

Oklahoma TRACK & FIELD NEWS

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1995 Cross Country State Championships

By John Hoke
Editor

NORMAN--The Oklahoma Secondary Schools Activities Association Cross Country State Championships returned to the University of Oklahoma's Duck Pond for the 1995 meet with a huge crowd of spectators and participants on hand to watch an exciting eight races under warm and sunny conditions.

Half of the races were decided by 13 points or less and three teams toppled number-one ranked teams for their titles. Individually, only two of the four defending champions successfully defended their titles--juniors Ashley Boothe of McGuinness and Edmond Memorial's Mark Thompson.

Thompson led the Bulldogs to an upset win over seven-time winner Jenks in 5A boys and David Morton's McGuinness teams took both 4A titles--the girls finished their season with an unblemished record, capturing their fourth championship in a row while the Irish boys returned to the top, taking their third title in four years.

The warm weather took its toll on the competitors as numerous runners were hampered by the conditions and several were unable to finish. It was a great course for spectators as it wound its way around the grounds around the scenic OU Duck Pond but the short and tight start was a bit of a problem, especially in the 4A boys race which had sixteen full teams and 119 runners.

Here's the race by race rundown

4A Girls

The 4A girls were first up at 12:00 noon and the Irish left no doubt about who the top team was, putting five runners in the top twelve. Defending champion Ashley Boothe took charge of the race as it crossed to the far side after the mile mark and was unchallenged to the finish, notching the second-best time of the day with a superb 11:22, ahead of sophomores Amy and Brandy Bratton of Hale in second and third. In addition to winning the team title the past four years, the Irish have claimed the top individual spot as well as Boothe--out with injuries for much of the season--joined teammate, senior Jessica Hoke as a two-time winner.

Guthrie, led by senior Nichole Monroe in fourth, put three in the top ten to finish a strong second. Ardmore--better known for their sprinters in track--was a bit of a surprise as they finished third ahead of Tulsa powers Kelley and Hale.

5A Girls

In one of the closest races of the day--the second closest, to be exact--the Jenks girls justified their number-one ranking and successfully defending their crown, edging Norman, 98-105. With only

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4A GIRLS STATE CHAMPIONSHIPS gets under way. McGuinness' Ashley Boothe won the individual title and led the Irish to their fourth team title in a row. Photo by Roger Taylor

Next Issue:
February 1996

On TRACK

By John Hoke, Editor

It was a beautiful day in Norman and there were some fantastic races. It seemed to be the largest crowd ever at this event and the course was very spectator-friendly. Congratulations to Norman coach Pat Lenington and his helpers for putting on a first-class race.

Sorry for the delay in getting this issue in the mail. I wanted to wait for the Oklahoma-Arkansas-Kansas triangular results and they were unfortunately very late in getting into our office. At any rate, they're in this issue and you can read all about it there.

We had no less than four photographers at the state meet so if you're interested in obtaining a shot of your favorite runner, give us a call or drop us a note for details and availability. We took over 500 photographs so there's a great chance that we have what you need. At the Oklahoma-Arkansas-Kansas triangular, Roger Taylor took team and action photos and these are available through us as well.

This will be the last issue until the end of February when we will wrap up the indoor track season and begin our preview of the upcoming outdoor season. Last year there were over 380 schools with track teams and we will be sending all of them a TEAM REPORT within the next few weeks. Coaches: please take the time to fill these out and return them promptly and if you are not a member of the Oklahoma Track Coaches Association, now is the time to join. OTCA membership benefits include: summer clinic, winter clinic, Coaches Indoor Meet, Senior All-Star Awards, Coaches Service Awards, Hall of Fame, Oklahoma vs Arkansas track and cross country duals, Great Southwest Classic track meet and Coach of the Year Awards. It is your collective voice as your professional organization in advancing the interest of track and cross country in the state. Send your \$35.00 dues to the OTCA, 822 Jona Kaye, Norman, OK 73069.

STATE MEET NOTES:

--The Marlow girls have the longest streak of bringing home a trophy--eight years of first or second.

--3A winners Jeremy Johnson of Little Axe and Kelleigh Sanders of Elgin were the only senior champions.

--Largest margin of victory was 92--Velma-Alma over Laverne in 2A girls--and the smallest was five--Tahlequah Sequoyah over Hydro in 2A boys.

--Three schools claimed six All-Staters: Velma-Alma with five girls and one boy and McGuinness and Guthrie with three boys and three girls. Little Axe and Plainview claimed three each in boys, there were 11 teams with two and 35 with one. Though there are 80 runners that make All-State only the 29 seniors are eligible for jackets. The others must wait until their senior season.

--Edmond, Jenks and McGuinness girls are tied with seven titles each since girls began competing in 1975. Union has the most in a row with six while the Irish hold the longest current streak at four.

--Coach David Morton's McGuinness teams have won seven of eight titles, boys and girls, in the past four years.

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State Championships

Continued from page 1

one runner in the top twenty--sophomore Kelli O'Rourke in 12th--the Trojans had to rely on overall team depth to win. Sophomore Renee Ahlgren missed the whole season due to injury, including the regional, but came through with a 25th place finish to give coach Alan Rice another team victory. With no seniors on their team, Jenks looks to be in the driver's seat for another win next year.

The individual race was tight early but west regional winner, Mustang junior Corrie Hussar, powered away for the win with the day's fastest time of 11:21. Owasso freshman Christine Novarra edged Norman senior Andrea DeLozier at the line for second with Union junior Megan Riddle winning the bunch sprint for fourth.



5A GIRLS STATE CHAMPION--Mustang junior, Corrie Hussar, had the fastest time of the day with an 11:21. Photo by Andre Reddington

4A Boys

The first boys race of the day saw slightly favored McGuinness put together a great race to top arch-rival and defending champion Guthrie, 33-64. The Irish put seven runners in scoring position with all seven finishing inside Guthrie's fifth, including a one-two finish by juniors Taylor Styron and Matt Sexauer and a fourth place from freshman Kevin Connolly. Coach Clay Tarter's Bluejays had three in the top ten as well, led by senior Jeremy Cleek in third. Altus was the best of the rest, led by senior Brian Whitlock in sixth.



4A STATE CHAMPION-- McGuinness junior Ashley Boothe also was the top Oklahoma girl in the Oklahom-Arkansas-Kansas triangular (shown here) in Rogers, Ark., Nov. 11. Photo by Roger Taylor

4A STATE CHAMPION--McGuinness junior Taylor Styron (left) with teammate and runnerup junior, Matt Sexauer (#750). Photo by Roger Taylor

Individually it was a tight race through the first mile and a half when Styron and Sexauer took off, never to be challenged again. Connolly hung on in third but was caught and passed by Cleek 100 meters from the line.

Morton's Irish definitely have a dynasty in mind with only one of their top 10 boys and girls graduating this year.

5A Boys

With their number-three runner, Rob Seat, in the hospital Edmond Memorial needed a miracle to pull out a victory over the seven-in-a-row champions from Jenks. But coach David Sammons' Bulldogs ran the best race of their season to win when it counted, denying the Trojans another double win while taking home the hardware for themselves with a not-so-narrow 83-96 margin.

Led by defending champion Thompson and runnerup, senior Jeremy Buhl, the Bulldogs put the Trojans away with their mid-pack runners, freshman Josh Burkhardt--Seat's replacement--in

Continued on page 4



5A BOYS STATE CHAMPION--Edmond Memorial junior Mark Thompson. Photo by Rober Taylor



2A GIRLS STATE CHAMPIONSHIP--Velma-Alma freshman Rae Ann McCurry (#653) was the winner with Wakita senior Nicki Lanie (#670) in fifth. Photo by Roger Taylor

State Championships

Continued from page 3

25th, junior Eric Wyant in 31st and junior Blaine Phipps in 35th. Eisenhower, behind junior Welton Jefferson's third-place finish, was third with Ponca City in fourth.

Thompson took off after about a mile but Buhl and Jefferson duelled until the end when the Bulldog pulled a convincing five-second advantage for second. Jenks senior Jeff Reid was fourth ahead of Santa Fe senior Jason Jones.

2A Girls

There was no doubt about the outcome of this race, it was only a question of how many Velma-Alma would put in the top ten and which Comet would take the individual title. Coach Jerry Loveall's team didn't disappoint anyone as they won by the day's largest margin--92 points--over runnerup Laveme and freshman Rae Ann McCurry took the individual win over freshman teammate Cindy Fuller.

The Comets put five in the top nine--and this part is really scary: four are freshman and one is a sophomore! The Irish had better watch out next year! Heritage Hall's lone runner, senior Dini Pineda, was third ahead of Velma-Alma's Amber Thacker and Wakita senior, Nicki Lanie was fifth.

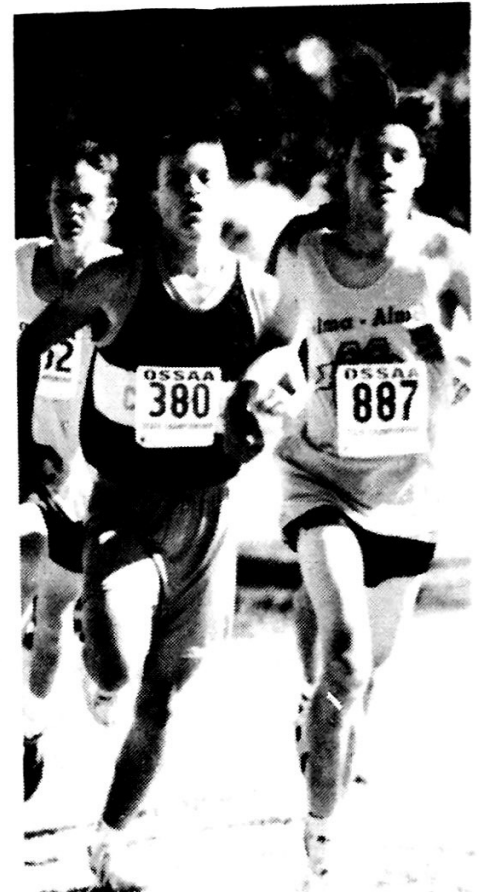


3A GIRLS STATE CHAMPIONSHIP--Elgin senior Kelleigh Sanders (#625) won with Grove sophomore Carly McCulley (#249) second and Plainview senior Sarah Harvey (#603) fourth. Photo by Andre Reddington

3A Girls

Plainview came on strong during the last half of the season and the Indians of coach Jerry Naylor were considered the favorites again in this race and when the points were counted up at the end they won by a convincing 31-point margin over arch-rival Marlow. Defending champion Grove, an early season leader, faded to fourth with a strong team from Jones slipping into the third spot.

Individually, it was Elgin senior Kelleigh Sanders' turn to stand at the top of the state meet podium with a convincing win over Grove sophomore Carly McCulley while defending champion Sarah Harvey, Plainview senior, finished fourth behind Marlow sophomore Leah McCauley.



2A BOYS STATE CHAMPIONSHIPS--Velma-Alma freshman Mylo Miller (#887) won with Chishoom junior Walt Ginn (#380) third and Hydro sophomore Walt Ginn (far left) second. Photo by Andre Reddington

2A Boys

This was the day's closest race as 1994 state meet runnerup and east regional runnerup, Tahlequah Sequoyah, edged favorite Hydro by only five points, 79-84, with Riverside just three more back at 87. Coach Sam Horsecchief's Indians were led by sophomore Kody Tsethlikai who finished fourth.

Another Velma-Alma freshman, Mylo Miller, dominated this class all year, and was consistently one of the fastest boys in the state. He wasn't pressed in winning this one by 19 seconds over Hydro sophomore, Walt Ginn, who barely edged Chisholm junior Shawn Sawyer for second.

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State Championships

Continued from page 4

3A Boys

Before regionals we were just about ready to hand Dickson, led by undefeated defending champion David Lampkin, the team trophy and let everyone else race for second. However, coach Barry Klein's Little Axe Indians had a different notion, just like they did last year when they unseated three-time champion Marlow for the championship.

Led by senior Jeremy Johnson in first and former champion Spud Blanchard—who did not race all year due to a back injury—the Indians pulled off a stunning upset to win the title by nine points over Plainview, led by senior Wes Wornack in second. Dickson slipped to third when their fourth-ranked senior, Blake Jackson, collapsed less than 100 meters from the finish and was unable to go on. However, even if he had finished in the position where he collapsed, Little Axe would still have taken the victory by one point.

The individual race was full of surprises with the biggest being Lampkin's first loss—ending hopes of a four-year sweep—of the season after dominating racing up to this point. Winner Johnson was fourth in the east regional, almost a minute back.



3A BOYS STATE CHAMPION--Little Axe senior Jeremy Johnson was also the top Oklahoma boy in the Oklahoma-Arkansas-Kansas triangular (shown here) Nov. 11 in Rogers, Ark. Photo by Roger Taylor



5A GIRLS STATE CHAMPIONSHIPS--(left to right): Norman senior Andrea DeLozier, third; Norman junior Hilary Reser, fifth; Union junior Megan Riddle, fourth; Mustang junior Corrie Hussar, first; and Owasso Freshman Christine Novarra, second. Photo by Roger Taylor

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5A BOYS STATE CHAMPIONSHIP--Edmond Memorial senior Jeremy Buhl (#698) and Eisenhower junior Welton Jefferson (#714) duel for second place with Buhl the eventual runnerup to teammate Mark Thompson with Jefferson finishing third. Photo by Roger Taylor

Indoor Meets

Indoor track opportunities for Oklahoma athletes are limited but at press time for this issue there were at least four meets scheduled--three of them on the 160-meter board track in the Shawnee Exposition Center.

January 26-27: Prague-Little Axe Invitational, Shawnee Exposition Center, contact Ford Mastin, Prague High School or Barry Klein, Little Axe High School.

February 3: Sportsfest Indoor Meet, Shawnee Exposition Center, U.S.A. Track & Field membership required. All age groups including Open and Masters. Call 405-235-4222 for more information.

February 9-10: Oklahoma Track Coaches Association Indoor Championships, Shawnee Exposition Center, contact Pat Lenington, Norman High School.

February 17: National High School Invitational, University of Arkansas, Fayetteville, call 501-575-6384 for entry packet and further information.

State Top Cross Country Teams

2A Boys

1. Tahlequah Sequoyah
2. Hydro
3. Riverside
4. Lindsay
5. Prague
6. Chisholm
7. Velma-Alma
8. Tishomingo
9. Marietta
10. Heritage Hall

2A Girls

1. Velma-Alma
2. Laverne
3. Canton
3. Lexington
5. Canton
6. Chisholm
7. Caney Valley
8. Wakita
9. Tishomingo
10. Lindsay

3A Boys

1. Little Axe
2. Plainview
3. Dickson
4. Marlow
5. Mannford
6. Elgin
7. Cascia Hall
8. Guymon
9. Grove
10. Deercreek

3A Girls

1. Plainview
2. Marlow
3. Jones
4. Grove
5. Cascia Hall
6. Mannford
7. Purcell
8. Little Axe
9. Guymon
10. Dickson

4A Boys

1. McGuinness
2. Guthrie
3. Altus
4. Carl Albert
5. Elk City
6. Duncan
7. Claremore
8. Weatherford
9. Western Heights
10. Miami

4A Girls

1. McGuinness
2. Guthrie
3. Ardmore
4. Kelley
5. Nathan Hale
6. Elk City
7. Noble
8. Weatherford
9. Altus
10. B.T. Washington

5A Boys

1. Edmond Memorial
2. Jenks
3. Lawton Eisenhower
4. Ponca City
5. Enid
6. Norman
7. Midwest City
8. Broken Arrow
9. Union
10. Mustang

5A Girls

1. Jenks
2. Norman
3. Westmoore
4. Stillwater
5. Sapulpa
6. Moore
7. Edmond Santa Fe
8. Owasso
9. Edmond North
10. Eisenhower

1995 GIRLS ALL STATE CROSS COUNTRY

2A

1. Rae Ann McCurry (Fr)
Velma-Alma
2. Cindy Fuller (Fr)
Velma-Alma
3. Dini Pineda (Sr)
Heritage Hall
4. Amber Thacker (Fr)
Velma-Alma
5. Nicki Lanie (Sr)
Wakita
6. Crystal Fuller (Sr)
Velma-Alma
7. Jill Fuqua (So)
Beggs
8. Mylissa Seifried (Jr)
Canton
9. Chris Linke (So)
Velma-Alma
10. Ashlea Barby (Jr)
Laverne

HONORABLE MENTION: 11. Jalyne Hom (Fr), Velma-Alma; 12. Kristi Beckham (So), Lexington; 13. Tiffany Crawford (So), Beggs; 14. Kristen Barby (Fr), Laverne; 15. Misty Jones (Sr), Hydro.

3A

1. Kelleigh Sanders (Sr)
Elgin
2. Carly McCulley (So)
Grove
3. Leah McCauley (So)
Marlow
4. Sarah Harvey (Sr)
Plainview
5. Angela Parker (Fr)
Mannford
6. Melanie Lemons (Sr)
Marlow
7. Kim Herrera (Fr)
Jones
8. Karen Baumeister (Fr)
Jones
9. Gretchen Kohlbacher (Jr)
Edmond Deer Creek
10. Abby Robertson (So)
Grove

HONORABLE MENTION: 11. Emily McCulloh (Sr), Plainview; 12. Hillary Cochran (So), Little Axe; 13. Sara Jurek (So), Cascia Hall; 14. Jancy Becky Puckett (Sr), Ardmore; 15. Heather Mason (Fr), El Reno; 16. Charity Carney (Fr), Altus.

4A

1. Ashley Boothe (Jr)
McGuinness
2. Brandy Bratton (So)
Hale
3. Amy Bratton (So)
Hale
4. Nicole Monroe (Sr)
Guthrie
5. Brooke Boothe (Fr)
McGuinness
6. Melissa Corlett (Fr)
Pryor
7. Tracey Kmetz (Fr)
Kelley
8. Jessica Hoke (Sr)
McGuinness
9. Kelli Cowan (Sr)
Guthrie
10. Brandi Woodward (Jr)
Guthrie

HONORABLE MENTION: 11. Nicole Lawrence (So), McGuinness; 12. Kelly Long (So), McGuinness; 13. Becky Puckett (Sr), Ardmore; 14. Heather Mason (Fr), El Reno; 15. Charity Carney (Fr), Altus.

5A

1. Corrie Hussar (Jr)
Mustang
2. Christine Novarra (Fr)
Owasso
3. Andrea DeLozier (Sr)
Norman
4. Megan Riddle (Jr)
Union
5. Hilary Reser (Jr)
Norman
6. Jessica Gibson (Jr)
Shawnee
7. Karla Hopkins (Fr)
Bartlesville
8. Stephanie Webb (Jr)
Bartlesville
9. Kristin Jones (Fr)
Santa Fe
10. Randi McKinney (So)
Santa Fe

HONORABLE MENTION: 11. Jamie Marden (So), Edmond Memorial; 12. Kelli O'Rourke (So), Jenks; 13. Jovi Wanamaker (So), Tahlequah; 14. Danette Miller (Sr), Edmond North; 15. Kim Settle (Sr), Moore.

1995 BOYS ALL STATE CROSS COUNTRY

2A

1. Mylo Miller (Fr)
Velma-Alma
2. Walt Ginn (So)
Hydro
3. Shawn Sawyer (Jr)
Chisholm
4. Kody Tsethlikai (So)
Tahlequah Sequoyah
5. Aniutea Anderson (Sr)
Riverside
6. Herbie Peabashy (Fr)
Hydro
7. Daniel McKinney (Sr)
Davenport
8. Charles Cameron (Sr)
Lindsay
9. Scott Hutchings (Sr)
Tishomingo
10. Kent Johnson (Jr)
Fairview

HONORABLE MENTION: 11. Cody Graham (Sr), Prague; 12. Kaleb Hennigh (Sr), Laverne; 13. Chris Hoyle (Sr), Lindsay; 14. Daniel Stone (So), Prague; 15. Daniel Davis, Riverside.

3A

1. Jeremy Johnson (Sr)
Little Axe
2. Wes Womack (Sr)
Plainview
3. David Lampkin (So)
Dickson
4. Ryan Turner (Sr)
Holdenville
5. Spud Blanchard (Sr)
Little Axe
6. Jon Connolly (Sr)
Marlow
7. Cory Clark (Sr)
Plainview
8. Greg Merlyn (Jr)
Plainview
9. Cory Green (Sr)
Little Axe
10. Jeremy Riddle (Sr)
Byng

HONORABLE MENTION: 11. Kevin Minson (So), Marlow; 12. Mike Willis (So), Marlow; 13. Jeremiah Smith (So), Elgin; 14. O.J. Rackler (Sr), Marlow; 15. Ryan Love (Fr), Dickson.

4A

1. Taylor Styron (Jr)
McGuinness
2. Matt Sexauer (Jr)
McGuinness
3. Jeremy Cleek (Sr)
Guthrie
4. Kevin Connolly (Fr)
McGuinness
5. Kyle Brown (Sr)
Miami
6. Brian Whitlock (Sr)
Altus
7. Brian Comstock (Jr)
Guthrie
8. Nathan Mata (So)
Carl Albert
9. Shaun Coffman (Sr)
Guthrie
10. Chris Ford (Sr)
Claremore

HONORABLE MENTION: 11. Jason Geranen (Jr), Claremore; 12. Jonathan Pitman (So), McGuinness; 13. Keith Morris (So), Altus; 14. Patrick Eberle (Fr), McGuinness; 15. Chris Roby (Sr), Guthrie.

5A

1. Mark Thompson (Jr)
Edmond Memorial
2. Jeremy Buhl (Sr)
Edmond Memorial
3. Welton Jefferson (Jr)
Eisenhower
4. Jeff Reid (Sr)
Jenks
5. Chad Niemann (Jr)
Ponca City
6. Jason Jones (Sr)
Santa Fe
7. Jeremy Case (So)
Union
8. Michael Pense (Jr)
Jenks
9. Brandon Kissick (So)
Bartlesville
10. Ryan Starr (Fr)
Bartlesville

HONORABLE MENTION: 11. Mike Simms (Sr), Enid; 12. Matt Davidson (Jr), Mustang; 13. Anthony Allen (Sr), Midwest City; 14. Kyle Bennett (Sr), Norman; 15. Matthew Garey (Jr), Norman.

1995 Oklahoma Cross Country State Championships

2A Boys

1	1	Mylo Miller	17:04	Velma-Alma	Fr
2	2	Walt Ginn	17:23	Hydro	So
3	3	Shawn Sawyer	17:24	Chisholm	Jr
4	4	Kody Taethlikai	17:29	Tahlequah Sequoyah	So
5	5	Aniutea Anderson	17:34	Riverside	Sr
6	6	Herbie Peabashy	17:36	Hydro	Fr
7	7	Daniel McKinney	17:39	Davenport	Sr
8	7	Charles Cameron	17:42	Lindsay	Sr
9	8	Scott Hutchings	17:44	Tishomingo	Sr
10	9	Kent Johnson	17:50	Fairview	Jr
11	9	Cody Graham	17:56	Prague	Sr
12	10	Kaleb Hennigh	17:56	Laverne	Sr
13	10	Chris Hoyle	17:58	Lindsay	Sr
14	11	Daniel Stone	18:01	Prague	So
15	12	Daniel Davis	18:01	Riverside	Sr
16	13	Martin Salas	18:04	Marietta	So
17	14	John Taylor	18:04	Tahlequah Sequoyah	Jr
18	15	Levi Wacoche	18:07	Tahlequah Sequoyah	So
19	16	Jarrod Mooney	18:08	Hydro	So
20	17	Chris Tookalo	18:09	Tahlequah Sequoyah	Fr
21	18	David Walkingstick	18:12	Chisholm	So
22	19	Derek Lieser	18:17	Riverside	Sr
23	20	Roland Nez	18:18	Tishomingo	Jr
24	21	Michael Stallings	18:22	Heritage Hall	Sr
25	22	Sean Strickland	18:23	Riverside	Sr
26	23	Bruce Antone	18:25	Heritage Hall	Fr
27	24	Doug Vrooman	18:28	Hydro	Sr
28	25	Sam Smith	18:36	Warner	Fr
29	26	Jace Turnbull	18:40	Tahlequah Sequoyah	So
30	27	Lance Zunie	18:40	Riverside	So
31	28	Ricky Goombi	18:42	Lexington	So
32	29	Brandon Embry	18:42	Heritage Hall	So
33	30	Brian Barki	18:46	Marietta	Jr
34	31	Ernesto Serna	18:48	Velma-Alma	Jr
35	32	Kip Jennings	18:51	Lindsay	Jr
36	33	Steve Branch	18:55	Tahlequah Sequoyah	Fr
37	34	Unkown	18:56	Velma-Alma	So
38	35	Kenny Auld	19:04	Hydro	Sr
39	36	Mike Goosen	19:06		
40		Kenneth Cates	19:08		

3A Boys

1	1	Jeremy Johnson	16:31	Little Axe	Sr
2	2	West Womack	16:48	Plainview	Sr
3	3	David Lampkin	17:00	Dickson	So
4	4	Ryan Turner	17:09	Holdenville	Sr
5	5	Spud Blanchard	17:15	Little Axe	Sr
6	6	Jon Connolly	17:17	Marlow	Sr
7	7	Cory Clark	17:19	Plainview	Jr
8	8	Greg Merlyn	17:22	Plainview	Sr
9	9	Cory Green	17:27	Little Axe	Sr
10	10	Jeremy Riddle	17:28	Byng	Sr
11	11	Kevin Minson	17:40	Marlow	So
12	12	Mike Willis	17:44	Marlow	So
13	13	Jeremiah Smith	17:49	Elgin	So
14	14	O.J. Rackler	17:51	Marlow	Sr
15	15	Ryan Love	18:11	Dickson	Fr
16	16	Dustin Dew	18:12	Dickson	So
17	17	Marc Lampkin	18:14	Dickson	Sr
18	18	Jason Banks	18:16	Guymon	So
19	19	Mike Smith	18:17	Little Axe	Sr
20	20	Tymon Sharp	18:26	Mannford	Sr
21	21	Jeremy Sudduth	18:33	Cascia Hall	Jr
22	22	Corey Johnson	18:35	Guymon	Fr
23	23	Otho Thomas	18:36	Plainview	So
24	24	Teddy Converse	18:37	Mannford	Jr
25	25	Thodore Roundface	18:43	Anadarko	So
26	26	Darren Jackson	18:44	Grove	Jr
27	27	Marion Smith	18:44	Mannford	Jr
28	28	Eric Dominguez	18:47	Elgin	Sr
29	29	Michael Lytle	18:48	Dickson	So
30	30	Tony Oxley	18:49	Sulphur	Jr
31	31	Raymond Swearingen	18:49	Little Axe	So
32	32	Albert Kelly	18:50	Bristow	So
33	33	Andy Zanolick	18:56	Cascia Hall	So
34	34	Ron Bulcoming	19:00	Little Axe	Fr
35	35	Chris Hare	19:01	Plainview	Sr
36	36	Thomas Butchko	19:06	Cascia Hall	Fr
37	37	Nathan Priest	19:10	Guymon	Sr
38	38	Justin Teel	19:16	Grove	Jr
39	39	Randy Ringers	19:19	Mannford	Jr
40	40	Bobby Ledbetter	19:23	Bristow	Sr

4A Boys

1	1	Taylor Styron	16:51	McGuinness	Jr
2	2	Matt Sexauer	17:04	McGuinness	Jr
3	3	Jeremy Cleek	17:09	Guthrie	Sr
4	4	Kevin Connolly	17:12	McGuinness	Fr
5	5	Kyle Brown	17:16	Miami	Sr
6	6	Brian Whitlock	17:26	Altus	Sr
7	7	Brian Comstock	17:27	Guthrie	Jr
8	8	Nathan Mata	17:33	Carl Albert	So
9	9	Shaun Coffman	17:37	Guthrie	Sr
10	10	Chris Ford	17:40	Claremore	Sr
11	11	Jason Geranen	17:44	Claremore	Jr
12	12	Jonathan Pitman	17:44	McGuinness	So
13	13	Keith Morris	17:46	Altus	So
14	14	Patrick Eberle	17:46	McGuinness	Fr
15	15	Chris Roby	17:46	Guthrie	Sr
16	16	Paul Starkus	17:50	Durant	Jr
17	17	Matt Donley	17:56	Weatherford	So
18	18	B.J. Milap	17:59	McGuinness	So
19	19	Cory Taylor	18:00	Carl Albert	Sr
20	20	Tom Eberle	18:06	McGuinness	Sr
21	21	Brian Wayland	18:08	Kelley	Jr
22	22	John Shirley	18:09	Elk City	Jr
23	23	Derek Looper	18:11	Duncan	Sr
24	24	David Pennington	18:12	Edison	So
25	25	Chris McRaven	18:14	Altus	Jr
26	26	Matt Brown	18:16	Western Heights	Sr
27	27	Toby Filener	18:17	Duncan	Jr
28	28	Matt Graham	18:20	Carl Albert	Sr
29	29	Josh Corley	18:21	Durant	Sr
30	30	Doug McKibben	18:24	Miami	Sr
31	31	Mike Lettkeman	18:25	Weatherford	So
32	32	Matt Cook	18:25	Altus	So
33	33	Robert Barbe	18:25	Guthrie	So
34	34	Ryan Goodson	18:25	U.S. Grant	Jr
35	35	Tim Long	18:27	Duncan	Jr
36	36	Utah Robinson	18:28	Elk City	So
37	37	Kurt Knop	18:30	Elk City	So
38	38	Blake Farris	18:33	Weatherford	So
39	39	Aaron Murray	18:33	Catoosa	So
40	40	Tim Walling	18:39	Elk City	Sr

5A Boys

1	1	Mark Thompson	16:17	Edmond Memorial	Jr
2	2	Jermey Buhl	16:23	Edmond Memorial	Sr
3	3	Wilton Jefferson	16:28	Eisenhower	Jr
4	4	Jeff Reid	16:39	Jenks	Sr
5	5	Chad Niemann	16:42	Ponca City	Jr
6	6	Jason Jones	16:45	Santa Fe	Sr
7	7	Jeremy Case	16:49	Union	So
8	8	Michael Penae	16:50	Jenks	Jr
9	9	Brandon Kissick	16:50	Bartlesville	So
10	10	Ryan Starr	16:50	Bartlesville	Fr
11	11	Mike Simms	16:55	Enid	Sr
12	12	Matt Davidson	17:00	Mustang	Jr
13	13	Anthony Allen	17:01	Midwest City	Sr
14	14	Kyle Bennett	17:03	Norman	Sr
15	15	Matthew Garey	17:07	Norman	Jr
16	16	Jared Rogers	17:11	Enid	Sr
17	17	Kelvin Robinson	17:16	Eisenhower	Sr
18	18	Tim Boyls	17:17	Norman	Sr
19	19	David Salvatierra	17:18	Putnam City	Sr
20	20	Brandon Wood	17:19	Mustang	Jr
21	21	Kevin Starr	17:20	Union	So
22	22	Barrett Hall	17:21	Jenks	Fr
23	23	Sam Stalcup	17:22	Ponca City	Jr
24	24	Dave Brown	17:22	Broken Arrow	Sr
25	25	Josh Burkhardt	17:23	Edmond Memorial	Fr
26	26	Michael Cliff	17:23	Charles Page	Jr
27	27	Danny Hall	17:24	Broken Arrow	Jr
28	28	Colin White	17:24	Midwest City	Sr
29	29	Jesse Hyder	17:25	Eisenhower	Sr
30	30	Ben Lake	17:25	Sapulpa	So
31	31	Eric Wyant	17:26	Edmond Memorial	Jr
32	32	David Metzger	17:26	Ponca City	Jr
33	33	Gary Godeau	17:27	Midwest City	Sr
34	34	Patrick Kelley	17:28	Stillwater	Jr
35	35	Blaine Phipps	17:28	Edmond Memorial	Jr
36	36	Curtis Hale	17:28	Jenks	Jr
37	37	Blake Collins	17:32	Edmond North	Sr
38	38	Jimmy Martinez	17:35	Moore	So
39	39	Aaron Challis	17:35	Westmoore	Jr
40	40	Chris Corbin	17:37	Enid	Sr

1995 Oklahoma Cross Country State Championships

2A Girls

1	1	Rae Ann McCarry	11:41	Velma-Alma	Fr
2	2	Cindy Fuller	11:51	Velma-Alma	Fr
3		Dini Pineda	12:07	Heritage Hall	Sr
4	3	Amber Thacker	12:08	Velma-Alma	Fr
5	4	Nicki Lanie	12:16	Wakita	Sr
6	5	Crystal Fuller	12:19	Velma-Alma	Sr
7		Jill Fuqua	12:20	Beggs	So
8	6	Myliasa Seifried	12:22	Canton	Jr
9	7	Chris Linke	12:23	Velma-Alma	So
10	8	Ashlea Barby	12:23	Laverne	Jr
11	9	Jalynne Horn	12:28	Velma-Alma	Fr
12	10	Kristi Beckham	12:29	Lexington	So
13		Tiffany Crawford	12:32	Beggs	So
14	11	Kristin Barby	12:33	Laverne	Fr
15		Misty Jones	12:35	Hydro	Sr
16	12	Cassie Gray	12:43	Canton	So
17	13	Kiley Deal	12:49	Laverne	Jr
18	14	Cassie Neal	12:52	Caney Valley	Sr
19	15	Candace Oiler	12:53	Chisholm	Fr
20	16	Dana Sutton	12:53	Velma-Alma	So
21	17	Lindsay Landritin	12:54	Tishomingo	Fr
22	18	Kari Sawyer	12:56	Chisholm	So
23	19	Amy Kittrell	12:58	Caney Valley	So
24		Krista Rowe	13:00	Vamos	Fr
25		Darla Bocock	13:01	Keyes	So
26	20	Cheryl Nofire	13:01	Tahlequah Sequoyah	Fr
27	21	Lara Heisey	13:02	Lexington	Jr
28	22	Amanda Glass	13:04	Tahlequah Sequoyah	Fr
29	23	Jennifer Dodson	13:05	Lindsay	Jr
30		Kaysha Headrick	13:05	Turpin	Sr
31		Amanda Davis	13:06	Carnegie	Jr
32	24	Chance Wheeler	13:08	Lexington	Jr
33	25	Justice Autry	13:11	Lindsay	So
34	26	Jaci McQuar	13:14	Chisholm	Fr
35	27	Kelsi Bond	13:16	Canton	So
36	28	Kelly Moore	13:19	Canton	Fr
37	29	Regina Wesley	13:22	Tahlequah Sequoyah	Jr
38	30	Kristin Munsell	13:27	Lexington	Fr
39	31	Quannah Bunch	13:30	Tahlequah Sequoyah	Fr
40	32	Carrie Hennigh	13:31	Laverne	So

3A Girls

1	1	Kelleigh Sanders	11:29	Elgin	Sr
2	2	Carly McCulley	11:51	Grove	So
3	3	Leah McCauley	11:54	Marlow	So
4	4	Sarah Harvey	12:04	Plainview	Sr
5	5	Angela Parker	12:06	Mannford	Fr
6	6	Melanie Lemons	12:08	Marlow	So
7	7	Kim Herrera	12:11	Jones	Fr
8	8	Karen Baumeister	12:14	Jones	Fr
9		Gretchen Kohlbacker	12:24	Edmond Deer Creek	Jr
10	9	Abby Robertson	12:25	Grove	So
11	10	Emily McCulloh	12:26	Plainview	Sr
12	11	Hillary Cochran	12:26	Little Axe	So
13	12	Sara Jurek	12:27	Cascia Hall	So
14	13	Jancy Gharkhanian	12:27	Purcell	Sr
15	14	Amy Norton	12:32	Plainview	Sr
16	15	Becky Harvey	12:35	Plainview	So
17	16	Katie McGraw	12:36	Cascia Hall	Jr
18		Jai Scott	12:42	Berryhill	Fr
19	17	Lindsey Hicks	12:46	Dickson	Fr
20	18	Carrie Linden	12:48	Mannford	Sr
21	19	Mandy Orr	12:50	Plainview	Jr
22	20	Jennifer Johnston	12:57	Jones	So
23	21	Dena Dial	13:00	Marlow	Sr
24	22	Tonya Guruswamy	13:00	Cascia Hall	Sr
25	23	Stefanie Burton	13:01	Tuttle	Fr
26	24	Rikki Hazen	13:03	Marlow	Sr
27	25	Lucresha Delonais	13:04	Little Axe	Sr
28	26	Erin Curtis	13:09	Guymon	Sr
29	27	Amie Denson	13:11	Plainview	Sr
30	28	Lindsey Patterson	13:12	Cascia Hall	Jr
31	29	Cathleen Baumeister	13:14	Jones	Sr
32	30	Arie Dunaway	13:15	Purcell	Fr
33		Paula Pewo	13:16	Anadarko	Jr
34	31	Amber Sreaves	13:16	Grove	Sr
35		Darlene Dodd	13:17	Westville	Sr
36	32	Elizabeth Hall	13:17	Mannford	So
37	33	Diane Owens	13:22	Guymon	So
38	34	Ali Sreave	13:22	Grove	So
39	35	Halee Lackey	13:22	Plainview	Jr
40	36	Richelle Pace	13:28	Little Axe	So

4A Girls

1	1	Ashley Boothe	11:22	McGuinness	Jr
2	2	Brandy Bratton	11:31	Hale	So
3	3	Amy Bratton	11:33	Hale	So
4	4	Nicole Monroe	11:46	Guthrie	Sr
5	5	Brooke Boothe	11:47	McGuinness	Fr
6		Melissa Corlett	11:49	Pryor	Fr
7	6	Tracy Kmetz	11:51	Kelley	Fr
8	7	Jessica Hoke	12:00	McGuinness	Sr
9	8	Kelli Cowan	12:10	Guthrie	Jr
10	9	Brandi Woodard	12:10	Guthrie	Sr
11	10	Nicle Lawrence	12:10	McGuinness	So
12	11	Kelly Long	12:16	McGuinness	So
13	12	Becky Puckett	12:18	Ardmore	Sr
14		Heather Mason	12:20	El Reno	Fr
15	13	Charity Carney	12:25	Altus	Fr
16	14	Amarda Narvaez	12:25	Kelley	Sr
17		Natalie Krieger	12:26	Durant	Sr
18	15	Sequita Williamson	12:30	Ardmore	Sr
19	16	Katie Wagner	12:35	Kelley	Fr
20	17	Beth Barbiers	12:35	Carl Albert	So
21	18	Samantha Privette	12:41	Guthrie	Fr
22	19	Cori Dirickson	12:43	Elk City	Jr
23	20	Tia Holman	12:44	Ardmore	Fr
24	21	Hollie Mays	12:46	Guthrie	Jr
25		Ester Shaw	12:47	Western Heights	20
26	22	Lauren Avery	12:49	McGuinness	Sr
27	23	Lori Weaver	12:49	Noble	So
28	24	Angela Asberry	12:55	Ardmore	So
29	25	Maureen Martin	12:55	McGuinness	So
30	26	Beth Migliorino	12:56	Ardmore	So
31		Heather Anderson	13:00	Pryor	So
32	27	Shavon Young	13:03	Guthrie	Fr
33	28	Debbie Lagana	13:04	Noble	So
34	29	Melissa Cobb	13:04	Noble	Sr
35	30	Stephanie Boda	13:07	Weatherford	Jr
36		Kyna Padgett	13:12	Duncan	Jr
37	31	Jenny Nemec	13:14	Kelley	Jr
38		Lori King	13:16	Hannah	So
39		Jessie Brewer	13:16	Poteau	So
40	32	Makeesha Wood	13:17	Hale	So

5A Girls

1		Corrie Hussar	11:21	Mustang	Jr
2	1	Christine Novarra	11:34	Owasso	Fr
3	2	Andrea DeLozier	11:34	Norman	Sr
4	3	Megan Riddle	11:44	Union	Jr
5	4	Hilary Raser	11:45	Norman	Jr
6		Jessica Gibson	11:47	Shawnee	Jr
7		Karla Hopkins	11:47	Bartlesville	Fr
8		Stephanie Webb	11:48	Bartlesville	Jr
9	5	Kristin Jones	11:50	Santa Fe	Fr
10	6	Randi McKinney	11:58	Santa Fe	So
11	7	Jamie Marden	12:00	Edmond Memorial	So
12	8	Kelli O'Rourke	12:01	Jenks	So
13		Jovi Wanamaker	12:01	Tahlequah	So
14	9	Danette Miller	12:03	Edmond North	Sr
15	10	Kim Settle	12:07	Moore	Sr
16	11	Lena Echelle	12:12	Stillwater	Sr
17	12	Allison Franklin	12:13	Westmoore	Fr
18		Martha Robinson	12:16	Midwest City	So
19	13	Lindsey Shelters	12:17	Moore	So
20	14	Unknown	12:18	Westmoore	Fr
21	15	Heather Miles	12:20	Moore	Fr
22	16	Melissa Housley	12:20	Sapulpa	Sr
23	17	Heather Barnes	12:22	Sapulpa	Fr
24	18	Kenyatta Jones	12:26	Eisenhower	Jr
25	19	Renee Ahlgren	12:28	Jenks	So
26		Tawni Wanamaker	12:32	Tahlequah	Fr
27	20	Katie Barker	12:34	Jenks	Jr
28	21	Kristin Scott	12:36	Stillwater	So
29	22	Katy Roll	12:38	Stillwater	Jr
30	23	Rosie Solano	12:41	Eisenhower	So
31		Hannah Jones	12:42	Putnam City	Jr
32		Amber Clark	12:43	Ponca City	Sr
33	24	Rena Kemerling	12:44	Norman	Fr
34	25	Lori Gibson	12:45	Jenks	Fr
35	26	Linda Sejoek	12:45	Jenks	Jr
36	27	Christina Yinger	12:47	Edmond North	Fr
37	28	Adrienne Alvarez	12:50	Eisenhower	So
38	29	Tiffany Ubarra	12:50	Moore	Fr
39	30	Shannon Hassell	12:51	Westmoore	Fr
40	31	Brooke McElwain	12:54	Union	So

STATE MEET TEAM SCORING

2A Boys

1. Tahlequah Sequoyah, 4-15-16-18-26-(32)-(35)=79. Kody Tsethlikai, Levi Wacoche, Jarrod Mooney, David Walingstick, Lance Zumie, Unknown, Jason Littlecook.
2. Hydro, 2-6-17-25-34-(41)-(44)=84. Walt Ginn, Herbie Peabashy, Chris Tookalo, Sam Smith, Mike Goosen, Keith Propps, Ryan Pieper.
3. Riverside, 5-12-20-23-27-(49)=87. Anitea Anderson, Daniel Davis, Roland Nez, Bruce Antone, Ricky Goombi, Jacob Whiteskunk.
4. Lindsay, 7-19-14-31-50-(57)-(59)=112. Charles Cameron, Chris Hoyle, John Taylor, Steve Branch, Sean Jackson, Keith Ashley, Zac Elkins.
5. Prague, 9-11-38-40-42-(43)-(48)=140. Cody Graham, Daniel Stone, Ryan Friend, Renaldo Wiles, Robby Collins, Tim Guess, Charles Thompson.
6. Chisholm, 3-19-36-39-52-(55)-(64)=149. Shawn Sawyer, Derek Lieser, Brant Bishop, Jermaine Dunkin, Jamey Unrich, Jeremy Clifton, H.R. Stratton.
7. Velma-Alma, 1-3-33-51-53-(63)-(65)=168. Mylo Miller, Kip Jennings, Kenny Auld, Brian Firestone, Casey Kirpatrick, Eddie Dewbre, Roger Graham.
8. Tishomingo, 8-21-46-47-54-(56)-(60)=176. Scott Hutchings, Michael Stallings, Nick Blakemore, Daniel Layton, David Johnson, Jeremy Berstin, Jason Lawson.
9. Marietta, 13-29-37-45-62=186. Martin Salas, Ernesto Sema, Scott Shellenberger, Dillon Bell, Santos Sanchez.
10. Heritage Hall, 22-24-28-58-61-(66)-(67)=193. Sean Strickland, Doug Vrooman, Brian Barki, Brian Clay, Chris Kirby, Jacob Harcourt, Chase McCown.

2A Girls

1. Velma-Alma, 1-2-3-5-7-(9)-(16)=18. Rae Ann McCurry, Cindy Fuller, Amber Thacker, Crystal Fuller, Chris Linke, Jalyne Horn, Dana Sutton.
2. Laveine, 8-11-13-32-46-(55)-(57)=110. Ashlea Barby, Kristen Barby, Kiley Deal, Carrie Hennigh, Kianne Frederick, Kelli Null, Leanne Henry.
3. Lexington, 10-21-24-30-33-(38)-(52)=118. Kristi Beckham, Lara Heisey, Chance Wheeler, Kristin Munsell, Beth Lewis, Becky Barber, Cassey Hammon.
4. Canton, 6-12-27-28-45=118. Mylissa Seifried, Cassie Gray, Kelsi Bond, Kelly Moore, Jordan Garriott.
5. Tahlequah Sequoyah, 20-22-29-31-36-(44)-(48)=138. Cheryl Nofire, Amanda Glass, Regina Wesley, Quanah Bunch, Amanda Davis, Tori Thompson, Janet Nofire.
6. Chisholm, 15-18-26-51-53-(54)-(61)=163. Candace Oiler, Kari Sawyer, Jaci McGuar, Lindsay Voss, Amanda Nelson, Jennifer Pazzo, Flora Munger.
7. Caney Valley, 14-19-47-49-64-(76)=193. Cassie Neal, Amy Kittrell, Tasha Gray, Sherry Christenson, Amber Davis, Shari Wright.
8. Wakita, 4-39-40-42-69-(78)=194. Nicki Lanie, Erin Rapp, Brandy Biby, Emily Lanie, Martha Hayes, Amanda Barnes.
9. Tishomingo, 17-35-38-58-59-(70)-(71)=207. Lindsay Landritin, Tonya Heffington, Katie Utley, Kari Cliff, Chariet Houser, Tara Austin, Christi Walker.
10. Lindsay, 23-25-62-72-73-(77)=255. Jennifer Dodson, Justice Autry, Kerry Tucker, Kira Ricardson, Tamara Robertson, Melanie Billingsley.
11. Warner, 41-43-60-63-65-(67)=272. Becca Turnbull, Stephanie Gleese, Clarisha Kirk, Mindy Madewell, Jodee McAffrey, Apryl Rogers.
12. Beaver, 34-50-56-66-68-(74)-(75)=274. Ashley Harrison, Brenda Skaggs, Barby Payne, Nicole Sauer, Erin Kee, Abby Payne, Chantel Lee.



5A BOYS STATE CHAMPIONSHIP--The lead pack at about the half mile mark. Photo by Roger Taylor

Southwest Preparatory Conference

Veteran's Park, Arlington, TX
11/4/95

GIRLS

TEAM SCORING: 1. Hockaday (Dallas, TX) 30; 2. St. John's School (Houston, TX) 55; 3. Cassidy 89; 4. Holland Hall 96; 5. Greenhill (Dallas, TX) 125; 6. Kinkaid (Houston, TX) 177; 7. Houston Episcopal (Houston, TX) 188; 8. Oakridge (Arlington, TX) 224; 9. Saint Mary's Hall (San Antonio, TX) 239.

INDIVIDUAL SCORING: 1. Katie Waite, St. Step. 10:52; 2. Caroline Duncan, St. John's, 5:34; 3. Marissa Downs, Hock. 11:31; 4. Lindsey Hawkins, Hock. 11:35; 5. Amanada Wendelken, Cas. 11:35; 6. Stephanie Quist, Ft. Worth CD, 11:43; 7. Smyth Bitter, Hock. 11:44; 8. Senna West, St. John's, 11:46; 9. Larcombe Teichgraebe, St. John's, 11:47; 10. Tiffany Goetz, Oakridge, 11:55; 11. Lucy Billingsley, Hock. 11:56; 12. Kathryn Harrington, 12:05; 13. Alli Wilcox, HH, 12:08; 14. Zareen Malik, Hock. 12:21; 15. Kristin Meyer, Kin. 12:23; 16. Caroline King, HE, 12:27; 17. Dorothy Paris, Cas. 12:27; 18. Veronica Wildgoose, Gre. 12:28; 19. Lucy London, Cas. 12:31; 20. Jennifer Roberts, HH, 12:33; 21. Kate Rualey, HH, 12:47; 22. Marcel Hendrickson, Gre. 12:50; 23. Lisa Levy, St. John's, 12:52; 24. Courtney Bragg, St. John's, 12:52; 25. Mary Casey, HH, 13:00; 26. Catherine Tucker, St. John's, 13:04; 27. Meredith Small, Gre. 13:04; 28. Carol Stewart, St. John's, 13:04; 29. Colleen Fogarty, Hock. 13:05; 30. Burke Duncan, Cas. 13:08.

BOYS

TEAM SCORING: 1. Holland Hall 51; 2. FW Country Day (Fort Worth, TX) 87; 3. St. Mark's 90; 4. Greenhill (Dallas, TX) 110; 5. St. John's (Houston, TX) 118; 6. St. Stephen's (Austin, TX) 167; 7. Houston Episcopal (Houston, TX) 183; 8. Cassidy 197; 9. Kinkaid (Houston, TX) 203; 10. Oakridge (Arlington, TX) 264; 11. Trinity Valley (Fort Worth) 302; 12. St. Mary's Hall 331; 13. Episcopal School Dallas 365.

INDIVIDUAL SCORING: 1. Dane Batzel, FWCD, 15:22; 2. Brad Friedman, Gre. 15:33; 3. Dan Kraus, Gre. 15:36; 4. John Balkie, HH, 15:49; 5. John Singleton, St. Stephen's, 15:59; 6. Martin Ankamah, St. John's, 16:06; 7. Jeremy Downs, St. Mark's, 16:08; 8. Worthy Snyder, Kin. 16:08; 9. Christopher Johnson, St. John's, 16:09; 10. Luke Groom, HH, 16:11; 11. Ben Hildebrand, HH, 16:11; 12. Cason Carter, HH, 16:19; 13. John McCarthy, St. Mark's, 16:23; 14. Mark Bennett, HH, 16:25; 15. Karl Leifeste, St. John's, 16:26; 16. Nick Saadah, Cas. 16:37; 17. Warren Lord, FWCD, 16:42; 18. Adam Wood, FWCD, 16:43; 19. Brian Dunaway, FWCD, 16:44; 20. Lee Spencer, HH, 16:44; 21. David Sutton, St. Mark's, 16:50; 22. Diego Mendez, St. Stephen's, 16:51; 23. Brian Lubin, Gre. 16:54; 24. Justin Guyett, St. Mark's, 16:55; 25. Chris Anstett, St. Mark's, 16:58; 26. Adam Sluuser, HE, 17:00; 27. Damon Lee, HH, 17:04; 28. Andy Freeman, St. Stephen's, 17:06; 29. Carlos Obando, HE, 17:06; 30. Tim Hampton, Oak. 17:13.

Winter Track Clinic

The Oklahoma Track Coaches Association's annual Winter Track Clinic will be held at the Ramada Inn in Norman, February 2nd and 3rd. Registration is from 5:00 p.m. to 8:30 p.m. Friday, the 2nd, and 8:00 a.m. to 11:30 a.m. on Saturday, the 3rd. Pre-registration (by January 9th) is \$32.00 and includes a clinic T-shirt, notebook, door prizes and social hour on Friday night. Hotel rooms are \$40.00 per night plus tax (1-4 per room) and reservations should be made directly with the hotel at 405-321-0110.

Sessions will be held Friday from 6:30 p.m. to 11:00 p.m., and Saturday from 8:30 a.m. to 2:30 p.m. There will be an Old Timer's Reunion Friday evening from 5:30 p.m. to 6:15 p.m. The cross country Coach of the Year awards will also be presented during the clinic.

Speakers include: Sam Aquiler, Alert Services, track injuries; Darryl Daniels, Hominy, small school programs; Ann Maire Erickson, Okla. City, sports massage/flexibility; Brad Farrow, Putnam City West, shot; Andy Gower, Konawa, high jump; Carl Hawkins, Santa Fe, hurdles; Randy Helms, Putnam City North, middle distance; Lee Ann Musgrove, Ardmore, sprints; Jerry Naylor, Plainview, distance; Terry Neal, Sulphur, long jump; Joey Newson, Jenks, discus; Glen Stone, Okla. Baptist University, 1600 meter relay.

For further information or to pre-register, contact Randy Belicek, 925 Lovers Lane, Purcell, OK 73080.

1995 Power Ranking

By John Hoke
Editor

The computer, under the able guidance of Steve Skocik of the Tulsa Track Club, came through again with a combination of all classes into one race making an extremely valid comparison between classes since all runners ran the same course under the same conditions. So, once again we are able to offer the Power Ranking for 1995.

Team scoring was calculated just as is done in individual class races with runners from incomplete teams being dropped out of the team scoring. Individual times were added together and averaged to for a team average to give further comparison.

In the girls division, undefeated 4A McGuinness held off another strong challenge from 2A Velma-Alma to again sit at the top of the Power Ranking. The Irish had an excellent 11:55 team average compared to 12:04.4 for the Comets. The last time the race was held on the OU Duck Pond course in 1991 the Bartlesville girls averaged 12:24.6—though some minor course modifications are reported to have cut 10 to 15 seconds off the times this year.

The Guthrie girls were a strong third with an average of 12:18.6 but it is interesting to note that sixth-place Norman had the fourth-best average time.

The 5A class was not very strong team-wise with the best ranking being fifth by the champions from Jenks. Team depth was obviously in short supply in this class. 4A was the toughest class with three teams in the top seven.

In the boys division 5A champion Edmond Memorial claimed the top Power Ranking over runnerup Jenks with a 16:59.4 average compared to 17:11 for the Trojans. 4A champions McGuinness were third, the only non-5A team in the top six. The Bulldogs' time compares to the Trojans' team average of 16:32.2 over the same course in 1991.

One of the most interesting statistics in the boys division is the sixth-place Power Ranking of 5A eighth-place finisher Broken Arrow.

Listed below are the results of the 1995 Power Ranking for the top ten teams.



2A BOYS STATE CHAMPIONSHIP--Hydrosophomore Walt Ginn (#862) was runnerup to Velma-Alma freshman Mylo Miller. Photo by Andre Reddington

Girls			
Place	Team	Team Placings=Score	Average Time
1.	McGuinness	1-11-18-29-35-(79)-(93)=94	11:55.0
2.	Velma-Alma	7-14-25-39-44-(54)-(88)=129	12:04.4
3.	Guthrie	10-27-28-68-76-(108)-(180)=209	12:18.6
4.	Plainview	22-49-58-61-83-(131)-(155)=273	12:29.4
5.	Jenks	20-55-60-73-74-(132)-(134)=282	12:30.6
6.	Norman	6-9-72-104-117-(123)-(223)=308	12:26.0
7.	Ardmore	38-57-71-91-94-(231)-(305)=351	12:40.6
8.	Westmoore	32-37-85-106-110-(126)-(181)=370	12:41.8
9.	Stillwater	31-64-66-96-127-(139)-(242)=384	12:42.4
10.	Sapulpa	41-42-92-102-107-(142)-(145)=384	12:44.2
Boys			
1.	Edmond Memorial	1-2-36-42-48-(72)-(101)=129	16:59.4
2.	Jenks	5-9-32-49-57-(58)-(91)=152	17:11.0
3.	McGuinness	12-18-23-66-70-(86)-(94)=189	17:19.4
4.	Eisenhower	3-25-41-64-74-(132)-(173)=207	17:20.4
5.	Ponca City	6-33-43-79-83-(212)=244	17:28.6
6.	Broken Arrow	35-38-61-80-87-(135)-(219)=301	17:40.6
7.	Guthrie	21-47-56-71-126-(195)-(256)=321	17:40.8
8.	Midwest City	16-39-46-109-124-(223)=334	17:42.6
9.	Little Axe	4-24-45-113-162-(180)-(321)=348	17:39.8
10.	Union	8-31-84-120-125-(186)-(257)=368	17:47.4

Cross Country Academic Achievement Awards

The Oklahoma Secondary Schools Activities Association announced the winners of the Cross Country Academic Achievement Awards at the 1995 State Championship awards ceremonies October 28th at the University of Oklahoma Mosier Indoor Track facility.

To be considered for the awards a team had to field a seven-member team at regionals. Plaques were also awarded to teams with grade point averages that put them in the upper ten per cent of all schools in their class with a minimum of 3.5 GPA required.

The Sapulpa and Plainview girls had the highest grade point average with a 3.94, edging out the Ponca City boys at 3.93.

Girls

5A: Sapulpa, 3.94; Stillwater, 3.92; Norman, 3.91; Yukon 3.90. 4A: Elk City 3.86; Altus, 3.77; Kelley, 3.75; Noble, 3.65; El Reno, 3.64; Weatherford, 3.60. 3A: Plainview, 3.94; Elgin, 3.87; Purcell, 3.85; Edmond Deer Creek, 3.79; Little Axe, 3.61; Dickson, 3.51. 2A: Warner, 3.83; Prague, 3.82; Velma-Alma, 3.78; Turpin, 3.75; Laverne, 3.60.

Boys

5A: Ponca City, 3.93; Yukon, 3.74; Stillwater, 3.71; Bartlesville, 3.59. 4A: Carl Albert, 3.54. 3A: Pawhuska, 3.84; Mannford, 3.57; Plainview, 3.51. 2A: Lindsay, 3.57.

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STATE MEET TEAM SCORING

3A Boys

1. Little Axe, 1-4-8-17-(30)-(70)=58. Jeremy Johnson, Spud Blanchard, Cory Green, Mike Smith, Raymond Swearingen, Ron Bullcoming, Brad Donaldson.
2. Plainview, 2-6-7-21-31-(39)-(62)=67. Wes Womack, Cory Clark, Greg Merlyn, Otho Thomas, Chris Hare, Danny Romo, Hector Romo.
3. Dickson, 3-13-14-15-27-(36)=72. David Lampkin, Ryan Love, Dustin Dew, Marc Lampkin, Michael Lytle, Jonathan Massey.
4. Marlow, 5-9-10-12-45-(57)-(65)=81. Jon Connolly, Kevin Minson, Mike Willis, O.J. Rackler, William Staats, Johnny Cheves, Jared Warthen.
5. Mannford, 18-22-25-35-38-(58)-(63)=138. Tymon Sharp, Teddy Converse, Marion Smith, Randy Ringers, Justin McKinney, Tim Caudle, Eric Hanlon.
6. Elgin, 11-26-37-40-42-(44)-(46)=156. Jeremiah Smith, Eric Dominguez, Zach Smith, Nathan Lamb, Josh Sperling, Justin Gullledge, James Meadors.
7. Cascia Hall, 19-29-32-43-50=173. Jeremy Sudduth, Andy Zanovich, Thomas Butchko, Michael Jones, Joey Sexauer.
8. Guymon, 16-20-33-51-54=174. Jason Banks, Corey Johnson, Nathan Priest, Zac Miller, Billy Jack Tate.
9. Grove, 24-34-47-55-59-(66)-(68)=219. Darren Jackson, Justin Teel, Joe Harper, Blake O'Brien, Bill Tinney, Steve Bales, Chad Shobe.
10. Edmond Deer Creek, 41-48-52-53-56-(60)-(67)=250. Gabriel Rodriguez, Joe Ray, Mark Campbell, Terry Lowery, Chris Farley, Jonathan Bragg, Mauro Acosta.
11. Anadarko, 23-49-61-64-69-(71)=266. Theodore Roundface, Brett Taylor, Jared Williams, Nathan Gomez, Jeremy Stockham, Wilson Ware.

3A Girls

1. Plainview, 4-10-14-15-19-(27)-(35)=62. Sarah Harvey, Emily McCulloh, Amy Norton, Becky Harvey, Mandy Orr, Amie Denson, Halee Lackey.
2. Marlow, 3-6-21-24-39-(47)-(73)=93. Leah McCauley, Melanie Lemons, Dena Dial, Rikki Hazen, Kylie Graham, Amber Staats, Amanda Cook.
3. Jones, 7-8-20-29-37-(49)=101. Kim Herrera, Karen Baumeister, Jennifer Johnston, Cathleen Baumeister, Katy Jones, Mandy Lanford.
4. Grove, 2-9-31-34-40-(41)-(57)=116. Carly McCulley, Abby Robertson, Amber Sreaves, Ali Sreaves, Cheryl Vanlear, Amanda Fisher, Nancy Jones.
5. Cascia Hall, 12-16-22-28-53-(55)-(72)=131. Sara Jurek, Katie McCraw, Tonya Guruswamy, Lindsay Patterson, Julie Millsbaugh, Lindsay Davis, Becky Jurek.
6. Mannford, 5-18-32-42-44-(52)-(66)=141. Angela Parker, Carrie Linden, Elizabeth Hall, Tiffany Budd, Gwen Oliver, Mara Anderson, April Smith.
7. Purcell, 13-30-38-48-59-(63)-(74)=188. Jancy Gharkhanian, Arie Dunaway, Holly Irwin, Rebecca Faris, Lisa Clark, Karen Price, Summer Smith.
8. Little Axe, 11-25-36-56-64-(69)=192. Hillary Cochran, Lucresha Delonais, Richelle Pace, Margo Wahpekeche, Kari Detjen, Jackie Mania.
9. Guymon, 26-33-51-54-60-(67)-(71)=224. Erin Curtis, Diane Owens, Kari Childress, Kyndra Littrell, Gina Massey, Jennie Martinez, Kellie Reynolds.
10. Dickson, 17-46-50-61-65-(68)-(80)=239. Lindsey Hicks, Heather Huey, Leslie Colvard, Laurel Gray, Christy Boydston, Shawna Bray, Angela Julian.
11. Elgin, 1-43-45-75-76-(77)-(78)=240. Kelleigh Sanders, Tiffany Hurst, Heather Denman, Charlotte Brennan, Sarah Leis, Lindsay Brown, Jennifer Sanders.
12. Tuttle, 23-58-62-79-79=292. Stefanie Burton, Allison Tomlinson, Tosha Henning, Megan Merritt, Angela Baker.



3A GIRLS STATE CHAMPIONSHIP--Purcell senior Jancy Gharkhanian (#273), 14th; Little Axe sophomore Hillary Cochran (#257), 12th and Jones freshman Kim Herrera (#621). Photo by Cheryl Good

To The Editor:

A thank you from southern Oklahoma for all the good work you and your staff have done for Cross Country this year. The recognition of individual and team accomplishments in a special news for the sport of Cross Country and Track is great!

Because of Oklahoma TRACK & FIELD NEWS the athletes in Oklahoma all feel like they know each other. They have learned to respect and admire each other and feel as if they belong to a great organization.

Thanks again,

Lynn Bowman, Coach
Durant High School

OTCA Senior Achievement Awards

The Oklahoma Track Coaches Association has announced their 1995 Cross Country Senior Achievement Awards, awarded to the top five finishing, nominated, seniors that do not All-State (finish in the top ten at the state meet). The coach must be member of the OTCA and nominate the senior for them to be eligible.

2A Girls: Misty Jones, Hydro; Clarisha Kirk, Warner; Casie Neal, Caney Valley; Kelli Null, Laverne; Ebony Shirley, Davis.

2A Boys: Cody Graham, Prague; Chris Hoyle, Lindsay; Michael Stallings, Tishomingo; Tace Turnbull, Warner; Doug Vrooman, Heritage Hall.

3A Girls: Cathleen Baumeister, Jones; Lucresha Delonais, Little Axe; Amie Denson, Plainview; Dena Dial, Marlow; Jancy Gharkhanian, Purcell; Rikki Hazen, Marlow; Emily McCulloh, Plainview; Amy Norton, Plainview.

3A Boys: Chris Hare, Plainview; Marc Lampkin, Dickson; O.J. Rackler, Marlow; Danny Romo, Plainview; Mike Smith, Little Axe.

4A Girls: Lauren Avery, McGuinness; Natalie Kreiger, Durant; Becky Puckett, Ardmore; Sequita Williamson, Ardmore.

4A Boys: Josh Corley, Durant; Tom Eberle, McGuinness.

5A Girls: Amber Clark, Ponca City; Lena Echelle, Stillwater; Melissa Housley, Sapulpa; Danette Miller, Edmond North; Rosie Solano, Eisenhower.

5A Boys: Kyle Bennett, Norman; Tim Boyls, Norman; Dave Brown, Broken Arrow; Jesse Hyder, Eisenhower; Kelvin Robinson, Eisenhower.

Due to a lack of nominees in 4A boys and a very large number in 3A girls, additional plaques were awarded in that class.

COACHES: if you have not received these awards for your runners, please contact Amie Lampkin, Plainview, 405-223-5877, between 9:00 a.m. and 10:00 a.m.

STATE MEET TEAM SCORING

4A Boys

1. McGuinness, 1-2-4-12-14-(17)-(19)=33. Taylor Styron, Matt Sexauer, Kevin Connolly, Jonathan Pitman, Patrick Eberle, B.J. Milsap, Tom Eberle.
2. Guthrie, 3-7-9-15-30-(60)-(85)=64. Jeremy Cleek, Brian Comstock, Shaun Coffman, Chris Roby, Robert Darbe, Reed Maxson, Brad Spinner.
3. Altus, 6-13-23-29-39-(40)-(56)=110. Brian Whitlock, Keith Morris, Chris McRaven, Matt Cook, Kyle Hawthorne, Bryan Pickett, Ryan Cooley.
4. Carl Albert, 8-18-26-53-54-(95)-(108)=159. Nathan Mata, Cory Taylor, Matt Graham, Ryan Strahorn, David Meek, Tony Loch, Mike Meyer.
5. Elk City, 20-33-34-36-50-(58)-(64)=173. John Shirley, Utah Robinson, Jurt Knop, Tim Walling, Marc Crow, Richard Schneberger, Eric Vandonge.
6. Duncan, 21-25-32-45-62-(72)-(86)=185. Derek Looper, Toby Filener, Tim Long, Ryan Reese, Manuel Ramirez, Eric Brandell, Ramon Gutierrez.
7. Claremore, 10-11-43-52-80-(89)-(104)=196. Chris Ford, Jason Geranen, Greg Carlson, Payt Akin, Nobu Fujii, Turk Burns, Scott Gladney.
8. Weatherford, 16-28-35-61-67-(69)-(74)=207. Matt Donley, Mike Lettkeman, Blake Farris, Nathan Hawkins, Josh Mosburg, Josh Williams, Eric Ratterree.
9. Western Heights, 24-37-49-63-73-(82)-(83)=246. Matt Brown, Jeremy Foutch, Sean Brum, Justin Hall, Andy Dalrymple, Jon Milner, Shane Pratt.
10. Miami, 5-27-41-88-99-(106)=260. Kyle Brown, Doug McKibben, Ivan Anderson, Ryan Lofland, Damon Headlee, William Gonzales.
11. U.S. Grant, 31-46-55-59-75-(94)-(105)=266. Ryan Goodson, Martin Greenhaw, Ryan Fletcher, Pedro Salas, Jeff Smith, Carlos Gonzales, Jose Tellez.
12. Noble, 38-48-66-81-84-(87)-(98)=317. Jack Tracy, Chris Stokesbury, Justin Henry, Will Keller, Steve Lagan, Vern Baker, Unknown.
13. Edison, 22-68-70-76-101-(102)=337. David Pennington, Ed Wallace, Billy Hill, Rocky James, Mike Bean, Chris Thorn.
14. McAlester, 47-57-77-78-90-(92)-(97)=349. Dave Yob, Michael James, Tony Schroeder, Michael Schons, Zach Sullivan, Kern Jackson, Tim Detels.
15. Hale, 44-65-71-79-91-(93)-(96)=350. Bryan Graham, Joshua Henderson, Jesse Keefe, Jeremy Taylor, Jared Welsh, Justin Nichols, Andrew Wood.
16. Webster, 42-51-100-103-107-(109)=403. Alan Kilgore, David Welch, Jason Jones, Tim Carey, Will Lawler, Joe Matlock.

4A Girls

1. McGuinness, 1-5-7-10-11-(22)-(25)=34. Ashley Boothe, Brooke Boothe, Jessica Hoke, Nicole Lawrence, Kelly Long, Lauren Avery, Maureen Martin.
2. Guthrie, 4-8-9-18-21-(27)-(42)=60. Nicole Monroe, Kelli Cowan, Brandi Woodard, Samantha Privette, Hollie Mays, Shavon Young, Leslie Roof.
3. Ardmore, 12-15-20-24-26-(54)-(74)=97. Becky Puckett, Sequita Williamson, Tia Holman, Angela Asberry, Beth Migliorino, Alexis Choate, Shalonda Knight.
4. Kelley, 6-14-16-31-33-(50)-(65)=100. Tracy Kmetz, Amanda Narvaes, Katie Wagner, Jenny Nemec, Renee Powell, Jenny Carmon, Stephanie Leonard.
5. Hale, 2-3-32-34-46-(52)-(55)=117. Brandy Bratton, Amy Bratton, Makeesha Wood, Krista Zachariae, Kortney Reynolds, Holly Koss, Janna Saunders.
6. Elk City, 19-35-37-39-41-(73)=171. Cori Dirickson, Heather Cloud, Amanda Cantrell, Jennie Shireman, Valerie Smith, Emily Bates.
7. Noble, 23-28-29-49-56-(68)-(69)=185. Lori Weaver, Debbie Lagans, Melissa Cobb, Jennifer Heller, Unknown, Amy Slager, Jennifer Urgena.
8. Weatherford, 30-36-38-43-47-(48)-(53)=194. Stephanie Beda, Jyme Thomas, Lacy Christensen, Lindsay Bartlett, Shannah Vassar, Hannah Wolff, Tami Hayes.
9. Altus, 13-51-59-60-76-(78)-(79)=259. Charity Carney, Melanie Whitlock, Jamie Stout, Tracy Arnold, Denise Duncan, Christa Castle, Elizabeth Chaney.

U.S.A. Track & Field Level I Coaching School

U.S.A. Track & Field, the national governing body of track & field in the United States, is holding a Level I Coaching School at the University of Arkansas, January 5-7, 1996. USATF sponsors a tiered program, beginning with Level I, which further educates coaches and helps them become the best coaches possible. The school provides the latest information and techniques available and is designed to help the U.S. continue its superiority at the international level.

The Level I school is a school, not a clinic. It requires 18 hours of classroom instruction and a take home test in order to be certified. The school covers four sport sciences and their application to all areas of the sport.

Further information and an application can be obtained from Steve Silvey, P.O. Box 4501, Fayetteville, AR 72701, phone 501-575-6848.

To The Editor:

At the state cross country meet held October 28th in Norman, Warner High School's noted freshmen runner, Miley Turnbull, collapsed approximately 75 yards from the finish line of the 2A Girls run. As she did, any hopes of achieving individual honors for herself or her team disappeared. Warner's second runner, sister Becca Turnbull, stopped to assist Miley and to help her to the finish line, but she was unable to revive her enough to complete the run.

As the father of these two girls, however, I want to thank all of the spectators who voiced their concern to me after witnessing the struggle of these sister teammates who courageously tried to complete the race. There were many tears shed in those few moments.

The attending doctor at the Norman hospital diagnosed Miley with pharyngitis, fatigue, and stress. It took close to an hour to stabilize her heart rate and get enough oxygen to her system to begin recovery. She felt better by Sunday morning.

A special thanks to all who cared about Miley's condition by stopping while she was down, to others who asked about her after she returned from the hospital and to the remaining runners who called her on Sunday morning. A big thanks also to Russ Schuchman, meet trainer, for the care and assistance he provided to Miley before she was taken to the hospital.

These moments represented to me the best of what cross country provides for our runners. The goal of winning causes each individual and team to strive for excellence, but the courage and commitments that develop among teammates are perhaps the most important benefits of all.

Sincerely,
John Turnbull
Miley's father



VELMA-ALMA track All-Stater Mandy Sims cheers on her Comet teammates as she cruises to the 2A Girls Team Championship. Photo by Cheryl Good

STATE MEET TEAM SCORING

5A Boys

1. Edmond Memorial, 1-2-23-27-30-(39)-(52)=83. Mark Thompson, Jeremy Buhl, Josh Burkhardt, Eric Wyant, Blaine Phipps, Aaron Peterman, Brian Johnson.
2. Jenks, 4-7-20-31-34-(35)-(49)=96. Jeff Reid, Michael Pense, Barrett Hall, Curtiss Hale, James Jordan, Billy Bob Zemanek, Patrick Becker.
3. Eisenhower, 3-16-26-37-41-(57)-(66)=123. Welton Jefferson, Kelvin Robinson, Jesse Hyder, Jack Springli, Jacob Frier, James Adams, Mic Vasaulaukis.
4. Ponca City, 5-21-28-44-46-(72)=144. Chad Niemann, Sam Stalcup, David Metzger, Mark Oblad, Paul Paschal, Brian Karelakos.
5. Enid, 10-15-33-40-65-(70)-(79)=163. Mike Simms, Jared Rogers, Chris Corbin, Rob Eye, Mike Pinter, Phouton Siharat, Jon Reid.
6. Norman, 13-14-17-50-73-(76)-(78)=167. Kyle Bennett, Matthew Garey, Tim Noyls, Paul Lammert, Blake Absure, Josh Bibb, Ryan Lippoldt.
7. Midwest City, 12-25-29-53-55-(75)=174. Anthony Allen, Collin White, Gary Goudeau, Dexter Johnson, Curtis Jackson, Rebel Smith.
8. Broken Arrow, 22-24-36-45-48-(59)-(74)=175. Dave Brown, Danny Hall, Jason McDonald, Jonathon Ward, Ryan Pummell, Jason Dimauro, Kyle Webb.
9. Union, 6-19-47-54-56-(67)-(80)=182. Jeremy Case, Kevin Starr, Chris Cummings, Tim Helton, Michael Tillman, Jose Boria, Joel Villermar.
10. Mustang, 11-18-58-60-63-(64)-(68)=210. Matt Davidson, Brandon Wood, Carl Eriksson, Justin Burrow, Mike Oparlik, Jeremy Evans, Jason Black.
11. Bartlesville, 8-9-51-71-77=216. Brandon Kissick, Ryan Starr, Sean Culp, Jeremy McKinney, Thomas Sundberg.
12. Moore, 32-38-42-43-61-(62)-(69)=216. Jimmy Martinez, Shawn Boberg, Chris McWatters, Kyle McCoy, Jonathan Leon, Rick Cassens, Sean Walker.

5A Girls

1. Jenks, 8-19-20-25-26-(50)-(51)=98. Kelli O'Rourke, Renee Ahlgren, Katie Barker, Lori Gibson, Linda Sejcek, Pam Moudry, Lauren Royall.
2. Norman, 2-4-24-35-40-(44)-(72)=105. Andrea DeLozier, Hilary Reser, Rena Kemerling, Kathy Boyls, Briana Fry, Danielle Miner, Serina Henshaw.
3. Westmore, 12-14-30-36-38-(46)-(63)=130. Allison Franklin, Unknown, Shannon Hassell, Mindy Pendley, Ashlee Inman, Margo Somerville, Allison Ball.
4. Stillwater, 11-21-22-33-47-(52)-(76)=134. Lena Echelle, Kristin Scott, Katy Roll, Liz Weis, Katy Hallgren, Kristin Wilkinson, Cara Couch.
5. Sapulpa, 16-17-32-34-37-(53)-(54)=136. Melissa Housley, Heather Barnes, Rashelle Phelps, Cydney Adair, Katie Devault, Kim Mouton, Cheyenne Lierly.
6. Moore, 10-13-15-29-80=147. Kim Settle, Lindsey Shelters, Heather Miles, Tiffany Ubarra, Kelly Parrish.
7. Santa Fe, 5-6-42-61-69-(75)-(78)=183. Kristin Jones, Randi McKinney, Jennifer Ward, Jenny Thompson, Unknown, Amy Daniels, Kate Hayes.
8. Owasso, 1-41-43-48-55-(57)-(65)=188. Christine Novarra, Heather Holland, Kristi Bippus, Alisha Towers, Jackie Arde, Joana Dossett, Katy Edwards.
9. Edmond North, 9-27-45-58-59-(60)-(74)=198. Hillary Stiglets, Nicole Humphries, Jessica Morten, Allison Morris, Megan Robbins.
10. Eisenhower, 18-23-28-68-70-(77)-(81)=207. Kenyatta Jones, Rosie Solano, Adrienne Alvarez, Jennifer Decker, Shaney Robinson, Raven Davis, Latresha Jones.
11. Union, 3-31-49-66-71-(73)-(79)=220. Megan Riddle, Brooke McElwain, Lachesha Lopez, Jessica Latvala, Valerie Todd, Annette Elrod, Melissa Powers.
12. Edmond Memorial, 7-39-56-62-64-(67)=228. Jamie Marden, Kelly Morgan, Laura Beam, Shannon Hansen, Natalie Garland, Tisa Paine.

1995 AAU State Championships Mohawk Park, Tulsa 11/4/95

TEAMS COMPETING: Jenks America Track Club, Midwest City, Southern Oklahoma R.T., Tulsa Spikes, Tulsa Track Club.

Girls 17-18 (5K)

TEAM SCORING: 1. Tulsa Track Club 15.
INDIVIDUAL SCORING: 1. Kathryn McGraw, TTC, 18:58;
2. Melissa Housley, TTC, 20:13; 3. Kim Settle, TTC, 20:21;
4. Melanie Lemons, TTC, 20:58; 5. Heather Anderson, unat.,
21:24; 6. Jessica Hoke, TTC, 25:10.

Boys 17-18 (5K)

TEAM SCORING: 1. Southern Oklahoma R.T. 21; 2. Tulsa Track Club 49; 3. Midwest City 57.
INDIVIDUAL SCORING: 1. Michael Cliff, TTC, 16:16; 2. Michael Pense, S.O.R.T., 16:35; 3. Jon Connolly, S.O.R.T.,

16:42; 4. Cory Clark, S.O.R.T., 16:44; 5. Ryan Turner, S.O.R.T., 16:48; 6. Allen Anthony, MWC, 16:50; 7. Michael Simms, unat., 16:52; 8. Greg Merlyn, S.O.R.T., 16:55; 9. Tim Fahler, TTC, 16:58; 10. Kyle Brown, unat., 16:57; 11. Chris Cummings, TTC, 17:13; 12. Curtis Hale, S.O.R.T., 17:18; 13. Jordan James, JATC, 17:22; 14. Carey Goudeau, MWC, 17:22; 15. Tim Helton, unat., 17:29; 16. Colin White, MWC, 17:29; 17. Curtis Jackson, MWC, 17:41; 18. David Yolo, TTC, 17:52; 19. Anthony Davis, MWC, 18:06; 20. Chris Ford, unat., 18:08; 21. Wes Womack, S.O.R.T., 18:24; 22. Michael Jones, TTC, 18:40; 23. Jose Boria, TTC, 18:44; 24. William Lewis, MWC, 18:57; 25. Johnny Lauderhill, MWC, 19:31; 26. Tim Detels, TTC, 19:48; 27. Zack Sullivan, TTC, 20:31; 28. Joey Donnelly, S.O.R.T., 20:40.

Girls 15-16 (5K)

TEAM SCORING: 1. Tulsa Track Club 15.
INDIVIDUAL SCORING: 1. Taasha Lance, TTC, 18:30; 2. Karla Hopkins, TTC, 19:37; 3. Jai Scott, TTC, 20:07; 4. Leah McCauley, TTC, 20:17; 5. Elizabeth Migliorino, TTC, 21:46; 6. Brooke McElwain, unat., 22:30; 7. Elyssa Jones, JATC, 23:00; 8. Melissa Powers, unat., 23:13; 9. Julia Klinger, TTC, 25:10; 10. Kelly Long, TTC, 25:10; 11. Nicole Lawrence, TTC, 25:11.

Boys 15-16 (5K)

TEAM SCORING: 1. Jenks America 28; 2. Tulsa Track Club 28.

INDIVIDUAL SCORING: 1. Ryan Starr, TS, 16:39; 2. Barrett Hall, JATC, 16:56; 3. Kevin Minson, unat., 17:09; 4. Jeremy Case, TTC, 17:13; 5. Ben Lake, TTC, 17:29; 6. David Hale, JATC, 17:45; 7. Michael Willis, unat., 17:51; 8. Jason DiMauro, TTC, 17:59; 9. Grant Hill, JATC, 18:04; 10. Daniel Baker, JATC, 18:10; 11. Kelly Blackowl, unat., 19:11; 12. Vincente Detels, TTC, 19:13; 13. Michael Warren, JATC, 19:36; 14. R. Kern Jackson, TTC, 19:51; 15. William Arthur, TTC, 19:52; 16. Tony Schroeder, TTC, 20:45; 17. Jason Osa, TTC, 22:24.

Girls 13-14 (4K)

TEAM SCORING: 1. Spikes 28; 2. Jenks America TC 29.
INDIVIDUAL SCORING: 1. Atalie Barber, JATC, 15:12; 2. Michelle Ahlgren, TS, 15:33; 3. Marda Traylor, unat., 15:50; 4. Mary Creel, TS, 15:56; 5. Mary Hill, JATC, 16:03; 6. Carrie McFall, TS, 16:05; 7. Kelly Kendall, TS, 16:06; 8. Laura Keen, JATC, 16:19; 9. Julie Vaughn, JATC, 17:07; 10. Jennifer Lassiter, JATC, 17:27; 11. Karen Smith, TTC, 17:41; 12. Hillary Jacobson, TS, 18:00; 13. Kristi Bippus, unat., 18:50; 14. Brianna Cardenas, JATC, 21:13; 15. Laura Fritz, TS, 22:47; 16. Julie James, JATC, 23:00; 17. Emily McBride, TS, 25:00.

Boys 13-14 (4K)

TEAM SCORING: 1. Oklahoma Track & Field 15; 2. Tulsa Spikes 42.
INDIVIDUAL SCORING: 1. Ryan Bickerstaff, OKTF, 13:46; 2. Chris McWatters, unat., 13:51; 3. Scott Caldwell, OKTF, 13:51; 4. Eric Hopkins, OKTF, 13:59; 5. Derek Smith, OKTF, 14:07; 6. Jonathon Kocinski, unat., 14:12; 7. Jake Dickerson, OKTF, 14:15; 8. Beall Brown, TS, 14:50; 9. Matthew Dunham, TS, 14:59; 10. Josh Hendrix, unat., 15:00; 11. Nicholas Cox, TS, 15:03; 12. Preston Wallace, TS, 15:06; 13. Ryan Adams, unat., 15:22; 14. Johnny Cheves, unat., 16:02; 15. David Kinsey, unat., 16:02; 16. Ben Hildebrand, OKTF, 16:06; 17. Mack Bennett, OKTF, 16:07; 18. Chris Curtis, TS, 17:57; 19. Nick Richardson, TTC, 18:57; 20. Geordy Walker, TS, 19:05; 21. Blake Culp, OKTF, 20:00.

Girls 11-12 (3K)

TEAM SCORING: 1. Jenks America Track Club 31; 2. Tulsa Spikes 40; 3. Tulsa Track Club 59.
INDIVIDUAL SCORING: 1. Jennifer Ahlgren, TS, 12:38; 2. Rachel Barber, JATC, 12:54; 3. Alayne Thompson, JATC, 12:59; 4. Sarah Becker, TS, 13:10; 5. Alison Vaughn, JATC, 13:17; 6. Angela Kmetz, TS, 13:27; 7. Sarah Hildebrand, TTC, 13:32; 8. Katie Blohm, JATC, 13:46; 9. Sarah Dickerstaff, TTC, 13:54; 10. Jenna James, JATC, 14:02; 11. Abigail Hall, JATC, 14:11; 12. Danielle Williams, JATC, 14:34; 13. Erin Blohm, TS, 14:45; 14. Jennifer Trumble, JATC, 14:53; 15. Lauren Fotenopoulos, JATC, 14:53; 16. Amber Pearce, TS, 15:03; 17. Tiffany Dixon, JATC, 15:09; 18. Ashley Deal, TTC, 15:15; 19. Lindsay Jacobson, TS, 16:00; 20. Cody Williams, TS, 16:00.

Boys 11-12 (3K)

TEAM SCORING: 1. Oklahoma Track & Field 20; 2. Tulsa Spikes 35.
INDIVIDUAL SCORING: 1. Tyler Roark, OKTF, 11:12; 2. Heaton Parker, OKTF, 11:19; 3. Chase Hall, OKTF, 11:27; 4. John Kelley, TS, 11:37; 5. Andy Kmetz, TS, 11:40; 6. Michael Dixon, OKTF, 11:49; 7. Jeff Martin, TS, 12:12; 8. Chris Snyder, OKTF, 12:22; 9. Joffe Landers, TS, 12:35; 10. Jason Miranov, unat., 12:54; 11. Jonathon Droussard, TS, 13:31; 12. Seth Harrison, TS, 13:31; 13. Andrew Searcy, OKTF, 13:34; 14. Johnathon Bundren, JATC, 13:38; 15. Kyle Ellis, unat., 14:02; 16. Jason Deck, OKTF, 14:18; 17. J.R. Pair, OKTF, 14:28; 18. Morgan Snipes, OKTF, 14:33; 19. Ian Brown, TS, 15:48; 20. John Fritz, TS, 16:32.

Girls 10-Under (3K)

TEAM SCORING: 1. Tulsa Track Club 28; 2. Tulsa Spikes 48; 3. Jenks America Track Club 61.
INDIVIDUAL SCORING: 1. Hannah Skocik, TTC, 13:58; 2. Christina Griffin, TS, 14:08; 3. Jennifer Smith, TTC, 14:13; 4. Amanda McBride, TS, 14:20; 5. Brooke Hastings, JATC, 14:30; 6. Hillary Dees, TTC, 14:37; 7. Shannon Williams, TS, 15:15; 8. Sally Stull, TTC, 15:19; 9. Lauren Mays, JATC, 15:22; 10. Laura Place, TTC, 15:27; 11. Julie Cronin, TTC, 15:42; 12. Mallory Hall, TTC, 16:01; 13. Amanda Jones, JATC, 16:26; 14. Rachel Harrison, TS, 16:32; 15. Camille Royer, JATC, 17:02; 16. Grace Skocik, TTC, 17:07; 17. Emily Cronin, TTC, 17:36; 18. Amy Searcy, TTC, 17:42; 19. Tara Yuocoly, JATC, 17:57; 20. Anna Barber, JATC, 18:20; 21. Christina Bonner, TTC, 18:31; 22. Hannah Harrison, TS, 18:40; 23. Amaris Powell, TS, 18:52.

Boys 10-Under (3K)

TEAM SCORING: 1. Tulsa Track Club 15.
INDIVIDUAL SCORING: 1. Daric Adair, unat., 12:46; 2. Allen Brandon, TTC, 13:00; 3. Tom Pile, TTC, 13:43; 4. Alex Blazer, TS, 13:59; 5. Jeffrey Wright, JATC, 14:06; 6. Paul Thomas, TTC, 14:18; 7. Aaron Mays, JATC, 14:35; 8. Chase Hayes, unat., 15:22; 9. Joshua Carney, TTC, 15:22; 10. Jimmy Kmetz, TS, 15:52; 11. Daniel Maxwell, JATC, 16:15; 12. David Thomas, TTC, 16:30; 13. Jacob Blankenship, TTC, 17:47; 14. Tyler Herring, JATC, 18:12; 15. Tony Gillespie, TTC, 18:57.

Oklahoma-Arkansas-Kansas Triangular Veterans Park Rogers, Ark. 11/11/95

ROGERS, Ark.—Kansas dominated the Oklahoma-Arkansas-Kansas Open Triangular held here at Veterans Park November 11th on a cold and sloppy, snow-covered course. The girls from the Sunflower State scored half as many points as their Oklahoma counterparts while the Kansas boys did better than that to the Arkansas boys with Oklahoma a distant third.

A fierce blizzard the night before forced the meet to be moved from the golf course it was initially scheduled to be held on to the very flat Veterans Park course.

The race was held in an open format sanctioned by U.S.A. Track & Field but pitted the best of Oklahoma against the best of Arkansas and Kansas. Top runners for Oklahoma were McGuinness junior Ashley Boothe, fourth in the girls race and Little Axe senior Jeremy Johnson, 14th in the boys race. Both won individual state titles two weeks before in the Oklahoma State Championships.

Girls

TEAM SCORING: 1. Kansas, 1-2-3-5-8-9-10-11-18-19-86; 2. Oklahoma, 4-6-12-13-16-17-21-25-26-31-173; 3. Arkansas, 7-14-15-20-26-33-49-50-51-53-318.

INDIVIDUALS: 1. Kathryn Wolfram, Liberal, KS, 11:27; 2. Kelly Andra, Shawnee Mission NW, KS, 11:29; 3. Dodie Martin, Stanton County, KS, 11:47; 4. Ashley Boothe, Okla. City McGuinness, OK, 11:49; 5. Katie Montague, Shawnee Mission NW, KS, 11:49; 6. Sarah Harvey, Plainview, OK, 11:58; 7. Juliana Serafini, Fayetteville, AR, 11:59; 8. Sarah Donnelly, Olathe South, KS, 11:59; 9. Lydia Oelschlaeger, Lawrence, KS, 12:00; 10. Kylie Montague, Shawnee Mission NW, KS, 12:01; 11. Bridget Allera, Blue Valley North, KS, 12:02; 12. Nicki Lanie, Walden, OK, 12:02; 13. Andrea DeLozier, Norman, OK, 12:03; 14. Anna Sanders, Fayetteville, AR, 12:03; 15. Cory Christain, Cabot, KS, 12:04; 16. Hilary Reeser, Norman, OK, 12:05; 17. Jessica Hoke, McGuinness, OK, 12:06; 18. Kristi Sheeley, Northern Heights, KS, 12:06; 19. Melissa Seacat, Winfield, KS, 12:06; 20. Holly Basdin, Shiloh Christian, AR, 12:09; 21. Amy Bratton, Tulsa Hale, OK, 12:15; 22. Lindsay Ace, Emporia, KS, 12:15; 23. Erin Ballentine, Blue Valley NW, KS, 12:15; 24. Lindsay Gilleran, Blue Valley NW, KS, 12:17; 25. Kristen Jones, Edmond Santa Fe, OK, 12:20; 26. Jessica Zeitler, Rogers, AR, 12:21; 27. Jennifer Francis, Blue Valley NW, KS, 12:22; 28. Jessica Gibson, Shawnee, OK, 12:22; 29. Kristen Hammond, Shawnee Mission East, KS, 12:24; 30. Carlye Hammond, Leavenworth, KS, 12:26; 31. Cindy Fuller, Velma-Alma, OK, 12:29; 32. Rae Ann McCurry, Velma-Alma, OK, 12:32; 33. Johanne Runyan, Winslow, AR, 12:33; 34. Megan Riddle, Tulsa Union, OK, 12:33; **OTHER OKLAHOMANS:** 36. Corrie Hussar, Mustang, 12:35; 37. Randi McKinney, Santa Fe, 12:35; 38. Kelli Cowan, Guthrie, 12:36; 41. Joni Wanamaker, Tahlequah, 12:37; 44. Kelleigh Sanders, Elgin, 12:40; 45. Kelly Long, McGuinness, 12:41; 46. Emily McCulloh, Plainview, 12:44; 47. Nicole Monroe, Guthrie, 12:45; 48. Bradi Bratton, Tulsa Hale, 12:51; 52. Leah McCauley, Marlow, 12:59; 55. Miley Turnbull, Warmer, 13:02; 56. Melanie Lemons, Marlow, 13:07; 59. Nicole Lawrence, McGuinness, 13:13; 66. Melissa Housley, Sapulpa, 13:30; 68. Lauren Avery, McGuinness, 13:32; 71. Hilary Cochran, Little Axe, 13:40; 72. Jancy Gharikhanian, Purcell, 13:44.

Boys

TEAM SCORING: 1. Kansas, 1-2-4-5-6-7-9-12-13-16-75; 2. Arkansas, 3-8-10-11-21-22-25-27-31-40-198; 3. Oklahoma, 14-15-32-33-34-37-38-41-42-47-333.

INDIVIDUALS: 1. Stephan Pro, Olathe South, KS, 15:37; 2. Trent Henshaw, Winfield, KS, 15:57; 3. David Carroll, Rogers, 15:57; 4. David Weber, Shawnee Mission NW, 16:02; 5. Adam Hobson, Shawnee Mission South, KS, 16:04; 6. Mark Menefee, Buhler, KS, 16:05; 7. Ben Houlberg, Salina South, KS, 16:10; 8. David McWhorter, Fayetteville, AR, 16:10; 9. Jason Teubner, Winfield, KS, 16:10; 10. Jon Taylor, Sheridan, AR, 16:10; 11. Rob Wistrand, Rogers, AR, 16:15; 12. Frank Black, Chase Co., KS, 16:15; 13. Jerry Fahey, Caney Valley, KS, 16:18; 14. Jeremy Johnson, Little Axe, OK, 16:21; 15. Jeremy Buhl, Edmond Memorial, OK, 16:22; 16. Dan Oruman, Shawnee Mission NW, KS, 16:23; **OTHER OKLAHOMANS:** 32. Jon Connolly, Marlow, 16:41; 33. Ryan Turner, Holdenville, 16:42; 34. Mylo Miller, Velma-Alma, 16:44; 37. Paul Paschal, Ponca City, 16:53; 38. Jeremy Cleck, Guthrie, 16:55; 41. Matt Sezauser, McGuinness, 16:58; 42. Kevin Connolly, McGuinness, 17:00; 47. David Metzger, Ponca City, 17:07; 48. Taylor Styron, McGuinness, 17:08; 49. Brian Comstock, Guthrie, 17:10; 50. Shawn Coffman, Guthrie, 17:11; 52. Cody Graham, Prague, 17:12; 53. Daniel McKinney, Davenport, 17:13; 55. Cory Clark, Plainview, 17:15; 58. Brian Whitlock, Altus, 17:19; 62. Greg Merlyn, Plainview, 17:29; 64. Brad Spinner, Guthrie, 17:30; 66. Blake Collins, Edmond North, 17:31; 70. Walt Olin, Hydro, 17:46; 71. Scott Hutchings, Tahlequah, 17:52; 74. Jason Black, Mustang, 18:27; 75. Cory Green, Little Axe, 19:01; 76. B.J. Millap, McGuinness, 19:04; 77. Patrick Eberle, McGuinness, 20:09.



OKLAHOMA-ARKANSAS-KANSAS cross country triangular. The girls race gets underway (top) with eventual first and second finishers from Kansas, (middle) Kathryn Wolfram, Liberal (#58) and Kelly Andra, Shawnee Mission Northwest (#28) jumping the creek in the middle of the race. The boys race at about the mile mark (bottom). Photos by John Hoke