Lindsay, 4:48.15 (Velma-Alma); Edsall, Watonga, 4:48.76 (Watonga); Holmes, Chandler, 4:49.55 (Chandler).

**3200:** Holmes, Chandler, 10:14.98 (Chandler); Elkins, Madill, 10:21.02 (Lone Grove); Turner, Holdenville, 10:21.14 (Sulphur); Bearden, Lindsay, 10:27.60 (Sulphur); Holcomb, Lindsay, 10:31.20 (Velma-Alma); Albright, Deer Creek, 10:36.60 (Bethany); Hicks, Prague, 10:42.65 (Konawa).

**110H:** Bradley, Stroud, 14.23 (Chandler); Russell, Jones, 14.77 (Bethany); Martens, Fairview, 14.78 (Watonga); Massie, Prague, 15.07 (Purcell); Burdine, Prague, 15.20 (McGuinness); Boyd, Hobart, 15.28 (Thomas); Hornbeck, Stroud, 15.30 (Chandler).

**300H:** Russell, Jones, 39.02 (Carl Albert); Ethridge, Konawa, 40.44 (Holdenville); Bradley, Stroud, 40.59 (Chandler); Mangum, Heritage Hall, 40.95 (Konawa); Miller, Hennessy, 40.98 (Thomas); Massie, Prague, 41.24 (Chandler); Van Wagner, Prague, 41.33 (Chandler); Neugent, Hobart, 41.39 (Thomas).

**400 Relay:** Jones, 43.60 (Carl Albert); Watonga, 43.74 (Watonga); Prague, 43.92 (Konawa); Wynnewood, 43.96 (Konawa); Holdenville, 44.58 (Holdenville); Stroud, 44.62 (Cushing); Konawa, 44.74 (Konawa); Tishomingo, 44.92 (Konawa).

**1600 Relay:** Wynnewood, 3:25.78 (Konawa); Prague, 3:28.06 (Chandler); Jones, 3:29.42 (Bethany); Stroud, 3:29.67 (Chandler); Tishomingo, 3:29.78 (Lone Grove); Chisholm, 3:32.06 (Watonga); Chandler, 3:32.70 (Konawa); Hominy, 3:32.70 (Cascia Hall).

**3200 Relay:** Okemah, 8:21.92 (Konawa); Stroud, 8:22.20 (Konawa); Madill, 8:24.24 (Konawa); Tishomingo, 8:28.05 (Tishomingo); Chisholm, 8:29.39 (Medford); Lindsay, 8:30.91 (Konawa); Heritage Hall, 8:39.89 (Konawa).

**Shot:** C. Bookout, Stroud, 59-3 (Cushing); Martins, Chisholm, 57-10 (McGuinness); Kay, Wynnewood, 54-2.75 (Sulphur); Lyons, Lindsay, 51-5.5 (Konawa); K. Bookout, Stroud, 50-10 (UCO); Cordell, Jones, 49-3.5 (Konawa); Green, Wynnewood, 46-6.5 (Konawa); Willis, Stroud, 46-0.75 (Chandler).

**Discus:** C. Bookout, Stroud, 185-0 (Cushing); Martins, Chisholm, 169-9.5 (Watonga); Lyons, Lindsay, 163-3.25 (Sulphur); K. Bookout, Stroud, 162-1 (Cushing); Scroggins, Watonga, 158-6 (Watonga); Briscoe, Tishomingo, 149-2 (Lone Grove); Kay, Wynnewood, 144-9.5 (Ada); Willis, Stroud, 142-9 (Cushing).

**Long Jump:** Watkins, Chisholm, 22-11.75 (Thomas); Anderson, Chandler, 21-11 (Chandler); Haskins, Jones, 21-11 (Carl Albert); High, Wynnewood, 21-8.5 (Wynnewood); Higgins, Hominy, 21-7.25 (Chandler); Brown, Hominy, 21-7 (Chandler); Greer, Prague, 20-8.5 (Chandler); Simms, Tishomingo, 20-7.5 (Konawa).

**High Jump:** Harris, Wynnewood, 6-8 (Sulphur); Lookout, Hominy, 6-6 (Catoosa); Brown, Hominy, 6-6 (Catoosa); Humphrey, Madill, 6-6 (Sulphur); Austin, Chandler, 6-4 (Chandler); Couch, Heritage Hall, 6-4 (Konawa); Porter, Prague, 6-2 (Chandler); Smith, Chisholm, 6-1.5 (Thomas).

**Pole Vault:** Wilkinson, Stroud, 15-7 (UCO); Walters, Claremore-Sequoyah, 14-6 (Vinita); Martens, Fairview, 14-1 (Fairview); Parker, Alva, 14-0 (Elk City); Sterling, Purcell, 14-0 (Chandler); Smith, Hominy, 13-0 (Chandler); Brauer, Prague, 13-0 (UCO); Willis, Stroud, 12-6 (Chandler).

# 3A GIRLS AND BOYS SEASON LEADERS

## 3A GIRLS

**100:** Randle, Weatherford, 11.85 (Heart of Oklahoma); Hayes, Millwood, 12.01 (UCO); Bell, Idabel, 12.56 (Poteau); Smith, Atoka, 12.57 (Sulphur); Reese, Sulphur, 12.61 (Lone Grove); Ford, Millwood, 12.65 (UCO); Morris, Byng, 12.67 (Konawa).

**200:** Randle, Weatherford, 25.24 (Elk City); Benson, Millwood, 26.09 (Cushing); Jacobs, Cushing, 26.11 (Catoosa); McMillian, Millwood, 26.69 (Bethany); Morris, Byng, 26.95 (Holdenville); Steele, Poteau, 27.13 (Catoosa).

**400:** Sreaves, Grove, 58.69 (Okmulgee); Bell, Idabel, 60.42 (Ada); Jacobs, Cushing, 60.72 (Catoosa); Bradley, Spiro, 61.90 (Okmulgee); Sanford, Plainview, 63.48 (Ada); Fonteno, Okmulgee, 63.76 (Okmulgee).

**800:** A. Sreaves, Grove, 2:27.59 (Okmulgee); McCulley, Grove, 2:30.84 (Okmulgee); McCulloh, Plainview, 2:30.42 (Wynnewood); S. Harvey, Plainview, 2:30.98 (Ada); B. Harvey, Plainview, 2:33.10 (Sulphur); Sanford, Plainview, 2:32.35 (Wynnewood); Kreig, Cascia Hall, 2:32.56 (Route 66); McCauley, Marlow, 2:34.25 (Velma-Alma).

**1600:** S. Harvey, Plainview, 5:27.75 (Sulphur); McCulley, Grove, 5:37.20 (Okmulgee); McCulloh, Plainview, 5:37.42 (Lone Grove); B. Harvey, Plainview, 5:42.63 (Wynnewood); Guild, Marlow, 5:50.05 (Wynnewood); Kreig, Cascia Hall, 5:51.00 (Route 66); Burton, Tuttle, 5:51.29 (Harrah); Smith, Elk City, 5:52.49 (Cushing).

**3200:** McCulley, Grove, 11:46.15 (Okmulgee); S. Harvey, Plainview, 11:47.80 (John Jacobs); Guild, Marlow, 11:50.37 (John Jacobs); Lemons, Marlow, 11:59.45 (John Jacobs); Donaldson, Bristow, 12:31.98 (Dewey); McGraw, Cascia Hall, 12:34.44 (Route 66); Southard, Cushing, 12:49.63 (Cushing); Schroeder, Salisaw, 12:51.86 (Dewey).

**100H:** Randle, Weatherford, 15.69 (McGuinness); Jones, Elk City, 15.77 (Elk City); Bedford, Anadarko, 15.99 (Heart of Oklahoma); Robertson, Grove, 16.29 (Okmulgee); Reese, Sulphur, 16.44 (Dragon); McAlister, Lone Grove, 16.47 (Dragon).

**300H:** Bunch, Poteau, 47.68 (Poteau); Robertson, Grove, 48.11 (Okmulgee); Bedford, Anadarko, 48.25 (Watonga); Sreaves, Grove, 49.10 (Catoosa); Dial, Marlow, 49.86 (Ada); Adkerson, Elk City, 49.90 (Cushing); Pittman, Sulphur, 50.00 (Dragon); McAlister, Lone Grove, 50.16 (Purcell).

**400 Relay:** Millwood 49.91 (Cushing); Weatherford 50.71 (Watonga); Idabel 51.34 (Lone Grove); Poteau 51.63 (Catoosa);

Plainview, 52.03 (John Jacobs); Vinita, 52.33 (Dewey); Sulphur, 52.47 (Sulphur).

**800 Relay:** Millwood 1:44.64 (John Jacobs); Poteau 1:48.94 (Catoosa); Plainview 1:49.09 (John Jacobs); Weatherford 1:49.09 (Watonga); Idabel, 1:49.27 (Lone Grove); Grove 1:50.92 (Dewey).

**1600 Relay:** Millwood, 4:11.27 (Bethany); Poteau, 4:14.84 (Poteau); Grove, 4:15.00 (Okmulgee); Idabel 4:17.10 (Lone Grove); Weatherford, 4:18.19 (Harrah); Marlow, 4:18.71 (John Jacobs); Plainview 4:19.72 (Wynnewood).

**3200 Relay:** Plainview 9:57.10 (John Jacobs); Catoosa, 10:23.40 (Catoosa); Cascia Hall, 10:23.56 (Catoosa); Grove, 10:24.13 (Okmulgee); Poteau, 10:33.21 (John Jacobs); Marlow, 10:33.32 (Sulphur); Tuttle, 10:37.62 (Harrah); Elk City, 10:47.72 (Watonga).

**Shot:** Russell, Dickson, 39-11.75 (Wynnewood); Oliver, Tecumseh, 38-7.25 (Route 66); Wharry, Idabel, 37-1.5 (Poteau); Jones, Elk City 36-5.5 (McGuinness); Warren, Marlow, 36-1 (Velma-Alma); Easterling, Plainview, 35-9 (Lone Grove).

**Discus:** Carson, Marlow, 128-6 (SOI-Duncan); Russell, Dickson, 124-6 (Heart of Oklahoma); Warren, Marlow, 113-6.5 (SOI-Duncan); Crow, Marlow, 112-9.5 (SOI-Duncan); Perry, Miami, 106-11 (Catoosa); Vance, Plainview, 106-7 (John Jacobs); Smith, Plainview, 106-2.5 (SOI-Duncan); Warren, Poteau, 105-1 (Catoosa).

**Long Jump:** Reese, Sulphur, 17-11.5 (Dragon); Randle, Weatherford, 17-2.75 (McGuinness); Morris, Byng, 16-9 (Holdenville); McNamee, Okmulgee, 16-4 (Heart of Oklahoma); Smith, Atoka, 16-1.75 (Sulphur); Jacobs, Cushing, 16-0.25 (Elk City); McKinney, Idabel, 15-11.25 (Lone Grove).

**High Jump:** Teel, Oologah, 5-8 (Tulsa 7 Conference); Row, Sulphur, 5-4 (Sulphur, Dragon); Blackwell, Plainview, 5-2 (Plainview); Hays, Santa Fe, 5-2 (Cushing); Forrester, Bethany 5-2 (Cushing); Shackelford, Cushing, 5-1 (Catoosa); Burns, Plainview, 5-0 (Plainview, Lone Grove); Pittman, Sulphur, 5-0 (Sulphur).

## 3A BOYS

**100:** Smith, Hugo, 10.42 (Duncan); Cole, Idabel, 10.55 (Ada); Jump, Oologah, 10.71 (Tulsa 7 Conference); Webb, Collinsville, 10.75 (Catoosa); Peters, Pauls Valley, 10.77 (Purcell); Smith, Okmulgee, 10.78 (Purcell).

**200:** Jordan, Okmulgee, 22.00 (Catoosa); Cole, Idabel, 22.16 (Ada); Peace, Idabel, 22.24 (Plainview); Swindall, Millwood, 22.47 (Ada); Byers, Cascia Hall, 22.53 (Route 66); Brown, Lone Grove, 22.60 (Lone Grove).

**400:** Jordan, Okmulgee, 47.67 (Okmulgee); Jackson, Idabel, 50.16 (John Jacobs); Swindall, Millwood, 50.35 (Ada); Scott, Spiro, 51.37 (Okmulgee); Louie, Seminole, 51.73 (Catoosa); Jordan, Edmond Santa Fe, 51.82 (Harrah).

**800:** Chesney, Catoosa, 1:59.87 (Route 66); Dumas, Little Axe, 2:01.87; 3. Williams, Guymon, 2:01.97 (Watonga); 4. Lovett, Marlow, 2:02.93 (Wynnewood); Connolly, Marlow, 2:04.24 (Velma-Alma); Heller, Catoosa, 2:04.50 (Route 66).

**1600:** Womack, Plainview, 4:41.53 (Sulphur); Johnson, Little Axe, 4:43.53 (Route 66); Lewis, Little Axe, 4:43.58 (John Jacobs); Clark, Plainview, 4:44.16 (Sulphur); Derosa, Poteau, 4:45.78 (Catoosa); Lovett, Marlow, 4:46.70 (Wynnewood).

**3200:** Lampkin, Dickson, 10:10.38 (Wynnewood); Derosa, Poteau, 10:14.92 (John Jacobs); Lovett, Marlow, 10:22.68 (Velma-Alma); Minson, Marlow, 10:29.57 (Velma-Alma); Myers, Little Axe, 10:29.57 (Route 66); Jones, Edmond Santa Fe, 10:33.88 (Cushing).

**110H:** Merritt, Tuttle, 14.43 (Harrah); Austin, Idabel, 14.63 (John Jacobs); Kerr, Dewey, 15.23 (Dewey); Thiel, Weatherford, 15.27 (Elk City); Lovell, Poteau, 15.54 (Poteau); Cohen, Okmulgee, 15.55 (Catoosa).

**300H:** Austin, Idabel, 39.70 (John Jacobs); Merritt, Tuttle, 40.83 (Wynnewood); Cohen, Okmulgee, 41.32 (Purcell); Pittmon, Sulphur, 42.00 (Sulphur); Marshall, Lone Grove, 42.08 (Purcell); Elroy, Marlow, 42.20 (John Jacobs).

**400 Relay:** Okmulgee, 43.1 (Okmulgee); Idabel, 43.28 (Ada); Lone Grove, 43.69 (Purcell); Weatherford, 43.9 (Watonga); Clinton, 44.19 (Watonga); Harrah, 44.3 (Okmulgee).

**1600 Relay:** Idabel, 3:26.63 (John Jacobs); Lone Grove, 3:28.5 (Purcell); Millwood, 3:32.50 (Bethany); Tuttle, 3:32.61 (Wynnewood); Edmond Santa Fe, 3:33.62 (Cushing); Pauls Valley, 3:34.09 (Wynnewood).

**3200 Relay:** Marlow, 8:21.83 (Arbuckle Conference); Little Axe, 8:25.98 (John Jacobs); Catoosa, 8:28.94 (Route 66); Plainview, 8:29.97 (Wynnewood); Elk City, 8:40.23 (Cushing); Tecumseh, 8:42.25 (Route 66).

**Shot:** Oldham, Harrah, 53-5.5 (Cushing); Owens, Sulphur, 50-10.5 (Wynnewood); Purinton, Weatherford, 49-4 (Purcell); Stuart, Weatherford, 49-1 (Harrah); Mack, Idabel, 49-0.25 (John Jacobs); Nate, Grove, 48-5.5 (Okmulgee).

**Discus:** Ailey, Grove, 158-9.5 (Okmulgee); Briggs, Catoosa, 149-1 (Route 66); Fascio, Wilburton, 148-2 (Poteau); Odom, Poteau, 144-3 (Poteau); Henson, Tuttle, 140-2 (Purcell); Sorrells, Marlow, 137-10.5 (Sulphur).

**Long Jump:** Peace, Idabel, 22-7.5 (John Jacobs); Smith, Hugo, 21-10.5 (Poteau); Deguisti, Harrah, 21-9.5 (Harrah); James, Byng, 21-1 (Wynnewood); Smith, Okmulgee, 21-0 (Purcell); Taylor, Anadarko, 20-11.5 (Fairview).

**High Jump:** Stopp, Collinsville, 6-5 (Tulsa 7 Conference); Bailey, Collinsville, 6-4 (Tulsa 7 Conference); Cook, Cushing, 6-4 (Cushing); Conklin, Weatherford, 6-4 (Elk City); Wheeler, Skiatook, 6-3 (Tulsa 7 Conference); White, Oologah, 6-3 (Tulsa 7 Conference).

**Pole Vault:** Heard, Elk City, 15-1 (Fairview); Black, Marlow, 13-0 (Ada); Smith, Guymon, 13-0 (Fairview); Roberts, Bristow, 13-0 (Dewey); Ward, Cushing, 13-0 (Catoosa); Ward, Edmond Santa Fe, 13-0 (Harrah).

# 4A GIRLS AND BOYS SEASON LEADERS

## 4A GIRLS

**100:** Austin, Edison, 11.7 (Owasso); Morrow, Northeast, 11.9 (Western Hts); A. Lee, Ardmore, 12.20 (Duncan); Young, Altus, 12.44 (Duncan); Fields, Northeast, 12.46; Bashaw, Kelley, 12.47 (Catoosa).

**200:** Morrow, Northeast 25.5 (Owasso); A. Lee, Ardmore, 25.65 (Carl Albert); Young, Altus, 25.83 (Duncan); Williamson, Ardmore, 25.83 (Carl Albert); Austin, Edison, 25.9 (Owasso); Bashaw, Kelley, 26.58 (Catoosa); Harbin, Hale, 26.72 (Union).

**400:** West, Altus, 1:00.7 (Altus); Monroe, Guthrie, 1:00.84 (OU); Roberts, John Marshall 1:01.2 (OU); Young, Altus, 1:01.43 (OU); Carroll, Broken Bow, 1:01.57 (Okmulgee); Ware, Broken Bow, (Okmulgee); B. Bratton, Hale, 1:02.47 (Webster).

**800:** B. Bratton, Hale, 2:24.74 (Union); Monroe, Guthrie, 2:27.89 (Carl Albert); Boothe, McGuinness, 2:28 (Putnam City); Roberts, John Marshall, 2:28.42 (Western Hts); Hoke, 2:29 (Putnam City); E. Smith, Broken Bow, 2:32 (Okmulgee); Cowan, Guthrie, 2:32.29 (Okmulgee).

**1600:** Boothe, McGuinness, 5:30 (Edmond); Woodard, Guthrie, 5:31.08 (Okmulgee); Hoke, McGuinness, 5:33 (UCO); Long, McGuinness, 5:33.7 (UCO); Airington, McGuinness, 5:44 (Putnam City); Cowan, Guthrie, 5:45.01 (OU); A. Bratton, Hale, 5:46 (Webster).

**3200:** Long, McGuinness, 11:47 (Putnam City); Woodard, Guthrie, 11:48.08 (OU); Shaw, Wetem Heights, 11:52.12 (OU); A. Bratton, Hale, 11:59.12 (Union); Boothe, McGuinness, 12:08 (UCO); Airington, McGuinness, 12:15.5 (Moore); Moody, Durant, 12:24.25 (Okmulgee).

**100H:** Peel, Tulsa Central, 15.03 (Union); Holmes, Carl Albert, 15.39 (Carl Albert); Wisby, John Marshall, 15.45 (OU); Bell, McLain, 15.47 (McGuinness); Sanders, John Marshall, 15.7 (Wichita State); Johnson, Ardmore, 15.72 (Carl Albert); Evans, McGuinness, 16.3 (UCO); Harper, Duncan, 16.31 (Duncan).

**300H:** Bell, McLain, 47.06 (Okmulgee); Holmes, Carl Albert, 47.31 (Carl Albert); Fish, Duncan, 49.26 (Duncan); Johnson, Ardmore, 49.47 (Carl Albert); Wisby, John Marshall, 49.6 (OU); Swanegan, John Marshall, 50.5 (Moore); Keaton, McGuinness, 51.85 (Edmond); Young, Broken Bow, 51.96 (Ada).

**400 Relay:** Ardmore 49.31 (Coppell); Tulsa Central 49.78 (Webster); Northeast 50.1 (Moore); John Marshall 50.47 (Wichita State); Altus 51.16 (Altus); McGuinness 51.5 (Edmond).

**800 Relay:** Ardmore 1:45.08 (OU); Northeast 1:46.55 (Western Hts); Altus 1:48.7 (Altus); John Marshall 1:49.3 (UCO); McGuinness 1:50.3 (Moore); McLain 1:50.96 (Union);

**1600 Relay:** Altus 4:16.08 (OU); Ardmore 4:16.69 (OU); Broken Bow 4:16.85 (Okmulgee); McGuinness 4:17 (Putnam City); Hale 4:20.18 (Union); John Marshall 4:24.5 (Norman).

**3200 Relay:** Guthrie 10:04.72 (Carl Albert); McGuinness 10:08 (Moore); Hale 10:17.88 (Union); Star Spencer 10:31.7 (Moore); Kelley 10:38.86 (Bartlesville); Ardmore 10:40.17 (Duncan).

**Shot:** Dowdy, Ardmore, 41-7 (Duncan); Stinson, Woodward, 38-10 (Enid); Smith, Claremore, 38-7 (Okmulgee); Gilbert, Northeast, 35-6 (Western Heights); Gordon, Broken Bow, 34-10.5 (Ada); A. Lee, Ardmore, 34-10 (Duncan).

**Discus:** Dowdy, Ardmore, 135-9 (Carl Albert); Stinson, Woodward, 127-5 (Fairview); J. Smith, Claremore, 123-0 (Broken Arrow); A. Smith, Claremore, 115-6 (Broken Arrow); Stewart, MacArthur, 115-3 (Altus); Lee, Ardmore, 108-6 (OU); Smith, Northeast, 107-9 (Duncan).

**Long Jump:** Wisby, John Marshall, 17-3.75 (OU); Evans, McGuinness, 16-10.75 (UCO); Holmes, Carl Albert, 16-10 (Carl Albert); Asberry, Ardmore, 16-10 (Carl Albert); Jackson, Ardmore, 16-9 (Carl Albert); Freelen, Western Heights, 15-10.5 (Western Hts); Imel, McGuinness, 15-7 (McGuinness); Morton, Duncan, 15-3 (Duncan).

**High Jump:** Slavonic, McGuinness, 5-3 (Putnam City); Jackson, Ardmore, 5-0 (Carl Albert); Hladik, Guthrie, 5-0 (Okmulgee); Briscoe, Duncan, 5-0 (Altus), Campbell, Claremore, 5-0 (Bartlesville); Green, McGuinness, 4-10 (UCO); Ishcomar, Broken Bow, 4-10 (Ada); Pickens, Ardmore, 4-10 (Duncan); Birdsong, John Marshall, 4-10 (UCO); Workman, Chickasha, 4-10 (OU).

## 4A BOYS

**100:** Marsh, Douglas, 10.23 (Western Hts); Daniels, Ada, 10.57 (Ada); McMillan, Altus, 10.57 (Elk City); Odom, Ada, 10.64 (Duncan); Jones, Douglas, 10.65 (Western Hts); Thomas, Broken Bow, 10.69 (Ada); Golson, Guthrie, 10.79 (Ada); Maddox, MacArthur, 10.7 (Altus).

**200:** Thomas, Broken Bow, 21.91 (Okmulgee); Marsh, Douglas, 21.95 (UCO); Jones, Douglas, 21.96 (UCO); Daniels, Ada, 22.24 (Carl Albert); Bennett, Altus, 22.38 (Altus); Thompson, Webster, 22.70 (Catoosa); Bone, Broken Bow, 22.85 (Ada).

**400:** Raiden, Altus, 49.86 (OU); M. Calhoun, John Marshall, 49.91 (Western Hts); Bone, Broken Bow, 50.23 (Okmulgee); Odom, Ada, 50.32 (Altus); Giddings, MacArthur, 50.42 (Enid); Wilson, Durant, 50.62 (Okmulgee).

**800:** Mason, Northeast 1:55.75 (Western Hts); M. Calhoun, John Marshall, 1:57.25 (Western Hts); Cantrell, Ada, 2:01.31 (Carl Albert); Cardoza, Duncan, 2:02.47 (Ada); Connolly, McGuinness, 2:02.6 (UCO); Wilson, Durant, 2:02.62 (Ada).

**1600:** Mason, Northeast, 4:27.7 (Moore); Cleek, Guthrie, 4:32.05 (Okmulgee); K. Calhoun, John Marshall, 4:34.9 (Moore); M. Calhoun, 4:40 (Moore); Ford, Claremore, 4:41.67 (Owasso); Shortbull, Claremore, 4:42.67 (Owasso); Damron, Guthrie, 4:43.83 (Okmulgee).

**3200:** Mason, Northeast, 9:43.5 (Moore); Styron, McGuinness, 10:14.72 (Edmond); Lowery, Carl Albert, 10:20.87 (Carl Albert); Whitlock, Altus, 10:23.21 (Elk City); Cleek, Guthrie, 10:23.23 (Okmulgee); Ford, Claremore, 10:32.33 (Okmulgee); Filener, Duncan, 10:52.92 (Western Heights).

**110H:** Bennett, Altus, 13.85 (Elk City); Braddy, Northeast, 14.44 (Duncan); Curtis, Duncan, 14.49 (Duncan); Matthews, John Marshall, 14.6 (UCO); McGuire, Claremore, 14.82 (Owasso); Thompson, John Marshall, 15.1 (UCO).

**300H:** Matthews, John Marshall, 38.4 (Moore); Curtis, Duncan, 39.8 (OU); Braddy, Northeast, 40.4 (Moore); Atkinson, MacArthur, 40.4 (OU); Maytubby, Ardmore, 40.6 (Carl Albert); Banks, Ardmore, 40.62 (Coppell); Thompson, John Marshall, 40.8 (OU); Rowland, Durant, 41.95 (Okmulgee).

**400 Relay:** Altus 41.82 (OU); Douglas 42.03 (Western Hts); Broken Bow 42.75 (Ada); MacArthur, 42.87 (OU); Ada 42.93 (Ada); John Marshall 43.0 (UCO); McClain 43.02 (Webster).

**1600 Relay:** Altus 3:22.5 (OU); Ada 3:25.62 (Carl Albert); Duncan 3:27.32 (OU); MacArthur 3:27.58 (OU); Carl Albert 3:30.04 (Yukon); John Marshall 3:30.1 (UCO); Ardmore 3:30.63 (Coppell); McGuinness 3:30.92 (Edmond).

**3200 Relay:** Duncan 8:07.95 (OU); John Marshall 8:11.08 (OU); Guthrie 8:24.10 (Okmulgee); McGuinness 8:28.73 (Elk City); Carl Albert 8:35.34 (Yukon); Claremore 8:39.66 (Catoosa).

**Shot:** Rutherford, Broken Bow, 55-1 (Nashville); Cook, Ada, 51-8.5 (Duncan); Cleskey, Claremore, 50-9.5 (Bartlesville); Jones, Altus, 50-2 (Altus); Wooten, Broken Bow, 49-4 (Okmulgee); Graham, Noble, 47-0 (Duncan).

**Discus:** Galloway, Broken Bow, 165-0 (Ada); Rutherford, Broken Bow, 162-1.25 (Ada); Rakes, Webster, 156-8 (OU); Thomas, Ada, 155-8 (OU); Hughes, Ada, 153-11 (Carl Albert); Toliver, U.S. Grant, 149-7 (Putnam City); Pruitt, Duncan, 140-8 (OU).

**Long Jump:** Grissom, John Marshall, 22-6 (Wichita State); Carroll, Tulsa Central, 22-0 (Webster); Thomas, Broken Bow, 22-0 (Nashville); Thomson, Carl Albert, 21-9.25 (Moore); Holt, McGuinness, 21-9 (UCO); Thomas, Ada, 20-11 (McGuinness).

**High Jump:** Bennett, Altus, 6-8 (Altus); Ballard, Durant, 6-7 (Ada); Holt, McGuinness, 6-6 (UCO); Hughes, Ada, 6-6 (Altus); Sheeley, Altus, 6-6 (Altus); Bywaters, Claremore, 6-6 (Owasso); Bullard, Guthrie, 6-4 (Okmulgee).

**Pole Vault:** Bethea, Claremore, 13-6 (Catoosa); Noviski, Claremore, 13-0 (Catoosa); Grider, Durant, 13-0 (Duncan); Chesney, Claremore, 12-9 (Owasso); Montgomery, Duncan, 12-0 (OU); James, El Reno, 12-0 (OU); Eccard, El Reno, 12-0 (Yukon); Graham, Carl Albert, 12-0 (Carl Albert).

# 5A GIRLS AND BOYS SEASON LEADERS

## 5A GIRLS

**100:** Sorrells, Edmond Memorial, 12.09 (UCO); Wilson, Northwest Classen, 12.18 (UCO); Northington, Del City, 12.44 (Yukon); Schumpert, B.T. Washington 12.43 (Austin); Tucker, Midwest City, 12.5 (Norman); Givens, Union, 12.5 (Union).

**200:** Tucker, Midwest City, 25.52 (Norman); Sorrells, Edmond Memorial, 26.01 (UCO); Speller, Midwest City, 26.15 (Yukon); Northington, Del City, 26.2 (Moore); Schumpert, B.T. Washington, 26.24 (Webster); Ledbetter, Rogers, 26.27 (Union).

**400:** Thompson, B.T. Washington, 57.36 (Okmulgee); Mims, B.T. Washington, 59.26 (Okmulgee); Prescott, Putnam North, 1:00.69 (Yukon); Wilson, Northwest Classen, 1:00.84 (OU); Moss, Broken Arrow, 1:01.5 (Okmulgee); Singleton, Yukon, 1:01.86 (Yukon).

**800:** Reser, Norman, 2:21.50 (Carl Albert); O'Rourke, Jenks, 2:21.94 (Union); Dearman, Sapulpa, 2:23.60 (Union); White, Tahlequah, 2:24.13 (Union); DeLozier, Norman, 2:24.12 (Carl Albert); Haley, Stillwater, 2:25.03 (Union); Nickens, Jenks, 2:26.34 (OU).

**1600:** O'Rourke, Jenks, 5:27.46 (Bartlesville); Dean, Yukon, 5:28.34 (OU); Corbett, Bartlesville, 5:29.34 (Pittsburg); Ahlgren, Jenks, 5:33.16 (Union); Settle, Moore, 5:35.97 (OU); Horton, Norman, 5:36.82 (OU); Wanamaker, Tahlequah, 5:38.05 (Pittsburg); Riddle, Union, 5:39.14 (Union).

**3200:** McClain, Union, 11:59.68 (Union); Ahlgren, Jenks, 12:00.69; Housley, Sapulpa, 12:03.48 (Union); Miller, Edmond North, 12:12.4 (Moore); Gibson, Shawnee, 12:11.79 (OU).

**100H:** Burns, B.T., Washington, 14.14 (Webster); Gaines, Putnam City, 15.35 (Choctaw); Hill, Union, 15.38 (Union); Cato, Yukon, 15.88 (Carl Albert); Stewart, Norman, 16.44 (Enid); Miller, Bartlesville, 16.69 (Bartlesville); Murphy, Putnam City West, 16.99 (Choctaw).

**300H:** Murphy, Putnam West, 45.56 (Choctaw); Nickens, Jenks, 47.29 (Union); Laughry, Jenks, 47.30 (Union); Blakes, Midwest City, 47.84 (Choctaw); Gamble, Enid, 48.4 (Moore); Bruner, Northwest Classen, 48.6 (OU); Miller, Del City, 48.8 (OU).

**400 Relay:** B.T. Washington 47.82 (Austin); Del City 49.7 (Moore); Union 49.8 (Union); Midwest City 50.30 (Choctaw); Jenks 50.35 (Bartlesville); Northwest Classen 50.8 (Putnam City).

**800 Relay:** B.T. Washington 1:45.90 (OU); Del City 1:46.39 (OU); Union 1:46.65 (OU); Jenks 1:46.77 (Union); Northwest Classen 1:47.43 (Western Hts); Midwest City 1:47.6 (Moore); Eisenhower 1:49.19 (Altus).

**1600 Relay:** Jenks 4:05.6 (OU); B.T. Washington 4:15.0 (OU); Northwest Classen 4:15.86 (OU); Del City 4:15.91 (Yukon); Union 4:17.12 (Union); Yukon 4:17.30 (Yukon); Edmond North 4:17.55 (OU); Del City 4:18.3 (OU).

**3200 Relay:** Jenks 9:47.80 (OU); Norman 9:57.13 (Carl Albert); Union 10:07.98 (Union); Sapulpa 10:18.81 (Union); Northwest Classen 10:22.32 (Western Heights); Mustang 10:23.68 (Choctaw); Edmond North 10:26.65 (Edmond); Stillwater 10:33.95 (Bartlesville).

**Shot:** Schlegel, Union 43-1.75 (OU); Palmer, Norman, 40-1.75 (OU); Taylor Stillwater, 38-6 (Union); Smith, Midwest City, 37-2.75 (Choctaw); Cooke, Putnam City North, 37-1.25 (Western Hts); Webster, Edmond North, 36-0 (OU); Johnson, Norman 35-6.5 (Norman).

**Discus:** Schlegel, Union 130-4 (OU); Palmer, Norman 127-10 (OU); Webster, Edmond North, 125-6 (Western Hts); Smith, Tahlequah, 115-1 (Okmulgee); Holt, Norman, 113-8 (OU); Ward, Yukon, 110-4 (OU); Laughry, Jenks, 107-5 (Bartlesville); Taylor, Stillwater, 104-11 (Union).

**Long Jump:** Bell, B.T. Washington, 18-1 (OU); Johnson, Jenks, 17-6 (Bartlesville); Ledbetter, Rogers, 17-2.5 (Union); Halverson, Norman, 17-1.5 (OU); Frantz, Enid, 16-9 (Carl Albert); Suzuki, Jenks, 16-8 (OU); Olsten, Choctaw, 16-0.5 (UCO).

**High Jump:** Toole, Edmond North, 5-8 (UCO); Hutchings, Eisenhower, 5-4 (Moore); Chapman, Broken Arrow, 5-2 (Owasso); Craig, Westmoore, 5-2 (Duncan); Wooden, Broken Arrow, 5-1 (Bartlesville); Frantz, Enid, 5-0 (Enid).

## 5A BOYS

**100:** Birch, Rogers, 10.38 (Union); Johnson, Edmond North, 10.53 (Duncan); Moseley, Westmoore, 10.54 (Edmond); Jones, Stillwater, 10.6 (Owasso); Wakefield, Edmond North, 10.81 (Duncan); Smith, Edmond North, 10.85 (Edmond); Hallman, Putnam City, 10.88 (Choctaw).

**200:** Birch, Rogers, 21.19 (Union); Johnson, Edmond North, 21.76 (Duncan); Sensintaffar, Sand Springs, 21.8 (Bartlesville); Leon, Moore, 21.9 (Moore); Moseley, Westmoore, 22.0 (Moore); Horn, Eisenhower, 22.02 (Duncan).

**400:** Jefferson, Stillwater, 48.21 (Okmulgee); Sensintaffar, Sand Springs, 49.1 (Bartlesville); Birch, Rogers, 49.17 (Webster); Roberts, Broken Arrow, 49.2 (Bartlesville); Leon, Moore, 49.28 (OU); Wilson, Muskogee, 49.46 (Okmulgee); Rogers, Del City, 49.55 (OU); Brown, Del City, 49.99 (Western Hts).

**800:** Ashley, Edmond North, 1:57.32 (Western Hts); Bennett, Norman, 1:57.5 (Moore); Givens, Muskogee, 1:58.8 (UCO); Crook, Sapulpa, 1:59.29 (Union); Halsey, Jenks, 1:59.6 (Union); Buhl, Edmond Memorial, 1:59.8 (UCO).

**1600:** Donnelly, Norman, 4:34.31 (OU); Thompson, Edmond Memorial, 4:35.1 (Moore); Jefferson, 4:35.43 (OU); Reid, Jenks, 4:35.48 (Pittsburg); Wolfe, Enid, 4:35.9 (Moore); Podoll, Edmond Memorial, 4:36.75 (OU); Owens, Owasso, 4:39.58 (Putnam City); B. Miller, Putnam City, 4:41.4 (UCO).

**3200:** Baer, Norman, 9:56.42 (Moore); Donnelly, Norman, 9:56.42 (Enid); Reid, Jenks, 9:59.53 (Pittsburg); Wolfe, Enid, 10:04.34 (Putnam City); Podoll, Edmond Memorial, 10:09 (Edmond); Jefferson, Eisenhower, 10:10.43 (Altus).

**110H:** Baugh, Eisenhower, 14.35 (Duncan); Petties, Midwest City, 14.47 (Carl Albert); Briscoe, Edmond North, 14.87 (Duncan); Dean, Midwest City, 15.09 (Carl Albert); Coleman, Eisenhower, 15.23 (Choctaw); Jones, Jenks, 15.36 (Bartlesville); Kane, Stillwater, 15.41 (Union); Nash, Edmond Memorial, 15.51 (OU).

**300H:** Browning, Putnam West 39.22 (Yukon); Petties, Midwest City, 39.32 (Yukon); Vann, Sapulpa, 39.19 (Choctaw); Jones, Jenks, 40.16 (Union); Baugh, Eisenhower, 40.87 (Duncan); Briscoe, Edmond North, 40.60 (OU).

**400 Relay:** Union 42.37 (Union); Edmond North 42.49 (OU); Del City 42.55 (Western Hts); Moore 42.6 (Moore); Jenks 42.82 (Union); Eisenhower 42.95 (OU); Westmoore 43.28 (Edmond).

**1600 Relay:** Edmond North 3:20.25 (Edmond); Jenks 3:20.5 (Owasso); Del City 3:24.65 (OU); Midwest City 3:24.89 (Carl Albert); Moore 3:26.26 (OU); Putnam West 3:27.60 (Yukon).

**3200 Relay:** Norman 8:06.09 (OU); Putnam City 8:10.54 (Choctaw); Enid 8:11.28 (Carl Albert); Midwest City 8:11.94 (Choctaw); Edmond Memorial 8:12.3 (Moore); Eisenhower 8:13.21 (OU); Jenks 8:13.84 (OU); Edmond North 8:17.91 (OU).

**Shot:** Anderson, Moore, 55-4 (OU); Bennett, Union 53-0.5 (Bartlesville); LeBlanc, Edmond North, 52-7.75 (Western Hts); Fitzgerald, Putnam North, 52-4.5 (Putnam City); Cornett, Putnam City, 51-1 (UCO); Ziely, Putnam West, 49-9 (Yukon); Taylor, Putnam City West, 49-8 (Choctaw); Butler, Putnam City, 49-7.75 (Western Hts).

**Discus:** Dicus, Jenks, 187-0 (OU); Fitzgerald, Putnam North, 175-4 (Putnam City); LeBlanc, Edmond North, 171-6 (OU); Robinson, Eisenhower, 161-4 (OU); Rakes, Webster, 153-0 (Webster); Brown, Tahlequah, 150-0 (Broken Arrow).

**Long Jump:** Ratliff, B.T. Washington, 23-4 (Webster); Young, Midwest City, 22-11 (OU); Winfrey, Union 22-10.5 (OU); Jones, Lawton, 22-10.25 (Choctaw); Jones, Eisenhower, 22-10.25 (Choctaw); Porter, Lawton, 22-9.25 (OU); McQuarters, Eisenhower, 22-9.25 (OU); Shoals, Enid, 22-8 (Choctaw); Coleman, Eisenhower, 22-1 (Duncan).

**High Jump:** Moodey, Northwest Classen, 6-8 (OU); Washington, Jenks, 6-6 (Owasso); Gauden, Muskogee, 6-6 (UCO); Fulton, Owasso, 6-4 (Union); Primrose, Moore, 6-4 (Moore); Smith, Muskogee, 6-4 (Broken Arrow); Sleet, Eisenhower, 6-4 (Dallas); Lewis, Enid, 6-4 (Yukon); Dean, Midwest City, 6-4 (Yukon); Sakounlaphoum, Enid, 6-4 (Yukon); Schadegg, Edmond North, 6-4 (OU).

**Pole Vault:** Lakin, Choctaw, 13-7 (Choctaw); Westfield, Ponca City, 13-6 (Enid); K. Conaway, Edmond North, 13-6 (OU); Kopp, Bartlesville, 13-6 (Bartlesville); Burdick, Jenks, 13-0 (Bartlesville); Lamunyon, Norman, 13-0 (Enid); Ormiston, Edmond Memorial, 13-0 (Edmond); Benear, Edmond North, 13-0 (OU).







## Oilfield Conference

4/19/95

### Girls

TEAM SCORING: 1. Velma-Alma 261; 2. Fox 122; 3. Davis 63; 4. Ringling 57; 5. Healdton 6.

100: 1. Raiper, Rin. 13.57; 2. Webb, VA. 13.6; 3. Rushing, Fox. 13.67; 4. Awtry, Rin. 13.73; 5. Cunningham, Rin. 14.55; 6. Owens, Fox. 14.72.

200: 1. Shirley, Davis, 27.39; 2. Awtry, Rin. 28.09; 3. Raiper, Rin. 28.31; 4. Webb, VA. 29.12; 5. Rushing, Fox. 29.93; 6. Cunningham, Rin. 31.16.

400: 1. Ebony, Davis, 1:00.34; 2. Awtry, Rin. 1:04.07; 3. O'Dell, Fox. 1:04.72; 4. Prater, VA. 1:05.62; 5. Jackson, Fox. 1:07.42; 6. Webb, VA. 1:07.84.

800: 1. Cruse, VA. 2:35.56; 2. Saville, VA. 2:40.81; 3. Sutton, VA. 2:42.05; 4. J. Wilburn, Fox. 2:44.56; 5. T. Wilburn, Fox. 3:05.08; 6. Bridenbaugh, Fox. 3:55.39.

1600: 1. Fuller, VA. 6:15; 2. Saville, VA. 6:25; 3. Stacey, Davis, 6:30.

3200: 1. Fuller, VA. 13:06.2; 2. Linke, VA. 13:14.8.

400 Relay: 1. Velma-Alma 54.21; 2. Fox 58.84; 3. Davis 59.44.

800 Relay: 1. Velma-Alma 1:52.91; 2. Fox 1:57.01; 3. Davis 2:03.38.

1600 Relay: 1. Velma-Alma 4:23.4; 2. Fox 4:27.6.

3200 Relay: 1. Velma-Alma 10:40.88; 2. Fox 10:45.34.

100H: 1. Darter, VA. 16.30; 2. Davis, VA. 17.57; 3. Morrow, VA. 17.88; 4. Thompson, Davis. 19.74; 5. Hoggard, Fox. 26.29.

300H: 1. Sims, VA. 48.35; 2. Davis, VA. 52.87; 3. Klingenburg, Hea. 1:12.97.

Shot: 1. Champman, VA. 36-3; 2. Dickerson, VA. 34-3; 3. Scott, Fox. 26-7.75; 4. Brewer, VA. 25-5.5; 5. Strickland, Davis. 24-8.75; 6. Coppenbarger, Davis. 22-8.

Discus: 1. Brewer, VA. 86-4.5; 2. Russell, VA. 79-7; 3. Dickerson, VA. 79-0; 4. Reed, Fox. 73-4; 5. Coppenbarger, Davis. 71-3; 6. Scott, Fox. 70-0.

Long Jump: 1. Sims, VA. 15-9; 2. Rupten, Rin. 13-9.5; 3. Cunningham, Rin. 12-5; 4. Thompson, Rin. 12-3; 5. Reed, Fox. 11-7; 6. Bridenbaugh, Fox. 10-5.5.

High Jump: 1. McCartney, Fox. 4-8; 2. Bridenbaugh, Fox. 4-6; 3. Thacker, VA. 4-4; 4. Thompson, Davis. 4-2.

### Boys

TEAM SCORING: 1. Fox 186; 2. Velma-Alma 137; 3. Davis 90; 4. Healdton 54; 5. Ringling 1; 6. Wilson 0.

100: 1. Jackson, Fox. 11.30; 2. Rushing, Fox. 11.39; 3. Suther, Davis. 11.48; 4. Spigner, Fox. 11.69; 5. Aldridge, VA. 11.71; 6. Roberts, Hea. 11.72.

200: 1. Jackson, Fox. 22.95; 2. Rushing, Fox. 23.62; 3. Aldridge, VA. 24.0; 4. Suther, Davis. 24.04; 5. Spigner, Fox. 24.08; 6. Bunn, VA. 25.79.

400: 1. Swindall, Fox. 50.92; 2. Jones, Fox. 53.97; 3. Petties, Fox. 57.67; 4. Aldridge, VA. 57.97; 5. Biffle, VA. 1:01.57; 6. Brown, Rin. 1:08.48.

800: 1. Aldridge, VA. 2:13.04; 2. Williams, Davis. 2:15; 3. Rodriguez, Fox. 2:15.57; 4. Vavrin, VA. 2:17.24; 5. Shawn, Fox. 2:22.81; 6. Botcher, Hea. 2:23.06.

1600: 1. Vavrin, VA. 5:25.97; 2. Rodriguez, Fox. 5:28.16; 3. Williams, Davis. 5:28.54; 4. Jennings, VA. 5:31.63.

3200: 1. Jennings, VA. 12:24.9; 2. Vavrin, VA. 12:44.

400 Relay: 1. Fox 44.9; 2. Davis 46.24; 3. Healdton 48.28.

1600 Relay: 1. Fox 3:37.34; 2. Davis 3:50.41; 3. Healdton 4:17.97.

3200 Relay: 1. Fox 9:13.45; 2. Fox 9:38.02.

110H: 1. Terry, Fox. 18.06; 2. Wilburn, Fox. 25.21.

300H: 1. Davis, VA. 42.41; 2. Terry, Fox. 44.04; 3. Roberts, Hea. 45.66.

Shot: 1. Enloe, VA. 49-1.5; 2. Crook, VA. 47-3.5; 3. Jennings, Davis. 44-0; 4. Robinson, Fox. 42-7; 5. Breath, Fox. 35-4.25; 6. Sotelo, Fox. 31-9.25.

Discus: 1. McGuire, VA. 126-7; 2. Crook, VA. 111-0; 3. Breath, Fox. 110-7; 4. Jennings, Davis. 110-6; 5. Enloe, VA. 106-6.5; 6. Robinson, Fox. 99-4.

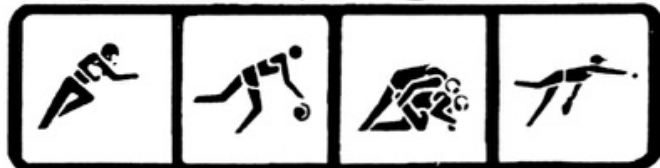
Long Jump: 1. Kapella, Davis. 19-3.5; 2. Davis, VA. 18-1; 3. Ross, Davis. 17-3; 4. Bettis, Hea. 16-5; 5. Ruoff, Hea. 16-2; 6. Wilburn, Fox. 15-2.

High Jump: 1. Blevins, Hea. 6-0; 2. James, Davis. 5-10; 3. Wilburn, Fox. 5-10; 4. McGee, Hea. 5-4; 5. Miller, Hea. 5-2; 6. Terry, Fox. 5-2.

## Oklahoma USATF/AAU Schedule

DATE	EVENT	TIME	CITY/SITE
4/21	OK Mini-Meet Series I	6:30p	Union HS
5/5	OK Mini-Meet Series II	7:00p	Jenks HS
5/12	OK Jumps & Throws	6:30p	Union-Tulsa
5/16	OK Mini-Meet Series III	7:00p	Sapulpa HS
5/20	Ponca City Classic (All Ages)	9:00a	Ponca City HS
5/23	All-Comers Mini-Meet	6:30p	Cascia Hall
5/27	OK USATF Age Group Championships	9:00a	Cascia Hall
6/3	Junior Olympic District Meets		
	Marlow	9:00a	Marlow HS
	Oklahoma City	9:00a	McGuinness
	Tulsa	9:00a	Cascia Hall
6/10	AAU State Meet	9:00a	360-5507
6/10	OK USATF Multi Events	9:00a	OSU-Stillwater
6/11	2nd day Decathlon & Heptathlon	1:00p	OSU-Stillwater
6/13	All-Comers Mini-Meet	6:30p	Cascia Hall
6/17	Junior Olympic Assoc. Champs	9:00a	OSU-Stillwater

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## Choctaw Invitational

Choctaw High School

4/13/95

Boys

**TEAM SCORING:** no team scores available. Teams participating: Putnam City, Midwest City, Enid, Eisenhower, Lawton, Jones, Carl Albert, Mustang, Enid, Putnam City West, Edmond North, Woodward, Putnam City North, Yukon, U.S. Grant, Choctaw.

**100:** 1. Hallman, PC, 10.88; 2. Horn, Ike, 10.92; 3. Sakounlaphoun, En, 10.93; 4. Baugh, Ike, 10.94.  
**200:** 1. Ross, Yu, 22.99; 2. Gatewood, Jo, 23.21; 3. Nolan, PCW, 23.29; 4. Hallman, PC, 23.40.

**400:** 1. Llanan, MWC, 50.48; 2. Cartwright, MWC, 50.53; 3. Phillips, PC, 50.94; 4. Lemon, Ike, 51.79.  
**800:** 1. Lucas, Jo, 2:01.85; 2. Winter, Mus, 2:02.94; 3. Rogers, En, 2:03.41; 4. M. Miller, PC, 2:06.04.

**1600:** 1. Wolfe, En, 4:33.80; 2. Jefferson, Ike, 4:36.0; 3. Winter, Mus, 4:38.81; 4. Miller, PC, 4:42.74.

**3200:** 1. Wolfe, En, 10:00.22; 2. Lowrey, CA, 10:12.52; 3. Harris, En, 10:27.38; 4. Vasquez, MWC, 10:31.31.

**110H:** 1. Petties, MWC, 14.66; 2. Russell, Jo, 15.0; 3. Baugh, Ike, 15.22; 4. Colman, Ike, 15.23.

**300H:** 1. Russell, Jo, 38.25; 2. Browning, PCW, 39.19; 3. Petties, MWC, 40.69; 4. Dean, MWC, 41.03.

**400 Relay:** 1. Eisenhower 43.06; 2. Jones 43.50; 3. Putnam City 43.88; 4. Carl Albert 43.93.

**1600 Relay:** 1. Eisenhower 3:20.63; 2. Putnam City West 3:21.90; 3. Midwest City 3:22.47; 4. Jones 3:26.32.

**3200 Relay:** 1. Putnam City 8:10.54; 2. Midwest City 8:11.94; 3. Enid 8:17.53; 4. Eisenhower 8:28.26.

**Shot:** 1. Taylor, PCW, 49-8; 2. Zielny, PCW, 49-3; 3. Cordell, Jo, 48-7; 4. Cornett, PC, 47-11.

**Discus:** 1. Robinson, Ike, 149-6; 2. Allen, En, 143-11; 3. Taylor, PCW, 142-9; 4. Toliver, USG, 137-0.

**Long Jump:** 1. Jones, Ike, 22-10.25; 2. Shoals, En, 22-8; 3. Haskins, Jo, 22-4.5; 4. Young, MWC, 22-1.

**High Jump:** 1. Dean, MWC, 6-4; 2. Lewis, En, 6-4; 3. Holbrook, Cho, 6-0; 4. Scagnetti, PCW, 6-0.

**Pole Vault:** 1. Lakin, Cho, 13-7; 2. Miller, En, 12-6; 3. Moss, PCW, 12-0; 4. Taylor, PCN, 12-0.

### Girls

**TEAM SCORING:** no team scores available. Teams participating same as above.

**100:** 1. Tucker, MWC, 12.46; 2. Blakes, MWC, 12.63; 3. Thomas, En, 13.05; 4. Gomex, PCW, 13.06.

**200:** 1. Tucker, MWC, 26.48; 2. Speller, MWC, 27.13; 3. Burgess, CA, 28.41; 4. Meyers, En, 28.77.

**400:** 1. Speller, MWC, 1:01.76; 2. Boyd, MWC, 1:04.63; 3. Arndt, En, 1:05.06; 4. Jackson, MWC, 1:06.14.

**800:** 1. Hussar, Mus, 2:31.74; 2. Mxtm, Mus, 2:36.04; 3. Nagel, Ww, 2:38.16; 4. Plagman, CA, 2:38.44.

**1600:** 1. Clarkson, EN, 6:18.38; 2. Tobbin, EN, 6:22.12; 3. Morris, EN, 6:24.31; 4. Allan, En,

6:31.0.

**3200:** 1. Hussar, Mus, 13:02.27; 2. Jones, EN, 13:16.91; 3. Morris, EN, 13:59.75; 4. Allan, En, 14:17.34.

**100H:** 1. Gainer, PC, 15.35; 2. Holmes, CA, 15.82; 3. Murphy, PCW, 16.99; 4. Blake, MWC, 17.19.

**300H:** 1. Murphy, PCW, 45.56; 2. Holmes, CA, 47.75; 3. Blakes, MWC, 47.84; 4. Wilkins, Mus, 51.61.

**400 Relay:** 1. Midwest City 50.30; 2. Putnam City West 51.13; 3. Putnam City 51.62; 4. Enid 52.95.

**800 Relay:** 1. Midwest City 1:50.58; 2. Enid 1:51.72; 3. Putnam City 1:54.91; 4. Choctaw 1:58.47.

**1600 Relay:** 1. Midwest City 4:20.18; 2. Mustang 4:22.56; 3. Enid 4:22.66; 4. Carl Albert 4:23.88.

**3200 Relay:** 1. Mustang 10:23.68; 2. Putnam City North 10:50.85; 3. Enid 10:54.03; 4. Edmond North 10:59.53.

**Shot:** 1. Smith, MWC, 37-2.75; 2. Bates, PCW, 36-1.5; 3. Stinson, Ww, 34-7.5; 4. Peters, En, 32-1.75.

**Discus:** 1. Stinson, Ww, 119-5; 2. Ward, Yu, 103-2.5; 3. Peplakitah, PCN, 100-7.5; 4. Bates, PCW, 99-8.

**Long Jump:** 1. Holmes, CA, 16-9; 2. Frantz, 16-1.25; 3. Olsten, Cho, 15-8.5; 4. Robinson, MWC, 15-5.5.

**High Jump:** 1. Frantz, 4-10; 2. Burgess, CA, 4-10; 3. Ballard, Yu, 4-8; 4. Brewer, Cho, 4-8.

## 66 Conference Track Meet

Chandler

4/18/95

BOYS

**TEAM SCORING:** 1. Prague 173; 2. Stroud 169; 3. Chandler 93; 4. Okemah 67; 5. Meeker 42; 6. Perkins.

**100:** 1. Goff, Oke, 11.28; 2. Greer, Pra, 11.34; 3. Colley, Mee, 11.35. **200:** 1. Burdine, Pra, 22.44; 2. Goff, Oke, 23.17; 3. Burgess, Cha, 23.20. **400:** 1. Burdine, Pra, 50.48; 2. Burgess, Cha, 50.73; 3. Jackson, Oke, 53.45.

**800:** 1. Bvtin, Str, 2:07.90; 2. Hicks, Pra, 2:09.78; 3. Austin, Cha, 2:14.38. **1600:** 1. Holmes, Cha, 4:49.68; 2. Niccum, Str, 4:51.29; 3. Johnston, Oke, 4:52.90. **3200:** 1. Holmes, Cha, 10:14.98; 2. Hicks, Pra, 11:01.08; 3. Niccum, Str, 11:12.67. **400 Relay:** 1. Prague 45.65; 2. Meeker 46.33; 3. Perkins 46.95. **1600 Relay:** 1. Prague 3:28.06; 2. Stroud 3:29.67; 3. Chandler 3:33.46. **3200 Relay:** 1. Okemah 8:30.91; 2. Stroud 8:31.24; 3. Chandler 8:48.96.

**110H:** 1. Bradley, Str, 15.24; 2. Massie, Cha, 15.45; 3. Hornbeck, Str, 15.79. **300H:** 1. Bradley, Str, 40.89; 2. Massie, Pra, 41.24; 3. Vanloagher, Pra, 41.33. **Shot:** 1. C. Bookout, Str, 48-4; 2. K. Bookout, Str, 45-6.25; 3. Willis, Str, 42-2.5. **Discus:** 1. C. Bookout, Str, 153-3; 2. K. Bookout, Str, 140-8.5; 3. Willis, Str, 114-9. **Long Jump:** 1. Anderson, Cha, 20-9; 2. Greer, Pra, 20-6.5; 3. Buoy, Mee, 19-2. **High Jump:** 1. Austin, Cha, 6-4; 2. Porter, Pra, 6-2; 3. Gordon, Str, 5-8. **Pole Vault:** 1. Wilkinson, Str, 15-1; 2. Brauer, Pra, 13-0; 3. Willis, Str, 12-6.

### GIRLS

**TEAM SCORING:** 1. Prague 195; 2. Stroud 170; 3. Chandler 78; 4. Okemah 69; 5. Perkins 35.

**100:** 1. Bigby, Str, 13.04; 2. Cavin, Pra, 13.71; 3. Moore, Per, 13.72. **200:** 1. Bigby, Str, 27.67; 2. Greenfield, Cha, 28.60; 3. Ryan, Pra, 28.66. **400:** 1. Frederick, Pra, 65.15; 2. Greenfield, Cha, 66.01; 3. Sander, Pra, 70.31. **800:** 1. Osborn, Oke, 2:38.67; 2. Schuknecht, Str, 2:39.81; 3. Imel, Cha, 2:52.88. **1600:** 1. Schuknecht, Str, 6:15.94; 2. Franks, Oke, 6:42.70; 3. Rex, Pra, 6:48.69. **3200:** 1. Rex, Pra, 15:32.94; 2. Sullivan, Pra, 16:29.41; 3. Andrus, Str, 17:26.39. **400 Relay:** 1. Prague 53.24; 2. Stroud 53.98; 3. Okemah 57.30. **800 Relay:** 1. Prague 1:55.38; 2. Stroud 2:03.54; 3. Okemah 1:59.36. **1600 Relay:** 1. Stroud 4:26.39; 2. Prague 4:37.36; 3. Chandler 4:41.50. **3200 Relay:** 1. Stroud 11:21.35; 2. Chandler 11:41.46; 3. Prague 11:46.61. **100H:** 1. Andrus, Str, 17.43; 2. Grissom, Pra, 18.39; 3. Walker, Oke, 19.56. **300H:** 1. Andrus, Str, 51.64; 2. Grissom, Pra, 52.99; 3. Franks, Oke, 55.82. **Shot:** 1. Leathers, Str, 33-1.5; 2. Raines, Pra, 31-6.25; 3. Robinson, Per, 31-4.5. **Discus:** 1. Robinson, Per, 105-6; 2. Leathers, Str, 100-11.5; 3. Raines, Pra, 98-2. **Long Jump:** 1. Greenfield, Cha, 15-11; 2. Ryan, Pra, 15-4.5; 3. Linville, Pra, 14-6.5. **High Jump:** 1. Anderson, Cha, 5-4; 2. Childers, Cha, 5-4; 3. Cavin, Pra, 5-0.

## Oklahoma vs. Arkansas Dual

Nominations for the Oklahoma All-Star Team set to compete in the Second Annual Oklahoma vs. Arkansas Track Dual May 20th in Greenwood, Ark., should be made as soon as possible. Head coaches are LeeAnn Muskgrove, Ardmore for the girls, and Tom Snider of Edmond North for the boys.

Four athletes per event and four relay teams will be invited with only juniors and seniors eligible to compete. Coaches are strongly urged to make nominations of anyone that might be qualified to compete--many slots were unfilled in last year's team.

Travel and headquarter hotel information will be available in the next issue.



ELK CITY TRACK CLASSIC--McGuinness Dax Christoferson held off a strong effort by Liberal, Kansas to give the Irish the 3200 meter relay win. Photo by John Hoke