

Oklahoma TRACK & FIELD NEWS

Devoted to Track & Field and Cross Country

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March 31, 1995



ENID'S Andrea Frantz jumped 16-6 to win the Putnam City Invitational March 10th.
Photo by John Hoke

Hugh Pierce Track Classic

Catoosa High School
3/18/95

CATOOSA--Almost 30 teams competed in the annual Hugh Pierce Track Classic here at Catoosa High School March 18th. In the 3A and below division Grove captured the girls title with 126 points, including four individual and two relay wins, while Okmulgee took the boys title with 104 points, three individual and two relay wins.

In the 4A-5A division the Bishop Kelley girls ran away with the title, amassing 214 points from eight individual and two relay wins while B.T. Washington captured the boys title with 162 points, four individual and two relay wins.

3A Girls

TEAM SCORING: 1. Grove 126; 2. Holdenville 91.5; 3. Poteau 87; 4. Catoosa 82.5; 5. Pawnee 64; 5. Cushing 42; 7. Stroud 34; 8. Cascia Hall 20; 9. Ripley 17; 10. (tie) Hominy, Sperry 14; 12. Okmulgee 12; 13. Glenpool 11; 14. Seminole 4; 15. Warner 1; 100: 1. DuFrain, Paw. 12.59; 2. Jacobs, Cus. 12.75; 3. Fowlkes, CH. 13.17; 4. Bigby, Str. 13.18; 5. Higgins, Hom. 13.23; 6. Hammon, Rip. 13.26.

200: 1. Jacobs, Cus. 26.11; 2. DuFrain, Paw. 26.29; 3. Hall, Rip. 26.86; 4. Steel, Pot. 27.13; 5. Schaeffer, Cat. 27.62; 6. Turnbull, War. 27.97.

400: 1. Jacobs, Cus. 60.72; 2. Lacy, Hol. 61.04; 3. Dennis, Paw. 62.83; 4. Bigby, Str. 63.10; 5. Tredwell, Hol. 63.22; 6. Robertson, Gr. 64.69.

800: 1. Sreaves, Gr. 2:30.84; 2. McCulley, Gr. 2:32.45; 3. Duncan, Paw. 2:37.07; 4. Shotneck, Str. 2:38.01; 5. Hodge, Pot. 2:39.31; 6. Dennis, Pot. 2:39.71.

1600: 1. McCulley, Gr. 5:47.83; 2. Duncan, Paw. 6:04.04; 3. Wagenr, Cat. 6:06.16; 4. Shotneck, Str. 6:09.44; 5. Whiate, Cat. 6:12.66; 6. Feltas, Gle. 6:21.13.

3200: 1. McCulley, Gr. 12:11.50; 2. McGraw, CH. 13:24.22; 3. Sreaves, Gr. 13:33.49; 4. Fields, Gr. 13:36.51; 5. Eslinger, Rip. 14:09.59; 6. Southard, Cus. 14:15.69.

100H: 1. Robertson, Gr. 17.36; 2. Wilcox, Hom. 17.52; 3. Anderson, Cat. 17.85; 4. Andres, Str. 17.88; 5. Higgins, Hom. 18.25; 6. Slatton, Spe. 18.47.

300H: 1. Bunch, Pot. 48.28; 2. Sreaves, Gr. 49.10; 3. Moore, Hol. 52.76; 4. Anderson, Cat. 53.43; 5. Andres, Str. 54.41; 6. Slatton, Spe. 54.72.

400 Relay: 1. Holdenville 50.77; 2. Poteau 51.63; 3. Catoosa 52.70; 4. Pawnee 53.41; 5. Okmulgee 53.49; 6. Grove 54.26.

800 Relay: 1. Poteau 1:48.94; 2. Holdenville 1:49.25; 3. Catoosa 1:52.48; 4. Grove 1:54.02; 5. Seminole 1:57.77; 6. Ripley 1:58.35.

1600 Relay: 1. Holdenville 4:17.43; 2. Catoosa 4:23.90; 3. Grove 4:24.97; 4. Pawnee 4:27.09; 5. Stroud 4:27.53; 6. Cascia Hall 4:27.58.

3200 Relay: 1. Grove 10:38.18; 2. Poteau 10:40.66; 3. Catoosa 10:51.25; 4. Pawnee 11:02.66; 5. Cascia Hall 11:03.25; 6. Cushing 11:05.51.

Shot: 1. Crumbo, Spe. 36-2.5; 2. Snyder, Hol. 35-1; 3. Jarvis, Gr. 32-9.5; 4. White, Cat. 32-3.5; 5. Williams, Hom. 30-11.5; 6. Proctor, Gr. 30-10.

Discus: 1. Warren, Pot. 105-1; 2. Jarvis, Gr. 93-6.75; 3. Cazzelle, Rip. 90-10; 4. Lloyd, Pot. 89-7.5; 5. Crumbo, Spe. 87-9; 6. Zeler, Hol. 86-10.

Long Jump: 1. Bokedal, Gle. 15-5; 2. McNamee, Okm. 15-1.25; 3. Curtis, Hol. 15-1; 4. Warren, Pot. 14-7.5; 5. Thompson, Paw. 14-2; 6. Shackelford, Cus. 13-11.5.

High Jump: 1. Shackelford, Cus. 5-1; 2. Gordon, Str. 4-11; 3. Anderson, Cat. 4-7; 4. Zeir, Hol. 4-5; 5. Fields, Gr. 4-3; 6. (tie) Snider, Hol. and Johnson, Cat. 4-1.

3A Boys

TEAM SCORING: 1. Okmulgee 104; 2. Stroud 80; 3. Hominy 79; 4. Catoosa 70; 5. Poteau 40; 6. (tie) Holdenville, Cascia Hall 26; 8. Collinsville 25; 9. Dewey 23; 10. Ripley 22; 11. (tie) Cushing, Seminole 16; 13. Warner 12; 14. Colcord 11; 15. (tie) Pawnee, Fairland 8; 17. (tie) Glenpool, Skiatook 6; 19. Inola 5; 20. Grove 4; 21. Hulbert 2; NS: Sperry.

WHAT'S INSIDE:

**Over 15 Meets
Team Rankings
Season Leaders
Schedule
Nancy Clark Nutrition
Wes Brown**

Next Issue: April 14

Continued on page 5

On TRACK

By John Hoke, Editor

The first month of the 1995 track season is drawing to a close and things are really heating up on the ovals around the state. The weather has been inconsistent at best and spring breaks have put a dent in some meets but, all in all, everything seems to be doing great with over 25 meets conducted in the state the past two weeks.

Results have been coming in nicely with almost every meet reporting in time to be printed in this issue. The Season Leader listings in this issue are derived from results received in our office by Tuesday, March 28th, and were compiled with the help from quite a few coaches. In order for a time/distance to be considered for listing, the full results of that meet must be in our office. Preliminary times will be used only if the meet director certifies them in writing. Please don't hesitate to let me know if there are errors in these listings: spelling, incorrect time/distance, or whatever--give me a call or drop me a note.

While on results I would like to ask that meet directors list the weather conditions at the time of their meet when they send their results to us. It does make a difference in performances if the weather is sunny and calm or cold and windy and several coaches have commented that it would be nice to know this information. Look for this information in the future at the end of the results.

Regional assignments will be made before the next issue is out and we will list them in that issue (April 14th). There is still plenty of time to contact your representative on the advisory board--listed at the bottom right of this page--if you want to have an impact on these assignments.

I apologize for the lack of current photos for this issue but the combination of business travel (NCAA wrestling tournament) and my own family's spring break travel kept me away from any meets over the past two weeks. I would really like to see some more photos from around the state submitted by other photographers, so encourage your parents or local newspaper to make an effort to send some to us--we'll gladly return them.

Elsewhere in this issue is a guest editorial by Mike Byrnes of the National Scholastic Sports Foundation on the topic of scholarships for foreign athletes. The NSSF sponsors several national scholastic track meets and provides financial support for high school athletes to attend various national and international events. The NSSF is a non-profit and tax-exempt organization that exists to help foster the interests of the scholastic track community. If you are interested in knowing more you can contact the NSSF, P.O. Box 16702, Chapel Hill, NC 27514.

Gil Turpin, the coach at New Lima, a class B school in southeastern Oklahoma, is looking for a way to promote more small-school (A-B) meets in that part of the state--give him a call if you have an idea.

I received the spring and summer USATF/AAU schedule last week but space limitations kept it out of this issue--look for it in the near future. These meets are a great way to introduce young athletes to track & field and are also a good way to get some extra competition for high school athletes during the summer.

See you at a track meet!

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Editor/Publisher - John Hoke
Editorial Assistant - Cheryl Good
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Collegiate Editor - Wes Brown

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Hugh Pierce Classic

Continued from page 1

100: 1. Webb, Col. 10.75; 2. Muskrat, War. 10.76; 3. Byers, CH. 10.93; 4. Buncgh, Pot. 10.98; 5. Smith, Hol. 11.11; 6. Higgins, Hom. 11.14.

200: 1. Jordan, Okm. 22.00; 2. Higgins, Hom. 22.42; 3. Jones, Gle. 22.45; 4. Muskrat, War. 22.74; 5. Byers, CH. 22.79; 6. Webb, Col. 22.80.

400: 1. Jordan, Okm. 50.55; 2. Loule, Sem. 51.78; 3. Smith, Okm. 52.10; 4. Chesney, Cat. 52.87; 5. Mims, Str. 53.86; 6. Etheridge, Cat. 55.20.

800: 1. Chesney, Cat. 2:04.89; 2. Cazzelle, Rip. 2:05.09; 3. Heller, Cat. 2:08.91; 4. Clayton, Okm. 2:10.09; 5. Bunch, Col. 2:10.92; 6. Pfeifer, In. 2:12.99.

1600: 1. DeRosa, Pot. 4:45.78; 2. Turner, Hol. 4:46.95; 3. Nickham, Str. 4:56.46; 4. Kiper, In. 5:00.46; 5. Cazzelle, Rip. 5:01.92; 6. Murray, Cat. 5:02.43.

3200: 1. DeRosa, Pot. 10:26.30; 2. Ryan, Paw. 10:59.24; 3. Murray, Cat. 11:00.97; 4. Bud, Rip. 11:13.15; 5. Johnson, Hul. 11:15.38; 6. Suttith, CH. 11:16.15.

110H: 1. Kerr, Dew. 15.38; 2. Cohen, Okm. 15.55; 3. Jackson, Cus. 14.94; 4. Hornbeck, Str. 16.26; 5. Widney, Cat. 16.38; 6. Breser, Dew. 16.60.

300H: 1. Cohen, Okm. 41.58; 2. Hornbeck, Str. 41.86; 3. Ballard, Hom. 42.47; 4. Bell, Col. 42.66; 5. Widney, Cat. 43.47; 6. Jackson, Cus. 44.08.

400 Relay: 1. Okmulgee 43.57; 2. Cascia Hall 44.88; 3. Holdenville 45.50; 4. Poteau 45.78; 5. Collinsville 45.99; 6. Catoosa 46.06.

1600 Relay: 1. Okmulgee 3:32.61; 2. Hominy 3:36.73; 3. Catoosa 3:37.26; 4. Stroud 3:38.61; 5. Dewey 3:45.78; 6. Seminole 3:51.75.

3200 Relay: 1. Catoosa 8:41.65; 2. Stroud 8:52.82; 3. Okmulgee 8:57.22; 4. Ripley 9:21.78; 5. Holdenville 9:27.16; 6. Dewey 9:29.08.

Shot: 1. Bookout, Str. 46-6; 2. King, Hom. 44-6; 3. Kernel, Sem. 44-3; 4. Odom, Pot. 44-2; 5. Stokes, Hom. 43-10; 6. Briggs, Cat. 41-10.

Discus: 1. Bookout, Str. 157-8; 2. Culver, Fal. 138-11; 3. Bell, Col. 127-0; 4. Odom, Pot. 125-5.5; 5. Stokes, Hom. 122-5.5; 6. Bailey, Col. 120-6.

Long Jump: 1. Higgins, Hom. 19-8.5; 2. Brown, Hom. 19-3.75; 3. Kerr, Dew. 18-10.25; 4. Brewer, Gr. 17-11.5; 5. Bailey, Col. 17-11; 6. Heller, Cat. 17-10.25.

High Jump: 1. Lookout, Hom. 6-6; 2. Brown, Hom 6-6; 3. Wheeler, Ski. 6-4; 4. Stopp, Col. 6-2; 5. Corry, Col. 6-0; 6. Cook, Cus. 6-0.

Pole Vault: 1. Wilkinson, Str. 15-3; 2. Ward, Cus. 12-6; 3. Willis, Str. 12-6; 4. Douglas, Okm. 11-6; 5. Rainey, Cat. 11-6; 6. McNamara, CH. 11-0.

4A-5A Girls

TEAM SCORING: 1. Bishop Kelley 214; 2. MacArthur 122; 3. East Central 101; 4. Webster 32; 5. Btxby 27.

100: 1. Bashawe, Kel. 12.47; 2. Willis, Mac. 12.91; 3. Gloyd, EC. 12.97; 4. Trammell, Kel. 13.23; 5. Knickerbocker, Mac. 13.29; 6. Howard, Btx. 13.85.

200: 1. Bashawe, Kel. 26.58; 2. Floyd, EC. 27.31; 3. Trammell, Kel. 27.72; 4. Knickerbocker, Mac. 28.20; 5. Willis, Mac. 28.28; 5. EC. 29.21.

400: 1. Hogan, Kel. 66.50; 2. Ruddick, Kel. 67.30; 3. Stoner, Btx. 68.61; 4. Hogner, Mac. 69.52; 5. Darabaris, Kel. 72.80; 6. Brown, EC. 72.02.

800: 1. Hogan, Kel. 2:48.61; 2. Curtin, Kel. 2:50.40; 3. Leonard, Kel. 2:56.04; 4. Renfro, Web. 3:01.12; 5. Hopkins, Btx. 3:01.14; 6. Germany, Web. 3:01.57.

1600: 1. Nemec, Kel. 6:05.88; 2. Narvius, Kel. 6:19.67; 3. Curtin, Kel. 6:37.26; 4. Renfro, Web. 7:07.80; 5. Rainey, Mac. 7:07.82; 6. Germany, Web. 7:13.64.

3200: 1. Nemec, Kel. 12:43.48; 2. Narvius, Kel. 13:26.80; 3. Powell, Kel. 13:51; 4. Rainey, Mac. 15:55.48.

100H: 1. Roegiers, Kel. 18.69; 2. Gordon, Mac. 20.22; 3. Issac, Web. 22.26.

300H: 1. Roegiers, Kel. 55.45; 2. Gordon, Mac. 58.15.

400 Relay: 1. MacArthur 54.38; 2. Webster 56.0.



BOISE CITY'S Mike Ottinger, the 1993 Class B pole vault champion, is being followed by his brother Adam, who leads the A-B Boys Season Leaders list with a jump of 12-6 at the Guymon Invitational. Photo by John Hoke

800 Relay: 1. East Central 1:55.17; 2. MacArthur 1:56.06; 3. Kelley 1:57.03.

1600 Relay: 1. Kelley 4:34.54; 2. East Central 4:44.43; 3. MacArthur 5:24.50.

3200 Relay: 1. Kelley 10:42.69.

Shot: 1. Stewart, Mac. 31-0; 2. Ledford, Btx. 29-1.5; 3. Laurent, Mac. 27-11.5; 4. Ashley, EC. 26-6; 5. Coffee, Btx. 23-1; 6. Robertson, EC. 21-4.

Discus: 1. Stewart, Mac. 104-0; 2. Ashley, EC. 93-2; 3. Robertson, EC. 52-3; 4. Laurent, Mac. 43-4.

Long Jump: 1. Moffett, EC. 13-11; 2. Howard, Btx. 13-9.5; 3. Brown, EC. 13-3.5; 4. Darabaris, Kel. 11-4; 5. Kirk, Kel. 11-1.

High Jump: 1. Brown, EC. 4-5; 2. Frisbee, Kel. 4-3; 3. Bashawe, Kel. 4-3; 4. Ashley, EC. 3-11; 5. Rainey, Mac. 3-5.

4A-5A Boys

TEAM SCORING: 1. B.T. Washington 162; 2. Webster 129; 3. Bishop Kelley 81; 4. Claremore 75; 5. East Central 61; 6. Pryor 28; 7. Owasso 8.

100: 1. Thompson, Web. 11.11; 2. Williams, BTW. 11.40; 3. Rhode, Cl. 11.61; 4. Cayasso, BTW. 11.68; 5. Vinson, EC. 11.69; 6. Ferrell, BTW. 11.70.

200: 1. Howard, BTW. 22.42; 2. Thompson, Web. 22.70; 3. Ratliff, BTW. 23.52; 4. Phillips, EC. 23.68; 5. Vinson, EC. 23.69; 6. Rhode, Cl. 23.70.

400: 1. Birenfeld, Pr. 53.30; 2. Jackson, BTW. 53.78; 3. Colbert, BTW. 53.90; 4. Thompson, Web. 54.59; 5. Gladney, Cl. 54.91; 6. Kraft, Kel. 55.24.

800: 1. Birdenfeld, Pr. 2:07.39; 2. Boshier, Kel. 2:10.68; 3. Kraft, Kel. 2:10.92; 4. Morrow, Web. 2:15.93; 5. Caesar, BTW. 2:26.83; 6. Meyers, BTW. 2:34.02.

1600: 1. Shortbull, Cl. 4:45.47; 2. Wayland, Kel. 5:01.78; 3. Oden, Kel. 5:21.31; 4. Welch, Web. 5:30.67; 5. Keri, Web. 5:43.70; 6. Daniel, BTW. 6:07.57.

3200: 1. Wayland, Kel. 10:57.81; 2. Welch, Web. 11:55; 3. Carey, Web. 12:48.

110H: 1. Jackson, BTW. 16.82; 2. Nysveen, Web. 18.86; 3. Canida, EC. 19.07; 4. McHenry, EC. 19.13; 5. Pouncil, Web. 20.71.

300H: 1. Postler, Kel. 43.92; 2. Canida, EC. 44.02; 3. McHenry, EC. 45.97; 4. Crenshaw, BTW. 46.89; 5. Jackson, BTW. 46.92; 6. Nysveen, Web. 47.43.

400 Relay: 1. B.T. Washington 45.06; 2. East Central 46.10; 3. Webster 47.49.

1600 Relay: 1. B.T. Washington 3:37.23; 2. Kelley 3:51.98; 3. Webster 4:05.99; 4. Owasso.

3200 Relay: 1. Claremore 8:39.66; 2. Kelley 8:51.0; 3. B.T. Washington 9:29.55; 4. Webster 9:42.40.

Shot: 1. Lovett, BTW. 40-1; 2. Rakes, Web. 37-4; 3. Coughran, EC. 35-1.5; 4. Breshears, EC. 33-4; 5. Howard, Web. 30-7; 6. Hamilton, BTW. 29-3.5.

Discus: 1. Rakes, Web. 144-3; 2. Newcomb, Pr. 110-1; 3. Lovett, BTW. 86-2; 4. Howard, Web. 57-0.

Long Jump: 1. Ratliff, BTW. 20-10.5; 2. Rakes, Web. 18-1.25; 3. McKnight, BTW. 18-1; 4. Hall, BTW. 18-0.25; 5. Morrow, Web. 17-11.5; 6. Canida, EC. 17-1.25.

High Jump: 1. McKnight, BTW. 6-0; 2. Bethea, Cl. 5-10; 3. Cole, Web. 5-6; 4. Noviski, Cl. 5-0; 5. Eischen, EC. 4-10.

Pole Vault: 1. Bethea, Cl. 13-6; 2. Noviski, Cl. 13-0; 3. Chesney, Cl. 11-0.



NORTHEAST'S Cornelius Mason holds down the both the 1600 and 3200 top spots in the Overall Season Leaders listing. Photo by John Hoke

Bartlesville Invitational 3/23/95

Boys

TEAM SCORING: 1. Jenks 155; 2. Union 76; 3. Broken Arrow 72; 4. Claremore 56; 5. Stillwater 47; 6. Bartlesville 42; 7. Sapulpa 33; 8. Coffeyville 26; 9. (tie) Sand Springs, Kelley 20; 11. Jenks B 15; 12. Bixby 6; 13. Ponca City 4.

100: 1. Tyler, Je. 10.9; 2. Jones, St. 11.0; 3. Cooper, Un. 11.3. **200:** 1. Sensintaffar, SS. 21.8; 2. Cooper, Un. 22.8; 3. Dean, Sap. 23.3. **400:** 1. Sensintaffar, SS. 49.1; 2. Roberts, BA. 49.2; 3. Jefferson, St. 50.8. **800:** 1. Halsey, Je. 2:02.08; 2. Gerrie, Cl. 2:03.53; 3. Postler, Ke. 2:06.64. **1600:** 1. Reid, Je. 4:37.6; 2. Ford, Cl. 4:41.83; 3. McDonald, BA. 4:42.46. **3200:** 1. Reid, Je. 2. Beaker, JeB; 3. James, Je. 11:0H; 1. Jones, Je. 15.36; 2. Kane, St. 15.72; 3. Johnson, BA. 16.07. **300H:** 1. Vann, Sap. 39.97; 2. Kane, St. 41.30; 3. Jones, Je. 41.65. **400 Relay:** 1. Jenks 43.49; 2. Broken Arrow 43.63; 3. Union 44.03. **1600 Relay:** 1. Broken Arrow 3:30.46; 2. Jenks 3:31.65; 3. Sapulpa 3:36.86. **3200 Relay:** 1. Jenks 8:37.11; 2. Coffeyville 8:40.34; 3. Broken Arrow 8:42.27. **Shot:** 1. Bennett, Un. 53-0.5; 2. Cleskey, Cl. 50-9.5; 3. Griggs, Bar. 47-10. **Discus:** 1. Dicus, Je. 173-2.5; 2. Bennett, Un. 130-11.25; 3. Blair, Bix. 128-5.25. **Long Jump:** 1. Winfrey, Un. 22-0.5; 2. Cavitt, Je. 21-8.5; 3. Tyler, Je. 20-5.5. **High Jump:** 1. Bywater, Cl. 6-2; 2. Owens, St. 6-0; 3. Kirby, Bar. 6-0. **Pole Vault:** 1. Kopp, Bar. 13-6; 2. Burdick, Je. 13-0; 3. Bethea, Cl. 12-6.

Girls

TEAM SCORING: 1. Jenks 209; 2. Stillwater 90; 3. Bartlesville 73; 4. Broken Arrow 68; 5. Kelley 55; 6. Coffeyville 53; 7. Claremore 41; 8. Sapulpa 16; 9. Ponca City 6; 10. Stillwater B 2; 11. Bixby 1. **100:** 1. Wilson, Co. 12.89; 2. Bascaw, Kel. 12.91; 3. Suzuki, Je. 13.03. **200:** 1. Bashaw, Kel. 26.8; 2. Ray, Je. 26.9; 3. Snyder, Je. 27.1. **400:** 1.

1995 TRACK SCHEDULE

April

1: Medford, Sulphur, Bethany, Altus, Coppell, Tex., Pittsburgh, Kan., Texarkana, Ark. OSU Relays. 4: Stephens County at Velma-Alma. Skeltur Conf., Cushing, Buffalo. 5: Waurika, Nashville, Ark. 6: Dewey. 7: Thomas, Wetumka, Texas Relays in Austin. 8: UCO-Edmond, Owasso, Waynoka, Duncan, Purcell, Little All-City at Bethany, Vinita, Waurika. 11: OBU-Shawnee, South Barber, Kan., Putnam City, Ponca City, Forgan, Temple. 13: Frontier, Tulsa 7 Conf. at Catoosa, Sapulpa. 14: John Jacobs at OU, Watonga, Pryor. 15: Wynnewood, Chandler, Chelsea, Wilburton. 18: Cherokee, Southwest Missouri, Harrah at UCO, Lake Conf., Westmoore, Southern 8 Conf., 66 Conf. 19: Oilfield Conf. at Velma-Alma. 20: Commerce. 21: Elk City, Carl Albert, Konawa, Kansas Relays-Lawrence, Western Heights, Edison. 22: Ringwood, Marlow, Casady, Tecumseh, Catoosa, Mustang, Beaver. 24: Frontier. 25: Weatherford, Lucky 7 Conf., Northside Conf., Ok All City-Millwood, Vinita. 27: Suburban Conf. at Carl Albert, Union, Green Country Conf., Oswego, Kan. 28: Southern Conf. at Duncan, Ft. Smith, Ark. 29: McGuinness, Edison, B-A-2A-3A Regionals.

May

4: Southern Preparatory Conf. in Dallas. 5: B-A State Meet, Moore. 2A-3A State Meet, UCO Edmond. 6: B-A-2A-3A State Meets continued, 4A-5A Regionals. 12-13: 4A-5A State Meet, Choctaw. 20: Oklahoma vs. Arkansas Dual. 27: Great Southwest in Phoenix.

Wildcat Relays

Boise City, OK

3/18/95

GIRLS

TEAM SCORING: 1. Boise City 201; 2. Texhoma 86; 3. Forgan 42; 4. Keyes 39; 5. Yarbrough 33; 6. Campo-Vilas, Colo. 26; 7. Pritchett, Colo. 19; 8. Felt 8.

100: 1. Henry, For. 14.20; 2. George, Pr. 14.22; 3. S. Williams, BC. 14.32; 4. Durham, Keyes, 14.78; 5. Cunningham, Tx. 16.36; 6. (tie) Sappensfield, BC; Cramer, Cam. 14.14.

200: 1. Roseberry, BC. 28.90; 2. Henry, For. 29.35; 3. George, Pr. 29.48; 4. S. Williams, BC-B. 30.57; 5. Smith, BC-B. 30.69; 6. Strasia, BC-A. 31.77.

400: 1. Parsons, Tx. 64.45; 2. Foster, For. 64.89; 3. J. Williams, BC. 65.10; 4. Warner, Felt. 69.19; 5. Cramer, Cam. 69.46; 6. Chacon, Tx. 70.87.

800: 1. Winchester, Tx. 2:35.11; 2. Ogles, BC. 2:37.57; 3. Foster, For. 2:42.40; 4. Tooley, BC. 2:53.87; 5. Smith, BC. 2:58.10; 6. Brown, Key. 3:00.96.

1600: 1. Brooks, Key. 6:35.88; 2. Brown, Key. 6:36.60; 3. Bocock, BC. 6:38.17; 4. Ogles, BC. 6:39.13; 5. Puebla, BC. 6:43.68; 6. Bolin, Tx. 7:20.84.

3200: 1. Bocock, BC. 14:12.64; 2. Puebla, BC. 14:31.22; 3. Brown, Key. 14:45.34; 4. Bolin, Tx. 15:34.18.

100H: 1. Parker, BC. 17.58; 2. Wilson, BC. 18.66; 3. Goss, Ty. 19.08; 4. Montgomery, Pr. 20.74.

300H: 1. Wilson, BC. 51.03; 2. Parker, BC. 52.29; 3. Goss, Ty. 56.66.

400 Relay: 1. Texhoma, 54.16; 2. Boise City, 54.59; 3. Yarbrough A 60.82; 4. Yarbrough B 62.68; 5. Keyes 62.85.

800 Relay: 1. Boise City 1:54.59; 2. Texhoma 1:55.65; 3. Yarbrough A 2:07.88; 4. Yarbrough B 2:14.38.

1600 Relay: 1. Boise City 4:35.61.

3200 Relay: 1. Boise City 10:53.18; 2. Boise City 10:53.18.

Shot: 1. Miller, Ty. 31-1; 2. Hoffener, Cam. 29-1.5; 3. Robertson, Ho. 28-6.5; 4. Depew, Ho. 28-0.75; 5. Brooks, Tx. 27-10; 6. Carrillo, Yar. 25-6.5.

Disc: 1. Miller, Ty. 99-6.5; 2. Haffener, Cam. 86-8.5; 3. Carrillo, Yar. 81-1; 4. Montoya, Ho. 77-10; 5. Skelton, Tx. 76-11; 6. Sinclair, BC. 71-1.5.

Haley, St. 1:04.54; 2. Hogan, Kel. 1:04.71; 3. Roll, St. 1:05.29. **800:** 1. O'Rourke, Je. 2:25.92; 2. Haley, St. 2:27.44; 3. Kirby, BA. 2:29.25. **1600:** 1. O'Rourke, Je. 5:27.46; 2. Corbett, Bar. 5:30.04; 3. Housley, Sap. 5:47.57. **3200:** 1. Ahlgren, Je. 12:00.69; 2. Housley, Sap. 12:17.6; 3. Nemes, Kel. 12:23.6. **100H:** 1. Miller, Bar. 16.69; 2. Spears, Co. 16.80; 3. Curtis, St. 16.92. **300H:** 1. Nickens, Je. 47.81; 2. Laughry, Je. 48.36; 3. Wheat, Bar. 49.72. **400 Relay:** 1. Jenks 50.35; 2. Coffeyville 52.20; 3. Bartlesville 52.99. **800 Relay:** 1. Jenks

High Jump: 1. Johnson, BC. 5-0; 2. Cramer, Cam. 4-10; 3. Trujillo, BC. 4-8; 4. Woods, Ty. 4-4.

Long Jump: 1. Foster, For. 15-8.75; 2. L. Crabtree, BC. 15-6.75; 3. Woods, Ty. 13-8.25; 4. Warner, Felt. 13-6.5; 5. Johnson, Yar. 12-4.75; 6. Larson, Pr. 11-1.5.

BOYS

TEAM SCORING: 1. Turpin 193; 2. Boise City 172; 3. Tyrone 52; 4. Texhoma 26; 5. Felt 22; 6. Pritchett, Colo. 18; 7. Keyes 16; 8. Yarbrough 6.

200: 1. Salazar, Tur. 23.73; 2. Cain, Ty. 24.02; 3. Gliddon, Yar. 25.21; 4. Hinds, Tur. 25.64; 5. McReynolds, BC. 26.40; 6. Williams, Ho. 27.18.

400: 1. Cain, Ty. 54.89; 2. Wilson, BC. 56.41; 3. D. Begley, BC. 57.09; 4. Ottinger, BC. 60.19; 5. Loepp, Tur. 62.29; 6. Abel, Tur. 63.41.

800: 1. Crowell, Tur. 2:11.88; 2. Serna, BC. 2:15.35; 3. Abel, Tur. 2:15.88; 4. Ortiz, BC. 2:16.80; 5. Whittler, Pr. 2:20.16; 6. Hutton, Tur. 2:20.89.

1600: 1. W. Tapp, Felt. 5:07.82; 2. Crowell, Tur. 5:08.01; 3. Gonzales, BC. 5:19.20; 4. Abel, Tur. 5:22.24; 5. Ortiz, BC. 5:23.11; 6. Twyman, BC. 5:50.35.

3200: 1. Smith, Ty. 11:16.68; 2. Hicks, Key. 11:17.63; 3. Tapp, Felt. 11:18.39; 4. Gonzalez, BC. 12:22.74; 5. Cooper, Tx. 12:55.84; 6. Tovolchena, Tx. 12:59.89.

110H: 1. Scott, Tur. 15.95; 2. Cornelison, Tx. 17.32; 3. S. Scheffe, Tur. 17.84; 4. Pickering, Ty. 18.07; 5. Felzeptn, Pr. 18.25; 6. J. Scheffe, Tur. 18.45.

300H: 1. Scott, Tur. 43.02; 2. Scheffe, Tur. 43.93; 3. Cornelison, Tx. 43.97; 4. Soell, BC. 44.68; 5. Dulaney, Tur. 46.34; 6. Pickering, Ty. 47.13.

400 Relay: 1. Turpin 45.41; 2. Boise City 47.99; 3. Hooker 50.47.

1600 Relay: 1. Boise City 3:40.29; 2. Turpin 3:41.51.

3200 Relay: 1. Boise City 9:06.29; 2. Turpin 9:08.08; 3. Hooker 11:54.59.

Shot: 1. Ormlator, Pr. 42-7.5; 2. Johnson, Ty. 42; 3. Stalder, BC. 40-9; 4. Kline, BC. 40-5.5; 5. Ridenour, Tur. 39-5.5; 6. Henley, BC. 37-10.5.

Disc: 1. Stalder, BC. 124-6.5; 2. Dye, Key. 106-8; 3. Kline, BC. 104-4; 4. Ridenour, Tur. 101-9; 5. Henley, BC. 94-5; 6. Johnson, Ty. 94-0.5.

Long Jump: 1. Webb, BC. 19-10.5; 2. Bell, Ty. 19-3.75; 3. Scheffe, Tur. 18-8; 4. Loepp, Tur. 18-4.25; 5. Soell, BC. 17-3.5; 6. Campbell, Ty. 16-5.

Pole Vault: 1. A. Ottinger, BC. 12-6; 2. Soell, BC. 11-6; 3. Reynolds, Tur. 10-6; 4. Engelman, Tur. 8-0.

1:47.54; 2. Stillwater 1:56.77; 3. Broken Arrow 1:58.00. **1600 Relay:** 1. Jenks 4:11.84; 2. Broken Arrow 4:19.36; 3. Bartlesville 4:21.28. **3200 Relay:** 1. Jenks 10:09.1; 2. Stillwater 10:33.95; 3. Kelley 10:38.86. **Shot:** 1. Johnson, Co. 37-2.75; 2. Smith, Cl. 36-5.75; 3. Laughry, Je. 32-5.25. **Discus:** 1. Smith, Cl. 114-9; 2. Laughry, Je. 107-5; 3. Taylor, St. 104-2.5. **Long Jump:** 1. Johnson, Je. 17-6; 2. Suzuki, Je. 16-6; 3. Sejek, Je. 15-4.5. **High Jump:** 1. Chapman, BA. 5-1; 2. Wooden, BA. 5-1; 3. Campbell, Cl. 5-0.

Union Invitational

Tulsa
3/17/95

Girls

TEAM SCORING: 1. Jenks 160; 2. Union 150; 3. B.T. Washington 56; 4. Rogers 43; 5. Hale 40; 6. Stillwater 37; 7. Central 35; 8. Tahlequah 32; 9. Broken Arrow 27; 10. Sapulpa 22; 11. McLain 8; 12. Owasso 6; 13. Jenks B 3.

100: 1. Givens, Un. 12:50; 2. Ledbetter, Unat. 12:71; 3. Schumpert, BTW, 12:76; 4. Snyder, J. 13:08; 5. Latavia, Un. 13:17; 6. Peel, Cen. 13:28.

200: 1. Ledbetter, Unat. 26:37; 2. Schumpert, BTW, 26:62; 3. Harbin, Hale, 26:72; 4. Alexander, Un. 27:26; 5. Baye, J. 27:32; 6. Trogon, BA. 27:44.

400: 1. Thompson, BTW, 1:02:72; 2. Haley, St. 1:03:21; 3. Mims, BTW, 1:03:40; 4. Carr, Un. 1:03:49; 5. Sejek, J. 1:04:23; 6. Schwarz, J. 1:04:29.

800: 1. O'Rourke, J. 2:21:94; 2. Dearman, Sap. 2:23:68; 3. White, Tah. 2:24:13; 4. Bratton, Hale, 2:24:74; 5. Haley, St. 2:25:03; 6. Barker, J. 2:26:50.

1600: 1. O'Rourke, J. 5:30:90; 2. Ahlgren, J. 5:33:16; 3. Riddle, Un. 5:39:14; 4. McLain, Un. 5:45:39; 5. Misenberg, St. 5:51:44; 6. Smiley, J. 5:52:65.

3200: 1. Bratton, Hale, 11:59:12; 2. McLain, Un. 11:59:68; 3. Housley, Sap. 12:03:48; 4. Riddle, Un. 12:09:11; 5. Towers, Ow. 12:36:72; 6. Smiley, J. 12:38:51.

100H: 1. Peel, Cen. 15:03; 2. Hill, Un. 15:38; 3. Cook, Unat. 17:17; 4. Malcom, J. 17:32; 5. Welch, BA. 17:48; 6. Moss, BA. 17:52.

300H: 1. Nickens, J. 47:29; 2. Laughry, J. 47:30; 3. Calico, Un. 50:29; 4. Curtis, St. 50:58; 5. Comingdeer, Tah. 50:79; 6. Cook, Unat. 51:38.

400 Relay: 1. Union 49:80; 2. Central 50:53; 3. Jenks 50:83; 4. Tahlequah 52:15; 5. McLain 52:66; 6. B.T. Washington 52:84.

800 Relay: 1. Jenks 1:46:77; 2. Union 1:46:83; 3. B.T. Washington 1:49:53; 4. Central 1:50:86; 5. McLain 1:50:96; 6. Jenks B 1:51:65.

1600 Relay: 1. Jenks 4:09:69; 2. Union 4:17:12; 3. B.T. Washington 4:17:57; 4. Hale 4:20:18; 5. Broken Arrow 4:21:47; 6. Stillwater 4:27:61.

3200 Relay: 1. Jenks 9:49:66; 2. Union 10:07:98; 3. Hale 10:17:88; 4. Sapulpa 10:18:81; 5. Tahlequah 10:51:18; 6. Stillwater 11:43:02.

Shot: Schlegel, Un. 41-8.5; 2. Walters, Unat. 38-6.5; 3. Taylor, St. 38-6; 4. Laughry, J. 34-4.5; 5. Olson, Un. 33-8.5; 6. Reese, Ow. 32-8.75.

Discus: 1. Schlegel, Un. 122-3; 2. Taylor, St. 104-11; 3. Stems, J. 104-0.5; 4. Smith, Tah. 103-11; 5. Laughry, J. 96-11; 6. Ross, BA. 96-4.

Long Jump: 1. Ledbetter, Unat. 17-2.5; 2. Johnston, J. 17-0; 3. Suzuki, J. 15-8; 4. Alexander, Un. 15-3; 5. Tomblin, Tah. 15-2; 6. Sejek, J. B. 15-1.

High Jump: 1. Chapman, BA. 5-0; 2. Wooden, BA. 4-10; 3. Mason, Tah. 4-8; 4. (tie) Baldwin, Ow. and Hanson, St. 4-6.

Boys

TEAM SCORING: 1. Jenks 184; 2. Union 125; 3. Sapulpa 50; 4. Owasso 41; 5. Stillwater 34; 6. Broken Arrow 33; 7. Rogers 30; 8. Central 22; 9. McLain 20; 10. Union B 14; 11. (tie) Sand Springs, Jenks B 10; 13. Holland Hall 8; 14. Tahlequah 6; 15. Tulsa Memorial 2.

100: 1. Birch, Rog. 10:38; 2. Brooks, McL. 10:87; 3. Claydon, Un. 10:96; 3. Winfrey, Un. 11:13; 5. Dawkins, St. B. 11:20; 6. Jones, St. 11:33.

200: 1. Birch, Rog. 21:19; 2. Dainty, Un. 22:30; 3. Cavitt, J. 22:43; 4. Tyler, J. 23:01; 5. Cooper, Un. 23:09; 6. Roberts, BA. 23:27.

400: 1. Sensintaffar, SS. 49:93; 2. Strickland, J. 51:53; 3. Carol, Cen. 51:71; 4. Bailey, Cen. 51:76; 5. Deuval, Un. 51:90; 6. Bemet, Je. 52:29.

800: 1. Crook, Sap. 1:59:29; 2. Hulse, J. 1:59:60; 3. Starko, Un. 1:59:95; 4. Owens, Ow. 2:02:66; 5. Pense, J. 2:04:04; 6. Smith, Ow. 2:04:56.

1600: 1. Reid, J. 4:40:19; 2. McDonald, BA. 4:44:37; 3. Pense, J. 4:45:51; 4. Beaker, J. B. 4:46:87; 5. Lassiter, J. B. 4:47:92; 6. Chernicky, Un. 4:51:98.

3200: 1. Reid, J. 10:13:10; 2. Batke, HH. 10:18:94; 3. Pentz, J. 10:20:32; 4. Cummings, Un. 10:22:09; 5. James, J. 10:31:74; 6. Helton, Un. 10:33:90.

110H: 1. Jones, J. 15:36; 2. Kane, St. 15:41; 3. Hullum, Un. 15:64; 4. Gerkin, J. 16:38; 5. Johnson, BA. 16:48; 6. Carter, Un. 16:48.

300H: 1. Jones, J. 40:16; 2. Vann, Sap. 41:11; 3. Carter, Un. 41:73; 4. Gerkin, J. 41:98; 5. Kane, St. 42:27; 6. Greer, Un. 42:59.

400 Relay: 1. Union 42:37; 2. Jenks 42:82; 3. McLain 42:87; 4. Union B 43:48; 5. Sapulpa 44:33; 6. Central 45:24.

1600 Relay: 1. Jenks 3:27:39; 2. Sapulpa 3:29:68; 3. Union 3:29:69; 4. Stillwater B 3:31:07; 5. Central 3:32:99; 6. Union 3:40:80.

3200 Relay: 1. Jenks 8:20:81; 2. Union 8:27:65; 3. Stillwater 8:34:67; 4. Jenks B 8:45:99; 5. Union B 8:54:32; 6. Broken Arrow 9:00:28.

Shot: 1. Bennett, Un. 50-4; 2. Farley, Ow. 47-5.5; 3. Harriger, BA. 46-2; 4. Smittick, Sap. 46-0.5; 5. Hill, Hale, 44-9.5; 6. Borchers, J. 43-0.5.

Discus: 1. Dicus, J. 172-4; 2. Schroeder, Ow. 143-5.5; 3. Smittick, Sap. 139-7; 4. Harriger, BA. 126-11; 5. Brown, Tah. 125-2; 6. Bennett, Un. 116-5.5.

Long Jump: 1. Cavitt, J. 21-7.5; 2. Winfrey, Un. 21-0; 3. Carroll, Cen. 20-8; 4. Owens, St. 20-7; 5. Tyler, J. 19-9; 6. Dean, Sap. 19-8.

High Jump: 1. Fulton, Ow. 6-4; 2. Hardman, Ow. 6-2; 3. Orr, Un. 6-0; 4. Grayson, Tah. 6-0; 5. Murphy, BA. 5-10; 6. Owens, St. 5-10.



BAYLOR



CROSS COUNTRY / DISTANCE CAMP

Two Sessions: June 11-16 June 18-23 (Limited Space)

Camp Director:

✓ Steve Gulley, Baylor's Head Men's and Women's Cross Country Coach. In his seven years as head coach, he has led the men's and women's teams to six Southwest Conference titles and crowned five individual champions.

Guest Speaker:

✓ Todd Harbour, Collegiate Record Holder for the mile (3:50.34). While at Baylor, he won 11 SWC distance events titles.

Benefits:

- ✓ Develop personal training guidelines.
- ✓ Tailored instructions for specific workouts and programs.
- ✓ Experience a safe training atmosphere in a small college campus.
- ✓ Train with Baylor cross country team members.
- ✓ Individual training guidelines.
- ✓ Weight training instructions.

For Information:

Write or Call:
Steve Gulley
Baylor Athletic Department
150 Bear Run
Waco, Texas 76711
(817) 755-1234



SWC CHAMPIONS: WOMEN - 1990, 1991, 1992, 1993

MEN - 1992, 1994



SAPULPA'S Debbie Dearman has the second fastest 800 meter time to date with a 2:23.68 at the Union Invitational. Photo by John Hoke

Edmond Memorial Invitational

3/16/95

Girls

TEAM SCORING: 1. McGuinness 181; 2. Edmond North 175; 3. Edmond Memorial 152; 4. Westmoore 55; 5. Deer Creek 39; 6. Edmond North B 18; 7. McGuinness B 4.

100: 1. Dulaney, EN, 12.69; 2. Kelly, Mc, 12.82; 3. Hansen, EM, 13.02; 4. Claro, Mc, 13.13; 5. Kastl, EM, 13.18; 6. Brito, EN, 13.32.

200: 1. Sorrels, EM, 26.71; 2. Kelly, Mc, 27.25; 3. Hansen, EM, 27.61; 4. Butler, EN, 28.31; 5. Tulley, EN, 29.31; 6. Smith, EN, 29.39.

400: 1. Sorrels, EM, 62.61; 2. Comingdeer, DC, 63.75; 3. Hibbs, EM, 65.03; 4. Bahner, Wm, 65.75; 5. Zukko, EN, 66.61; 6. Hamilton, EN, 66.81.

800: 1. Hoke, Mc, 2:32.72; 2. Cary, Wm, 2:41.53; 3. Clarkson, EN, 2:44.74; 4. Airington, EM, 2:45.74; 5. Stover, DC, 2:51.31; 6. Allen, Wm, 2:54.22.

1600: 1. Boothe, Mc, 5:30; 2. Long, McG, 5:42; 3. Toole, EN, 5:55; 4. Beall, EN, 5:56; 5. Miller, EN, 5:58; 6. Barrus, EN, 6:01.

3200: 1. Miller, EN, 12:18.16; 2. Airington, Mc, 12:38.31; 3. Lawrence, Mc, 12:55.31; 4. Avery, 13:08.31; 5. Stigletta, EN, 13:12.94; 6. Garland, EM, 13:35.88.

100H: 1. King, EM, 17.69; 2. Evans, Mc, 17.75; 3. Green, Mc, 18.19; 4. Imel, Mc, 18.37; 5. Fisbeck, EM, 18.47; 6. Austin, EM, 18.99.

300H: 1. Keaton, Mc, 51.85; 2. Tragg, EN, 52.17; 3. Durrill, EN, 53.64; 4. Austin, EM, 53.87; 5. Fisbeck, EM, 54.16; 6. Imel, Mc, 54.75.

400 Relay: 1. McGuinness 51.55; 2. Edmond Memorial 51.85; 3. Edmond North 53.19; 4. Deer Creek 53.44; 5. Edmond North B 54.49; 6. Westmoore 55.5.

800 Relay: 1. McGuinness 1:50.57; 2. Edmond North 1:52.69; 3. Westmoore 1:54.38; 4. Edmond Memorial 1:56.34; 5. Deer Creek 1:56.49; 6. Edmond North B 1:57.83.

1600 Relay: 1. Edmond Memorial 4:20.85; 2. Edmond North 4:26.16; 3. Westmoore 4:30.39; 4. Deer Creek 4:37.40; 5. Edmond North B 4:40.53.

3200 Relay: 1. McGuinness 10:10.96; 2. Edmond North 10:26.65; 3. Edmond Memorial 10:26.68; 4. Westmoore 10:48.57; 5. McGuinness B 10:58.57; 6. Edmond North 11:08.89.

Shot: 1. Webster, EN, 33-3; 2. Hensley, #M, 32-11; 3. Gordon, EN, 30-1; 4. Pruitt, Wm, 29-4; 5. Poole, EM, 27-9; 6. Braxton, EN, 26-8.

Discus: 1. Webster, EN, 113-0; 2. Hensley, EM, 104-6; 3. Boxley, EM, 86-2; 4. Gordon, EN, 84-2; 5. Pruitt, Wm, 83-4; 6. Benson, EN, 75-9.

Long Jump: 1. Evans, Mc, 15-6; 2. Conner, DC, 15-1.25; 3. Imel, Mc, 15-0.75; 4. Bishoff, EN, 14-11.5; 5. Austin, EM, 14-2; 6. Roberts, EM, 14-1.5.

Lone Grove Invitational

Lone Grove High School

3/17/95

BOYS

TEAM SCORING: 1. Lone Grove 84; 2. Tishomingo 78; 3. Plainview 69; 4. Waurika 64; 5. Dickson 51; 6. Madill 50; 7. Wynnewood 45; 8. Fox 37; 9. Tuttle 35; 10. Davis 12; 11. Marietta 11; 12. Sulphur 8; 13. Burleson, TX 4; 14. Kingston 2.

100: 1. Brown, LG, 10.97; 2. McElroy, Wau, 11.10; 3. Jackson, Fox, 11.11; 4. McCaslin, Pla, 11.3; 5. Swindell, Fox, 11.40; 6. Hays, Wynnewood, 11.56.

200: 1. Brown, LG, 22.87; 2. Jackson, Fox, 23.12; 3. McElroy, Wau, 23.52; 4. Battles, LG, 24.38; 5. Martin, Wau, 24.67; 6. Spigner, Fox, 24.96.

400: 1. Swindell, Fox, 51.68; 2. Wyatt, Tish, 53.13; 3. Shotwell, Tut, 53.22; 4. Stallings, Tish, 54; 5. Babcock, LG, 54.09; 6. Lampkin, Dic, 55.64.

800: 1. Pickens, Mad, 2:06.97; 2. Salas, Mar, 2:07.06; 3. Lampkin, Dic, 2:07.57; 4. Martin, Wau, 2:08.55; 5. Merritt, Tut, 2:10.34; 6. Ferris, Tish, 2:10.60.

1600: 1. Elkins, Mad, 4:43.49; 2. Womack, Pla, 4:49.15; 3. Lampkin, Dic, 4:54.51; 4. Poag, Wau, 5:01.95; 5. Garcia, Mad, 5:09.53; 6. Pickens, Mad, 5:12.59.

3200: 1. Elkins, Mad, 10:21.02; 2. Poag, Wau, 10:28.40; 3. Lampkin, Dic, 10:42.77; 4. Romo, Pla, 11:06.44; 5. Hutchings, Tish, 11:27.16; 6. Hughes, Mar, 11:45.99.

110H: 1. Merritt, Tut, 14.49; 2. McElroy, Wau, 14.57; 3. Inman, Tish, 16.44; 4. Jones, Mad, 16.46; 5. Lebron, LG, 17.10; 6. Merlyn, Pla, 17.27.

300H: 1. Inman, Tish, 41.85; 2. Marshall, LG, 42.16; 3. Merlyn, Pla, 42.23; 4. Lebron, LG, 43.81; 5. Cramer, Burl, 44.78; 6. Henning, Tut, 46.76.

400 Relay: 1. Lone Grove 44.09; 2. Wynnewood 45.09; 3. Tuttle 45.10; 4. Fox 45.44; 5. Davis 46.62; 6. Tishomingo 46.77.

1600 Relay: 1. Lone Grove 3:29.51; 2. Tishomingo 3:32.10; 3. Plainview 3:42.53; 4. Marietta 3:47.80; 5. Dickson 3:55.10; 6. Kingston 4:05.84.

3200 Relay: 1. Plainview 8:45.70; 2. Dickson 8:52.69; 3. Tishomingo 9:06.08; 4. Waurika 9:25.36; 5. Lone Grove 9:31.61; 6. Marietta 9:43.27.

Shot: 1. Kay, Wyn, 52-2; 2. Owens, Sul, 50-9.5; 3. Knight, Dic, 46-10.5; 4. Gastineau, Tish, 44-5.5; 5. Robinson, Fox, 43; 6. Briscoe, Tish, 42-5.

Disc: 1. Briscoe, Tish, 149-2; 2. Kay, Wyn, 133-4; 3. Jones, Mad, 131-6; 4. Plumly, Tut, 100-3; 5. Knight, Dic, 129-7; 6. Bartgis, Pla, 126-10.

Long Jump: 1. Martin, Wau, 20-2; 2. Mitchell, Pla, 19-7.5; 3. Jones, Mad, 19-2.25; 4. Payne, Dic, 18-4; 5. Crammer, Bur, 18-3.75; 6. Aguirre, Mad, 18-2.5.

High Jump: 1. Toole, EN, 5-4; 2. Slavonic, Mc, 5-2; 3. VanDyyn, EM, 4-8; 4. McDowell, EN, 4-6; 5. Green, Mc, 4-6; 6. Bishoff, EN, 4-4.

Boys

TEAMS (no team score available): Edmond North, Edmond Memorial, McGuinness, Westmoore, Edmond-Deer Creek.

100: 1. Mosely, Wm, 10.54; 2. Johnson, EN, 10.75; 3. Wakefield, EN, 10.81; 4. Smith, EM, 10.85; 5. Aryiku, Wm, 10.96; 6. Swan, EN, 11.03.

200: 1. Wakefield, EN, 22.90; 2. Smith, EM, 23.32; 3. Swan, EN, 23.80; 4. Williams, EM, 23.83; 5. Cohenour, McG, 24.9; 6. Newcomb, Wm, 24.91.

400: 1. Williams, Wm, 51.64; 2. Yarbrough, Wm, 52.0; 3. Ashley, EN, 52.40; 4. Pitman, McG, 52.62; 5. Walker, EN, 53.75; 6. Swan, EN, 53.87.

800: 1. Buhl, EM, 2:00.0; 2. Phipps, EM, 2:04.78; 3. Factor, EN, 2:06.14; 4. Marden, EM, 2:09.31; 5. Thompson, Wm, 2:09.93; 6. Goodson, EM, 2:11.15.

1600: 1. Podoll, EM, 4:44.0; 2. Thompson, EM, 4:44.50; 3. Sexauer, McG, 4:50.53; 4. Collins, EN, 4:55.18; 5. Albright, DC, 5:05.18; 6. Williams, EN, 5:07.26.

3200: 1. Podoll, EM, 10:09.0; 2. Styron, McG, 10:14.72; 3. Collins, EN, 10:39.92; 4. Albright, DC, 10:46; 5. Pierce, McG, 10:54; 6. Jobe, Wm, 10:58.

High Jump: 1. Harris, Wyn, 6-3; 2. James, Dav, 6; 3. McElroy, Wau, 6; 4. (Tie) Mitchell, Pla and Ash, Pla, 5-10; 6. Stallings, Tish, 5-8.

GIRLS

TEAM SCORING: 1. Plainview 190; 2. Idabel 151; 3. Madill 79; 4. Sulphur 69; 5. Dickson 28; 6. Fox 28; 7. Kingston 20; 8. Tuttle 18; 9. Lone Grove 5; 10. Bennington 4; 11. Waurika 1.

100: 1. Stanesha, Ida, 12.57; 2. Reese, Sul, 12.61; 3. Patton, Pla, 13.01; 4. Bearad, Ida, 13.14; 5. Sanders, Mad, 13.17; 6. Hodges, LG, 13.60.

200: 1. Kennybrew, Ida, 27.20; 2. Sanders, Mad, 28.31; 3. Scales, Ida, 28.46; 4. Hodges, LG, 28.58; 5. Cocannouer, Tut, 29.09; 6. Brown, Pla, 29.56.

400: 1. Forshee, Ida, 1:03.97; 2. Sanford, Pla, 1:05.28; 3. Shirell, Ida, 1:06.82; 4. Atkins, Ida, 1:09.27; 5. Wilburn, Fox, 1:09.32; 6. Shellenberger, Pla, 1:10.01.

800: 1. McCulloh, Pla, 2:30.91; 2. Humphrey, Mad, 5:57.62; 3. Harvey, Pla, 2:50.02; 4. Stipe, Tut, 2:55.02; 5. Keeton, Dic, 3:10.40; 6. Perkins, Sul, 3:19.02.

1600: 1. McCulloh, Pla, 5:37.42; 2. Humphrey, Mad, 5:57.62; 3. Lackey, Pla, 5:59.20; 4. Frank, Mad, 6:08.70; 5. Lackey, Pla, 6:31.23; 6. Stipe, Tut, 6:43.74.

3200: 1. Harvey, Pla, 12:15.43; 2. Lackey, Pla, 13:15.10; 3. Denson, Pla, 14:08.26; 4. Ferguson, Ben, 15:15.24.

100H: 1. Reese, Sul, 17.35; 2. Wall, Pla, 17.49; 3. Bertram, King, 18.15; 4. Baker, Pla, 19.16; 5. Chaney, Pla, 19.33.

300H: 1. Pittman, Sul, 51.94; 2. Beard, Ida, 53.10; 3. Wall, Pla, 53.48; 4. Chaney, Pla, 53.53; 5. Frank, Mad, 55.58; 6. Sherman, Ida, 56.93.

400 Relay: 1. Idabel 51.34; 2. Plainview 52.95; 3. Sulphur 53.06; 4. Madill 54.38; 5. Fox 57.43; 6. Kingston 57.48.

800 Relay: 1. Idabel 1:49.27; 2. Plainview 1:52.22; 3. Sulphur 1:53.74; 4. Madill 1:54.28; 5. Fox 1:57.59; 6. Kingston 2:04.35.

1600 Relay: 1. Idabel 4:17.10; 2. Plainview 4:23.10; 3. Fox 4:33.82.

3200 Relay: 1. Plainview 10:11.00; 2. Madill 10:43.00; 3. Idabel 11:26.00; 4. Fox 13:19.00.

Shot: 1. Russell, Dic, 37-1.5; 2. Easterling, Pla, 35-9.5; 3. Wharry, Ida, 33-10.5; 4. Pondexter, Ida, 33-10; 5. Simpler, Dic, 37-1.5; 6. Peters, Mad, 26-7.5.

Disc: 1. Russell, Dic, 116; 2. Vance, Pla, 96-1; 3. Cox, Mad, 72-1; 4. Simpler, Dic, 68-11; 5. Peters, Mad, 65-9; 6. Sisson, Wau, 65-2.

Long Jump: 1. McKinny, Ida, 15-11.25; 2. Watson, Tut, 15-8.75; 3. Kelsner, Mad, 15-5; 4. Row, Sul, 14-10; 5. Brown, Pla, 14-2.25; 6. Scales, Ida, 13-4.

High Jump: 1. Bertram, King, 5-2; 2. Row, Sul, 5-1; 3. Burns, Pla, 5; 4. Pittman, Sul, 4-8; 5. Bates, Tut, 4-8; 6. Watson, Tut, 4-6.

110H: 1. Briscoe, EN, 15.74; 2. Kabba, Wm, 16.16; 3. Lydon, Wm, 16.35; 4. Nash, EM, 16.46; 5. Johnson, EM, 18.98.

300H: 1. Lydon, Wm, 40.97; 2. Kabba, Wm, 41.81; 3. Briscoe, EN, 41.83; 4. Ackerman, EM, 43.87; 5. Scott, EM, 43.76; 6. Johnson, EM, 46.25.

400 Relay: 1. Edmond North 43.04; 2. Westmoore 43.28; 3. Edmond Memorial 44.50; 4. McGuinness 47.32.

1600 Relay: 1. Edmond North 3:20.25; 2. McGuinness 3:30.92; 3. Westmoore 3:30.93; 4. Edmond Memorial 3:31.97.

3200 Relay: 1. Edmond Memorial 8:19.27; 2. Edmond North 8:28.25; 3. McGuinness 8:35.74; 4. Westmoore 8:51.0; 5. McGuinness B 9:34.22.

Shot: 1. LeBlanc, EN, 47-0; 2. Light, EM, 45-7; 3. Ward, McG, 41-11; 4. O'Neil, EN, 40-1; 5. Orvis, EM, 39-1; 6. Tennery, McG, 38-9.

Discus: 1. LeBlanc, EN, 158-11; 2. Orvis, EM, 138-1; 3. O'Neil, EN, 128-8; 4. Holeman, EN, 124-9; 5. Wyant, EM, 113-3; 6. Durban, EM, 107-2.

High Jump: 1. Holt, McG, 6-0; 2. McLaughlin, McG, 6-0; 3. Williams, EM, 5-10; 4. Dunlevy, McG, 5-8.

Pole Vault: 1. Ormiston, EM, 13-0; 2. Benear, EN, 12-6; 3. Conaway, EN, 12-6; 4. McNulty, McG, 11-6; 5. Conaway, EN, 11-6.

HIGH SCHOOL COACHES, BEWARE

By Mike Byrnes

National Scholastic Sports Foundation

(Editor's note: this editorial is reprinted from The National Scholastic Track Digest published by the NSSF. Further information can be obtained from the NSSF, P.O. Box 16702, Chapel Hill, NC 27514.)

I go to a lot of track meets throughout the United States. I also attended the USATF Convention and the United States Olympic Congress. It's gratifying to report that our sport, at the high school and collegiate levels, is stronger than ever. But there are aspects of the present situation of which every high school coach should be aware. Far too many of our American kids will be bypassed for a scholarship. Several factors are forcing this situation upon us.

First, the number of scholarships available for male athletes has been drastically reduced. Currently, a school may offer only 12.6 scholarships for those athletes. That's not very many. The female program is a little better. Exacerbating the situation is the fact that cross country is NOT counted as a separate sport for scholarship purposes. Thus any grants given to cross country count against the 12.6 limit. This has caused many institutions to choose between a full track and field program, a cross country program or an emphasis upon sprinters or quarter milers, for example.

Secondly, many scholarships are awarded to foreign athletes. These young men and women are judged to be more developed athletically than their American counterparts of the same age. Many of your athletes, who might have vastly improved had they gotten to college and matured, are never given the chance. Last year, 14 NCAA Outdoor champions were from overseas.

Thirdly, the new academic rules recently passed at the NCAA convention pose a serious threat to your program. I approve of the current Prop 48 rules. Being a college student should mean just that, you're a college student. You have to go to class, study, pass your classes and work towards a degree. But in their zeal to prove to the world that you

have to be smart to go to college, the academician's appear to have forgotten some basic sociological facts. Many young Americans come from homes where a magazine is a luxury that can't be afforded. These same young people often have little or no parental guidance to point out to them the need to study and prepare for college. After all, college is a financial impossibility so why prepare for it? When they finally realize the great opportunity their athletic skills may afford them, many are already too far behind to catch up. Could they have made it collegiately? No one knows. I'm reminded of a young woman who barely qualified for her university. When she graduated, she was chosen Valedictorian, was awarded a prestigious Scholar-Athlete prize and went to work for a major corporation that cared little or nothing for her athletic prowess. She was given a chance and made the most of her opportunity. Many others, of equal ability, won't get the chance.

Every decision made at the NCAA level has a direct impact upon you and your athletes. When you produce a quality athlete and he/she can't get into college due to academics, you are partially to blame. When a college coach chooses a foreigner over an American, your athlete might be the one denied the opportunity to go to college. When the NCAA caves in again to the football powers and reduces scholarships across the board, the athlete left out of the recruitment process may be yours. So when you read about these issues, don't ignore them as not pertaining to you. They do. There are over 17,000 high school track teams in the US, over 35,000 coaches. You have a responsibility to make yourselves heard. How? A letter written to your local college president and/or to the president of the institution from which you graduated would have more effect than you realize. An interview with your local newspaper could do much to arouse public opinion against some of the things hurting your athletes. Every high school coach in the United States has a stake in decisions made at the collegiate level. If you fail to become involved, you have only yourself to blame when it's you, and your athlete, who's affected.

Greenwood Invitational

Greenwood, Arkansas

3/21/95

GREENWOOD, Ark.--The Poteau girls ran away with the team title in the Greenwood Invitational held here at Greenwood High School March 21st while the Pirate boys had to settle for a distant second.

Tina Bunch and Charity Hodge both scored 28 points each for the Pirates as the Poteau girls captured four individual wins and all four relays.

Double individual winners for the boys were James Derosa, 1600/3200 and Jeremy Lovell, 110H/300H.

Girls

TEAM SCORING: 1. Poteau 124; 2. Alma, Ark., 81; 3. Greenwood, Ark., 65.

POTEAU PLACERS--100: 2. T. Bunch, 13.21. 200: 1. T. Bunch, 27.30. 800: 1. Hodge, 2:42.11; 3. Scott, 2:45.22. 1600: 2. Hodge, 6:12.52; 4. Scott, 6:17.08. 300H: 1. K. Bunch, 49.64. 400 Relay: 1. Poteau (Johnston, K. Bunch, T. Bunch, Steele) 51.28. 800 Relay: 1. Poteau (McGehee, K. Bunch, T. Bunch, Steele) 1:49.09. 1600 Relay: 1. Poteau (Hodge, Johnston, K. Bunch, T. Bunch) 4:23.12. 3200 Relay: 1. Poteau (Scott, Hodge, McGehee, Cheely) 10:43.20. Shot: 2. Loyd, 30-4; 3. Warren, 29-7. Discus: 1. Warren, 106-0; 4. Loyd, 90-0.

Boys

TEAM SCORING: 1. Greenwood, Ark., 131; 2. Poteau 86; 3. Alma, Ark., 78; 4. Spiro 76.

POTEAU PLACERS--100: 1. Bunch, 11.01. 200: 3. Bunch, 23.02. 1600: 1. Derosa, 4:45. 3200: 1. Derosa, 10:24. 110H: 1. Lovell, 15.58. 300H: 1. Lovell, 41.28. 400 Relay: 2. Poteau (Lovell, Bunch, McDaniels, Price) 44.35. Shot: 2. Odom, 44-5. Discus: 1. Odom, 137-0.



EDMOND NORTH high jumper Megan Toole--last year's 4A champion--holds down the top spot on the 5A Season Leaders list. Photo by John Hoke

Rex O. Morrison Invitational Ada High School 3/24/95

3A Girls

TEAM SCORING: 1. Plainview 171; 2. Marlow 116; 3. Idabel 101; 4. Millwood 81; 5. Wynnewood 43; 6. Heavener 41; 7. Lexington 28; 8. Dickson 20.

100: 1. Hayes, Mil. 12.50; 2. Ford, Mil. 12.74; 3. Patton, Pl. 13.09; 4. Beard, Id. 13.38; 5. Smith, Wyn. 13.78.

200: 1. Kennabrew, Id. 27.52; 2. Ford, Mil. 27.53; 3. Norton, Pl. 27.78; 4. Scales, Id. 28.87.

400: 1. Bell, Id. 60.42; 2. Sanford, Pl. 63.48; 3. Forshee, Id. 64.12; 4. McMillan, Mil. 65.00; 5. Stats, mar. 65.57; 6. Shirell, Id. 66.34.

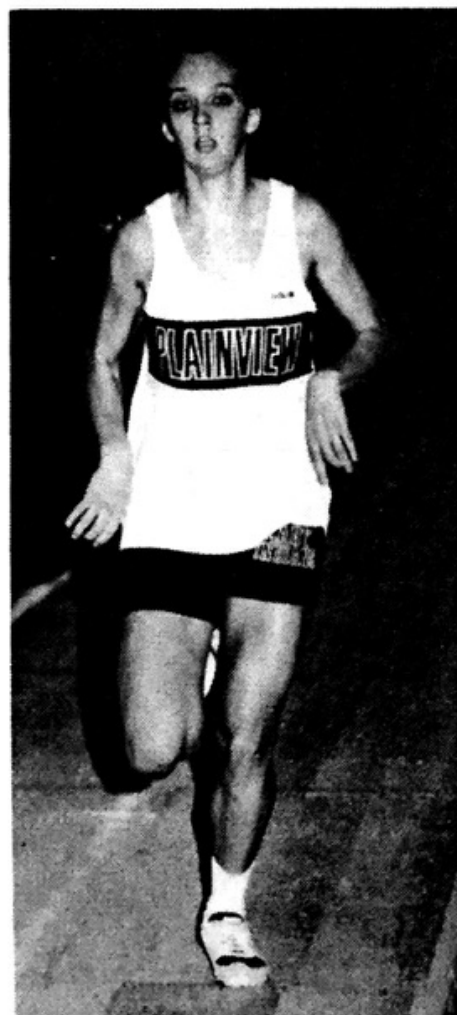
800: 1. S. Harvey, Pl. 2:30.96; 2. McCulloh, Pl. 2:38.21; 3. Shirell, Id. 2:43.0; 4. McCauley, Mar. 2:43.32; 5. Senta, Id. 2:47.93; 6. Helms, Pl. 2:50.09.

1600: 1. S. Harvey, Pl. 5:31.60; 2. B. Harvey, Pl. 5:44.56; 3. Guild, Mar. 5:58.07; 4. Lackey, Pl. 6:12.53; 5. Hazen, Mar. 6:17.49; 6. Carter, Hea. 6:21.75.

100H: 1. Wall, Pl. 16.93; 2. Thompson, Hea. 17.17; 3. Lusk, Mil. 17.66; 4. Davis, Hea. 18.34; 5. Reid, Mil. 18.56; 6. Mayer, Mil. 19.57.

300H: 1. Dial, Mar. 49.86; 2. Hodges, Lex. 52.34; 3. Wall, Pl. 53.10; 4. Davis, Hea. 54.20; 5. Williams, Mil. 55.24; 6. Thompson, Hea. 58.47.

400 Relay: 1. Millwood 50.45; 2. Idabel 51.52; 3. Wynnewood 51.97; 4. Plainview 53.50; 5. Lexington 54.49.



PLAINVIEW'S Lacy Sanford is the defending 3A 800 meter champion and won the State Indoor Meet in February. Photo by John Hoke

800 Relay: 1. Millwood 1:46.95; 2. Idabel 1:49.55; 3. Plainview 1:51.56; 4. Wynnewood 1:52.70; 5. Marlow 1:53.63; 6. Lexington 1:56.00.

1600 Relay: 1. Idabel 4:17.87; 2. Marlow 4:22.76; 3. Plainview 4:26.15; 4. Lexington 4:45.79.

3200 Relay: 1. Plainview 10:23.59; 2. Marlow 11:03.49; 3. Heavener 11:30.12; 4. Wynnewood 12:41.72.

Discus: 1. Russell, Dic. 113-8.5; 2. Carson, Mar. 112-8.5; 3. Warren, Mar. 110-3.5; 4. Crow, Mar. 105-0; 5. Vance, Pl. 98-9.5; 6. Dotson, Wyn. 87-8.5.

Shot: 1. Russell, Dic. 36-10; 2. Carson, Mar. 34-9; 3. Warren, Mar. 34-5.5; 4. Easterling, Pl. 34-2.5; 5. Harry, Id. 33-10; 6. Pondexter, Id. 33-1.

Long Jump: 1. Williams, Wyn. 16-10.25; 2. Dial, Mar. 16-4; 3. Graham, Mar. 14-11; 4. Smith, Hea. 14-8.5; 5. McKenney, Id. 14-7.75; 6. Coker, Id. 14-4.75.

High Jump: 1. Burns, Pl. 5-0; 2. Blackwell, Pl. 4-10; 3. Hodges, Lex. 4-10; 4. (tie) Carter, Hea. and Harris, Pl. 4-8.

4A Girls

TEAM SCORING: 1. Broken Bow 171; 2. Guthrie 122; 3. Duncan 97; 4. Northeast 63; 5. Ada 58; 6. Durant 56; 7. Noble 29.

100: 1. Morrow, NE. 12.25; 2. Weatherall, NE. 12.78; 3. Berryman, Ada. 13.31; 4. Drumgo, Ada. 13.37; 5. Wiggins, Dun. 13.71; 6. Wrights, BB. 13.78.

200: 1. Morrow, NE. 25.94; 2. Weatherall, NE. 27.41; 3. Monroe, Gu. 27.97; 4. Gills, BB. 29.34; 5. Caulfield, Ada. 30.88.

400: 1. Monroe, Gu. 62.84; 2. Carrol, BB. 64.87; 3. Ware, BB. 66.15; 4. Hammel, Dur. 68.99; 5. Beeson, Dun. 69.06; 6. Hladik, Gu. 73.22.

800: 1. Smith, BB. 2:35.66; 2. Cowan, Gu. 2:37.42; 3. Tonhka, BB. 2:41.47; 4. Bailey, Dun. 2:45.16; 5. Westervelt, Gu. 2:49.97; 6. Turner, Dun. 2:54.47.

1600: 1. Woodward, Gu. 5:39.84; 2. Cowan, Gu. 6:08.32; 3. Bonihka, BB. 6:10.37; 4. White, Dun. 6:26.94; 5. Baldwin, Dun. 6:29.99; 6. McGuinness, BB. 6:44.35.

3200: 1. Woodward, Gu. 12:42.97; 2. Weaver, Nob. 13:48.56; 3. Miller, Dur. 13:56.34; 4. McGuinness, BB. 15:12.03; 5. Heller, Nob. 16:31.56; 6. Slager, Nob. 18:52.40.

100H: 1. Patton, Dur. 16.53; 2. Bender, Ada. 16.90; 3. Norwood, BB. 16.95; 4. Harper, Dun. 17.12; 5. Fish, Dun. 17.66; 6. Roof, Gu. 18.0.

300H: 1. Young, BB. 51.96; 2. Norwood, BB. 52.24; 3. Weaver, Nob. 55.72; 4. Posle, Dun. 61.22.

400 Relay: 1. Broken Bow 53.48; 2. Duncan 53.53; 3. Ada 53.73; 4. Guthrie 55.75.

800 Relay: 1. Broken Bow 1:55.16; 2. Ada 1:55.67; 3. Duncan 1:58.37; 4. Durant 1:59.91; 5. Guthrie 2:01.25.

1600 Relay: 1. Guthrie 4:25.67; 2. Broken Bow 4:26.80; 3. Duncan 4:43.15; 4. Ada 4:46.44; 5. Noble 5:08.72.

3200 Relay: 1. Guthrie 10:33.27; 2. Broken Bow 10:43.13; 3. Duncan 11:25.69; 4. Noble 12:11.69.

Long Jump: 1. Carol, BB. 15-2.5; 2. Smith, Dur. 14-8.25; 3. Childers, Dur. 13-10.5; 4. Hladik, Gu. 13-8.5; 5. Adams, Gu. 13-7.5; 6. Caulfield, Ada. 13-7.

High Jump: 1. Brisco, Dun. 5-0; 2. Hladik, Gu. 5-0; 3. Ishcomar, BB. 4-10; 4. J. Smith, Dun. 4-8; 5. A. Smith, Dur. 4-8; 6. Moore, Dun. 4-4.

Shot: 1. Gordon, BB. 34-10.5; 2. Gilbert, NE. 33-11; 3. Smith, NE. 33-3.5; 4. Heller, Nob. 30-9; 5. Mowles, Dur. 29-5.25; 6. Fisher, Ada. 29-2.

Discus: 1. Mowles, Dur. 111-8.5; 2. Smith, NE. 103-1.75; 3. Robinson, Dun. 91-9; 4. Gilbert, NE. 91-9; 5. Battist, BB. 87-11.5; 6. Bray, BB. 87-4.

3A Boys

TEAM SCORING: 1. Idabel 135; 2. Wynnewood 96; 3. Marlow 80; 4. Millwood 60; 5. Plainview 50; 6. Quinton 34; 7. Wewoka 32; 8. Madill 30; 9. Stroud 20.

100: 1. Cole, Id. 10.55; 2. Golden, Qui. 11.00; 3. Hayes, Wyn. 11.03; 4. Johnson, Mil. 11.44; 5. Chandler, Wew. 11.53; 6. Weason, Mil. 11.57.

200: 1. Cole, Id. 22.16; 2. Peace, Id. 22.40; 3. Swindall, Mil. 22.47; 4. Williamson, Mil. 22.97; 5. Golden, Qui. 23.34; 6. Moore, Id. 25.39.

400: 1. Swindall, Mil. 50.35; 2. High, Wyn. 52.34; 3. Warren, Id. 53.22; 4. Marshall, LG. 53.73; 5. Bail, Id. 56.94; 6. Quinton, Qui. 60.86.

800: 1. Elkins, Mad. 2:04.25; 2. Lovett, Mar. 2:05.77; 3. Hicks, Mil. 2:13.09; 4. Andrews, Id. 2:13.87; 5. Shelton, Mil. 2:14.75; 6. Bowman, LG. 2:14.82.

1600: 1. Elkins, Mad. 4:44.39; 2. Womach, Pl. 4:46.98; 3. Clark, Pl. 4:48.54; 4. Lovett, Mar. 5:03.31; 5. Connolly, Mar. 5:04.28; 6. Landtroop, Mar. 5:15.11.

3200: 1. Elkins, Mad. 10:36.75; 2. Romo, Pl. 11:09.98; 3. Rackler, Mar. 11:15.62; 4. Roman Nose, Qui. 11:56.09; 5. Condi, Qui. 13:40.16; 6. Oliver, Qui. 14:48.61.

110H: 1. Austin, Id. 14.64; 2. Merlyn, Pl. 15.78; 3. Elroy, Mar. 15.97; 4. LeBron, LG. 15.99; 5. Ramsey, LG. 17.11; 6. Millwood, 17.67.

300H: 1. Austin, Id. 41.11; 2. Marshall, LG. 42.66; 3. Elroy, Mar. 43.27; 4. Merlyn, Pl. 44.06; 5. Pigg, Mar. 44.71; 6. LaBron, LG. 46.63.

400 Relay: 1. Idabel 43.28; 2. Wewoka 45.02; 3. Wynnewood 45.34; 4. Quinton 47.69.

1600 Relay: 1. Idabel 3:34.70; 2. Millwood 3:35.30; 3. Wynnewood 3:40.22; 4. Marlow 3:45.75.

3200 Relay: 1. Marlow 8:54.94; 2. Plainview 9:09.58; 3. Idabel 9:19.00; 4. Quinton 10:10.18.

High Jump: 1. Harris, Wyn. 6-6; 2. Bruner, Wew. 6-6; 3. Moore, Id. 5-8; 4. Jacobs, Mar. 5-6.

Discus: 1. Bookout, Str. 174-8.5; 2. Kay, Wyn. 144-9.5; 3. Bragg, Mil. 134-7; 4. Green, Wyn. 132-5; 5. Sorrels, Mar. 126-7.5; 6. Braley, LG. 113-6.

Shot: 1. Bookout, Str. 57-0.5; 2. Kay, Wyn. 53-2; 3. Williams, Id. 42-9.5; 4. Green, Wyn. 41-2; 5. Brawley, LG. 40-2.5; 6. Jefferson, LG. 39-5.

Pole Vault: 1. Black, Mar. 13-0; 2. Dixon, Wyn. 10-0; 3. McCaskill, Wyn. 8-0.

4A Boys

TEAM SCORING: 1. Broken Bow 150; 2. Duncan 118; 3. Guthrie 89; 4. Ada 79; 5. Durant 73; 6. Northeast 52; 7. (tie) Noble, Ada B 4.

100: 1. Daniels, Ada. 10.57; 2. Thomas, BB. 10.69; 3. Golsen, Gu. 10.79; 4. Jefferson, Ada. 11.10; 5. Butler, BB. 11.23.

200: 1. Thomas, BB. 22.39; 2. Bone, BB. 22.85; 3. Thomas, BB. 23.19; 4. Reed, Gu. 23.51; 5. Burkley, NE. 24.87.

400: 1. Dickey, Dun. 51.72; 2. Sulter, Dun. 52.09; 3. Bone, BB. 52.62; 4. Jonas, Gu. 53.71; 5. Meddock, BB. 54.67; 6. Martin, Dur. 55.34.

800: 1. Cantrell, Ada. 2:02.20; 2. Cardoza, Dun. 2:02.47; 3. Wilson, Dur. 2:02.62; 4. Short, BB. 2:06.21; 5. Boyles, Gu. 2:09.28; 6. Long, Dun. 2:10.20.

1600: 1. Mason, NE. 4:36.36; 2. Lewis, Dun. 4:49.98; 3. Wilson, Dur. 4:50.56; 4. Corley, Dur. 4:55.59; 5. Damron, Gu. 4:58.0; 6. Mize, Gu. 5:01.79.

3200: 1. Mason, NE. 10:17.05; 2. Filener, Dun. 10:49.80; 3. Damron, Gu. 10:56.10; 4. Corley, Dur. 11:05.06; 5. Starkus, Dur. 11:19.96; 6. Gutierrez, Dun. 11:28.52.

110H: 1. Braddy, NE. 14.66; 2. Curtis, Dun. 14.75; 3. Galloway, BB. 16.40; 4. Rowland, Dur. 17.00; 5. Thomas, Gu. 18.50; 6. Cyprain, NE. 18.55.

300H: 1. Curtis, Dun. 41.59; 2. Rowland, Dur. 42.63; 3. Braddy, NE. 43.38; 4. Shipman, Dur. 44.15; 5. Williams, 45.53; 6. Cyprain, NE. 47.50.

400 Relay: 1. Broken Bow 42.75; 2. Ada 42.93; 3. Guthrie 45.04; 4. Northeast 45.34; 5. Ada B 46.04; 6. Duncan 46.13.

1600 Relay: 1. Duncan 3:30.73; 2. Guthrie 3:45.09; 3. Ada 3:45.65; 4. Broken Bow 3:47.82; 5. Durant 3:49.75; 6. Northeast 4:19.83.

3200 Relay: 1. Duncan 8:29.90; 2. Guthrie 8:45.24; 3. Ada 8:59.35; 4. Broken Bow 9:37.75.

Discus: 1. Galloway, BB. 165-0; 2. Rutherford, BB. 162-1.25; 3. Meddock, BB. 136-2; 4. Jayme, Nob. 135-1; 5. Pruitt, Dun. 125-9; 6. Thomas, Ada. 120-1.5.

Shot: 1. Rutherford, BB. 53-4; 2. Cook, Ada 50-9; 3. Wooten, BB. 48-9.5; 4. Galloway, BB. 45-6.5; 5. Girod, Dun. 40-0; 6. Dodd, Dur. 39-10.

Long Jump: 1. Thomas, BB. 21-11.25; 2. Tweet, 20-10.75; 3. Thomas, Ada. 20-10.5; 4. Jones, Gu. 20-6.5; 5. Luke, Gu. 20-4.5; 6. McCarty, Dur. 19-8.

High Jump: 1. Ballard, Dur. 6-7; 2. Ezell, Dur. 6-2; 3. Luke, Gu. 5-10; 4. Golsen, Gu. 5-10; 5. King, NE. 5-8.

Pole Vault: 1. Grider, Dur. 11-6; 2. Thompson, Dun. 10-0.

WES BROWN

By Wesley Brown

Several top former athletes have made their mark in the world of track and field. When the 1996 Atlanta Olympics come around, many of them will be vying for a chance to chase Olympic dreams and gold medals.

Here's a look at some of the athletes with Oklahoma ties that you should look for in 1996.

Jason Rouser - A former University of Oklahoma sprinter from Lawton, was listed amongst the top ten 400-meter runners in the U.S., by Track and Field News. The large 6'6-inch Rouser will have a tough time making the 400-meter team with the likes of Michael Johnson, Quincy Watts, and others. But he will probably make the Olympic Trials finals and vie for one of the top five spots.

Donnie Belcourt - The Oklahoma State University graduate made the 1992 Olympic Trials in both the 1,500 and 5,000 meter runs.

Bryan Yockers - A former University of Oklahoma All-American in the 3,000 meter steeplechase. He is now training with the HCA Wesley Track Club in Wichita.

Noel Berkeley - Another University of Oklahoma grad and Irish Olympian who is training "on the hill" in Fayetteville.

Gary Hamer - A former University of Central Oklahoma 800 meter All-American, who is also at HCA Wesley training to go under 4 minutes in the mile.

Mike Bilyeu - The former Tulsa Hale high school All-American now lives in Eugene, Oregon where he is training for the 10,000 meter run. Bilyeu, who is considered one of the best high school milers in Oklahoma history, has won several major U.S. road races and has several sub 29-minute 10K's to his credit.

Wayne Strohman - This Oklahoma Christian University star was national champion in the 1993 NAIA national, 10,000 meter finals. Strohman is also at HCA Wesley.

Joe Gutierrez - An Oklahoma native who ran collegiate at Wichita State University and is also training at HCA Wesley.

David Whaley - A former All-American at Oklahoma Baptist University, who is now training at Adams State University in Colorado.

Stanley Redwine - Not only is Redwine the head coach at the University of Tulsa, but the 33-year old former Razorback is still one of the top 800-meter runners in the U.S. Last summer Redwine won a bronze medal in the Goodwill Games and has represented America in the last four World Championships. Redwine was also the rabbit for Nourredine Morceli's world record in the 3,000 meter run.

David Oaks - The University of Oklahoma graduate will try to make his waves for the U.S. in the sprinting events. Oaks already has a 200-meter World Junior Championship gold medal



RECORD HOLDERS--The Oklahoma Baptist University mile relay team won the NAIA Indoor Championships with a national record time of 3:14.07. From the left are: Ims Kharigub, Nambia junior; Ray Strauss, Edmond senior; Larry McFarlin, Midwest City sophomore; and Dudley Dawkins, Jamaica junior. McFarlin opened with a 49.41 split, followed in order by Dawkins at 48.68, Kharigub at 47.95, and Strauss at 47.85. OBU photo by William B. Pope

to his credit and will be one of the darkhorses for the Olympic team in Atlanta.

For the track aficionados who can't get enough of their sport, ABC radio will again sponsor daily reports on all of the hot track and field meets that will be taking place in Europe this summer. Vic Holchak captured track and field watchers attention the last two summers when he presented up-to-the-minute reports from the best meets all summer. Holchak's enthusiasm and play-by-play calls of events from the 100 meters to the marathon, kept millions of trackers calling his toll-free numbers every day. Holchak promises to have even bigger and better updates this year with reports from the Grand Prix circuit, and all the top meets from August to September 3. The toll-free number is 1-800-94-TRACK.

Intern/Volunteer Position

If there is anyone near the Oklahoma City area that would be interested in learning a bit about journalism and newspaper/magazine publishing by working a few hours a week as an intern/volunteer, we would be happy to hear from you. We do it all here, from attending meets, shooting photos, typing results and writing stories through processing subscriptions and mailing issues. Call editor John Hoke at 405-524-7880 to set up an interview.



HIGH SCHOOL TRACK 1995

HST'S 37th (!) edition is now available. It has a complete statistical wrap-up of the great 1994 prep season, men & women, indoors and out. National, age and class records. 1994 and all-time performance lists. An indispensable resource for the high school track fan. 68 pages. \$5.00, plus \$1.00 postage/handling per order. Prepared by T&FN HS editor Jack Shepard.

Make checks payable to and order from:
Oklahoma Track & Field News, PO Box 54679,
Oklahoma City, OK 73154

Fairview Invitational

Fairview High School

3/18/95

FAIRVIEW--The Watonga girls took the team title in the Fairview Invitational held here March 18th behind the double win of Lori Schenk in both hurdles. Schenk set a meet record in the 100H prelims with a 14.77. Weatherford's Toke Randle was the only other double winner, taking the 200 and long jump.

Chisholm captured the boys title behind the double win of Jason Martin in the shot and discus while Hydro's Jared Black captured both the 1600 and 3200.

Girls

TEAM SCORING: 1. Watonga 119; 2. Carnegie 92; 3. Laverne 84; 4. Weatherford 74; 5. Alva 41; 6. Beaver 40; 7. Crescent 31.33; 7. Fairview 31; 8. Perry 23; 9. St. Mary 22; 10. Thomas 20; 11. Elk City 14.33; 12. Woodward 12; 13. Anadarko 11; 14. Eakly 2.33; 15. Watonga B 2; 16. Piedmont 0.

100: 1. Randle, Wea. 12.48; 2. Newport, SM. 13.21; 3. Ontiveras, Cr. 13.29; 4. Johnson, Cr. 13.38; 5. Lee, Eak. 13.58; 6. King, Wat. 13.81.

200: 1. Olive, Wat. 27.46; 2. Neagle, Ww. 28.26; 3. McDermott, Al. 28.74; 4. Patzkowsky, Fv. 29.41; 5. Nease, Th. 29.64.

400: 1. Bender, Per. 64.76; 2. Boone, Wea. 66.41; 3. Biehm, Car. 67.34; 4. Graham, Fv. 68.71; 5. Sullivan, 68.87; 6. Bay, 69.22

800: 1. Barby, Lav. 2:34.45; 2. Smith, Cr. 2:37.14; 3. Campbell, Car. 2:39.28; 4. Heavener,

Car. 2:46.70; 5. Zemp, Per. 2:48.50; 6. Palesano, An. 2:48.59.

1600: 1. Campbell, Car. 6:07.06; 2. Heavener, Car. 6:12.28; 3. Cavis, Car. 6:12.48; 4. Sheets, Per. 6:14.90; 5. Mashburn, SM. 6:17.91; 6. Henning, Lv. 6:32.13.

3200: 1. Ahhatty, Car. 13:53.70; 2. Davis, Car. 14:00.43; 3. Hennigh, Lv. 14:35.52; 4. Skaggs, Bea. 14:39.74; 5. Kelly, Per. 14:42.70; 6. Woods, Fv. 15:42.70.

100H: 1. Schenk, Wat. 15.11 (14.77 prelim*); 2. Belford, An. 16.96; 3. Dury, Wat. 17.18; 4. Webb, Wat. 18.32; 5. Ewing, Fv. 19.35; 6. Nowell, Cr. 19.44.

300H: 1. Schenk, Wat. 48.01; 2. Deal, Lv. 50.91; 3. Adkerson, EC. 51.65; 4. Duffy, Wat. 52.65; 5. Bartlett, Wea. 52.84; 6. Sexton, Th. 52.89.

400 Relay: 1. Watonga 51.14; 2. Weatherford 52.94; 3. Laverne 54.48; 4. St. Marys 54.89; 5. Beaver 55.95; 6. Elk City 56.25.

800 Relay: 1. Weatherford 1:51.24; 2. Watonga 1:51.63; 3. Alva 1:53.15; 4. Laverne 1:55.44; 5. St. Marys 1:56.72; 6. Crescent 2:00.98.

1600 Relay: 1. Watonga 4:27.70; 2. Carnegie 4:31.90; 3. Laverne 4:31.91; 4. Alva 4:36.13; 5. Thomas 4:38.73; 6. Crescent 4:40.11.

3200 Relay: 1. Laverne 11:15.53; 2. Carnegie 11:21.63; 3. Thomas 11:30.34; 4. Watonga 11:40.56; 5. Perry 11:50.18; 6. Watonga B 11:56.42.

Shot: 1. Sage, Bea. 37-4.5; 2. Gregg, Bea. 36-9.5; 3. Jones, EC. 34-9.5; 4. Curry, Wat. 34-0; 5. Stinson, Ww. 33-11; 6. Jones, Wat. 33-6.

Discus: 1. Stinson, Ww. 127-5; 2. Sage, Bea. 127-3; 3. Gregg, 119-6; 4. Jett, Lav. 100-2; 5. Johnson, An. 93-5; 6. Dobbins, Th. 86-6.

Long Jump: 1. Randle, Wea. 17-1.5; 2. Smith, Cr. 16-8; 3. Rae, Al. 16-5; 4. Patzkowski, Fv. 15-9; 5. Duffy, Wat. 15-8; 6. McDermott, Al. 15-5.

High Jump: 1. Reames, Fv. 5-4; 2. McDermott, Al. 5-2; 3. Howerton, Fv. 4-10; 4. (tie) Sinclair, Wat. and Barby, Lv. 4-8; 6. (tie) Bank, EC; Nowell, Cr. Kardokus, Eak.

Boys

TEAM SCORING: 1. Chisholm 131; 2. Watonga 64; 3. Fairview 55; 4. Elk City 48; 5. Laverne 45; 6. Hydro 41; 7. Woodward 38; 8. Guymon 34; 9. (tie) Anadarko, Crescent 20; 11. Carnegie 19; 12. Weatherford 18; 13. South Barber, Kan., 16; 14. Beaver 14; 15. Canton 13; 16. (tie) Alva, Mooreland 2.

100: 1. Shepherd, Ww. 11.15; 2. Schl. Wea. 11.16; 3. Hampton, Wat. 11.35; 4. Buras, An. 11.38; 5. White, Wat. 11.52; 6. Werner, Guy. 11.61.

200: 1. Woody, EC. 23.79; 2. Braun, Ww. 24.25; 3. Tucker, Chl. 24.60; 4. Fisher, Cr. 24.69; 5. Woerner, Guy. 24.77; 6. Hampton, Wat. 24.81.

400: 1. Tucker, Chl. 53.87; 2. Johnson, Cr. 54.26; 3. Brooks, Bea. 54.38; 4. Clifton, Chl. 55.62; 5. Hamons, Wea. 55.86; 6. Scott, Can. 56.33.

800: 1. Bashaw, EC. 2:06.87; 2. Nestell, Car. 2:07.27; 3. Williams, Guy. 2:08.55; 4. Black, Hy. 2:09.55; 5. Woody, EC. 2:11.68; 6. Ginn, Hy. 2:12.30.

1600: 1. Black, Hy. 4:53.92; 2. Papon, SB. 4:57.37; 3. S. Sawyer, Chl. 4:58.22; 4. Bashaw, EC. 5:05.20; 5. C. Sawyer, Chl. 5:09.74; 6. Woodrow, EC. 5:15.68.

3200: 1. Black, Hy. 10:47.94; 2. Papon, SB. 10:51.56; 3. Hennigh, Lv. 11:10.60; 4. C. Sawyer, Chl. 11:26.01; 5. Lettkeman, Wea. 11:31.17; 6. Johnson, Fv. 11:33.67.

110H: 1. Martens, Fv. 15.53; 2. Benway, Wat. 15.96; 3. Siefert, Can. 16.57; 4. Bishop, Chl. 16.59; 5. White, Wat. 16.70; 6. Metcalf, Chl. 16.73.

300H: 1. Bentley, Lv. 42.89; 2. Martens, Fv. 43.67; 3. Metcalf, Chl. 43.89; 4. Simms, Ww. 44.34; 5. Caldwell, Wat. 44.71; 6. Benway, Wat. 44.84.

400 Relay: 1. Watonga 45.46; 2. Chisholm 45.47; 3. Woodward 45.67; 4. Fairview 46.21; 5. Anadarko 46.48; 6. Guymon 46.75.

1600 Relay: 1. Chisholm 3:44.51; 2. Fairview 3:45.87; 3. Hydro 3:47.66; 4. Watonga 3:49.18; 5. Canton 3:48.66; 6. Carnegie 3:50.87.

3200 Relay: 1. Elk City 9:00.78; 2. Chisholm 9:04.77; 3. Laverne 9:11.16; 4. Hydro 9:21.98; 5. Guymon 9:22.55; 6. Fairview 9:31.97.

Shot: 1. Martin, Chl. 56-0; 2. Stevenson, Cr. 48-2; 3. Purinton, Wea. 46-9; 4. Sanders, Bea. 44-11; 5. Miller, An. 44-10; 6. Hicks, Guy. 43-7.5.

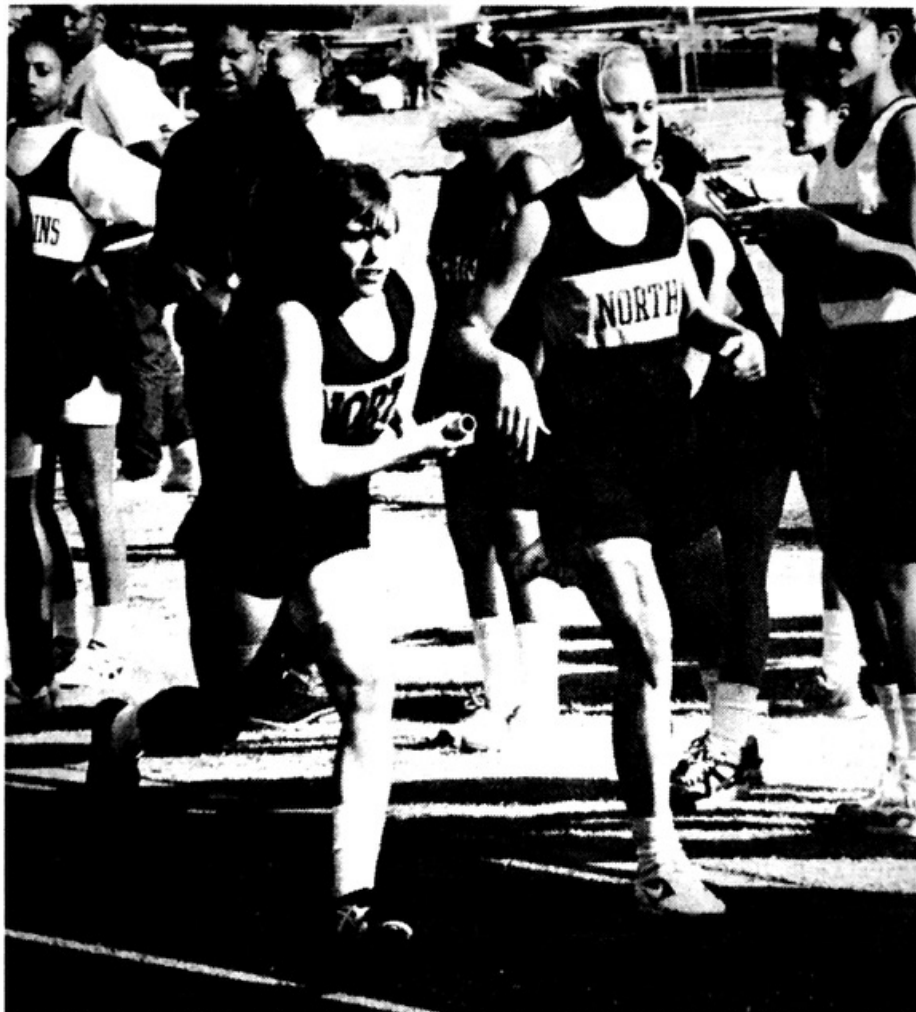
Discus: 1. Martin, Chl. 158-7; 2. Scroggins, Wea. 132-8; 3. Hicks, Guy. 131-7; 4. Pippins, Ww. 124-2; 5. Noble, Mor. 121-6; 6. Smith, Wat. 118-9.

Long Jump: 1. Watkins, Chik 21-10; 2. Taylor, An. 20-11.5; 3. Dick, Fv. 20-7; 4. Brooks, Bea. 18-8; 5. Thompson, An. 18-7; 6. Barton, Lv. 18-6.5.

High Jump: 1. Watson, Guy. 6-0; 2. Barton, Lv. 5-10; 3. Metcalf, Chl. 5-8; 4. Caywood, Wat. 5-8; 5. Seifried, Can. 5-6; 6. Allen, Wat. 5-6.

Pole Vault: 1. Heard, EC. 15-1; 2. Hardman, Lv. 15-1; 3. Martens, Fv. 14-1; 4. Smith, Guy. 13-0; 5. Parker, Al. 12-6; 6. Toyekoyah, Car. 12-0.

*new record



PUTNAM CITY NORTH'S Angela Prescott (right) hands off in the 3200 meter relay at the Putnam City Invitational. Prescott has the fastest 400 meter time to date with a 1:01.0 at the Putnam City Invitational. Photo by John Hoke

Track Still Popular

According to the National Federation's 1993-94 survey, outdoor track rated number two among the number of high schools fielding teams in the U.S. 14,192 schools offered men's programs and 14,027 fielded women's teams. Only basketball ranked higher.

In numbers of participants, women's track was number two (345,700) behind basketball. Men's track rated number four at 419,758.

Cross country tallied identical places for both men and women at number five in number of schools (10,693 men, 10,142 women) and number seven in athletes (162,188 and 124,700).

THE ATHLETE'S KITCHEN

By Nancy Clark, MS, RD

Question: What gets stale besides bread?

Answer: Athletes and active people who exercise hard every day but plan too little rest into their weekly training schedule. Rest days are a very important part of an exercise program but their value is often underestimated. Tired muscles require time to 1) heal the tiny injuries that occur during training, and 2) refuel depleted glycogen stores. Athletes who train relentlessly set the stage for injuries, chronic glycogen depletion, and chronic fatigue.

If you are among the many active people who have imbalances between training and recovery, and pound your body in the name of marathon training, weight reduction or getting in shape, you may relate to some of the following signs of staleness. Take heed if any two of these are present for you: unusually poor performances in training and competition; failure to improve despite a good training program; loss of appetite and weight--the "I'm too tired to eat" syndrome; insomnia or restless sleep and feeling that you are "always tired"; irritability and anxiety accompanied by depression.

Concern: "I'm afraid to take a rest day. I worry that I'll eat just as much and get fat from all the excess calories..."

Answer: When you take a rest day from exercise, you will probably be just as hungry and want to eat just as much food, even though you are expending fewer calories. Here's why. Instead of burning the carbohydrates you eat for muscle fuel, your body finally has the chance to store them as glycogen in the depleted muscles. For each 1 ounce of stored carbohydrate, you store 3 ounces of water--and the scale jumps up 2 to 4 pounds. This jump may frighten you into believing you are "getting fat" just because you took a day off from exercise. Not the case!

Water-weight differs from fat-weight. Throw away the scale and pay attention to how much better you feel during your workouts. You'll likely have more energy and perform better after a rest day. Athletic improvement comes with quality workouts--not just quantity.

Concern: "I always feel so guilty when I skip a day of training...I'd rather drag myself through the motions of exercise than sit home fretting that I'm getting lazy."

Answer: Compulsive exercisers relentlessly push themselves to the limit and deny themselves permission to take rest days, but dedicated athletes look forward to a day off as an integral part of their training program. If you are a compulsive exerciser, you may have the following personality traits that interfere with your training program. You--

*like to be "in control." Regular exercise gives you a sense of control over your day's chaotic schedule.

*are a perfectionist. You demand of yourself the "perfect" training program (read that no days off).

*are compulsive in other areas of your life. Are you also a food-aholic or work-aholic?

These personality traits are common to athletes who grew up in families that abused addictive substances such as alcohol. Now exercise-addicted, these athletes exercise 7 days a week, twice per day, and even train while injured.

Concern: How much rest is enough before competition?...I'm afraid of getting out of shape if I take one day off.

Answer: Rest will enhance, not hurt, your performance! You won't lose fitness, but rather will be able to perform better with better-fueled muscles. Here's what some studies show about the benefits of reducing exercise--

*Runners who reduced training volume by 70% from 50 miles in 6 days/week to 15 miles in 5 days/week x 3 weeks (including -3 miles of high intensity intervals) maintained fitness and ran 9% longer in an exercise test.

*Cyclists who intensely trained for 6 weeks then tapered their exercise for up to 2 weeks improved by about 9%.

*Triathletes who reduced their training for 10 to 13 days before a 3.1 mile race finished 12 to 16% faster than when they raced without rest. This translates into knocking minutes off their racing time.

*Marathon runners (training 45 to 50 miles per week) who tapered for only 1 week showed the best improvement when they ran only 6 miles

during the taper week and included some speed workouts (500-meter intervals) as compared to a taper with no running or about 20 miles per week of slow running.

If you are severely overtrained, you may need weeks, if not months, to recover. One study with swimmers showed that a 2 1/2 week taper was inadequate to recover from the staleness acquired during a 6 month season.

Concern: I've been training harder, but my times are getting slower...Is my junk food diet catching up with me?

Answer: Probably. Muscles need carbohydrates immediately after exercise, not "sorry, no time to eat right." One simple solution is to drink extra juices for quick and easy carbs that quench thirst as well as supply needed fuel. Target 50 grams of carbohydrates (200 calories) every 2 hours after exhaustive exercise--ideally, a total of 600 grams carbs per 24 hours for a very active 150 lb. athlete. This means carbs at every meal, not high-fat "junk-food."

Nancy Clark, MS, RD offers private nutrition consultations at Boston-area's SportsMedicine Brookline. Her books provide additional information: Nancy Clark's Sports Nutrition Guidebook (\$18) and The New York City Marathon Cookbook (\$23). Send check to Sports Nutrition Materials, 830 Boylston St., Brookline MA 02167.



BOISE CITY'S Joannie Wilson (right) and Erin Parker were the champion and runnerup in the Class B 300 meter hurdles last year and went one-two here in the Wildcat Relays at Boise City, March 18th.

OVERALL SEASON LEADERS

OVERALL GIRLS SEASON LEADERS

100: Randle, Weatherford, 12.16 (EC); Morrow, Northeast 12.25 (Ada); Bashaw, Kelley, 12.47 (Catoosa); Tucker, Midwest City, 12.5 (Norman); Hayes, Millwood, 12.50 (Ada); Givens, Union, 12.5 (Union).

200: Tucker, Midwest City, 25.52 (Norman); Morrow, Northeast, 25.94 (Ada); Jacobs, Cushing, 26.11 (Catoosa); Randle, Weatherford, 26.21 (Elk City); Schumpert, B.T. Washington, 26.24 (Webster); Ledbetter, Rogers, 26.27 (Union).

400: Bell, Idabel, 1:00.42 (Ada); Jacobs, Cushing, 1:00.72 (Catoosa); Prescott, Putnam North, 1:01.0 (Putnam City); Mims, B.T. Washington, 1:01.45 (Webster); Roberts, John Marshall, 1:01.5 (Norman); Thompson, B.T. Washington, 1:02.17 (Webster).

800: O'Rourke, Jenks, 2:21.94 (Union); Dearman, Sapulpa, 2:23.68 (Union); White, Tahlequah, 2:24.13 (Union); B. Bratton, Hale, 2:24.74 (Union); Haley, Stillwater, 2:25.03 (Union); Barker, Jenks, 2:26.5 (Union).

1600: O'Rourke, Jenks, 5:27.46 (Bartlesville); Boothe, McGuinness, 5:30.0 (Edmond); Corbett, Bartlesville, 5:30.04 (Bartlesville); Harvey, Plainview, 5:31.6 (Ada); Ahlgren, Jenks, 5:33.16 (Union); McCulloh, Plainview, 5:37.42 (Lone Grove).

3200: A. Bratton, Hale, 11:59.12 (Union); McLain, Union, 11:59.68 (Union); Ahlgren, Jenks, 12:00.69 (Bartlesville); Housley, Sapulpa, 12:03.48 (Union); Harvey, Plainview, 12:03.93 (Plainview); Riddle, Union, 12:09.11 (Union).

100H: Burns, B.T. Washington, 14.14 (Webster); Schenk, Watonga, 14.61 (Elk City); Peel, Tulsa Central, 15.03 (Union); Hill, Union, 15.38 (Union); Bell, McLain, 15.47 (McGuinness); Randle, Weatherford, 15.69 (McGuinness).

300H: Nickens, Jenks, 47.29 (Union); Laughry, Jenks, 47.30 (Union); Schenk, Watonga, 47.54 (Elk City); Bell, McLain, 47.71 (Webster); Bunch, Poteau, 48.28 (Catoosa); Gamble, Enid, 48.48 (Enid).

400 Relay: Tulsa Central 49.78 (Webster); Union 49.80 (Union); Jenks 50.35 (Bartlesville); B.T. Washington 50.36 (Webster); Midwest City 50.44 (Norman); Millwood, 50.45 (Ada).

800 Relay: B.T. Washington 1:46.17 (Webster); Jenks 1:46.77 (Union); Union 1:46.83 (Union); Millwood 1:46.95 (Ada); Midwest City 1:48.02 (Norman); Holdenville 1:48.49 (Holdenville).

1600 Relay: Jenks 4:09.69 (Union); Idabel 4:117.10 (Lone Grove); Union 4:17.12 (Union); Holdenville 4:17.4 (Catoosa); B.T. Washington 4:17.57 (Union); Broken Arrow 4:19.36 (Bartlesville).

3200 Relay: Jenks 9:49.66 (Union); Union 10:07.98 (Union); McGuinness 10:10.96 (Edmond); Plainview 10:11.0 (Lone Grove); Norman 10:11.58 (Norman); Hale 10:17.88 (Union).

Shot: Schlegel, Union 41-8.5 (Union); Palmer, Norman, 39-3 (Enid); Stinson, Woodward, 38-10 (Enid); Taylro, Stillwater, 38-6 (Union); Sage, Beaver, 37-4.5 (Fairview); Russell, Dickson, 37-1.5 (Lone Grove).

Discus: Stinson, Woodward, 127-5 (Fairview); Sage, Beaver, 127-3 (Fairview); Schlegel, Union 126-1 (Broken Arrow); Gregg, Beaver, 123-4 (Hooker); J. Smith, Claremore, 123-0 (Broken Arrow); Russell, Dickson, 116-0 (Lone Grove).

Long Jump: Johnson, Jenks, 17-6 (Bartlesville); Randle, Weatherford, 17-2.75 (McGuinness); Ledbetter, Rogers, 17-2.5 (Union); Sims, Velma-Alma, 16-11.75 (Velma-Alma); Williams, Wynnewood, 16-10.25 (Ada); Morris, Byng, 16-9 (Holdenville).

High Jump: Johnson, Boise City, 5-6 (Guymon); Toole, Edmond North, 5-6 (Norman); Reams, Fairview, 5-4 (Fairview); Slavonic, McGuinness, 5-2 (Edmond); Blackwell, Plainview, 5-2 (Plainview); Hayts, Santa Fe, 5-2 (Chandler); Bertram, Kingston, 5-2 (Lone Grove); McDermott, Alva, 5-2 (Fairview).

OVERALL BOYS SEASON LEADERS

100: Birch, Rogrs, 10.38 (Union); Mosely, Westmoore, 10.54 (Edmond); Cole, Idabel, 10.55 (Ada); Daniels, Ada, 10.57 (Ada); Thomas, Broken Bow, 10.69 (Ada); Johnson, Edmond North, 10.75 (Edmond); Webb, Collinsville, 10.75 (Catoosa).

200: Birch, Rogers, 21.42 (Webster); Sensintaffar, Sand Springs, 21.8 (Bartlesville); Jordan, Okmulgee, 22.0 (Catoosa); Cole, Idabel, 22.16 (Ada); Leon, Moore, 22.16 (Norman); Peace, Idabel, 22.24 (Plainview).

400: Sensintaffar, Sand Springs, 49.1 (Bartlesville); Birch, Rogers, 49.17 (Webster); Roberts, Broken Arrow, 49.2 (Bartlesville); M. Calhoun, John Marshall, 50.19 (Norman); Swindall, Millwood, 50.35 (Ada); Giddings, MacArthur, 50.42 (Enid); Leon, Moore, 50.42 (Norman).

800: Crook, Sapulpa, 1:59.29 (Union); Halsey, Jenks, 1:59.60 (Union); Starks, Union 1:59.95 (Union); Buhl, Edmond Memorial, 2:00.0 (Edmond); Bennett, Norman, 2:00.63 (Norman); Wolfe, Enid, 2:01.25 (Enid).

1600: Mason, Northeast, 4:34.30 (Putnam City); Wolfe, Enid, 4:37.16 (Putnam City); Reid, Jenks, 4:37.6 (Bartlesville); Owens, Owasso, 4:39.58 (Putnam City); Jefferson, Eisenhower, 4:40.44 (Dallas); McDonald, Broken Arrow, 4:42.46 (Bartlesville).

3200: Donnelly, Norman, 9:56.42 (Enid); Baer, Norman, 9:57.84 (Enid); Mason, Northeast, 10:00.15 (Putnam City); Wolfe, Enid, 10:04.34 (Putnam City); Podoll, Edmond Memorial, 10:09 (Edmond); Reid, Jenks, 10:13.10 (Union).

110H: Bradley, Stroud, 14.23 (Chandler); Matthews, John Marshall, 14.63 (Norman); Braddy, Northeast, 14.66 (Ada); Curtis, Duncan, 14.75 (Ada); Russell, Jones, 14.82 (Chandler); McElroy, Waurika, 14.88 (Velma-Alma).

300H: Matthews, John Marshall, 39.62 (Norman); Vann, Sapulpa, 39.97 (Bartlesville); Jones, Jenks, 40.16 (Union); Russell, Jones, 40.37 (Chandler); Ethridge, Konawa, 40.44 (Holdenville); Browning, Putnam West, 40.53 (Putnam City).

400 Relay: Union 42.37 (Union); Edmond North 42.75 (Norman); Broken Bow 42.75 (Ada); Jenks, 42.82 (Union); Ada 42.93 (Ada); McLain, 43.02 (Webster).

1600 Relay: Edmond North 3:20.25 (Edmond); Jenks, 3:27.39 (Union); Del City 3:28.65 (Putnam City); Moore 3:28.99 (Norman); Sapulpa 3:29.68 (Union); Rogers, 3:30.0 (Webster).

3200 Relay: Norman 8:15.84 (Enid); Edmond Memorial 8:19.27 (Edmond); Jenks 8:20.81 (Union); Enid 8:21.55 (Enid); Union 8:27.65 (Union); Edmond North 8:28.25 (Edmond).

Shot: Martin, Chisholm, 57-10 (McGuinness); C. Bookout, Stroud, 57-1 (Ada); Anderson, Moore, 53-10 (Putnam City); Kay, Wynnewood, 53-9 (Ada); Bennett, Union 53-0.5 (Bartlesville); Rutherford, Broken Bow, 53-4 (Ada).

Discus: Fitzgerald, Putnam North, 175-4 (Putnam City); C. Bookout, Stroud, 174-9 (Ada); Dicus, Jenks, 173-2.5 (Bartlesville); Martin, Chisholm, 162-1 (McGuinness); Galoway, Broken Bow, 165-0 (Ada); Rutherford, Broken Bow, 162-1.25 (Ada).

Long Jump: Ratliff, B.T. Washington, 23-4 (Webster); Winfrey, Union 22-0.5 (Bartlesville); Carroll, Tulsa Central, 22-0 (Webster); Jones, Eisenhower, 22-0 (Dallas); Shoals, Enid, 22-0 (Enid); Cavitt, Jenks, 21-11.25 (Jenks); Thomas, Broken Bow, 21-11.25 (Ada).

High Jump: Butler, Hooker, 6-8 (Hooker); Ballard, Durant, 6-7 (Ada); Brown, Hominy, 6-6 (Catoosa); Lookout, Hominy, 6-6 (Catoosa); Harris, Wynnewood, 6-6 (Ada); Hill, Hooker, 6-6 (Hooker).

Pole Vault: Wilkinson, Stroud, 15-3 (Catoosa); Martins, Fairview, 14-1 (Fairview); Kopp, Bartlesville, 13-6 (Bartlesville); Westfield, Ponca City, 13-6 (Enid); Sterling, Purcell, 13-6 (Holdenville); Bethea, Claremore, 13-6 (Catoosa).

Top Teams

A Girls

1. Velma-Alma
2. Laverne
3. Carnegie
4. Turpin
5. Oklahoma Christian
6. Hollis
7. Kansas
8. Pioneer-Pleasant Vale
9. Wyandotte
10. Crescent

2A Girls

1. Watonga
2. Holdenville
3. Wynnewood
4. Purcell
5. Tishomingo
6. Madill
7. Jones
8. Alva
9. Stroud
10. Prague

4A Girls

1. Ardmore
2. John Marshall
3. McGuinness
4. Northeast
5. Nathan Hale
6. Guthrie
7. Douglas
8. Durant
9. Claremore
10. Tulsa Central

A Boys

1. Hooker
2. Velma-Alma
3. Laverne
4. Quinton
5. Turpin
6. Pioneer-Pleasant Vale
7. Woodland
8. Mountain View-Gotebo
9. Waurika
10. Merritt

2A Boys

1. Stroud
2. Jones
3. Madill
4. Tishomingo
5. Hominy
6. Prague
7. Holdenville
8. Chisholm
9. Wynnewood
10. Lindsay

4A Boys

1. John Marshall
2. Claremore
3. Broken Bow
4. Duncan
5. AdaPryor
6. McGuinness
7. Guthrie
8. Douglas
9. Durant
10. Northeast

B Girls

1. Boise City
2. Beaver
3. Pond Creek-Hunter
4. Texhoma
5. Buffalo
6. Forgan
7. Temple
8. Cherokee
9. Tyrone
10. Keys

3A Girls

1. Plainview
2. Marlow
3. Idabel
4. Grove
5. Poteau
6. Millwood
7. Weatherford
8. Catoosa
9. Cascia Hall
10. Elk City

5A Girls

1. Jenks
2. Union
3. Norman
4. Enid
5. Stillwater
6. B.T. Washington
7. Bartlesville
8. Edmond North
9. Edmond Memorial
10. Northwest Classen

B Boys

1. Boise City
2. Beaver
3. Covington-Douglas
4. Pond Creek-Hunter
5. Ringwood
6. Tyrone
7. Texhoma
8. Ketchum
9. Forgan
10. White Oak

3A Boys

1. Idabel
2. Okmulgee
3. Catoosa
4. Weatherford
5. Marlow
6. Grove
7. Elk City
8. Little Axe
9. Santa Fe
10. Lone Grove

5A Boys

1. Edmond North
2. Jenks
3. Enid
4. Norman
5. Union
6. Moore
7. Broken Arrow
8. Muskogee
9. Edmond Memorial
10. Midwest City

2A GIRLS AND BOYS SEASON LEADERS

2A GIRLS

100: Dufrain, Pawnee, 12.59 (Catoosa); Bigby, Stroud, 12.75 (Chandler); Nichols, Jones, 12.79 (Chandler); Treadwell, Holdenville, 12.89 (Holdenville); Langford, Beggs, 13.03 (Chandler); Sanders, Madill, 13.17 (Lone Grove).

200: Olive, Watonga, 26.95 (Elk City); Gharkhamia, Purcell, 27.54 (Holdenville); Kemp, Prague, 27.62 (Holdenville); Bigby, Stroud, 28.16 (Chandler); Heath, Holdenville, 28.20 (Holdenville); Ryan, Prague, 28.21 (Holdenville).

400: Corringdeer, Edmond-Deer Creek, 63.75 (Edmond); Langford, Beggs, 63.9 (Chandler); Bigby, Stroud, 64.37 (Chandler); Lacy, Holdenville, 64.98 (Holdenville); Harmon, Alva, 67.20 (Elk City); Chaffee, Alva, 67.74 (Elk City).

800: Gharkhamia, Purcell, 2:32.5 (Holdenville); Humphrey, Madill, 2:36.3 (Lone Grove); Schuknect, Stroud, 2:40.5 (Chandler); Moore, Holdenville, 2:40.9 (Holdenville); Crawford, Beggs, 2:43.09 (Chandler); Lindsey, Purcell, 2:43.5 (Holdenville).

1600: Humphrey, Madill, 5:57.6 (Lone Grove); Frank, Madill, 6:08.7 (Lone Grove); Schuknect, Stroud, 6:09.5 (Chandler); Scott, Berryhill, 6:10.5 (Chandler); Mashburn, St. Mary, 6:17.9 (Fairview); Sawyer, Chisholm, 6:34 (Elk City).

3200: Sawyer, Chisholm, 14:05 (Elk City); Crawford, Beggs, 14:19 (Chandler); Fuqua, Beggs, 14:24.9 (Chandler); Irwin, Purcell, 14:39 (Holdenville); Turner, Holdenville, 14:43 (Holdenville); Voss, Chisholm, 14:47 (Elk City).

100H: Schenk, Watonga, 14.61 (Elk City); Duffy, Watonga, 17.18 (Fairview); Wilcox, Hominy, 17.24 (Chandler); Higgins, Hominy, 17.82 (Chandler); Bertram, Kingston, 18.15 (Lone Grove); Webb, Watonga, 18.32 (Fairview).

300H: Schenk, Watonga, 47.54 (Elk City); Moore, Holdenville, 51.79 (Holdenville); Duffy, Watonga, 51.87 (Elk City); Hodges, Lexington, 52.34 (Ada); Johnson, Jones, 52.78 (Chandler); Bailey, Holdenville, 54.60 (Holdenville).

400 Relay: Holdenville, 50.77 (Catoosa); Watonga, 51.14 (Fairview); Wynnewood, 51.97 (Ada); Edmond Deer Creek, 53.44 (Edmond); Alva, 53.67 (Elk City); Madill, 54.01 (Plainview).

800 Relay: Holdenville, 1:48.49 (Holdenville); Watonga, 1:51.63 (Fairview); Wynnewood, 1:52.7 (Ada); Alva, 1:53.15 (Fairview); Tishomingo, 1:53.6 (Holdenville); Madill, 1:54.28 (Lone Grove).

1600 Relay: Holdenville, 4:17.4 (Catoosa); Watonga, 4:22.8 (Elk City); Tishomingo, 4:30.4 (Holdenville); Purcell, 4:31.7 (Holdenville); Alva, 4:36.1 (Fairview); Konawa, 4:37.2 (Holdenville).

3200 Relay: Madill, 10:43 (Lone Grove); Purcell, 10:51 (Holdenville); Watonga, 11:24 (Elk City); Tishomingo, 11:28 (Holdenville); Jones, 11:37 (Chandler); Chisholm, 11:45 (Elk City).

Shot: Crumbo, Sperry, 36-2.25 (Catoosa); Clements, Purcell, 34-10.25 (Holdenville); Rains, Prague, 34-4.50 (Holdenville); Curry, Watonga, 34-0 (Fairview); Jones, Watonga, 33-6 (Fairview); Montgomery, Konawa, 33-0 (Holdenville).

Disc: Clements, Purcell, 110-3 (Holdenville); Jones, Watonga, 103-9 (Elk City); Rains, Prague, 97-3 (Holdenville); James, Tishomingo, 95-6 (Holdenville); Starkey, Konawa, 95-2 (Holdenville); Reed, Chisholm, 94-10 (Elk City).

Long Jump: Williams, Wynnewood, 16-10.25 (Ada); Roe, Alva, 16-5 (Fairview); Curtis, Holdenville, 15-10.5 (McGuinness); Patzkowski, Fairview, 15-9 (Fairview); Shirwood, Jones, 15-9 (Chandler); Duffy, Watonga, 15-8 (Fairview).

High Jump: Reams, Fairview, 5-4 (Fairview); Bertram, Kingston, 5-2 (Lone Grove); McDermott, Alva, 5-2 (Fairview); Anderson, Chandler, 5-0 (Chandler); Sinclair, Watonga, 4-10 (Elk City); Howerton, Fairview, 4-10 (Fairview).

2A BOYS

100: Muskrat, Warner, 10.76 (Catoosa); Smith, Holdenville, 10.85 (Holdenville); Higgins, Hominy, 10.91 (Chandler); Templeton, Holdenville, 10.93 (Holdenville); Gatewood, Jones, 10.96 (Chandler); Goff, Okemah, 11.06 (Chandler).

200: Burdine, Prague, 22.41 (Holdenville); Higgins, Hominy, 22.42 (Catoosa); Muskrat, Warner, 22.75 (Catoosa); Smith, Holdenville, 23.46 (Holdenville); Brown, Purcell, 23.47 (Holdenville); Gatewood, Jones, 23.51 (Chandler).

400: Burdine, Prague, 51.84 (Holdenville); Wright, Stroud, 52.50 (Cascia Hall); Jackson, Okemah, 52.81 (Okemah); Wyatt, Tishomingo, 53.13 (Lone Grove); Tucker, Chisholm, 53.57 (Fairview); Mims, Stroud, 53.80 (Catoosa).

800: Elkins, Madill, 2:04.25 (Ada); Pickens, Madill, 2:06.97 (Lone Grove); Salas, Marietta, 2:07.06 (Lone Grove); Turner, Holdenville, 2:07.69 (Holdenville); Cloud, Konawa, 2:08.28 (Holdenville); Lucas, Jones, 2:08.34 (Chandler).

1600: Elkins, Madill, 4:43.49 (Lone Grove); Turner, Holdenville, 4:46.95 (Catoosa); S. Sawyer, Chisholm, 4:55.22 (Fairview); Niccum, Stroud, 4:56.10 (Catoosa); Kiper, Inola, 5:00.46 (Catoosa); Garcia, Madill, 5:09.53 (Lone Grove).

3200: Elkins, Madill, 10:21.02 (Lone Grove); Ryan, Pawnee, 10:59.24 (Catoosa); Holmes, Chandler, 11:11.26 (Chandler); Johnson, Hulbert, 11:15.26 (Chandler); C. Sawyer, Chisholm, 11:25.01 (Fairview); Hicks, Prague, 11:25.24 (Holdenville).

110H: Bradley, Stroud, 14.23 (Chandler); Russell, Jones, 14.82 (Chandler); Burdine, Prague, 15.2 (McGuinness); Massey, Prague, 15.29 (Holdenville); Hornbeck, Stroud, 15.50 (Cascia Hall); Martins, Fairview, 15.53 (Fairview).

300H: Russell, Jones, 40.37 (Chandler); Ethridge, Konawa, 40.44 (Holdenville); Bradley, Stroud, 41.59 (Chandler); Inman, Tishomingo, 41.70 (Lone Grove); Hornbeck, Stroud, 41.80 (Catoosa); Ballard, Hominy, 42.47 (Catoosa).

400 Relay: Holdenville, 44.58 (Holdenville); Jones, 44.95 (Chandler); Wynnewood, 45.09 (Lone Grove); Prague, 45.38 (Holdenville); Watonga, 45.46 (Fairview); Chisholm, 45.47 (Fairview).

1600 Relay: Tishomingo, 3:32.10 (Lone Grove); Hominy, 3:32.7 (Cascia Hall); Prague, 3:34 (Holdenville); Jones, 3:36 (Chandler); Stroud, 3:36.8 (Cascia Hall); Okemah, 3:43.75 (Chandler).

3200 Relay: Tishomingo, 8:42.8 (Holdenville); Stroud, 8:52.7 (Catoosa); Madill, 8:56.5 (Plainview); Okemah, 9:03.87 (Chandler); Chisholm, 9:04.77 (Fairview); Jones, 9:05 (Chandler).

Shot: Martin, Chisholm, 57-10 (McGuinness); C. Bookout, Stroud, 57-1 (Ada); Kay, Wynnewood, 53-9 (Ada); K. Bookout, Stroud, 46-11 (Catoosa); Cordell, Jones, 45-7 (Chandler); T. Willis, Stroud, 45-5 (Chandler).

Disc: C. Bookout, Stroud, 174-9 (Ada); Martin, Chisholm, 162-1 (McGuinness); K. Bookout, Stroud, 157-8 (Catoosa); Briscoe, Tishomingo, 149-2 (Lone Grove).

Long Jump: Anderson, Chandler, 21-11 (Chandler); Watkins, Chisholm, 21-10 (Chandler); Haskins, Jones, 21-7.75 (Chandler); Higgins, Hominy, 21-7.25 (Chandler); Brown, Hominy, 21-7 (Chandler); Dick, Fairview, 20-7 (Fairview).

High Jump: Harris, Wynnewood, 6-6 (Ada); Lookout, Hominy, 6-6 (Catoosa); Brown, Hominy, 6-6 (Catoosa); Humphrey, Madill, 6-4 (Plainview); Austin, Chandler, 6-0 (Chandler); James, Davis, 6-0 (Lone Grove).

Pole Vault: Wilkinson, Stroud, 15-3 (Catoosa); Martins, Fairview, 14-1 (Fairview); Sterling, Purcell, 13-6 (Holdenville); Smith, Hominy, 13-0 (Chandler); Walters, Sequoyah-Claremore, 13-0 (Cascia Hall); C. Willis, Stroud, 12-6 (Catoosa).

Elk City Invitational

3/25/95

GIRLS

TEAM SCORING: 1. Watonga 164; 2. Weatherford 107; 3. Elk City 99; 4. Carnegie 76; 5. Alva 58; 6. Hollis 42; 7. Chisholm 37; 8. (tie) Edmond Santa Fe, Hobart 10; 10. Fairview 8; 11. Watonga B 2.

100: 1. Randle, Wfd, 12.16; 2. T. Hayes, Hol, 13.06; 3. C. Hayes, Hol, 13.45; 4. Sultak, Car, 13.69; 5. Wilson, Wat, 13.7; 6. King, Wat, 14.57.

200: 1. Randle, Wfd, 26.21; 2. Olive, Wat, 26.95; 3. Hayes, Hol, 28.76; 4. Sultak, Car, 29.51; 5. Meinert, Hob, 29.88; 6. Wilson, Wat, 30.

400: 1. Boone, Wfd, 1:05.86; 2. Harmon, Alva, 1:07.20; 3. Chaffee, Alva, 1:07.74; 4. Meinert, Hob, 1:08.33; 5. Davis, Hol, 1:08.88; 6. Blair, Chis, 1:08.91.

800: 1. Heavener, Car, 2:45.08; 2. Dirckson, EC, 2:48.35; 3. Adkins, Chis, 2:48.63; 4. Vassar, Wfd, 2:50.93; 5. Cantrell, EC, 2:56.80; 6. McLaughlin, Wat, 2:59.06.

1600: 1. Smith, EC, 6:16.27; 2. Davis, Car, 6:18.59; 3. Dirckson, EC, 6:19.02; 4. Heavener, Car, 6:19.70; 5. Vassar, Wfd, 6:30.36; 6. Sawyer, Chis, 6:34.06.

3200: 1. Campbell, Car, 13:28.52; 2. Smith, EC, 13:37.80; 3. Davis, Car, 13:44.60; 4. Sawyer, Chis, 14:05.40; 5. Voss, Chis, 14:47.75; 6. Seal, FV, 14:49.61.

100H: 1. Schenk, Wat, 14.61; 2. S. Jones, EC, 15.77; 3. Duffy, Wat, 17.40; 4. Jackson, EC, 19.34; 5. Padgett, Hob, 20.99; 6. Balzer, Wfd, 21.69.

300H: 1. Schenk, Wat, 47.54; 2. Duffy, Wat, 51.87; 3. Bartlett, Wfd, 53.16; 4. Benway, Wat, 55.08; 5. Adkerson, EC, 55.14; 6. Jackson, EC, 56.52.

400 Relay: 1. Watonga 51.44; 2. Weatherford 52.24; 3. Alva 53.67; 4. Hollis 53.80; 5. Elk City 54.70; 6. Chisholm 56.78.

800 Relay: 1. Weatherford 1:53.05; 2. Watonga 1:54.43; 3. Alva 1:55.36; 4. Hollis 1:56.02; 5. Elk City 2:00.39; 6. Chisholm 2:04.35.

1600 Relay: 1. Watonga 4:22.80; 2. Weatherford 4:39.75; 3. Elk City 4:44.06; 4. Chisholm 4:54.51.

3200 Relay: 1. Carnegie 10:59.97; 2. Elk City 11:11.95; 3. Watonga A 11:24.09; 4. Chisholm 11:45.73; 5. Edmond Santa Fe 11:56.02; 6. Watonga B 12:41.60.

High Jump: 1. McDermott, Alva, 4-10; 2. Sinclair, Wat, 4-10; 3. Bank, EC, 4-10; 4. Reames, FV, 4-8; 5. Howerton, FV, 4-6.

Long Jump: 1. Roe, Alva, 15-0; 2. Duffy, Wat, 14-5.5; 3. A. Daniels, Ed SF, 13-5.75; 4. Kirchoff, Hol, 13-4.25; 5. Wilson, Wat, 12-3.5; 6. Burrell, FV, 12-2.

Shot: 1. Curry, Wat, 33-7.5; 2. A. Jones, EC, 33-3.5; 3. Johnston, Wfd, 32-9.75; 4. Jones, Wat, 31-8.5; 5. Holland, Hob, 30-10.5; 6. Williams, Chis, 30-3.5.

Disc: 1. Jones, Wat, 103-9; 2. Sanderville, Car, 100-1; 3. Marshall, Wfd, 96-3; 4. Reed, Chis, 94-10; 5. Reynolds, Wat, 94-10; 6. Willis, Wat, 92-1.

BOYS

TEAM SCORING: 1. Weatherford 132; 2. Chisholm 120; 3. Watonga 67; 4. Elk City 55; 5. Carnegie 37; 6. (tie) Clinton, Hobart 32; 8. Hollis 30; 9. Fairview 26; 10. Alva 25; 11. Burns Flat 16; 12. Duke 8.

100: 1. Carr, Cl, 10.91; 2. Sehl, Wfd, 11.34; 3. Stevens, Chis, 11.74; 4. White, Wat, 12; 5. Metheny, Wfd, 12.49; 6. Smith, Wfd, 12.50.

200: 1. Woody, EC, 23.09; 2. Sehl, Wfd, 23.52; 3. Hampton, Wat, 24.09; 4. Tucker, Chis, 24.29; 5. Hughes, Hol, 24.59; 6. McGee, Wat, 25.14.

400: 1. Cole, Wfd, 54.28; 2. Hamonds, Wfd, 54.37; 3. Tucker, Chis, 56.31; 4. Woods, FV, 56.72; 5. Bell, Hol, 56.83; 6. Mojica, Hol, 58.47.

800: 1. Woody, EC, 2:09.05; 2. Johnston, Wfd, 2:09.95; 3. Auld, BF, 2:13.09; 4. Edsall, Wat, 2:14.49; 5. Williams, Wfd, 2:14.50; 6. Wright, Chis, 2:16.14.

1600: 1. Auld, BF, 5:00.13; 2. C. Sawyer, Chis, 5:01.43; 3. C. Sawyer, Chis, 5:02.78; 4. Walling, EC, 5:12.34; 5. Woodrow, EC, 5:17.85; 6. Edsall, Wat, 5:22.80.

3200: 1. C. Sawyer, Chis, 11:08.52; 2. Tahkof, Car, 11:14.96; 3. S. Sawyer, Chis, 11:16.49; 4.

Johnson, FV, 11:23.50; 5. Lettkeman, Wfd, 11:31.27; 6. Kern, Car, 11:35.50.

110H: 1. Thiel, Wfd, 15.27; 2. Martena, FV, 15.28; 3. Benway, Wat, 15.72; 4. Boyd, Hob, 16.20; 5. White, Wat, 16.41; 6. Bishop, Chis, 16.66.

300H: 1. Nuegent, Hob, 42.66; 2. Caldwell, Wat, 42.92; 3. Boyd, Hob, 43.33; 4. Bishop, Chis, 44.02; 5. Martens, FV, 44.30; 6. Benway, Wat, 44.43.

400 Relay: 1. Weatherford 44.62; 2. Clinton 46.36; 3. Hobart 47.48; 4. Chisholm 48.03; 5. Alva 48.95.

1600 Relay: 1. Weatherford 3:38.55; 2. Hollis 3:42.61; 3. Carnegie 3:43.66; 4. Chisholm 3:45.67; 5. Elk City 3:47.92; 6. Fairview 3:48.21.

3200 Relay: 1. Chisholm 8:53.32; 2. Elk City 9:00.08; 3. Carnegie 9:02.97; 4. Hollis 9:12.81; 5. Weatherford 9:13.85; 6. Fairview 9:28.06.

Pole Vault: 1. Parker, Alva, 14-0; 2. Heard, EC, 14-0; 3. Allen, Wat, 11-6; 4. Toyekoyah, Car, 11-6; 5. Sackett, FV, 11-0; 6. Syrbouth, EC, 11-0.

High Jump: 1. Konkling, Wfd, 5-10; 2. Caywood, Wat, 5-8; 3. Duncan, Cl, 5-6.

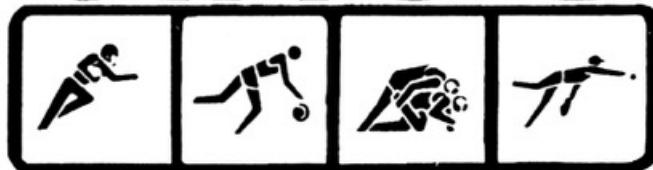
Long Jump: 1. Watkins, Chis, 19-4; 2. Barger, Duke, 18-5.75; 3. Pingleton, Alva, 17-5; 4. Hill, Alva, 16-11; 5. Stevens, Chis, 16-9.5; 6. McConnell, Hol, 16-4.75.

Shot: 1. Martin, Chis, 51-3; 2. Purinton, Wfd, 43-6; 3. Brooks, Wfd, 42-5; 4. Scroggins, Wat, 39-11.25; 5. Ramay, FV, 38-9; 6. King, Alva, 38-8.5.

Disc: 1. Martin, Chis, 158-11; 2. Smith, Wat, 138-2.5; 3. Scroggins, Wat, 136-6; 4. Compton, Wfd, 127-4.5; 5. Piccirillo, Wat, 126-10; 6. Brooks, Wfd, 121-1.5.

WEATHER: Rainy, mid-40s, winds gusting 30-40mph.

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3A GIRLS AND BOYS SEASON LEADERS

3A GIRLS

100: Randle, Weatherford, 12.16 (Elk City); Hayes, Millwood, 12.50 (Ada); Bell, Idabel, 12.57 (Lone Grove); Reese, Sulphur, 12.61 (Lone Grove); Ford, Millwood, 12.74 (Ada); Morris, Byng, 12.81 (Holdenville).

200: Jacobs, Cushing, 26.11 (Catoosa); Randle, Weatherford, 26.21 (Elk City); Morris, Byng, 26.95 (Holdenville); Steel, Poteau, 27.13 (Catoosa); Kennybrew, Idabel, 27.20 (Lone Grove); Ford, Millwood, 27.53 (Ada).

400: Bell, Idabel, 60.42 (Ada); Jacobs, Cushing, 60.72 (Catoosa); Sanford, Plainview, 63.48 (Ada); Forshee, Idabel, 63.97 (Lone Grove); Robertson, Grove, 64.69 (Catoosa); Bender, Perry, 64.76 (Fairview).

800: Sreaves, Grove, 2:30.84 (Catoosa); McCulloh, Plainview, 2:30.91 (Lone Grove); S. Harvey, Plainview, 2:30.98 (Ada); McCulley, Grove, 2:32.45 (Catoosa); B. Harvey, Plainview, 2:33.72 (Plainview); Hodge, Poteau, 2:39.31 (Catoosa).

1600: S. Harvey, Plainview, 5:31.6 (Ada); McCulloh, Plainview, 5:37.42 (Lone Grove); B. Harvey, Plainview, 5:44.56 (Ada); McCulley, Grove, 5:47.83 (Catoosa); Guild, Marlow, 5:58.07 (Ada); H. Lackey, Plainview, 5:59.20 (Lone Grove).

3200: S. Harvey, Plainview, 12:03.93 (Plainview); McCulley, Grove, 12:11.50 (Catoosa); H. Lackey, Plainview, 13:15.10 (Lone Grove); McGraw, Cascia Hall, 13:24.22 (Catoosa); Sreaves, Grove, 13:33.49 (Catoosa); Fields, Grove, 13:35.51 (Catoosa).

100H: Randle, Weatherford, 15.69 (McGuinness); Jones, Elk City, 15.77 (Elk City); Wall, Plainview, 16.93 (Ada); Belford, Anadarko, 16.96 (Fairview); Reese, Sulphur, 17.35 (Lone Grove); Robertson, Grove, 17.36 (Catoosa).

300H: Bunch, Poteau, 48.28 (Catoosa); Sreaves, Grove, 49.10 (Catoosa); Dial, Marlow, 49.86 (Ada); Adkerson, Elk City, 51.65 (Fairview); Pittmon, Sulphur, 51.94 (Lone Grove); Bartlett, Weatherford, 52.84 (Fairview).

400 Relay: Millwood, 50.45 (Ada); Idabel, 51.34 (Lone Grove); Poteau, 51.63 (Catoosa); Weatherford, 52.24 (Elk City); Catoosa, 52.70 (Catoosa); Plainview, 52.95 (Lone Grove).

800 Relay: Millwood, 1:46.95 (Ada); Poteau, 1:48.94 (Catoosa); Idabel, 1:49.27 (Lone Grove); Weatherford, 1:51.24 (Fairview); Plainview, 1:51.56 (Ada); Catoosa, 1:52.48 (Catoosa).

1600 Relay: Idabel, 4:17.10 (Lone Grove); Marlow, 4:22.76 (Ada); Plainview, 4:23.10 (Lone Grove); Catoosa, 4:23.90 (Catoosa); Grove, 4:24.97 (Catoosa); Cascia Hall, 4:27.38 (Catoosa).

3200 Relay: Plainview, 10:11.00 (Lone Grove); Grove, 10:38.18 (Catoosa); Poteau, 10:40.56 (Catoosa); Catoosa, 10:51.25 (Catoosa); Cascia Hall, 11:03.25 (Catoosa); Marlow, 11:03.49 (Ada).

Shot: Russell, Dickson, 37-1.5 (Lone Grove); Oliver, Tecumseh, 36-7.5 (Chandler); Jones, Elk City, 36-5.5 (McGuinness); Easterling, Plainview, 35-9 (Lone Grove); Carson, Marlow, 34-9 (Ada); Warren, Marlow, 34-5.5 (Ada).

Disc: Russell, Dickson, 116-0 (Lone Grove); Carson, Marlow, 112-8.5 (Ada); Warren, Marlow, 110-3.5 (Ada); Smith, Plainview, 106-2 (Plainview); Warren, Poteau, 105-1 (Catoosa); Crow, Marlow, 105 (Ada).

Long Jump: Randle, Weatherford, 17-2.75 (McGuinness); Morris, Byng, 16-9 (Holdenville); McKinny, Idabel, 15-11.25 (Lone Grove); Watson, Tuttle, 15-8.75 (Lone Grove); Dial, Marlow, 15-6 (Plainview); Bokendal, Glenpool, 15-5 (Catoosa).

High Jump: Blackwell, Plainview, 5-2 (Plainview); Hays, Edmond Santa Fe, 5-2 (Chandler); Shackelford, Cushing, 5-1 (Catoosa); Row, Sulphur, 5-1 (Catoosa); Burns, Plainview, 5-0 (Plainview, Lone Grove, Ada); Anderson, Chandler, 5-0 (Chandler).

3A BOYS

100: Cole, Idabel, 10.55 (Ada); Webb, Collinsville, 10.75 (Catoosa); Carr, Clinton, 10.91 (Elk City); Byers, Cascia Hall, 10.95 (Catoosa); Brown, Lone Grove, 10.97 (Lone Grove); Busegh, Poteau, 10.98 (Catoosa).

200: Jordan, Okmulgee, 22 (Catoosa); Cole, Idabel, 22.16 (Ada); Peace, Idabel, 22.24 (Plainview); Swindall, Millwood, 22.47 (Ada); Brown, Lone Grove, 22.60 (Lone Grove); Williamson, Millwood, 22.97 (Ada).

400: Swindall, Millwood, 50.35 (Ada); Jordan, Okmulgee, 50.55 (Catoosa); Louie, Seminole, 51.73 (Catoosa); Smith, Okmulgee, 52.10 (Catoosa); Chesney, Catoosa, 52.87 (Catoosa); Warren, Idabel, 53.22 (Ada).

800: Chesney, Catoosa, 2:04.89 (Catoosa); Lovett, Marlow, 2:05.77 (Ada); Dumas, Little Axe, 2:06.16 (Holdenville); Bashaw, Elk City, 2:06.87 (Fairview); Lampkin, Dickson, 2:07.57 (Lone Grove); Williams, Guymon, 2:08.55 (Fairview).

1600: Womack, Plainview, 4:45.28 (Ada); Clark, Plainview, 4:45.54 (Ada); Derosa, Poteau, 4:45.78 (Catoosa); Lewis, Little Axe, 4:46.50 (Holdenville); Dumas, Little Axe, 4:50.82 (Holdenville); Lampkin, Dickson, 4:54.51 (Lone Grove).

3200: Derosa, Poteau, 10:26.30 (Catoosa); Lampkin, Dickson, 10:47.77 (Lone Grove); Minson, Marlow, 10:43.20 (Pauls Valley); Johnson, Little Axe, 10:49.45 (Holdenville); Murray, Catoosa, 11:00.97 (Catoosa); Romo, Plainview, 11:06.44 (Lone Grove).

110H: Merritt, Tuttle, 14.49 (Lone Grove); Austin, Idabel, 14.64 (Ada); Thiel, Weatherford, 15.27 (Elk City); Cohen, Okmulgee, 15.55 (Catoosa); Merlyn, Plainview, 15.78 (Ada); Jackson, Cushing, 15.94 (Catoosa).

300H: Austin, Idabel, 41.11 (Ada); Cohen, Okmulgee, 41.58 (Catoosa); Marshall, Lone Grove, 42.16 (Lone Grove); Merlyn, Plainview, 42.23 (Lone Grove); Bell, Collinsville, 42.65 (Catoosa); Elroy, Marlow, 43.27 (Ada).

400 Relay: Idabel, 43.28 (Ada); Okmulgee, 43.57 (Catoosa); Lone Grove, 44.09 (Lone Grove); Weatherford, 44.39 (McGuinness); Cascia Hall, 44.86 (Catoosa); Tuttle, 45.10 (Lone Grove).

1600 Relay: Lone Grove, 3:29.51 (Lone Grove); Okmulgee, 3:32.61 (Catoosa); Idabel, 3:34.70 (Ada); Millwood, 3:35.30 (Ada); Catoosa, 3:37.26 (Catoosa); Weatherford, 3:39.55 (Elk City).

3200 Relay: Catoosa, 8:41.65 (Catoosa); Little Axe, 8:42.02 (Holdenville); Plainview, 8:45.70 (Lone Grove); Dickson, 8:52.69 (Lone Grove); Marlow, 8:54.94 (Ada); Okmulgee, 8:57.22 (Catoosa).

Shot: Owens, Sulphur, 50-9.5 (Lone Grove); Oldham, Harrah, 48-5 (Chandler); Knight, Dickson, 46-10.5 (Lone Grove); Purinton, Weatherford, 46-9 (Fairview); Miller, Anadarko, 44-10 (Fairview); Kemal, Seminole, 44-3 (Catoosa).

Disc: Scroggin, Weatherford, 132-6 (Fairview); Hicks, Guymon, 13-7 (Fairview); Plumly, Tuttle, 130-3 (Lone Grove); Knight, Dickson, 129-7 (Lone Grove); Compton, Weatherford, 127-4.5 (Elk City); Bell, Collinsville, 127 (Catoosa).

Long Jump: Peace, Idabel, 21-5 (Plainview); James, Byng, 21-0.25 (Holdenville); Taylor, Anadarko, 20-11.5 (Fairview); Deguisti, Harrah, 19-11 (Chandler); Mitchell, Plainview, 19-7.5 (Lone Grove); Kerr, Dewey, 18-10.25 (Holdenville).

High Jump: Barker, Plainview, 6-2 (Plainview); Stopp, Collinsville, 6-2 (Catoosa); Cook, Cushing, 6-2 (Chandler); Whistance, Catoosa, 6-0 (Chandler); Mitchell, Plainview, 6-0 (Plainview); Faulks, Idabel, 6-0 (Plainview); Watson, Guymon, 6-0 (Fairview); Conklin, Weatherford, 6-0 (McGuinness).

Pole Vault: Heard, Elk City, 15-1 (Fairview); Black, Marlow, 13-0 (Ada); Smith, Guymon, 13-0 (Fairview); Ward, Cushing, 12-6 (Catoosa); Douglass, Okmulgee, 11-6 (Catoosa); Rainey, Catoosa, 11-6 (Catoosa).

Guymon Invitational

3/21/95

GUYMON--Liberal High School from Kansas dominated the Guymon Invitational held here March 21st, winning all the relays in both divisions and most of the individual events. Beaver's Mandy Sage was the only Oklahoma double winner, taking the girls shot and discus.

Boys

TEAM SCORING: 1. Liberal, Kan. 280; 2. Boise City 114; 3. Beaver 62; 4. Guymon 53; 5. Texhoma 43; 6. Clayton 28; 7. Woodward 21.

100: 1. Chapman, Lib. 11.16; 2. West, Lib. 11.17; 3. Shephard, Ww. 11.52; 4. Wiltshire, Lib. 11.69; 5. Werner, Guy. 11.75; 6. Cornelson, Tx. 11.81.

200: 1. Hammond, Lib. 22.10; 2. West, Lib. 23.08; 3. Boan, Ww. 24.8; 4. Shephard, Ww. 24.20; 5. Werner, Guy. 24.25; 6. Alsop, Lib. 24.31.

400: 1. Pace, Lib. 52.43; 2. Watson, Guy. 52.84; 3. Love, Lib. 52.85; 4. Hill, Guy. 53.49; 5. Davenport, Lib. 55.53; 6. Vermillion, Lib. 55.63.

800: 1. Williams, Guy. 2:05.62; 2. Pace, Lib. 2:09.72; 3. Serna, BC. 2:10.27; 4. McCarter, Lib. 2:14.41; 5. Estrada, Cl. 2:14.99; 6. Crist, Cl. 2:15.32.

1600: 1. Montano, Lib. 4:49.66; 2. Williams, Guy. 4:59.18; 3. Cornelson, Lib. 5:01.99; 4. Wilson, Lib. 5:11.06; 5. Ortiz, BC. 5:21.61; 6. Aargon, Cl. 5:23.44.

3200: 1. Montano, Lib. 10:46.60; 2. Williams, Guy. 11:12.09; 3. Cornelson, Lib. 11:18.27; 4. Wilson, Lib. 11:46.71; 5. Gonzalez, BC. 11:55.95; 6. Aargon, Cl. 11:58.19.

110H: 1. Smith, Lib. 15.54; 2. Calhoun, Lib. 15.85; 3. Love, Lib. 16.20; 4. Cornelson, Tx. 16.98; 5. Maxwell, Lib. 17.23; 6. Kimble, Cl. 18.76.

300H: 1. Smith, Lib. 41.72; 2. Smith, Lib. 41.88; 3. Cornelson, Tx. 42.19; 4. Calhoun, Lib. 42.60; 5. Cardenas, Cl. 42.84; 6. Soell, BC. 45.14.

400 Relay: 1. Liberal 43.62; 2. Woodward 45.24; 3. Liberal B 46.10; 4. Clayton 46.41; 5. Guymon 46.52; 6. Boise City 47.25.

1600 Relay: 1. Liberal 3:38.38; 2. Boise City 3:39.07; 3. Guymon 3:43.23; 4. Clayton 3:45.66; 5. Woodward 3:49.83; 6. Liberal B 3:51.81.

3200 Relay: 1. Liberal 9:04.31; 2. Boise City 9:09.16; 3. Liberal B 9:18.88; 4. Guymon 9:45.70.

Shot: 1. Seers, Bea. 45-4; 2. Stott, Ww. 44-6; 3. (tie) Hilton, Guy. and Single, Lib. 41-5; 5. (tie) Hudson, Guy. and Calder, BC. 40-8.

Discus: 1. Fins, Ww. 127-5; 2. Sadler, BC. 126-1.5; 3. Ensigner, Lib. 126-0; 4. Clams, Lib. 119-1.5; 5. Keeling, Cl. 110-8.5; 6. Indees, Bea. 103-10.

Long Jump: 1. Chapman, Lib. 12-5.5; 2. Wob, BC. 20-3.5; 3. Lee, Lib. 20-2.5; 4. Poe, Lib. 19-4; 5. Enez, Lib. 18-9; 6. Curtis, Guy. 18-8.

High Jump: 1. Wilson, Guy. 6-4; 2. Sartin, Lib. 6-2; 3. Livingston, Lib. 6-2; 4. Wiltshire, Lib. 5-8; 5. (tie) Cardenas, Cl. and Olla, Lib. 5-6.

Pole Vault: 1. Smith, Guy. 13-0; 2. Ottinger, BC. 12-6; 3. Oell, BC. 12-0; 4. Webb, Lib. 11-6; 5. (tie) Keith, Cl. and Hoffman, Lib. 11-0.

Girls

TEAM SCORING: 1. Liberal 270.5; 2. Guymon 93.5; 3. Boise City 75; 4. Woodward 54; 5. Liberal JV 37.5; 6. Clayton 32; 7. (tie) Beaver, Texhoma 11.

100: 1. C. Ingram, Lib. 13.10; 2. D. Ingram, Lib. 13.13; 3. Neagle, Ww. 13.57; 4. Raska, Cl. 13.72; 5. Chacon, Tx. 13.86; 6. Curtis, Guy. 14.12.

200: 1. Winchester, Tx. 27.72; 2. Ward, Lib. 27.75; 3. Neagle, Ww. 28.08; 4. Caudell, Lib. 28.17; 5. Rosebury, BC. 28.91; 6. Parsons, Tx. 29.0.

400: 1. Wolfram, Lib. 1:02.75; 2. Parsons, Tx. 1:02.88; 3. Williams, BC. 1:04.06; 4. Rosebury, BC. 1:05.68; 5. Dachtile, Cuy. 1:07.70; 6. Scantlin, Lib. 1:09.92.

800: 1. Floyd, Lib. 2:32.62; 2. Gardener, Lib. 2:34.18; 3. Ogles, BC. 2:35.36; 4. Winchester, Tx. 2:35.56; 5. Curtis, Guy. 2:46.12; 6. Durbin, Lib. 2:50.62.

1600: 1. Wolfram, Lib. 5:44.09; 2. Kee, Bea. 6:02.09; 3. White, Lib. 6:20.96; 4. Franklin, Lib. 6:22.11; 5. Puebla, BC. 6:26.52; 6. Curtis, Guy. 6:32.

3200: 1. Wolfram, Lib. 12:19.05; 2. White, Lib. 14:06.61; 3. Franklin, Lib. 14:07.77; 4. Puebla, BC.



DURANT'S Chad Ballard clears 6-0 at the Irish Relays to finish third. Photo by John Hoke

14:14.55; 5. Bocack, BC. 14:21.41; 6. Skaggs, Bea. 15:35.94.

100H: 1. Fitzgerald, Lib. 16.84; 2. Bessire, Lib. 17.40; 3. Bradley, Lib. 18.12; 4. Boles, Lib. 19.90; 5. Parker, BC. 20.0.

300H: 1. Fitzgerald, Lib. 49.91; 2. Wilson, BC. 50.62; 3. Parker, BC. 52.32; 4. Bessire, Lib. 54.70; 5. Podzemny, Cl. 55.25; 6. Pillars, Bea. 56.50.

400 Relay: 1. Liberal 51.22; 2. Texhoma 54.0; 3. Boise City 55.52; 4. Guymon 54.99; 5. Clayton 55.52; 6. Beaver 56.79.

800 Relay: 1. Liberal 1:51.30; 2. Boise City 1:52.43; 3. Clayton 1:56.80; 4. Guymon 1:58.22.

1600 Relay: 1. Liberal 4:22.87; 2. Boise City 4:24.22; 3. Guymon 4:26.36; 4. Beaver 4:26.76.

3200 Relay: 1. Liberal 10:40.37; 2. Boise City 10:41.02; 3. Beaver 11:14.65; 4. Guymon 11:39.74.

Shot: 1. Sage, Bea. 36-10.5; 2. Shelton, Lib. 36-1.5; 3. Gregg, Bea. 34-10; 4. Reynolds, Lib. 33-8; 5. Skelton, Tx. 33-5.5; 6. Stinson, Ww. 33-5.

Discus: 1. Sage, Bea. 122-1.5; 2. Stinson, Ww. 118-6.5; 3. Reynolds, Lib. 116-8; 4. Gregg, Bea. 112-0; 5. Beckley, Guy. 97-3.5; 6. Mauldin, Lib. 87-10.5.

Long Jump: 1. D. Ingram, Lib. 17-8; 2. Ward, Lib. 16-3.5; 3. C. Ingram, Lib. 15-7; 4. Liese, Guy. 15-2; 5. Crabtree, BC. 15-1; 6. Littrell, Guy. 14-3.5.

High Jump: 1. Johnson, BC. 5-6; 2. Wolfram, Lib. 5-4; 3. Pod, Cl. 5-4; 4. McMurphy, Guy. 5-2; 5. Riney, Lib. 4-10; 6. Boles, Lib. 4-10.

Enid Invitational

3/25/95

Boys

TEAM SCORING: 1. Enid 185; 2. Norman 148; 3. MacArthur 74; 4. McGuinness 33; 5. (tie) Ponca City, Woodward 31; 7. Norman JV 1.

100: 1. Thatcher, Nor. 11.42; 2. Daniels, Enid. 11.50; 3. Atkinson, Mac. 11.58; 200: 1. Atkinson, Mac. 23.30; 2. Daniels, Enid. 23.61; 3. Paul, Mac. 23.85; 400: 1. Giddings, Mac. 50.42; 2. Maddox, Mac. 51.56; 3. Rivers, Enid. 51.95; 800: 1. Wolfe, Enid. 2:01.25; 2. Christofferson, McG. 2:03.77; 3. Springer, 2:05.11; 1600: did not run due to weather.

3200: 1. Donnelly, Nor. 9:56.42; 2. Baer, Nor. 9:57.84; 3. Wolfe, Enid. 10:28.01; 110H: 1. Schat, Nor. 18.0; 2. Benson, Nor. 18.28; 3. Love, Nor. 18.47; 300H: 1. Benson, Nor. 42.02; 2. Simms, Ww. 43.73; 3. Newton, Enid. 43.8; 400 Relay: 1. MacArthur 43.58; 2. Enid 44.58; 3. Woodward 46.38; 1600 Relay: did not run due to weather.

3200 Relay: 1. Norman 8:15.84; 2. Enid 8:21.55; 3. Ponca City 9:14.71; Shot: 1. Ridgeway, Nor. 48-10; 2. Richards, Nor. 48-9; 3. Allen, Enid. 45-0.5; Discus: 1. Allen, Enid. 148-0; 2. Casey, Nor. 134-2; 3. Peppens, Ww. 131-8.5; Long Jump: 1. Shoals, Enid 22-0; 2. Holt, McG. 20-5.25; 3. Akounlaphouri, Enid. 20-2; High Jump: 1. Holt, McG. 6-4; 2. Akounlaphouri, Enid. 6-3; 3. Beech, Enid. 6-3; Pole Vault: 1. Westfield, PC. 13-6; 2. Lamunyon, Nor. 13-0; 3. Jackson, Enid. 11-0.

Girls

TEAM SCORING: 1. Norman 170; 2. Enid 145; 3. Ponca City 47; 4. Woodward 40; 5. MacArthur 33; 6. McGuinness 21; 7. Shawnee 10.

100: 1. Orr, Nor. 13.26; 2. Dixon, Enid. 13.34; 3. Neagle, Ww. 13.92; 200: 1. Orr, Nor. 27.55; 2. Caleb, Enid. 28.14; 3. Neagle, Ww. 28.57; 400: 1. DeLozier, Nor. 1:03.75; 2. Arndt, Enid. 1:06; 84; 3. Sims, Enid. 1:07.07; 800: 1. Reser, Nor. 2:28.20; 2. Airtington, McG. 2:37.82; 3. Bednarski, PC. 2:39.19; 1600: did not run due to weather. 3200: 1. Gibson, Sh. 12:20.99; 2. Airtington, McG. 12:38.18; 3. Dennes, Nor. 13:45.34; 100H: 1. Stewart, Nor. 16.44; 2. Coles, Nor. 16.81; 3. Gamble, Enid. 17.08; 300H: 1. Gamble, Enid. 48.48; 2. Stewart, Nor. 51.07; 3. Davis, Nor. 51.59; 400 Relay: 1. Norman 51.5; 2. Enid 51.72; 800 Relay: 1. Norman 1:51.98; 2. Enid 1:52.82; 3. Ponca City 1:57.81; 1600 Relay: did not run due to weather. 3200 Relay: 1. Norman 10:20.81; 2. Ponca City 11:17.23; 3. Enid 11:30.53; Shot: 1. Palmer, Nor. 39-3; 2. Stinson, Ww. 38-10; 3. Johnson, Nor. 33-10.5; Discus: 1. Stinson, Ww. 121-11; 2. Palmer, Nor. 118-8; 3. Holt, Nor. 103-11.5; Long Jump: 1. Frantz, Enid. 16-3.5; 2. Halverson, Nor. 15-5.75; 3. Revels, Enid 15-3.25; High Jump: 1. Frantz, Enid. 5-0; 2. French, Ww. 4-8; 3. Stauffer, PC. 4-8.

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4A GIRLS AND BOYS SEASON LEADERS

4A GIRLS

100: Morrow, Northeast, 12.25 (Ada); Bashaw, Kelley, 12.47 (Catoosa); Weatherall, Northeast, 12.78 (Ada); Kelly, McGuinness, 12.82 (Edmond); Willis, MacArthur, 12.91 (Catoosa); Floyd, East Central, 12.97 (Catoosa).

200: Morrow, Northeast, 25.94 (Ada); Bashaw, Kelley, 26.58 (Catoosa); Harbin, Hale, 26.72 (Union); Kelly, McGuinness, 27.25 (Edmond); Floyd, East Central, 27.31 (Catoosa); Weatherall, Northeast, 27.41 (Ada).

400: Roberts, John Marshall, 1:01.5 (Norman); B. Bratton, Hale, 1:02.47 (Webster); Monroe, Guthrie, 1:02.84 (Ada); Hogan, Kelley, 1:04.71 (Bartlesville); Carrol, Broken Bow, 1:04.87 (Ada); Ware, Broken Bow, 1:06.15 (Ada).

800: B. Bratton, Hale, 2:24.74 (Union); Hoke, McGuinness, 2:32.72 (Edmond); Smith, Broken Bow, 2:35.66 (Ada); Hogan, Kelley, 2:35.74 (Broken Arrow); Cowan, Guthrie, 2:37.42 (Ada); Airington, McGuinness, 2:37.82 (Enid).

1600: Boothe, McGuinness, 5:30 (Edmond); Woodard, Guthrie, 5:39.84 (Ada); Long, McGuinness, 5:42 (Edmond); A. Bratton, Hale, 5:46 (Webster); M. Bratton, Hale, 5:52 (Webster); Nemec, Kelley, 6:05.88 (Catoosa).

3200: A. Bratton, Hale, 11:59.12 (Union); Nemec, Kelley, 12:23.6 (Bartlesville); Airington, McGuinness, 12:38 (Enid); Woodard, Guthrie, 12:42.97 (Ada); Lawrence, McGuinness, 12:55.31 (Edmond); Zachariae, Hale, 13:21 (Webster).

100H: Peel, Tulsa Central, 15.03 (Union); Bell, McLain, 15.47 (McGuinness); Patton, Durant, 16.53 (Ada); Wisby, John Marshall, 16.76 (Norman); Bender, Ada, 16.90 (Ada); Norwood, Broken Bow, 16.95 (Ada).

300H: Bell, McLain, 47.71 (Webster); Swanegan, John Marshall, 50.98; Keaton, McGuinness, 51.85 (Edmond); Young, Broken Bow, 51.96 (Ada); Norwood, Broken Bow, 52.24 (Ada); Clay, Durant, 54.81 (McGuinness).

400 Relay: Tulsa Central 49.78 (Webster); John Marshall 51.14 (Norman); McGuinness 51.55 (Edmond); McLain, 52.66 (Union); East Central 52.84 (Webster); Hale 53.28 (Webster).

800 Relay: Tulsa Central 1:48.44 (Webster); McGuinness 1:50.57 (Edmond); John Marshall 1:50.79 (Norman); McLain 1:50.96 (Union); East Central 1:53.75 (Webster); Broken Bow 1:55.16 (Ada).

1600 Relay: Hale 4:20.18 (Union); John Marshall 4:24.5 (Norman); Guthrie 4:25.67 (Ada); Broken Bow 4:26.80 (Ada); Kelley 4:34.54 (Catoosa); McLain 4:35 (Webster).

3200 Relay: McGuinness 10:10.96 (Edmond); Hale 10:17.88 (Union); Guthrie 10:33.27 (Ada); Kelley 10:38.86 (Bartlesville); Broken Bow 10:43.13 (Ada); Duncan 11:25.69 (Ada).

Shot: Stinson, Woodward, 38-10 (Enid); Smith, Claremore, 36-5.75 (Bartlesville); Gordon, Broken Bow, 34-10.5 (Ada); Gilbert, Northeast, 33-11 (Ada); Smith, Northeast, 33-8 (Putnam City); Currie, Tulsa Central, 33-3 (Webster).

Discus: Stinson, Woodward, 127-5 (Fairview); J. Smith, Claremore 123-0 (Broken Arrow); A. Smith, Claremore, 115-6 (Broken Arrow); Mowles, Durant, 111-8.5 (Ada); Stewart, MacArthur, 104-0 (Catoosa); Smith, Northeast, 103-1.75 (Ada).

Long Jump: Evans, McGuinness, 15-9 (McGuinness); Imel, McGuinness, 15-7 (McGuinness); Carroll, Broken Bow, 15-2.5 (Ada); Wisby, John Marshall, 15-0 (Norman); Smith, Durant, 14-8.25 (Ada); Currie, Tulsa Central, 14-6.25 (Webster).

High Jump: Slavonic, McGuinness, 5-2 (Edmond); Campbell, Claremore, 5-0 (Bartlesville); Brisco, Duncan, 5-0 (Ada); Hladik, Guthrie, 5-0 (Ada); Ishcomar, Broken Bow, 4-10 (Ada); French, Woodward, 4-8 (Enid); Jones, John Marshall, 4-8 (Norman); Green, McGuinness, 4-8 (McGuinness); Smith, Duncan, 4-8 (Ada); Smith, Durant, 4-8 (Ada).

4A BOYS

100: Daniels, Ada, 10.57 (Ada); Thomas, Broken Bow, 10.69 (Ada); Golson, Guthrie, 10.79 (Ada); Brooks, McLain, 10.87 (Union); Herron, McLain, 11.03 (Webster); Jefferson, Ada, 11.10 (Ada); Matthews, John Marshall, 11.10 (Norman).

200: Thomas, Broken Bow, 22.39 (Ada); Thompson, Webster, 22.70 (Catoosa); Bone, Broken Bow, 22.85 (Ada); Brooks, McLain, 22.97 (Webster); McClellan, Tulsa Central, 23.16 (Webster); Thomas, Broken Bow, 23.19 (Ada).

400: M. Calhoun, John Marshall, 50.19 (Norman); Giddings, MacArthur, 50.42 (Enid); K. Calhoun, John Marshall, 51.5 (Norman); Maddox, MacArthur, 51.56 (Enid); Carroll, Tulsa Central, 51.71 (Union); Dickey, Duncan, 51.72 (Ada).

800: Cantrell, Ada, 2:02.20 (Ada); Cardoza, Duncan, 2:02.47 (Ada); Wilson, Durant, 2:02.62 (Ada); Christofferson, McGuinness, 2:03.77 (Enid); Bailey, Tulsa Central, 2:04.87 (Webster); Short, Broken Bow, 2:06.21 (Ada).

1600: Mason, Northeast, 4:34.30 (Putnam City); Lewis, Duncan, 4:49.98 (Ada); Sexauer, McGuinness, 4:50.53 (Edmond); Wilson, Durant, 4:50.56 (Ada); Corley, Durant, 4:55.59 (Ada); Damron, Guthrie, 4:58.0 (Ada).

3200: Mason, Northeast, 10:00.15 (Putnam City); Styron, McGuinness, 10:14.72 (Edmond); Filener, Duncan, 10:49.50 (Ada); Damron, Guthrie, 10:56.10 (Ada); Lowery, Carl Albert, 11:01.78 (Putnam City); Corley, Durant, 11:05.06 (Ada).

110H: Matthews, John Marshall, 14.63 (Norman); Braddy, Northeast, 14.66 (Ada); Curtis, Duncan, 14.75 (Ada); Simpkins, U.S. Grant, 15.9 (Putnam City); Bobcock, John Marshall, 16.10 (Norman); Thompson, John Marshall, 16.10 (Norman).

300H: Matthews, John Marshall, 39.62 (Norman); Braddy, Northeast, 41.47 (Putnam City); Curtis, Duncan, 41.59 (Ada); Babcock, John Marshall, 42.0 (Norman); Rowland, Durant, 42.63 (Ada); Postier, Kelley, 43.92 (Catoosa).

400 Relay: Broken Bow, 42.75 (Ada); Ada 42.93 (Ada); McLain 43.02 (Webster); Tulsa Central 43.33 (Webster); MacArthur 43.58 (Enid); Guthrie 45.04 (Ada).

1600 Relay: Duncan 3:30.73 (Ada); McGuinness 3:30.92 (Edmond) Tulsa Central 3:31 (Webster); Ada 3:37.38 (McGuinness); East Central 3:44 (Webster); Guthrie 3:45.09 (Ada).

3200 Relay: Duncan 8:29.9 (Ada); John Marshall 8:31.30 (Norman); McGuinness 9:35.74 (Edmond); Claremore 8:39.66 (Catoosa); Guthrie 8:45.24 (Ada); Kelley 8:51.0 (Catoosa).

Shot: Rutherford, Broken Bow, 53-4 (Ada); Cleskey, Claremore, 50-9.5 (Bartlesville); Cook, Ada, 50-9 (Ada); Wooten, Broken Bow, 48-9.5 (Ada); Galloway, Broken Bow, 45-6.5 (Ada); Ward, McGuinness, 41-11 (Edmond).

Discus: Galloway, Broken Bow, 165-0 (Ada); Rutherford, Broken Bow, 162-1.25 (Ada); Rakes, Webster, 153-0 (Webster); Thomas, Ada, 137-6.75 (McGuinness); Meddock, Broken Bow, 136-2 (Ada); Jayme, Noble, 135-1 (Ada).

Long Jump: Carroll, Tulsa Central, 22-0 (Webster); Thomas, Broken Bow, 21-11.25 (Ada); Tweet, Broken Bow, 20-10.75 (Ada); Thomas, Ada, 20-11 (McGuinness); Weary, John Marshall, 20-10 (Norman); Hannah, John Marshall, 20-9 (Norman).

High Jump: Ballard, Durant, 6-7 (Ada); Holt, McGuinness, 6-4 (Enid); McLauchlin, McGuinness, 6-2 (McGuinness); Ezell, Durant, 6-2 (Ada); Bywater, Claremore, 6-2 (Bartlesville).

Pole Vault: Bethea, Claremore, 13-6 (Catoosa); Noviski, Claremore, 13-0 (Catoosa); McNulty, McGuinness, 11-6 (Edmond); Grider, Durant, 11-6 (Ada); Chesney, Claremore, 11-0 (Catoosa).

Ringwood 8-Man Meet

Ringwood High School

3/18/95

RINGWOOD--Pond Creek-Hunter won the 800 and 3200 meter relays and finished second in the 1600 relay in winning the Ringwood 8-Man Invitational held here March 18th at Ringwood High School.

The Lady Panthers finished with 139 points, followed by Buffalo in second with 86 and Pioneer-Pleasant Vale third at 85.

Double winners were Buffalo's Shane in the hurdles and Pioneer-Pleasant Vale's Tara Overstreet in the 1600/3200.

Covington-Douglas-Garber, in their first year as a co-op, won the boys title with 149 points followed by Pond Creek-Hunter with 89 and Ringwood with 69.

Double winners were Jeff Schmidt, Covington-Douglas-Garber, 200/400 and Pioneer-Pleasant Vale's Barry Collins, 1600/3200.

Girls

TEAM SCORING: 1. Pond Creek-Hunter 139; 2. Buffalo 86; 3. Pioneer-Pleasant Vale 85; 4. Waynoka 58; 5. Covington-Douglas-Garber 46; 6. Mt. View-Gotobo 45; 7. Alex 34; 8. (tie) Ringwood, Cherokee 18; 10. Deer Creek-Lamont 16; 11. Shidler 14; 12. Timberlake 6; 13. Burns Flat-Dill City 5.

100: 1. Morris, Buf, 12.95; 2. Birchell, MVG, 13.60; 3. Laird, MVG, 13.76; 4. Werner, Rin, 13.78; 5. Keyser, Way, 13.88; 6. Gage, Alex, 13.95.

200: 1. Reese, CDG, 28.75; 2. Hett, PCH, 28.81; 3. Gage, Alex, 28.88; 4. Parsons, Way, 29.81; 5. Mitchell, PPV, 29.85; 6. Hargis, BFDC, 30.46.

400: 1. Meek, Way, 1:04.12; 2. Reese, CDG, 1:04.63; 3. Kirby, PCH, 1:06.10; 4. Hargis, BFDC, 1:07.30; 5. Flealny, MVG, 1:09.46; 6. Soonmore, PCH, 1:09.81.

800: 1. A. Overstreet, PPV, 2:34.32; 2. Brewer, PCH, 2:37.43; 3. T. Overstreet, PPV, 2:40.90; 4. Furman, Buf, 2:44.37; 5. Bushnell, PCH, 2:47.48; 6. Rogers, Alex, 2:49.71.

1600: 1. T. Overstreet, PPV, 6:06.32; 2. A. Overstreet, PPV, 6:16.66; 3. Bushnell, PCH, 6:30.43; 4. Earp, MVG, 6:59.09; 5. Alexander, Alex, 7:47.73.

3200: 1. T. Overstreet, PPV, 13:34.32; 2. Earp, MVG, 15:29.13; 3. Alexander, Alex, 17:25.82.

100H: 1. Shane, Buf, 17.58; 2. Real, Shi, 18.70; 3. Kirkpatrick, PCH, 19.27; 4. Allison, Alex, 20.56; 5. McElroy, PPV, 6. Cinnamon, CDG.

300H: 1. Shane, Buf, 53.63; 2. Kirkpatrick, PCH, 54.91; 3. Rohn, Tim, 58.14; 4. Williams, Alex, 1:00.86; 5. Schuerman, PCH, 1:01.5.

400 Relay: 1. Waynoka 52.56; 2. Pond Creek-Hunter 52.62; 3. Pioneer-Pleasant Vale 55.31.

800 Relay: 1. Pond Creek-Hunter 1:52.47; 2. Waynoka 1:54.70; 3. Mt. View-Gotobo 1:56.19; 4. Pioneer-Pleasant Vale 2:00.26.

1600 Relay: 1. Buffalo 4:39.26; 2. Pond Creek-Hunter 4:39.98; 3. Covington-Douglas-Garber 4:43.77.

3200 Relay: 1. Pond Creek-Hunter 11:09.06; 2. Pioneer-Pleasant Vale 11:16.37; 3. Covington-Douglas-Garber 11:23.59.

Shot: 1. Cole, DCL, 34-7.5; 2. Wilbur, Che, 32-7; 3. Carr, Alex, 31-5; 4. Catlin, Buf, 31-1; 5. Hawk, PCH, 30-8.5; 6. Roberts, PPV, 28-3.25.

Discus: 1. Wilbur, Che, 109-1; 2. Catlin, Buf, 100-7.25; 3. Cole, CDL, 97-2.75; 4. Carr, Alex, 84-7; 5. Wilhelm, Shi, 80-4; 6. Morris, CDG, 78-10.

Long Jump: 1. Kirby, PCH, 16-2; 2. Schultz, PCH, 15-6; 3. Parsons, Way, 15-5; 4. Birchell, MVG, 15-5; 5. Fisher, CDG, 14-4.75; 6. Johnson, MVG, 14-3.

High Jump: 1. Pyle, Buf, 5-0; 2. Inman, Rin, 5-0; 3. Werner, Rin, 4-8; Reed, Shi, 4-4.

Boys

TEAM SCORING: 1. Covington-Douglas-Garber 149; 2. Pond Creek-Hunter 89; 3. Ringwood 69; 4. Merritt 58; 4. Cherokee 51; 5. Timberlake 39; 6. (tie) Pioneer-Pleasant Vale, Burns Flat-Dill City 28; 8. Buffalo 4; 9. Waynoka 2; 10. Shidler 1.

100: 1. Seacrest, Mer, 11.43; 2. Rice, Rin, 11.60; 3. Shelton, BFDC, 11.75; 4. Garcia, Rin, 11.80; 5. Dirkee, Way, 11.94; 6. Davis, Shi, 12.01.

200: 1. Schmidt, CDG, 22.93; 2. Stegrist, Mer, 23.06; 3. Fowble, Rin, 24.26; 4. Stein, Che, 24.97; 5. Lambert, Che, 25.21; 6. Shindler, CDG, 25.86.

400: 1. Schmidt, CDG, 54.05; 2. Jackson, Rin, 54.07; 3. Lambert, Che, 55.24; 4. Hughes, Buf, 57.69; 5. Campbell, PCH, 57.85; 6. Davis, Tim, 58.94.

800: 1. Levings, Buf, 2:10.87; 2. Clover, PCH, 2:10.96; 3. Auld, BFDC, 2:13.41; 4. Majors, Rin, 2:15.15; 5. Hill, BFDC, 2:15.16; 6. Early, PCH, 2:18.84.

1600: 1. Collins, PPV, 5:25.85; 2. Brook, CDG, 5:31.63; 3. Robinson, PCH, 5:33.16; 4. Osborn, PCH, 5:43.47; 5. McEachern, Tim, 5:48.11; 6. Benson, CDG, 5:52.46.

3200: 1. Collins, PPV, 11:45.36; 2. McEachern, Tim, 12:4.08; 3. Osborn, PCH, 12:09.94; 4. Crop, CDG, 12:16.65.

110H: 1. Duran, Tim, 23.40; 2. McEachern, Tim, 23.48.

300H: 1. Simic, CDG, 43.16; 2. Coy, Mer, 45.05; 3. Sanders, Mer, 47.56; 4. Sottle, Mer, 50.09; 5. Allen, Tim, 50.71; 6. Summers, Tim, 51.76.

400 Relay: 1. Covington-Douglas-Garber 46.21; 2. Cherokee 46.40; 3. Pond Creek-Hunter 48.29; 4. Pioneer-Pleasant Vale 48.82; 5. Timberlake 50.60.

1600 Relay: 1. Covington-Douglas-Garber 3:43.90; 2. Cherokee 3:44.56; 3. Pond Creek-Hunter 3:51.81; 4. Burns Flat-Dill City 3:53.09; 5. Ringwood 3:54.10; 6. Merritt 4:06.52.

3200 Relay: 1. Pond Creek-Hunter 9:11.67; 2. Covington-Douglas-Garber 10:14.88.

Shot: 1. Kroll, CDG, 47-2.5; 2. Reese, CDG, 42-9.5; 3. Walker, BFDC, 41-8.25; 4. McReynolds, PCH, 40-3; 5. Butcher, CDG, 38-9.25; 6. Allen, Tim, 37-10.

Discus: 1. Reese, CDG, 127-1; 2. Kroll, CDG, 124-1.5; 3. McReynolds, PCH, 108-4; 4. Walker, BFDC, 106-10.5; 5. Allen, Tim, 104-1.5; 6. Butcher, CDG, 88-9.5.

Long Jump: 1. Selgrist, Mer, 19-7; 2. Bowble, Rin, 19-5; 3. Ream, Ch, 18-9; 4. Buzan, CDG, 18-6.25; 5. Garcia, Rin, 18-3.25; 6. Hager, Che, 18-1.75.

High Jump: 1. Selgrist, Mer, 6-3; 2. White, PCH, 6-0; 3. Fowble, Rin, 6-0; 4. Simic, CDG, 5-10; 5. Theilen, CDG, 5-10; 6. Jackson, Rin, 5-8.

Pole Vault: 1. Westfahl, Rin, 8-9; 2. Major, Rin, 8-9.

*meet record

Jesuit-Shearer Relays

Hagger Stadium
Dallas, Texas

3/25/95

DALLAS, Texas--The Altus boys edged Poteet High School of Mesquite, Texas, 97-94, for the 4A team title in the tough Jesuit-Shearer Relays held here at Hagger Stadium March 25th. The Bulldogs' David Bennett was the meet's high scorer, with 25 points, winning the 110 meter hurdles, the high jump and running on the winning 400 meter relay team.

In the 5A division, Eisenhower finished a respectable 4th, claiming one individual win from Ed Robinson in the discus.

4A Boys

TOP TEAMS: 1. Altus 97; 2. Mesquite Poteet 94; 3. Seagoville 76; 4. Jesuit 69; 5. Terrell 68.

ALTUS RESULTS--100: 3. McMillin, 11.14; **400:** 3. Raiden, 50.62; **1600:** 3. Whitlock, 4:41.18; **110H:** 1. Bennett, 14.4; **400 Relay:** 1. Altus 42.43; **Shot:** 1. Jones, 50-2.25; **Discus:** 2. Humble, 133-2; **High Jump:** 1. Bennett, 6-4.

5A Boys

TOP TEAMS: 1. Carter 100; 2. Odessa 91; 3. DeSoto 90; 4. Eisenhower 68; 5. Arlington Bowie 56.

EISENHOWER RESULTS--1600: 3. Jefferson, 4:40.44; **3200:** 3. Jefferson, 10:16.97; **Discus:** 1. Robinson, 159-2; **Long Jump:** 3. Jones, 22-0; **High Jump:** 2. Sleet, 6-4.



MCGUINNESS' Candace Claro hands off to Erin Kelly in the 400 meter relay at the Irish Relays. The Irish girls finished third behind Holdenville and Casady. Photo by John Hoke

5A GIRLS AND BOYS SEASON LEADERS

5A GIRLS

100: Tucker, Midwest City, 12.5 (Norman); Givens, Union, 12.5 (Union); Dulaney, Edmond North, 12.69 (Edmond); Ledbetter, Rogers, 12.71 (Union); Schumpert, B.T. Washington, 12.76 (Union); Hansen, Edmond Memorial, 13.02 (Edmond).

200: Tucker, Midwest City, 25.52 (Norman); Schumpert, B.T. Washington, 26.24 (Webster); Ledbetter, Rogers, 26.27 (Union); Sorrells, Edmond Memorial, 26.71 (Edmond); Ray, Jenks, 26.9 (Bartlesville); Fontenot, Bartlesville, 27.55 (Broken Arrow); Orr, Norman, 27.55 (Enid).

400: Prescott, Putnam North, 1:01.9 (Putnam City); Mims, B.T. Washington, 1:01.45 (Webster); Thompson, B.T. Washington, 1:02.17 (Webster); Fontenot, Bartlesville, 1:02.21 (Broken Arrow); Sorrells, Edmond Memorial, 1:02.61 (Edmond); Trogdon, Broken Arrow, 1:02.66 (Broken Arrow).

800: O'Rourke, Jenks, 2:21.94 (Union); 2. Dearman, Sapulpa, 2:23.68 (Union); White, Tahlequah, 2:24.13 (Union); Haley, Stillwater, 2:25.03 (Union); Barker, Jenks, 2:26.50 (Union); DeLozier, Norman, 2:27.88 (Norman).

1600: O'Rourke, Jenks, 5:27.46 (Bartlesville); Corbett, Bartlesville, 5:30.04 (Bartlesville); Ahlgren, Jenks, 5:33.16 (Union); Riddle, Union, 5:39.14 (Union); McClain, Union, 5:45.5 (Union); Housley, Sapulpa, 5:47.57 (Bartlesville).

3200: McClain, Union, 11:59.68 (Union); Ahlgren, Jenks, 12:00.69 (Bartlesville); Housley, Sapulpa, 12:03.48 (Union); Riddle, Union, 12:09.11 (Union); Miller, Edmond North, 12:18.16 (Edmond); Gibson, Shawnee, 12:20.99 (Enid).

100H: Burns, B.T. Washington, 14.14 (Webster); Hill, Union, 15.38 (Union); Stewart, Norman, 16.44 (Enid); Miller, Bartlesville, 16.69 (Bartlesville); Cook, Rogers, 16.71 (Webster); Coles, Norman, 16.81 (Enid).

300H: Nickens, Jenks, 47.29 (Union); Laughry, Jenks, 47.30 (Union); Gamble, Enid, 48.48 (Enid); Bruner, Northwest Classen, 49.04 (Putnam City); Wheat, Bartlesville, 49.72 (Bartlesville); Calico, Union, 50.29 (Union).

400 Relay: Union, 49.80 (Union); Jenks, 50.35 (Bartlesville); B.T. Washington, 50.36 (Webster); Midwest City, 50.44 (Norman); Northwest Classen, 50.8 (Putnam City); Edmond Memorial, 51.5 (Norman); Norman, 51.5 (Enid).

800 Relay: B.T. Washington, 1:46.17 (Webster); Jenks, 1:46.77 (Union); Union, 1:46.83 (Union); Midwest City, 1:48.02 (Norman); Norman, 1:51.98 (Enid); Rogers, 1:52.20 (Webster).

1600 Relay: Jenks, 4:09.69 (Union); Norman, 4:19.66 (Norman); Union, 4:17.12 (Union); B.T. Washington, 4:17.57 (Union); Broken Arrow, 4:19.36 (Bartlesville); Edmond Memorial, 4:20.85 (Edmond).

3200 Relay: Jenks, 9:49.66 (Union); Union, 10:07.98 (Union); Norman, 10:11.58 (Norman); Sapulpa, 10:18.81 (Union); Edmond North, 10:26.65 (Edmond); Stillwater, 10:33.95 (Bartlesville).

Shot: Schlegel, Union, 41-8.5 (Union); Palmer, Norman, 39-3 (Enid); Taylor, Stillwater, 38-6 (Union); Smith, Midwest City, 36-2 (Norman); Johnson, Norman, 35-6.5 (Norman); Walters, Rogers, 35-0.5 (Webster).

Discus: Schlegel, Union, 126-1 (Broken Arrow); Palmer, Norman, 118-8 (Enid); Webster, Edmond North, 113-0 (Edmond); Laughry, Jenks, 107-5 (Bartlesville); Taylor, Stillwater, 104-11 (Union); Hensley, Edmond Memorial, 104-6 (Edmond).

Long Jump: Johnson, Jenks, 17-6 (Bartlesville); Ledbetter, Rogers, 17-2.5 (Union); Frantz, Enid, 16-6 (Putnam City); Suzuki, Jenks, 16-6 (Bartlesville); Bell, B.T. Washington, 16-2.5 (Webster); Halverson, Norman, 15-5.75 (Enid).

High Jump: Toole, Edmond North, 5-6 (Norman); Chapman, Broken Arrow, 5-1 (Bartlesville); Wooden, Broken Arrow, 5-1 (Bartlesville); Frantz, Enid, 5-0 (Enid); Van Duyn, Edmond Memorial, 4-8 (Edmond); Mason, Tahlequah, 4-8 (Union).

5A BOYS

100: Birch, Rogers, 10.38 (Union); Mosely, Westmoore, 10.54 (Edmond); Johnson, Edmond North, 10.75 (Edmond); Wakefield, Edmond North, 10.81 (Edmond); Smith, Edmond North, 10.85 (Edmond); Tyler, Jenks, 10.9 (Bartlesville).

200: Birch, Rogers, 21.42 (Webster); Sensintaffar, Sand Springs, 21.8 (Bartlesville); Leon, Moore, 22.16 (Norman); Tyler, Jenks, 22.28 (Jenks); Johnson, Edmond North, 22.3 (Norman); Dainty, Union, 22.30 (Union).

400: Sensintaffar, Sand Springs, 49.1 (Bartlesville); Birch, Rogers, 49.17 (Webster); Roberts, Broken Arrow, 49.2 (Bartlesville); Leon, Moore, 50.42 (Norman); McFarland, Midwest City, 50.72 (Norman); Jefferson, Stillwater, 50.8 (Bartlesville).

800: Crook, Sapulpa, 1:59.29 (Union); Halsey, Jenks, 1:59.60 (Union); Starks, Union, 1:59.95 (Union); Buhl, Edmond Memorial, 2:00.0 (Edmond); Bennett, Norman, 2:00.63 (Norman); Wolfe, Enid, 2:01.25 (Enid).

1600: Wolfe, Enid, 4:37.16 (Putnam City); Reid, Jenks, 4:37.6 (Bartlesville); Owens, Owasso, 4:39.58 (Putnam City); Jefferson, Eisenhower, 4:40.44 (Dallas); McDonald, Broken Arrow, 4:42.46 (Bartlesville); Podoll, Edmond Memorial, 4:44.0 (Edmond).

3200: Donnelly, Norman, 9:56.42 (Enid); Baer, Norman, 9:57.84 (Enid); Wolfe, Enid, 10:04.34 (Putnam City); Podoll, Edmond Memorial, 10:09.0 (Edmond); Reid, Jenks, 10:13.10 (Union); Jefferson, Eisenhower, 10:16.97 (Dallas).

110H: Jones, Jenks, 15.36 (Bartlesville); Kane, Stillwater, 15.41 (Union); Hallum, Union, 15.64 (Union); Briscoe, Edmond North, 15.74 (Edmond); Kabba, Westmoore, 16.16 (Edmond); Gerkin, Jenks, 16.38 (Union).

300H: Vann, Sapulpa, 39.97 (Bartlesville); Jones, Jenks, 40.16 (Union); Browning, Putnam West, 40.53 (Putnam City); Lydon, Westmoore, 40.97 (Edmond); Carter, Union, 41.73 (Union).

400 Relay: Union, 42.37 (Union); Edmond North, 42.75 (Norman); Jenks, 42.82 (Union); Del City, 43.15 (Putnam City); Westmoore, 43.28 (Edmond); Moore, 43.44 (Norman).

1600 Relay: Edmond North, 3:20.25 (Edmond); Jenks, 3:27.39 (Union); Del City, 3:28.65 (Putnam City); Moore, 3:28.99 (Norman); Sapulpa, 3:29.68 (Union); Rogers, 3:30.0 (Webster).

3200 Relay: Norman, 8:15.84 (Enid); Edmond Memorial, 8:19.27 (Edmond); Jenks, 8:20.81 (Union); Enid, 8:21.55 (Enid); Union, 8:27.65 (Union); Edmond North, 8:28.25 (Edmond).

Shot: Anderson, Moore, 53-10 (Putnam City); Bennett, Union, 53-0.5 (Bartlesville); Fitzgerald, Putnam North, 52-4.5 (Putnam City); Ridgeway, Norman, 48-10 (Enid); Richards, Norman, 48-9 (Enid); LeBlanc, Edmond North, 47-0 (Edmond).

Discus: Fitzgerald, Putnam North, 175-4 (Putnam City); 2. Dicus, Jenks, 173-2.5 (Bartlesville); Robinson, Eisenhower, 159-2 (Dallas); LeBlanc, Edmond North, 158-11 (Edmond); Rakes, Webster, 153-0 (Webster); Brown, Tahlequah, 150-0 (Broken Arrow).

Long Jump: Ratliff, B.T. Washington, 23-4 (Webster); Winfrey, Union, 22-0.5 (Bartlesville); Jones, Eisenhower, 22-0 (Dallas); Shoals, Enid, 22-0 (Enid); Cavitt, Jenks, 21-11.25 (Jenks); Ross, Yukon, 21-11 (Putnam City); Turner, Norman, 21-11 (Norman).

High Jump: Fulton, Owasso, 6-4 (Union); Primrose, Moore, 6-4 (Jenks); Smith, Muskogee, 6-4 (Broken Arrow); Sleet, Eisenhower, 6-4 (Dallas); Akounlaphouri, Enid, 6-3 (Enid); Beech, Enid, 6-3 (Enid).

Pole Vault: Kopp, Bartlesville, 13-6 (Bartlesville); Westfield, Ponca City, 13-6 (Enid); Burdick, Jenks, 13-0 (Bartlesville); K. Conaway, Edmond North, 13-0 (Norman); Lamunyon, Norman, 13-0 (Enid); Ormiston, Edmond Memorial, 13-0 (Edmond).

Hooker Relays

Hooker High School

3/25/95

BOYS

TEAM SCORING: 1. Boise City 165; 2. Hooker 129; 3. Tyrone 64; 4. Forgan 57; 5. Texhoma 52; 6. Felt 26; 7. Yarbrough 22; 8. Ballo 20; 9. Beaver 17; 10. (tie) Gage, Keyes 4.

100: 1. Cornelison, Tx. 12.22; 2. Slaten, For. 12.31; 3. Soell, BC. 12.43; 4. Marquez, Ho. 12.46; 5. Barnes, Ho. 12.92; 6. Farmer, BC. 13.06.

200: 1. Cain, Ty. 24.44; 2. McReynolds, BC. 24.9; 3. Glidden, Yar. 25.37; 4. Marquez, Ho. 25.84; 5. Ray, Tx. 26.14; 6. Marr, Tx. 27.02.

400: 1. Cain, Ty. 53.06; 2. Metcalf, Ho. 53.54; 3. Wilson, BC. 56.75; 4. Eason, Gage, 58.75; 5. Ottinger, BC. 1:00.45; 6. Bombach, Bea. 1:01.05.

800: 1. Cooper, Tx. 2:13.26; 2. Serna, BC. 2:17.82; 3. Ortiz, BC. 2:18.94; 4. Carrasco, BC. 2:25.78; 5. Fields, Yar. 2:26.59; 6. Schultz, Bea.

1600: 1. Smith, Ty. 5:00.41; 2. Tapp, Felt, 5:02; 3. Williams, Yar. 5:12.19; 4. Ortiz, BC. 5:14.86; 5. Cooper, Tx. 5:25.26; 6. Gonzales, BC. 5:42.70.

3200: 1. Smith, Ty. 11:03.28; 2. Tapp, Felt, 11:09.63; 3. Gonzalez, BC. 12:23.69; 4. Cunningham, Yar. 12:28.93; 5. Hill, Bal. 13:13.22; 6. Dick, Tx. 13:41.27.

110H: 1. Cornelison, Tx. 17.01; 2. Sells, For. 17.25; 3. Green, Ty. 17.93.

300H: 1. Sells, For. 42.91; 2. Cornelison, Tx. 43.42; 3. Begley, BC. 45.28; 4. Soell, BC. 46.25; 5. Sherrer, Bal. 48.03; 6. Campbell, Ty. 49.08.

400 Relay: 1. Boise City 46.75; 2. Hooker 46.78; 3. Forgan 47.19; 4. Texhoma 47.35; 5. Tyrone 48.83; 6. Yarbrough 52.32.

1600 Relay: 1. Boise City 3:37.13; 2. Hooker 3:48.15; 3. Forgan 3:49.89.

3200 Relay: 1. Boise City 9:13.59; 2. Hooker 10:17.94.

Shot: 1. Sanders, Bea. 42-9.5; 2. Stalder, BC. 42-5; 3. Arnold, Ho. 41-6; 4. Dull, For. 41-5; 5. Henley, BC. 38-3; 6. Harrison, Ho. 36-10.

Disc: 1. Stalder, BC. 141-3.5; 2. Dull, For. 133-7; 3. Arnold, Ho. 122; 4. Dye, Key. 114-8.5; 5. Sanders, Bea. 105-7.5; 6. Tancred, BC. 104-7.5.

Long Jump: 1. Bell, Ty. 17-6.5; 2. Glidden, Yar. 17-6.24; 3. Randall, Bal. 16-5.5; 4. McDaniel, Ho. 16-3.25; 5. Slatten, For. 16-2.5; 6. Pickering, Ty. 16-1.5.

High Jump: 1. Butler, Ho. 6-8; 2. Hill, Ho. 6-6; 3. Bostwick, Ho. 6; 4. Williamson, Felt, 5-10; 5. Pickering, Ty. 5-10; 6. Starr, For. 5-8.

Triple Jump: 1. Metcalf, Ho. 38-5; 2. Webb, BC. 38-2.88; 3. McDaniel, Ho. 36-11.38; 4. Sells, For. 36-8.75; 5. Sherrer, Bal. 35-11.88; 6. Bombach, Bea. 35-4.5.

Pole Vault: 1. Ottinger, BC. 12-6; 2. Sherrer, Bal. 12-6; 3. Honeman, Ho. 11; 4. Soell, BC. 11; 5. Bombach, Bea. 10-6.

GIRLS

TEAM SCORING: 1. Boise City 202; 2. Hooker 89; 3. Texhoma 80; 4. Forgan 68; 5. Beaver 51; 6. Tyrone 30; 7. Hardesty 26; 8. Yarbrough 16; 9. Felt 10; 10. Keyes 8; 11. Shattuck 4; 12. Ballo 1.

100: 1. Eisenhower, Har. 14.01; 2. Chacon, Tx. 14.06; 3. Henry, For. 14.44; 4. Strasia, BC. 14.56; 5. McDaniel, Felt, 15.19.

200: 1. Winchester, Tx. 28.47; 2. Crabtree, BC. 29.35; 3. Parsons, Tx. 29.75; 4. Henry, For. 30.28; 5. Strasia, BC. 30.72; 6. Chacon, Tx. 31.2.

400: 1. Foster, For. 1:02.44; 2. Parsons, Tx. 1:04.49; 3. Roseberry, BC. 1:05.50; 4. Land, For. 1:07.25; 5. Henry, For. 1:08.16; 6. Rapp, Ho. 1:10.13.

800: 1. Foster, For. 2:34.72; 2. Winchester, Tx. 2:36.12; 3. Ogles, BC. 2:36.69; 4. Tooley, BC.

2:49.84; 5. Schilling, Sha. 2:53.22; 6. Skaggs, Bea. 3:03.81.

1600: 1. Bocock, BC. 6:12.75; 2. Ogles, BC. 6:19.24; 3. Puebla, BC. 6:26.81; 4. Brown, Key. 6:35.88; 5. Schilling, Sha. 6:47.33; 6. Bolin, Tx. 6:52.04.

3200: 1. Bocock, BC. 13:48.35; 2. Puebla, BC. 14:01.95; 3. Skaggs, Bea. 14:22.63; 4. Brown, Key. 14:27.68; 5. Bolin, Tx. 14:37.42.

100H: 1. Hedrick, Ho. 17.96; 2. Parker, BC. 17.97; 3. Goss, Ty. 18.87; 4. Cartwright, Tx. 19.46; 5. Pillars, Bea. 19.59.

300H: 1. Wilson, BC. 50.72; 2. Parker, BC. 52.6; 3. Pillars, Bea. 56.07.

400 Relay: 1. Hooker 53.44; 2. Texhoma 53.52; 3. Boise City 55.12; 4. Felt 59.88; 5. Yarbrough A 1:00.29; 6. Yarbrough B 1:01.88.

800 Relay: 1. Boise City 1:51.53; 2. Texhoma 1:56.65; 3. Hooker 1:59.94; 4. Yarbrough A 2:08.88; 5. Yarbrough B 2:11.68.

1600 Relay: 1. Boise City 4:20.59; 2. Forgan 4:30.02; 3. Hooker 4:50.87.

3200 Relay: 1. Boise City 10:54; 2. Hardesty 12:03.14.

Shot: 1. Sage, Bea. 37; 2. Gregg, Bea. 123-4; 3. Miller, Ty. 31-8.5; 4. Depuy, Ho. 30-11.5; 5. Robertson, Ho. 29-4.5; 6. Wilson, Bal. 29-1.5.

Disc: 1. Sage, Bea. 112-4.7; 2. Gregg, Bea. 123-4; 3. Miller, Ty. 100-4; 4. Carrillo, Yar. 83-9; 5. Montoya, Ho. 81-7.5; 6. Robertson, Ho. 73-1.

Long Jump: 1. Foster, For. 14-10.5; 2. Priddy, BC. 12-7.88; 3. Woods, Ty. 12-7.25; 4. Slay, For. 11-7.63; 5. Short, Ho. 11-5.75; 6. Brown, Ho. 11-2.88.

High Jump: 1. Johnson, BC. 4-10; 2. Priddy, BC. 4-8; 3. Trujillo, BC. 4-6.

Triple Jump: 1. Hedrick, Ho. 32-4; 2. Stanley, Ho. 28-5; 3. Woods, Ty. 27-10; 4. Hussey, Ho. 27-8.25; 5. Slay, For. 25-9.63.

Bison Sixth at Indoor Nationals

Injuries took away any legitimate shot OBU's indoor track and field team had at an NAIA national title this year, but the team still managed to finish sixth in the nation and brought home seven All-Americans and four national champions.

OBU placed in the top 10 for the fourth straight year. The championships were February 24-25 in Lincoln, Neb.

Larry McFarlin, Dudley Dawkins, Ims Kharigub and Ray Strauss earned the distinction of being national champions in the mile relay, and NAIA national record-holders.

McFarlin started with a split of 49.41 and Dawkins, who had just completed 800 meters in the distance medley relay, ran his quarter mile in 48.68.

Kharigub, running second after a 47.95 split, handed off to Strauss, who made up the ground and finished in 47.85 seconds.

"It was an exciting race," said Bison coach Glen Stone. "It seemed like everyone was cheering for us to beat Central State of Ohio because they win it all the time. After the race, a couple of their runners came and shook our hands."

The record time of 3:14.07 beat the former record by two full seconds. It also marked the second indoor meet in a row that the Bison set a national record. Darrin Reid set the national standard last year in the pentathlon.

The mile relay team almost erased the disappointment of OBU's two-mile relay team. Running in separate heats, OBU finished behind Lubbock Christian University by three one-thou-



RECORD HOLDERS--The Oklahoma Baptist University two-mile relay team placed second by less than 3/100ths of a second at the NAIA Indoor Championships and were awarded a share of the national record time with a 7:40.65. From the left are: Ray Strauss, Edmond senior; Jeremy Hughey, Midwest City sophomore; Martin Reid, Jamaica junior; and Dudley Dawkins, Jamaica junior. OBU photo by William B. Pope

sandths of a second, giving the Chaparals the title. Both teams were rewarded, however, sharing a national record of 7:40.65.

The two-mile team of Dawkins, Strauss, Jeremy Hughey and Martin Reid had to settle for national runner-up and All-America status.

Dawkins also won All-America honors in the 800 meters, finishing fourth at 1:52.01.

OBU also crowned its first female track All-American since 1988, as Gilliane Quirin finished fourth in the 400 meters with a school record time of 56.64.

Kharigub rounded out the All-America list with a 6-8 high jump.

Wade Harelson finished ninth in the 35-pound weight throw with a heave of 47-2, a new school record.

The distance medley relay team of Dawkins, Martin Reid, Larry Digby and Josh Stowe set a school record at 10:19.20, and finished fifth.

Quirin also set a school record in the women's 200-meters at 25.75 but did not qualify for the finals in that event.

A-B GIRLS AND BOYS SEASON LEADERS

A-B GIRLS

100: Morris, Buffalo, 12.95 (Ringwood); Ontiveras, Crescent, 13.29 (Fairview); Johnson, Crescent, 13.38 (Fairview); Evans, Temple, 13.5 (Velma-Alma); Sultak, Carnegie, 13.69 (Elk City).

200: Kindred, Temple, 26.88 (Velma-Alma); Winchester, Texhoma, 27.72 (Guymon); Reese, Covington-Douglas-Garber, 28.75 (Ringwood); Hett, Pond Creek-Hunter, 28.81 (Ringwood); Gage, Alex, 28.88 (Ringwood); Cruse, Velma-Alma, 28.89 (Velma-Alma).

400: Foster, Forgan, 1:02.44 (Hooker); Parsons, Texhoma, 1:02.88 (Guymon); Williams, Boise City, 1:04.06 (Guymon); Meek, Waynoka, 1:04.12 (Ringwood); Reese, Covington-Douglas-Garber, 1:04.63 (Ringwood); Evans, Temple, 1:05.04 (Velma-Alma).

800: A. Overstreet, Pioneer-Pleasant Vale, 2:34.32 (Ringwood); Barby, Laverne, 2:34.45 (Fairview); Foster, Forgan, 2:34.72 (Hooker); Winchester, Texhoma, 2:35.11 (Boise City); Ogles, Boise City, 2:35.36 (Guymon); Smith, Crescent, 2:37.14 (Fairview).

1600: Fuller, Velma-Alma, 5:55.3 (Velma-Alma); Kee, Beaver, 6:02.09 (Guymon); T. Overstreet, Pioneer-Pleasant Vale, 6:06.32 (Ringwood); Campbell, Carnegie, 6:07.06 (Fairview); Heaven, Carnegie, 6:12.28 (Fairview); Davis, Carnegie, 6:12.48 (Fairview).

3200: Fuller, Velma-Alma, 12:56.69 (Plainview); Campbell, Carnegie, 13:28.52 (Elk City); Linke, Velma-Alma, 13:30.9 (Velma-Alma); T. Overstreet, Pioneer-Pleasant Vale, 13:34.32 (Ringwood); Davis, Carnegie, 13:44.60 (Elk City); Bocock, Boise City, 13:48.35 (Hooker).

100H: Sims, Velma-Alma, 15.74 (Velma-Alma); Darter, Velma-Alma, 16.15 (Velma-Alma); Shane, Buffalo, 17.58 (Ringwood); Parker, Boise City, 17.58 (Boise City); Hedrick, Hooker, 17.96 (Hooker); Wilson, Boise City, 18.66 (Boise City).

300H: Sims, Velma-Alma, 37.77 (Plainview); Darter, Velma-Alma, 50.2 (Plainview); Wilson, Boise City, 50.62 (Guymon); Deal, Laverne, 50.91 (Fairview); Parker, Boise City, 52.29 (Boise City); Sexton, Thomas, 52.89 (Fairview).

400 Relay: Waynoka 52.56 (Ringwood); Pond Creek-Hunter 52.62 (Ringwood); Temple 52.7 (Velma-Alma); Hooker 53.44 (Hooker); Texhoma 53.52 (Hooker); Hollis 53.80 (Elk City).

800 Relay: Boise City 1:51.53 (Hooker); Pond Creek-Hunter 1:52.47 (Ringwood); Waynoka 1:54.70 (Ringwood); Laverne 1:55.44 (Fairview); Texhoma 1:55.65 (Boise City); Velma-Alma 1:56.45 (Plainview).

1600 Relay: Boise City 4:20.59 (Hooker); Velma-Alma 4:23.45 (Velma-Alma); Beaver 4:26.76 (Guymon); Forgan 4:30.02 (Hooker); Carnegie 4:31.90 (Fairview); Laverne 4:31.91 (Fairview).

3200 Relay: Boise City 10:41.02 (Guymon); Carnegie 10:59.97 (Elk City); Velma-Alma 11:03.32 (Plainview); Pond Creek-Hunter 11:09.06 (Ringwood); Beaver 11:14.65 (Guymon); Laverne aa:15.53 (Fairview).

Shot: Sage, Beaver, 37-4.5 (Fairview); Gregg, Beaver, 36-9.5 (Fairview); Cole, Deer Creek-Lamont, 34-7.5 (Ringwood); Cline, Maud, 34-0.5 (Velma-Alma); Wofford, Velma-Alma, 32-10 (Velma-Alma); Wilbur, Cherokee, 32-7 (Ringwood).

Discus: Sage, Beaver, 127-3 (Fairview); Gregg, Beaver, 123-4 (Hooker); Wilbur, Cherokee, 109-1 (Ringwood); Miller, Tyrone, 100-4 (Hooker); Jett, Laverne, 100-2 (Fairview); Sanderville, Carnegie, 100-1 (Elk City).

Long Jump: Sims, Velma-Alma, 16-11.75 (Velma-Alma); Birchell, Mt. View-Gotebo, 16-8 (Velma-Alma); Smith, Crescent, 16-8; Kirby, Pond Creek-Hunter, 16-2 (Ringwood); Foster, Forgan, 15-8.75 (Boise City); Crabtree, Boise City, 15-6.75 (Boise City).

High Jump: Johnson, Boise City, 5-6 (Guymon); Pyle, Buffalo, 5-0 (Ringwood); Inman, Ringwood, 5-0 (Ringwood); Bates, Waurika, 4-9 (Velma-Alma); Barby, Laverne, 4-8 (Fairview); Trujillo, Boise City, 4-8 (Boise City).

A-B BOYS

100: Golden, Quinton, 11.0 (Ada); McElroy, Waurika, 11.27 (Plainview); Seigrist, Merritt, 11.43 (Ringwood); Rice, Ringwood, 11.60 (Ringwood); Jackson, Fox, 11.65 (Plainview); Shelton, Burns Flat-Dill City, 11.75 (Ringwood).

200: Schmidt, Covington-Douglas-Garber, 22.93 (Ringwood); Seigrist, Merritt, 23.06 (Ringwood); Golden, Quinton, 23.34 (Ada); McElroy, Waurika, 23.35 (Plainview); Salazar, Turpin, 23.73 (Boise City); Evans, Temple, 23.8 (Velma-Alma).

400: Cain, Tyrone, 53.06 (Hooker); Swindall, Fox, 53.24 (Plainview); Evans, Temple, 53.5 (Velma-Alma); Metcalf, Hooker, 53.54 (Hooker); Schmidt, Covington-Douglas-Garber, 54.05 (Ringwood); Jackson, Ringwood, 54.07 (Ringwood).

800: Serna, Boise City, 2:10.27 (Guymon); Levings, Buffalo, 2:10.87 (Ringwood); Clover, Pond Creek-Hunter, 2:10.96 (Ringwood); Crowell, Turpin, 2:11.88 (Hooker); Aldridge, Velma-Alma, 2:12.2 (Velma-Alma); Auld, Burns Flat-Dill City, 2:13.09 (Elk City).

1600: Johnson, Velma-Alma, 4:49.6 (Velma-Alma); Simmons, Cement, 4:56.1 (Velma-Alma); Poage, Waurika, 4:56.5 (Velma-Alma); Airs, Snyder, 4:59.5 (Velma-Alma); Auld, Burns Flat-Dill City, 5:00.13 (Elk City); Smith, Tyrone, 5:00.41 (Hooker).

3200: Johnson, Velma-Alma, 10:13.7 (Velma-Alma); Poage, Waurika, 10:47.94 (Plainview); Smith, Tyrone, 11:03.28 (Hooker); Tarp, Felt, 11:09.63 (Hooker); Tahkoffer, Carnegie, 11:14.96 (Elk City); Hicks, Keyes, 11:17.63 (Boise City).

110H: McElroy, Waurika, 14.88 (Velma-Alma); Scott, Turpin, 15.95 (Boise City); Cornelison, Texhoma, 17.01 (Hooker); Sells, Forgan, 17.25 (Hooker); Wallace, Waurika, 17.5 (Velma-Alma); Scheffe, Turpin, 17.84 (Boise City).

300H: Davis, Velma-Alma, 41.71 (Velma-Alma); Sells, Forgan, 42.91 (Hooker); Scott, Turpin, 43.02 (Boise City); Simic, Covington-Douglas-Garber, 43.16 (Ringwood); Cornelison, Texhoma, 43.42 (Hooker); Scheffe, Turpin, 43.93 (Boise City).

400 Relay: Turpin 45.41 (Boise City); Fox 46.10 (Plainview); Covington-Douglas-Garber 46.21 (Ringwood); Cherokee 46.40 (Ringwood); Boise City 46.75 (Hooker); Hooker 46.78 (Boise City).

1600 Relay: Boise City 3:37.13 (Hooker); Gox 3:40.53 (Plainview); Turpin 3:41.51 (Boise City); Hollis 3:42.61 (Elk City); Carnegie 3:43.66 (Elk City); Covington-Douglas-Garber 3:43.90 (Ringwood).

3200 Relay: Carnegie 9:02.97 (Elk City); Velma-Alma 9:07.22 (Plainview); Boise City 9:06.29 (Boise City); Turpin 9:08.08 (Boise City); Pond Creek-Hunter 9:11.67 (Ringwood); Hollis, 9:12.81 (Elk City).

Shot: Enloe, Velma-Alma, 48-0.5 (Velma-Alma); Kroll, Covington-Douglas-Garber 47-2.5 (Ringwood); Cordell, Merritt, 45-6.5 (Velma-Alma); Steers, Beaver, 45-4 (Guymon); Crook, Velma-Alma, 44-8 (Velma-Alma); Robinson, Fox, 43-8 (Velma-Alma).

Discus: Sadler, Boise City, 141-3.5 (Hooker); McGuire, Velma-Alma, 137-10 (Velma-Alma); Dull, Forgan, 133-7 (Hooker); Reese, Covington-Douglas-Garber, 127-1 (Ringwood); Kroll, Covington-Douglas-Garber, 124-1.5 (Ringwood); Arnold, Hooker, 122-0 (Hooker).

Long Jump: Webb, Boise City, 20-3.5 (Ringwood); Martin, Waurika, 20-1.5 (Velma-Alma); Seigrist, Merritt, 19-7 (Ringwood); Bell, Tyrone, 19-3.75 (Boise City); Thacker, Empire, 19-1 (Velma-Alma); Ream, Cherokee, 18-9 (Ringwood).

High Jump: Butler, Hooker, 6-8 (Hooker); Hill, Hooker, 6-6 (Hooker); Seigrist, Merritt, 6-3 (Ringwood); Aldridge, Velma-Alma, 6-0 (Plainview); White, Pond Creek-Hunter, 6-0 (Ringwood); Fowble, Ringwood, 6-0 (Ringwood); Bostwick, Hooker, 6-0 (Hooker).

Pole Vault: Ottinger, Boise City, 12-6 (Guymon); Sherrer, Balko, 12-6 (Hooker); Soell, Boise City, 12-0 (Guymon); Toyekoyah, Carnegie, 11-6 (Elk City); Honeman, Hooker, 11-0 (Hooker); Bomach, Beaver, 10-6 (Hooker).

Tulsa Public Schools Edward J. Lacy All-City Track Classsic at Webster High School 3/23/95 GIRLS

TEAM SCORING: 1. Booker T. Washington 194; 2. Nathan Hale 110; 3. Will Rogers 89; 4. Central 80; 5. McLain 58; 6. East Central 47; 7. Edison 32; 8. Webster 11; 9. Tulsa Memorial NS.

100: 1. Schumpert, BTW, 12.91; 2. Colbert, Cen. 13.09; 3. Ledbetter, Rog. 13.14; 4. Hanson, BTW, 13.21; 5. Shannon, BTW, 13.24; 6. Smallwood, McL, 13.38.

200: 1. Schumpert, BTW, 26.24; 2. Harbin, Hale, 27.00; 3. Floyd, EC, 28.12; 4. Blackshire, EC, 28.29; 5. Sikes, Hale, 28.39; 6. Washington, Ed, 28.74.

400: 1. Mims, BTW, 1:01.45; 2. Thompson, BTW, 1:02.17; 3. B. Bratton, Hale, 1:02.47; 4. Currie, Cen. 1:06.62; 5. Ramsey, McL, 1:07.47; 6. Jaffal, Hale, 1:08.04.

800: 1. B. Bratton, Hale, 2:32; 2. Chambers, BTW, 2:41.71; 3. M. Bratton, Hale, 2:45.73; 4. McKnight, Rog. 2:51.58; 5. Germany, Web, 2:56.33.

1600: 1. A. Bratton, Hale, 5:46; 2. M. Bratton, Hale, 5:52; 3. Chambers, BTW, 5:53; 4. Marak, Hale, 6:25; 5. Ridge, BTW, 6:27; 6. Winfroth, Web, 6:50.

3200: 1. A. Bratton, Hale, 12:28; 2. Chambers, BTW, 13:03; 3. Zachariae, Hale, 13:21; 4. Marak, Hale, 13:58; 5. Ridge, BTW, 15:12; 6. White, Ed, 15:59.

100H: 1. Burns, BTW, 14.14; 2. Peel, Cen, 15.12; 3. Cook, Rog, 16.71; 4. Taylor, BTW, 17.79; 5. Lucas, Rog, 19.54; 6. Coughron, Hale, 19.80.

300H: 1. Bell, McL, 47.71; 2. Cook, Rog, 50.34; 3. Taylor, BTW, 52.71; 4. Lucas, Rog, 58.90; 5. Phillips, Hale, 59.17; 6. Coughron, Hale, 1:00.13.

400 Relay: 1. Central 49.78; 2. Booker T. Washington 50.36; 3. Rogers 51.60; 4. McLain 52.78; 5. East Central 52.84; 6. Nathan Hale 53.28.

800 Relay: 1. Booker T. Washington 1:46.17; 2. Central 1:48.44; 3. Rogers 1:52.20; 4. McLain 1:52.21; 5. East Central 1:53.75; 6. Nathan Hale 1:55.48.

1600 Relay: 1. Nathan Hale 4:26; 2. Booker T. Washington 4:27; 3. McLain 4:35; 4. Central 4:36; 5. Rogers 4:51; 6. Edison 5:04.

3200 Relay: 1. Nathan Hale 10:30; 2. Booker T. Washington 11:03; 3. McLain 12:07; 4. Edison 12:24; 5. Webster 12:48.

High Jump: 1. Doyle, Rog, 4-6; 2. Brown, EC, 4-4; 3. (Tie) Harris, EC; Washington, McL, 4-2; 5. Bowersock, Hale, 3-10.

Long Jump: 1. Ledbetter, Rog, 16-2.5; 2. Bell, BTW, 16-2.5; 3. Currie, Cen, 14-6.25; 4. Moffet, EC, 14-4.5; 5. Hill, BTW, 13-11; 6. Andrews, BTW, 13-5.

Shot: 1. Walters, Rog, 35-5; 2. Currie, Cen, 33-3; 3. Ashley, EC, 32-11; 4. Crutcher, BTW; 5. Huggins, Cen, 31; 6. Harjo, Rog, 30-11.25.

Discus: 1. Ashley, EC, 92-3; 2. Edd, BTW, 69-8.25; 3. Crutcher, BTW, 69-5.75; 4. Fleming, Web, 68-1.5; 5. Humphrey, BTW, 63-8; 6. Troutman, Hale, 62-4.25.

BOYS

TEAM SCORING: 1. Booker T. Washington 133; 2. Will Rogers 108; 3. Central 98; 4. Webster 97; 5. East Central 65; 6. McLain 42; 7. Edison, Hale and Tulsa Memorial NS.

100: 1. Birch, Rog, 10.46; 2. Herron, McL, 11.03; 3. Parker, BTW, 11.05; 4. Brooks, McL, 11.16; 5. Rowe, Cen, 11.29; 6. Harris, McL, 11.43.

200: 1. Birch, Rog, 21.42; 2. Howard, BTW, 22.93; 3. Brooks, McL, 22.97; 4. Dawkins, Rog, 23.07; 5. McClellan, Cen, 23.16; 6. Parker, BTW, 23.43.

400: 1. Birch, Rog, 49.17; 2. Carroll, Cen, 51.91; 3. Colbert, BTW, 53.27; 4. Gaines, Rog, 53.48; 5. Marrow, Web, 53.78; 6. Phillips, EC, 54.31.

800: 1. B. Bailey, Cen, 2:04.87; 2. J. Bailey, Cen, 2:07.61; 3. Johnson, BTW, 2:15.78; 4. Reed, Web, 2:18.69; 5. Caesar, BTW, 2:21.71; 6. Barnes, Rog, 2:25.08.

1600: 1. Justice, Rog, 4:54; 2. Carey, Web, 5:13; 3. Eric, Web, 5:27; 4. Howard, Web, 5:27.62; 5. Sweet, Rog, 5:32; 6. Elschens, EC, 5:34.30.

3200: 1. Justice, Rog, 11:04; 2. Carey, Web, 11:21; 3. Brice, Web, 12:07; 4. Mondlock, Web, 12:10; 5. Sweet, Rog, 12:53; 6. Elschens, EC, 13:20.

110H: 1. Jackson, BTW, 16.38; 2. Nysveen, Web, 18.53; 3. Canida, EC, 19.12; 4. Pouncil, Web, 20.05; 5. Crenshaw, BTW, 20.32.

300H: 1. Smith, Rog, 43.35; 2. Canida, EC, 45.06; 3. Robinson, Rog, 46.11; 4. Jackson, BTW, 46.50; 5. McHenry, EC, 47.09; 6. Nysveen, Web, 47.17.

400 Relay: 1. McLain 43.02; 2. Central 43.33; 3. Booker T. Washington 44.20; 4. East Central 46.21; 5. Webster 47.05.

1600 Relay: 1. Will Rogers 3:30; 2. Central 3:31; 3. Booker T. Washington 3:37; 4. East Central 3:44; 5. McLain 4:00; 6. Webster 4:06.

3200 Relay: 1. Central 8:54; 2. East Central 9:21; 3. Booker T. Washington 9:26; 4. Webster 9:37; 5. Will Rogers 9:54.

High Jump: 1. McKnight, BTW, 6-1; 2. Cole, Web, 5-10.

Long Jump: 1. Ratliff, BTW, 23-4; 2. Carroll, Cen, 22-0; 3. Hall, BTW, 21-1.5; 4. Griffin, Rog, 20-2; 5. McKnight, BTW, 20-1; 6. Rakes, Web, 19-7.

Shot: 1. Lovett, BTW, 45-4.5; 2. Rakes, Web, 41-5.5; 3. Farley, BTW, 41-1; 4. Welch, BTW, 40-4.5; 5. Caughron, EC, 39-4; 6. Coats, Rog, 39-0.

Disc: 1. Rakes, Web, 153-0; 2. Sizemore, Cen, 108-5; 3. Stevens, EC, 106-11; 4. Caughron, EC, 106-9; 5. Hamilton, EC, 91-9; 6. Ramsey, Web, 89-6.

Thunderbird Conference Holdenville High School 3/24/95 Girls

TEAM SCORING: 1. Holdenville 141; 2. Purcell 127; 3. Tishomingo 99; 4. Little Axe 77; 5. Prague 61; 6. Byng 53; 7. Konawa 44.

100: 1. Morris, B, 12.81; 2. Treadwell, H, 12.89; 3. Poke, Pur, 13.23; 200: 1. Morris, B, 26.95; 2. Gharkhanian, Pur, 27.56; 3. Kemp, Pra, 27.62; 400: 1. Lacy, H, 64.98; 2. Savage, Kon, 68.3; 3. Gidry, Pur, 68.39; 800: 1. Gharkhanian, Pur, 2:32.51; 2. Moore, H, 2:40.90; 3. Lindsay, Pur, 2:43.68; 1600: 1. Cochran, LA, 6:05.97; 2. Harrison, LA, 6:16.55; 3. Delone, LA, 6:22.36; 3200: 1. Delone, LA, 13:38.38; 2. Pace, LA, 14:18.35; 3. Marina, LA, 14:32; 100H: 1. Bailey, H, 19.22; 2. Cheesmore, Pur, 20.27; 300H: 1. Moore, H, 51.99; 2. Butler, B, 53.61; 3. Bailey, H, 54.60; 400 Relay: 1. Holdenville 51.33; 2. Prague 54.08; 3. Tishomingo 54.10; 800 Relay: 1. Holdenville 1:48.49; 2. Tishomingo 1:53.69; 3. Prague 1:55.03; 1600 Relay: 1. Holdenville 4:18.28; 2. Tishomingo 4:30.16; 3. Purcell 4:31.53; 3200 Relay: 1. Purcell 10:51.64; 2. Little Axe 11:11.40; 3. Tishomingo 11:28.56; Shot: 1. Clements, Pur, 34.10.5; 2. Raines, Pra, 34-6.5; 3. Montgomery, Kon 33-0; Discus: 1. Clements, Pra, 103-0; 2. Raines, Pra, 97-0.5; 3. James, Tish, 95-6; Long Jump: 1. Morris, B, 16-9; 2. Curtis, H, 16-3; 3. Rouleston, LA 15-0.5; High Jump: 1. May, Tish, 4-8; 2. Butler, B 4-6; 3. Mitchell, Pur, 4-6.

Boys

TEAM SCORING: 1. Praue 155; 2. Tishomingo 122; 3. Holdenville 90; 4. Little Axe 78; 5. Purcell 58; 6. Konawa 43; 7. Byng 25.

100: 1. Smith, H, 10.85; 2. Templeton, H, 10.93; 3. Brown, Pur, 11.32; 200: 1. Burdine, Pra, 22.41; 2. Smith, H, 23.46; 3. Brown, Pur, 23.47; 400: 1. Burdine, Pra, 51.84; 2. Wyatt, Tis, 53.42; 3. Stallings, Tis, 56.19; 800: 1. Dumas, LA, 2:06.18; 2. Turner, H, 2:07.63; 3. Cloud, Kon, 2:08.28; 1600: 1. Lewis, LA, 4:46.50; 2. Turner, H, 4:47.91; 3. Dumas, LA, 4:50.82; 3200: 1. Johnson, LA 10:49.45; 2. Hicks, Pra, 11:25.24; 3. Riddle, B 11:11.00; 110H: 1. Massey, Pra, 15.29; 2. Inman Tis, 15.65; 3. Wagoner, Pra, 17.28; 300H: 1. Ethridge, Kon, 40.44; 2. Inman, Tis, 41.62; 3. Massey, Pra, 43.13; 400 Relay: 1. Holdenville 44.58; 2. Prague 45.38; 3. Purcell 45.55; 800 Relay: 1. Tishomingo 3:33.8; 2. Prague 3:34; 3. Holdenville 3:46.7; 3200 Relay: 1. Little Axe 8:42.02; 2. Tishomingo 8:42.80; 3. Holdenville 9:21.64; Shot: 1. Gastineau, Tis, 44-7; 2. Morgan, Pur, 43-1; 3. Quarry, Pra, 41-0.5; Discus: 1. Briscoe, Tis, 143-8; 2. Quarry, Pra, 125-6.5; 3. Kowalski, LA, 125-1.5; Long Jump: 1. James, B, 21-0.25; 2. Simms, Tis 18-11.5; 3. Pickens, Pra, 18-10; Triple Jump (no team points): 1. James, B, 40-0; 2. Pickens, Pra 37-9; 3. Johnson, Pra, 36-10; Pole Vault: 1. Sterling, Pur, 13-6; 2. Braver, Pr, 11-6; 3. Kaslow, Pra 11-6.

Coaches' Corner

ACHIEVEMENT AWARDS

The Oklahoma Track Coaches Association honors track coaches with Achievement Awards based on years in coaching a points scored at the State Meet. Points are awarded based on your team's placing with 1st place 10 points, 2nd place 9 points, etc. Level I requires 10 years of coaching and 25 points total and is recognized with a certificate. Level II requires 15 years and 50 points and is recognized with a watch. For further information or to make a nomination, contact Amie Lampkin, Plainview H.S., 1140 S. Plainview Rd., Ardmore, OK 73401

RESULTS

Please send the results (six deep and all teams scores) of any meet you host and make sure that any meet your team participates in reports the results promptly. Needless to say, results are absolutely the heart of this publication and we need them as soon as possible in order to get them into print in a timely fashion. Don't 'shortchange' the athletes by reporting only winners or a few placemen--we will print six deep whenever possible. It also helps to include weather data--temp, winds, precip, etc.--and who the high point scorers were. Photos are welcome, be sure to properly identify with names, schools, events, times/distances and the name of the photographer.

SEASON LEADERS

We begin our listing of season leading performances by class in this issue. In order for a performance to be considered we must have the full results of the meet in our office for verification. Preliminary times qualify only if the meet director certifies them in writing. Please don't hesitate to call if you see any kind of a correction.

OKLAHOMA/ARKANSAS DUAL

Slots on the Oklahoma team for the 2nd annual Oklahoma vs. Arkansas track dual are open to any Oklahoma track or field athletes whose coach is a member of the Oklahoma Track Coaches Association. Head boys coach is Mark Heard of Elk City and for the girls it is Ardmore's LeAnn Musgrove and Edmond North's Tom Snyder. The meet is scheduled for May 20th in Ft. Smith, Ark. If you are not a member of the OTCA, contact coach Pat Lenington at Norman High School to join.

RANKINGS

Team rankings--as well as season leader listings--are being released early and FAXed to state newspapers that are Oklahoma TRACK & FIELD NEWS subscribers at no extra cost. If you would like to see your local newspaper use these rankings, encourage them to become a subscriber.