

Oklahoma TRACK & FIELD NEWS

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On Track

By John Hoke, Editor

Here it is, the end of September again and we're past the halfway point for the season. I still can't get used to the small school state meets being so early. It seems that they just get started racing and then it's all over. It's also a shame that the 3A-2A-A regionals are conflicting with the Chile Pepper CC Festival in Fayetteville. That's always been a favorite of mine and this year Oklahoma's best two teams won't get to go (Plainview girls and Watonga boys).

Speaking of great meets. The 64th Annual Cowboys Jamboree is being held in Stillwater September 30th on the Oklahoma State cross country course. This is the oldest consecutive cross country race in the nation and always draws a bunch of the top teams in the country. Over 3,000 runners last year from 250 teams. A great opportunity to see some great racing on a great course.

The Oklahoma Track Coaches Association will again be sponsoring an All-Star dual with Arkansas at the University of Arkansas' dedicated cross country facility (the same location for the Chile Pepper CC Festival) on Saturday, November 11. Coaches for the meet are David Morton, McGuinness (girls) and Mike McGarry, Mustang (boys). Nominations are open and should be made to either coach as soon as possible.

I'm happy to report that new subscriptions have shown a definite improvement so far and it gives me a reason to be encouraged about the future of *Oklahoma Track & Field News*. We're certainly not out of the woods - we're still a long way away from 800 subscribers - but it's a start. It is still very important that all subscribers take personal responsibility for getting their own school's library to become a subscriber.

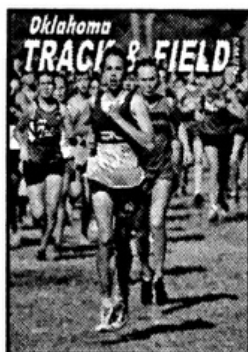
We're working hard to keep the web site as up-to-date as possible and have done a bit of restructuring. Past cross country team and individual champions are now available along with the full results of last season's state meets. You can also find state track records, both meet and overall, as well as a complete listing of all results from last year.

The rankings in this issue were compiled from results received by September 27th and I feel pretty good about the number of meets that were reported. We're still having a bit of a problem getting results from certain areas (I mentioned them all in the last issue) but I'm happy to report that this situation is improving as well. We still need to hire an assistant to help out and it would make a great opportunity for someone looking to add some print journalism experience to their resume. Give me a call if you're interested: 405-521-8750.

The cross country schedule in this issue has been updated to include USATF and AAU state and national events and runners are encouraged to take advantage of these competitions.

The next issue will be dated October 13 and will include previews for the regionals in all classes.

See you at a cross country race!



ON THE COVER—The 4A-5A girls get started at the Putnam City North Invitational held at Oklahoma City's Woodson Park September 23. Eventual winner Amanda Jordan of McGuinness is at the far left. Photo by Roger Taylor

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(boys, girls)

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Who's on Top!?

By George Hall

Occasional Athletics Prognosticator

The Power Rankings (see Rankings Section in this issue) make an attempt to combine all classes of schools and determine the top 10 teams. The OSSAA school size classification for cross country is listed below:

Class Designation	# of Larger Schools
5A - 32 largest schools	0-31
4A - next 32 largest schools	32-63
3A - next 64 largest schools	64-127
2A - next 64 largest schools	128-191
A - all remaining schools	192+

Because the 5A schools are larger than the 4A schools, they have a greater student population from which to procure athletes, and they should have more athletes than a 4A school. Having more athletes means a greater chance of having enough athletes out for cross-country to field a competitive team.

Therefore, just by the statistics, it is unlikely that a 4A team could be competitive with 5A teams in cross-country (or in any sport). As the table above shows, for a randomly chosen 4A school there are at least 32 and as many as 63 schools with a larger student population. The chances of a randomly chosen 3A school competing well with the larger schools is highly unlikely, because there are at least 64 and as many as 127 schools that are larger. And the odds against a 2A school competing successfully with the larger schools are very high indeed, because for any given 2A school there are between 128 - 191 schools with potentially more athletes.

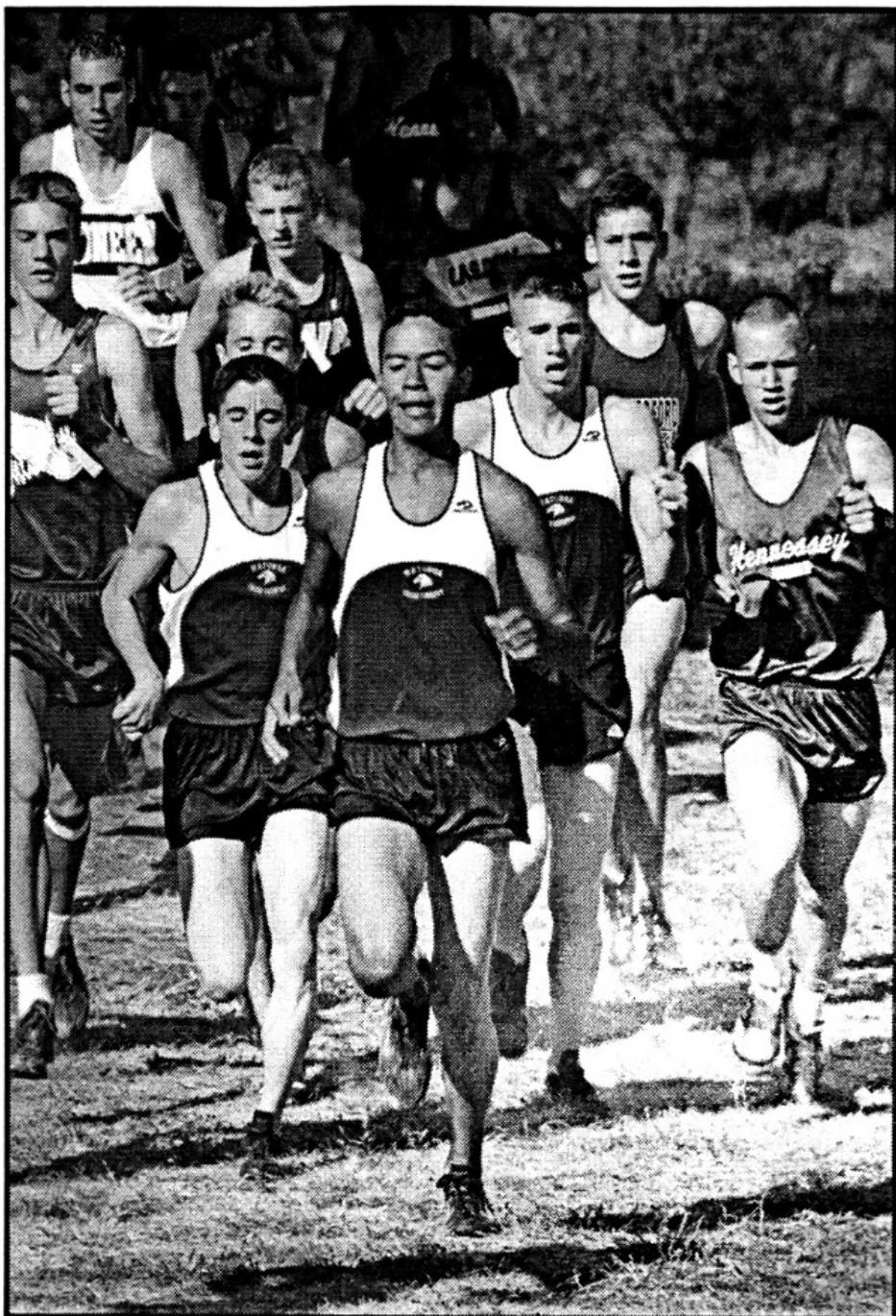
Given these simple facts, it isn't hard to conclude that it is highly unlikely that any 2A school could ever be ranked among the top 10 high school cross-country teams in Oklahoma. And it would be virtually impossible for 2 teams in the 2A division to be ranked in the top 10.

Ok, by now a lot of you can see where I am going with all this buildup. Let's get right down to it; **Plainview and Watonga** are not only ranked among the best schools in the state, **they are ranked on top!** Plainview girls lead all schools in the power ranking, and the Watonga boys lead the boy's rankings. Plainview boys are ranked No. 7 in the Power Ranking. David has beaten Goliath, the mouse has beaten the elephant; this is big news.

The power rankings aren't easy to do, because the smaller schools and larger schools usually compete in different races, so you can question their validity. However, Plainview's girls beat the Jenks girls in the SMU meet, and if you "combine" the small school and large school races at the OBU meet, Plainview would have also won (though it would be very close).

Watonga's boys team recently beat Edmond Memorial at the Edmond Dog Pack run, and three of their runners finished ahead of Edmond's No. 1 runner. So, it appears that the Power Rankings are justified. How can two teams in 2A be ranked not only in the top 10 listing of all teams, but No. 1 in the state when there are so many schools larger than they are? That's a question that every cross-country coach in the state should be asking right now.

I don't know all the answers to Plainview's and Watonga's success, but as a casual observer I can see a few common elements. Many of their athletes participate in the USATF and AAU summer track programs. By so doing, they not only maintain their conditioning, they maintain their competitive edge. Most cross-country athletes train over the summer, but for



WATONGA INVITATIONAL—The state's top boys team leads their own race with eventual winner Marshall MedicineBear (center) flanked by teammates Jason Coleman (left) and Justin Edsall (right). Photo by Roger Taylor

most the training consists of LSD (long slow distance). While this helps to establish a base, it does nothing to improve speed. Some would argue that LSD is just junk mileage and that running slow only teaches the athlete to run slow.

The Plainview athletes compete in the summer program through their own (Plainview) USATF/AAU club, while many of the Watonga athletes compete as part of the Jenks America USATF/AAU club. Obviously (at least it seems obvious to me), both Plainview and Watonga have a coaching staff that cares about the sport. This is of paramount importance; you cannot achieve at this high a level with a "part-time" coach.

Another element common to both programs is that each appears to have the backing of a strong parent support group. I don't know if they have "organized" parent booster clubs, but I do know that a lot of their parents attend the meets and care about the sport. Parental support is absolutely essential to any cross-country program in Oklahoma high school. Even

the 5A schools do not have enough money to fully fund a good meet schedule with a few overnight trips, and parent booster clubs are called on to make up the deficit. The combination of caring coaches and strong parental backing usually leads to an enhanced "status" level for the cross-country athletes, as they will get more hometown recognition for their success.

Let me be one of the first to congratulate both Plainview and Watonga for their success. Regardless of how the final Power Rankings end up at the end of the season, these two teams are already winners. I suggest that all of you offer your congratulations to the coaching staff, athletes, and parents of these two programs when you get a chance. And while you're at it, find out just what it is that makes them so good (and tell me, but no one else). I hope that their over-achievement is an example to other Oklahoma high schools.

Cross Country Meets

Reported Through

9/27/00

Jeff Potter Memorial Inv.

Bartlesville
9/16/00

Girls

TEAM SCORING: 1. Grove 47; 2. Owasso 71; 3. Bartlesville 72; 4. Kelley 90; 5. Sapulpa 152; 6. Holland Hall 160; 7. Cascia Hall 168; 8. Broken Arrow 204; 9. Inola 256; NS—Grace Fellowship, Pryor.

INDIVIDUALS: 1. Jamie German, Ow, 12:40; 2. Kara Cassel, GF, 12:55; 3. Jenny Walls, Kel, 13:12; 4. Erika Helmerich, HolH, 13:13; 5. Allison Thompson, Bart, 13:17; 6. Kayla Hogan, Gr, 13:17; 7. Ashley Enderlin, Bart, 13:37; 8. Jessica Eldridge, BA, 13:42; 9. Amanda Plant, Gr, 13:45; 10. Molly Erickson, Gr, 13:46; 11. Stephanie Carroll, Ow, 13:50; 12. April Janzen, Gr, 13:51; 13. Kendal Kelly, Kel, 13:51; 14. Cari Griffin, Bart, 13:53; 15. Michelle Fields, Gr, 13:56; 16. Emily Epperson, Gr, 13:56; 17. Amber Gaither, Sap, 14:04; 18. Katy Hawes, CH, 14:05; 19. Rachel Daake, Bart, 14:06; 20. Crystal Steed, Ow, 14:14; 21. Amy Ahlborn, Ow, 14:15; 22. Lindsey Fritts, Ow, 14:16; 23. Bryndi Reynolds, Gr, 14:18; 24. Kendra Foster, Sap, 14:18; 25. Andrea Morgan, Kel, 14:20; 26. Heather Copsey, Kel, 14:30; 27. Cheri Ruskjer, BA, 14:34; 28. Lauren Brown, Kel, 14:36; 29. Lindsey Miller, Kel, 14:39; 30. Lindsey Matetich, Kel, 14:42; 31. Natalie Coury, CH, 14:46; 32. Kari Grant, Bart, 14:49; 33. Tricia Rojas, HolH, 15:02; 34. Shannon Romines, Bart, 15:04; 35. Daniele Henrie, Ow, 15:06; 36. Katie Gibson, CH, 15:10; 37. Vanessa Thompson, Sap, 15:13; 38. Jennifer Crites, HolH, 15:33; 39. Unknown, Pryor, 15:36; 40. Carrie Greeson, Sap, 15:40.

Boys

TEAM SCORING: 1. Owasso 53; 2. Sapulpa 58; 3. Bartlesville 76; 4. Kelley 81; 5. Holland Hall 87; 6. Broken Arrow 190; 7. Pawhuska 193; 8. Inola 205; NS—Grace Fellowship, Pryor, Cascia Hall.

INDIVIDUALS: 1. Blake Culp, Bart, 16:24; 2. Daniel Ellis, Sap, 16:36; 3. Dallas Carroll, Ow, 16:47; 4. John Bundren, HolH, 16:51; 5. Kyle Robbins, Ow, 17:10; 6. David Sutter, Ow, 17:26; 7. Brett Turowski, Bart, 17:36; 8. John Sutrick, Sap, 17:42; 9. Chris Derton, Kel, 17:57; 10. Mark Gibson, Pawh, 18:06; 11. Bryan Jones, Kel, 18:11; 12. Ben Harburg, HolH, 18:19; 13. Chris Waldron, Sap, 18:23; 14. Mark Sigler, Bart, 18:27; 15. Nathan Tumleson, Ow, 18:30; 16. Zac Briscoe, GF, 18:35; 17. William Pilk, Sap, 18:37; 18. Dustin Deville, Kel, 18:41; 19. Ty Moore, HolH, 18:41; 20. John Frost, Sap, 18:44; 21. Jordan Hughes, Bart, 18:48; 22. Jason Deck, HolH, 18:54; 23. Blake Henry, Kel, 18:55; 24. Clayton Wayland, Kel, 19:05; 25. Daniel Moseby, Ow, 19:07; 26. Matt Tumleson, Ow, 19:17; 27. Justin Krenz, Sap, 19:17; 28. John Walls, Kel, 19:26; 29. Bryan Harding, Ow, 19:32; 30. Eric Smith, Ba, 19:34; 31. Colin Dowd, CH, 19:35; 32. Wes Branstetter, Sap, 19:50; 33. Gabriel Strom HolH, 19:53; 34. John Flud, Inola, 19:54; 35. Mike Myers, Ba, 20:15; 36. Russell Morrison, Bart, 20:17; 37. Patrick Henley, HolH, 20:17; 38. W. Buffalomeat, Pryor, 20:21; 39. Jeff DeBiacomo, Inola, 20:22; 40. Ryan Henry, Kel, 20:24.



LAVERNE INVITATIONAL—Eventual winner, Laverne's Tonya Bentley (center) is flanked by Buffalo's Cassie Prophet (left) and teammate Jordi Curtis (right). Photo by Roger Taylor

Leopard Invite

Lindsay
9/16/00

Boys

TEAM SCORING: 1. Elk city 39; 2. Carnegie 78; 3. Heritage Hall 90; 4. Little Axe 98; 5. Elgin 110; 6. Oklahoma Christian School 147; 7. Velma-Alma 163; 8. Edmond Deer Creek 181; 9. Lindsay 200; 10. Tuttle 207; 11. Lexington 227; NS—Dickson, Purcell, Sulphur, Burns Flat-Dill City, Walters, Caddo, Tipton, Tuttle.

INDIVIDUALS: 1. Chris McHone, ElkC, 16:44; 2. Erin Rooney, OCS, 17:07; 3. Travis Johnson, ElkC, 17:13; 4. Cody McDonald, ElkC, 17:24; 5. Cole Strickland, HerH, 17:27; 6. Billy Barnan, Tut, 17:32; 7. Zach Felton, LA, 17:32; 8. Corey McElhaney, Elg, 17:37; 9. Doug Nesahkluah, Car, 17:38; 10. Tucker Jones, Elg, 17:40; 11. Steve May, OCS, 17:41; 12. Jimmy Russell, LA, 17:42; 13. Chase Bolding, HerH, 17:43; 14. Trey Fryman, ElkC, 17:44; 15. Trevor Beaver, Car, 17:46; 16. Victor Valenzuela, Car, 17:52; 17. Kyle Evans, ElkC, 17:54; 18. Carlos LaBrada, Car, 17:55; 19. Chris Orsburn, LA, 18:01; 20. Mike Satepauhoodle, Car, 18:09; 21. Brandon McDonald, Car, 18:11; 22. Josh Freeman, LA, 18:14; 23. Stephen Neslage, HerH, 18:17; 24. Evan Morgan, EDC, 18:19; 25. Tyler Watson, HerH, 18:19; 26. Brad Hall, VA, 18:22; 27. Alex Ratcliff, Dic, 18:25; 28. Charlie Parr,

HerH, 18:27; 29. Justin Nobles, Elg, 18:39; 30. Blake Thompson, EDC, 18:42; 31. Keith Briscoe, VA, 18:43; 32. Trent Williams, Pur, 18:48; 33. John Garrett, VA, 18:50; 34. Brandon Winn, Lin, 18:53; 35. Edik Dominguez, Elg, 18:56; 36. Nathan Kerbo, ElkC, 18:59; 37. Michael Schultz, Elg, 19:00; 38. Chris Lawson, Lex, 19:01; 39. Tony Bascue, Dic, 19:02; 40. Drew Shahan, Lin, 19:05.

Girls

TEAM SCORING: 1. Edmond Deer Creek 46; 2. Little Axe 99; 3. Lexington 117; 4. Elk City 122; 5. Velma-alma 143; 6. Carnegie 143; 7. Elgin 191; 8. Oklahoma Christian 205; 9. Madill 216; 10. Canute 228; 11. Walters 248; 12. Purcell 268; NS—Dickson, Mt. View-Gotebo, Moore, Tuttle, Heritage Hall, Cache, Stratford.

INDIVIDUALS: 1. Kishia Sharp, Car, 12:35; 2. Amanda Lowry, EDC, 14:42; 3. Sarah Schafer, EDC, 12:45; 4. Leah Kochert, Lin, 12:50; 5. Jenna Garrett, EDC, 12:53; 6. Ashley Brimage, ElkC, 12:55; 7. Clarebel Mendoza, Mad, 12:56; 8. Shae Johnson, ElkC, 13:03; 9. Carly Traylor, Lin, 13:10; 10. Emily Boecking, HerH, 13:13; 11. Kayla Wilson, VA, 13:17; 12. Ashley Upton, LA, 13:22; 13. Meghan Kaiser, Lex, 13:32; 14. Amy Greesar, Lex, 13:36; 15. Kathey Russell, LA, 13:43; 16. Lauren Hicks, Dic, 13:45; 17. Nicole Henry, Moore, 13:48; 18. Afton Hoover, MVG, 13:52; 19. Shallen Penner, Lex, 13:54; 20. Rachel Coughran, LA, 13:55; 21. Amy white, EDC, 14:01; 22. Darcie Lancaster, Sul, 14:04; 23. Tiffnay Tilley, Va, 14:05; 24. Miranda Aldridge, VA, 14:06; 25. Janna Simmons, ElkC, 14:07; 26. Kelli Stevenson, EDC, 14:08; 27. Whitney Moore, OCS, 14:10; 28. Andrea

Phelps, Car, 14:12; 29. Lindsay Moore, OCS, 14:14; 30. Nicole Martini, Elg, 14:17; 31. Natalie Deason, Elg, 14:18; 32. Amanda Navarro, Moore, 14:19; 33. Cara Keown, Walters, 14:21; 34. Traci Wampler, Walters, 14:23; 35. Gill Villines, LA, 14:25; 36. Ashely Kelln, Canute, 14:26; 37. Lindy Dirickson, Car, 14:27; 38. Sondra Slavia, LA, 14:40; 39. Elizabeth Bryant, Car, 14:41; 40. Rachel Windsay, Tut, 14:42.

SMU/RunOn

Dallas, Texas

9/16/00

Boys

TEAM SCORING: 1. Round Rock 38; 2. Marcus 76; 3. Grapevine 120; 4. Plano West 179; 5. Rockwall 221; 6. Norman (OK) 229; 7. Plainview (OK) 243; 8. The Colony 249; 9. Cooper 254; 10. McKinney 269; 11. Richland 288; 12. L.D. Bell 323; 13. McGuinness (OK) 330; 14. Tyler Lee 336; 15. Potet 393; 16. Trinity Trojan 408; 17. Skyline 450; 18. Waxahachie 479; 19. Bishop Lynch 519; 20. Bryan Adams 548; 21. Greenville 607; 22. Allen 608; 23. St. Mark's 619; 24. Arlington 625; 25. North Lamar 661; 26. Gainesville 719; 27. Lake Dallas 770; 28. L.D. Bell 780.

TOP OKLAHOMA FINISHERS: 2. Patrick McGuire, Plain, 15:40; 19. Mulholland, Nor, 16:47; 22. Morgan Snipes, McG, 16:55; 27. Downard, Nor, 17:00; 33. Randy Womack, Plain, 17:12; 45. Matt Cagagil, McG, 17:30; 50. Brown, Nor, 17:35; 53. Vinnie Hogan, McG, 17:42; 70. Kear, Nor, 17:57; 79. Haskett, Nor, 18:12; 81. James Pickens, Plain, 18:14; 85. McIver, Nor, 18:18; 91. Morgan Peterson, McG, 18:25; 92. Robert Welke, Plain, 18:26; 94. Cameron, Nor, 18:31.

Girls

TEAM SCORING: 1. Marcus 60; 2. Plainview (OK) 70; 3. Jenks (OK) 79; 4. Round Rock 166; 5. Rockwall 208; 6. Ursuline Academy 212; 7. Grapevine 216; 8. Potet 228; 9. Norman 238; 10. Allen 260; 11. Richland 276; 12. McGuinness (OK) 285; 13. L.D. Bell 333; 14. Plano East 353; 15. Arlington 369; 16. The Colony 397; 17. McKinney 464; 18. Chapel Hill Tyler 507; 19. Trinity Trojan 536; 20. Waxahachie 557; 21. Bishop Lynch 568; 22. L.D. Bell B 599; 23. Hockaday 617; 24. Skyline 662; 25. Greenville 693; 26. T.K. Gorman 755.

TOP OKLAHOMA FINISHERS: 2. Breanne McLeod, Jenks, 12:17; 3. Jessie Gordon, Plain, 12:22; 6. Amanda Jordan, McG, 12:52; 9. Stephanie Merlyn, Plain, 13:06; 11. Laura Major, Jenks, 13:14; 13. Racheal Barber, Jenks, 13:21; 17. Sonya Peterson, Plain, 13:25; 19. Megan Burns, Jenks, 13:28; 20. Aja Clark, Plain, 13:29; 21. Jacie Jones, Plain, 13:32; 28. Enslee, Nor, 13:50; 36. Jenna James, Jenks, 13:57; 39. Julie Swagerty, Jenks B, 14:01; 42. Melissa McCarty, Plain, 14:05; 44. Mia Vesanen, Jenks B, 14:09; 49. Danielle Vanzandt, McG, 14:13; 50. Dixon, Nor, 14:14; 54. Valouch, Nor, 14:17; 55. Mitchell, Nor, 14:18; 66. Burnett, Nor, 14:27; 69. Jennifer Lawrence, McG, 14:29; 74. Christy Rogge, McG, 14:33; 79. Morgan Sjuln, Plain, 14:44; 84. Jones, Nor, 14:50; 86. Ktie Hogan, McG, 14:52; 92. Jocelyn Bennett, McG, 15:11.

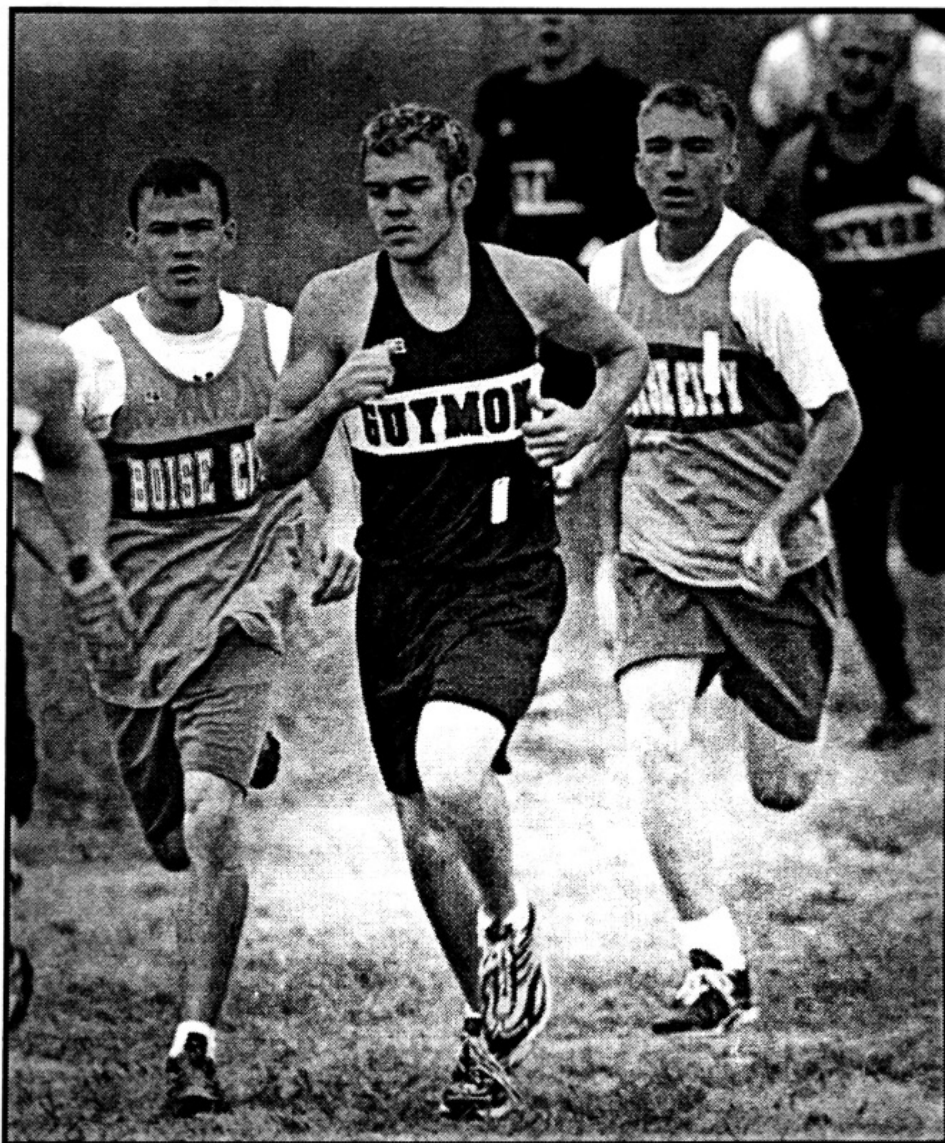
UCO/Arcadia Lake Challenge

Edmond

9/14/00

3A-A Girls

TEAM SCORING: 1. Okla. Bible Academy 43; 2. Deer Creek Edmond 83; 3. Elgin 90; 4. Okla. Christian 126; 5. Warner 142; 6. Elk City 161; 7. Riverside 192; 8. Mannford 206; 9. Anadarko 214; 10. Tuttle



LAVERNE INVITATIONAL—The boys pack at about 100 meters from the start. Photo by Roger Taylor

243; 11. Millwood 243; 12. Tonkawa 272; 13. Star Spencer 363

INDIVIDUALS: 1. Melissa Dell, Okla. Bible Academy, 13:30; 2. Heidi Schmidt, Okla. Bible Academy, 13:35; 3. Sarah Schafer, Deer Creek Edmond, 13:39; 4. Abbie Waters, Chisholm, 13:39; 5. Amanda Lowry, Deer Creek Edmond, 13:51; 6. Jenna Garret, Deer Creek-Edmond, 14:15; 7. Ashley Brimage, Elk City, 14:16; 8. Bethany Sandwick, Okla. Bible Academy, 14:20; 9. Beth Candill, Elgin, 14:26; 10. Christie Geleteke, Okla. Christian, 14:27; 11. Shae Johnson, Elk City, 14:29; 12. Carrinne Harlan, Mannford, 14:31; 13. Becki Loate, Riverside, 14:40; 14. Brittany Hadley, Millwood, 14:58; 15. Dayna Goingkeen, Elgin, 14:59.

5A-4A Girls

TEAM SCORING: 1. Enid 65; 2. Westmoore 66; 3. Mustang 82; 4. Edmond Memorial 110; 5. Edmond Santa Fe 117; 6. Edmond North 144; 7. Ponca City 151; 8. Altus 214; 9. Lawton Ike 244; 10. Guthrie 295.

INDIVIDUALS: 1. Chelsie Baldwin, Ponca City, 12:31; 2. Andrea Hurley, Edmond North, 12:41; 3. Jessica Thompson, Mustang, 12:45; 4. Jessica Jorgenson, Ponca City, 13:05; 5. Shoney Hixson, Westmoore, 13:18; 6. Erin Baxter, Enid, 13:22; 7. Susan Worden, Edmond Santa Fe, 13:23; 8. Joy Haggeman, Westmoore, 13:33; 9. Erin Wallace,

Westmoore, 13:34; 10. Natalie Baker, Enid, 13:42; 11. Heather Ray, Edmond Santa Fe, 13:42; 12. Jessica Stong, Enid, 13:45; 13. Robin Williams, Westmoore, 13:47; 14. Chelsea Logan, Enid, 13:48; 15. Melissa Mount, Mustang, 13:51.

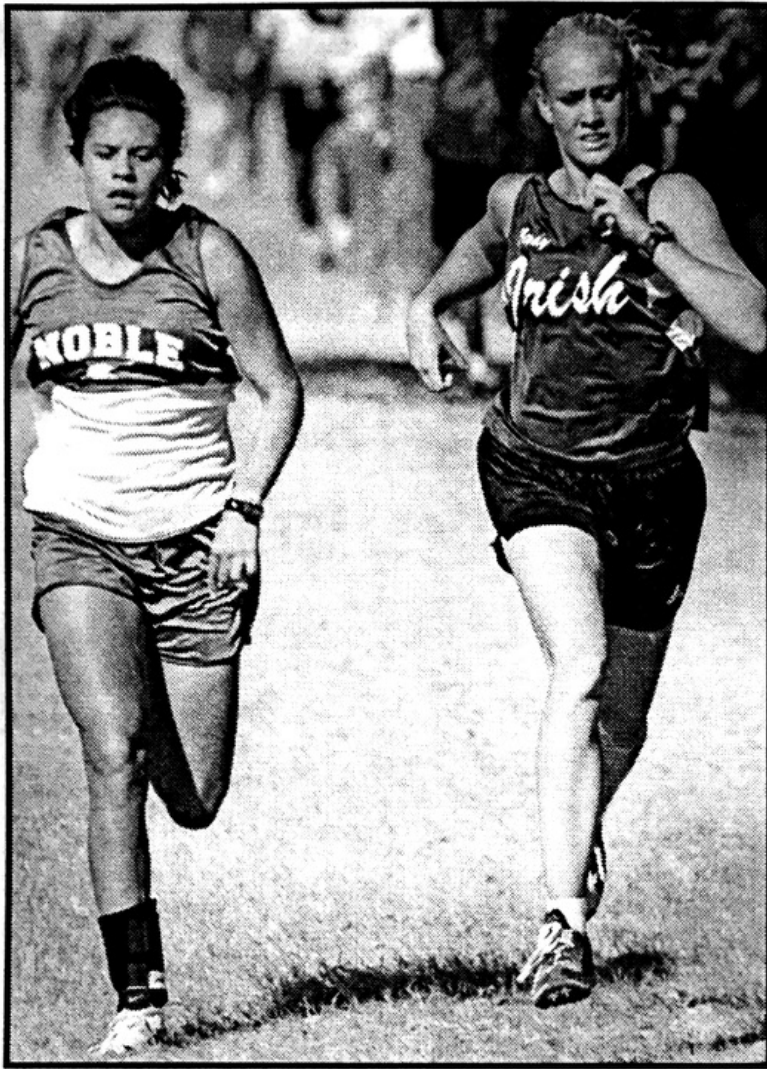
3A - A Boys

TEAM SCORING: 1. Elk City 45; 2. Heritage Hall 76; 3. Chisholm 79; 4. Okla. Christian 134; 5. Riverside 145; 6. Elgin 152; 7. Anadarko 157; 8. Tahlequah-Sequoyah 178; 9. Okla. Bible Academy 192; 10. Deer Creek Edmond 266; 10. Tuttle 266; 12. Star Spencer 345; 13. Blackwell 354.

INDIVIDUALS: 1. Erin Rooney, Okla. Christian, 17:48; 2. Jhavar Swift, Anadarko, 18:07; 3. Travis Johnson, Elk City, 18:16; 4. Cody McDonald, Elk City, 18:22; 5. Cole Strickland, Heritage Hall, 18:29; 6. Chase Bolding, Heritage Hall, 18:31; 7. Trey Fryman, Elk City, 18:43; 8. Steve May, Okla. Christian, 18:47; 9. Billy Barnum, Tuttle, 18:48; 10. Kyle Tefft, Chisholm, 18:56; 11. Tucker Jones, Elgin, 18:57; 12. Jon Bawden, Elk City, 18:57; 13. Dane McCreary, Chisholm, 19:03; 14. Craig Wood, Chisholm, 19:09; 15. Jimmy White Eagle, Riverside, 19:14.

5A - 4A Boys

TEAM SCORING: 1. Edmond Memorial 20; 2. Mustang 115; 3. Guthrie 129; 4. Jenks 133; 5. Edmond



PUTNAM CITY NORTH INVITATIONAL—Noble's Christina Chavez outsprints McGuinness' Danielle Van Zandt. Photo by Roger Taylorlory

North 136; 6. Moore 168; 7. Westmoore 176; 8. Enid 179; 9. Edmond Santa Fe 194; 10. Ponca City 234; 11. Altus 245; 12. Lawton Ike 365.

INDIVIDUALS: 1. Mark Shumate, Edmond Memorial, 17:19; 2. Tyler Schmiedeburg, Edmond Memorial, 17:21; 3. Pat Morgan, Edmond Memorial, 17:43; 4. Marcus Gillat, Edmond Memorial, 17:51; 5. Sterling Pratt, Guthrie, 17:54; 6. Chris Taylor, Moore, 17:57; 7. Steven Matthews, Mustang, 17:58; 8. Adam Garcia, Moore, 18:00; 9. Erik Hurst, Westmoore, 18:05; 10. Brad Zimmerman, Edmond Memorial, 18:13; 11. Zac Newman, Mustang, 18:18; 12. Patrick Venable, Edmond North, 18:22; 13. Cliff Mitchell, Edmond Memorial, 18:26; 14. T.J. Ross, Westmoore, 18:28; 15. Curtis Anderson, Guthrie, 18:34.

Old Settlers' Run

**Wakita
9/16/00**

Boys

TEAM SCORING: 1. Oklahoma Bible Academy 26; Braman 29; NS—Cherokee, Wakita, Medford, Burlington, Timberlake.

INDIVIDUALS: 1. Kammerzell, Bra, 17:04; 2. Sturdevant, OBA, 17:17; 3. Harrison, Bra, 17:57; 4. Burke, OBA, 17:57; 5. Claborn, OBA, 18:20; 6. Mar-

Berbermeyer, Free, 14:15; 14. Mendel, OBA, 14:19; 15. Buller, Tim, 14:23; 16. Megan Buller, Tim 14:30; 17. Erin Means, Cher, 15:07; 18. Stauffer, Cher, 15:15; 19. Brady, Wak, 15:17; 20. Parks, Tim, 15:17.

Watonga Invite

9/16/00

Girls

TEAM SCORING: 1. Watonga 24; 2. Weatherford 56; 3. Canton 67; 4. Casady 105; 5. Lomega 136; NS—Piedmont, Riverside, Buffalo, Chisholm, Hennessey, Laverne, Alva.

INDIVIDUALS: 1. Kimbri Lettkeman, Wat, 12:00; 2. Amanda Moore, Wat, 12:12; 3. Nancy Gray, Can, 12:22; 4. Holly Villines, Wea, 12:32; 5. Beth Hooten, Can, 12:46; 6. Heather Coleman, Wat, 12:56; 7. Abby Waters, Chis, 13:06; 8. Lauren Crawford, Wat, 13:12; 9. Cassie Prophet, Buf, 13:16; 10. Tonya Bentley, Lav, 13:34; 11. Breanna Baldwin, Wat, 13:38; 12. Jesse Pierce, Wat, 13:39; 13. Spurrier, Hen, 13:41; 14. Jayleen Hernandez, Riv, 13:43; 15. Angie Grammar, Wea, 13:50; 16. Sherry Manke, Wat, 13:58; 17. Kaci Axtell, Wea, 14:05; 18. Jeri Gilmore, Wea, 14:10; 19. Britney Martin, Cas, 14:11; 20. Marla RomanNose, Wat, 14:13; 21. Jordi Curtis, Lav, 14:20; 22. Laura

ble, OBA, 18:22; 7. Alan Holden, Bra, 18:30; 8. Andy Holden, Bra, 19:02; 9. Phillips, Cher, 19:14; 10. McCoy, Med, 19:14; 11. Sipe, Wak, 19:30; 12. Smith, Burlington, 19:51; 13. Sandwick, OBA, 20:53; 14. Bieriman, Tim, 20:55; 15. Lowenstein, Bur, 21:51; 16. Tidwell, Cher, 22:08; 17. Rapp, Cher, 22:18; 18. Warrior, Bra, 22:42; 19. Prince, Bra, 22:50.

Girls

TEAM SCORING: 1. Oklahoma Bible Academy 15; 2. Timberlake 67; 3. Wakita 92; 4. Freedom 98; NS—Pond Creek-Hunter; Ringwood, Cherokee, Medford.

INDIVIDUALS: 1. Dell, OBA, 12:20; 2. Schmidt, OBA, 12:43; 3. Kamber Kirby, PCH, 13:16; 4. Richards, OBA, 13:36; 5. Ediger, OBA, 13:40; 6. Rapp, Ring, 13:41; 7. Sandwick, OBA, 13:42; 8. Pierce, Tim, 13:43; 9. Brock, OBA, 13:46; 10. Wilson, Free, 14:01; 11. Feist, Wak, 14:08; 12. Kaylen Kirby, PCH, 14:10; 13.

Turci, Cas, 14:21; 23. Regan Gallo, Can, 14:23; 24. Sarah Johnson, Wea, 14:25; 25. Kirby Bizzell, Wat, 14:29; 26. Becky Barton, Wea, 14:31; 27. Heidi Villines, Wea, 14:31; 28. Juliane Lawrence, Wea, 14:32; 29. Lillian Seto Cas, 14:36; 30. Kelsey Wallman, Can, 14:39; 31. Jennifer Thompson, Chis, 14:46; 32. Kourtne Nelson, Can, 14:48; 33. Nicole Biscoe, Wea, 14:50; 34. Same E. Gilchrist, Can, 14:59; 35. Melissa Hunt, Lomega, 15:26; 36. Lindsey Scheffler, Lomega, 15:27; 37. Amanda Yost, Lomega, 15:27; 38. Allison Rupp, Cas, 15:27; 39. Jamie Forrest, Wat, 15:34; 40. Crystal Hughes, Chis, 15:36.

Boys

TEAM SCORING: 1. Watonga 22; 2. Chisholm 46; 3. Weatherford 73; 4. Casady 98; 5. Riverside 132; 6. Piedmont 159; 7. Okeene 209; NS—Canton, Deer Creek-Lamont, Pioneer-Pleasant Vale, Laverne, Fairview, Hennessey, Alva.

INDIVIDUALS: 1. Marshall MedicineBear, Wat, 16:31; 2. Justin Edsall, Wat, 16:43; 3. Jason Coleman, Wat, 16:53; 4. Nimish Parekh, Cas, 16:56; 5. John Kuehn, Wat, 17:29; 6. Craig Wood, Chis, 17:44; 7. Kyle Tefft, Chis, 17:52; 8. Josh Sawyer, Chis, 17:57; 9. Jimmy White Eagle, Riv, 17:57; 10. Nick Brenfoeder, Wea, 17:58; 11. Chris RomanNose, Wat, 18:02; 12. Jason Long, chis, 18:08; 13. Dane McCreary, Chis, 18:13; 14. Andrew Johnson, Wea, 18:23; 15. Trent Null, Lav, 18:24; 16. Brendon Abla, Wea, 18:26; 17. Brian Deviney, Wea, 18:27; 18. Ash Sutter, Chis, 18:36; 19. Jeffrey Lawrence, Wea, 18:37; 20. Nathan Overstreet, PPV, 18:40; 21. Morrison, Hen, 18:48; 22. Brandon Davis, Wea, 18:48; 23. Mark Altland, Wea, 18:50; 24. Brandon Bell, Wea, 18:50; 25. Jonathon Rainey, Wea, 19:00; 26. J.D. Gribble, Wat, 19:08; 27. Stephen Taylor, Cas, 19:12; 28. J.D. Weber, Wea, 19:12; 29. Ajay Prabhu, Wea, 19:18; 30. Scott Davis, Cas, 19:20; 31. John David Holden, Cas, 19:23; 32. Bryce Musick, Wea, 19:26; 33. Ricky Rankin, Fairv, 19:35; 34. Heath Smith, Wea, 19:38; 35. Charles Clark, Wea, 19:44; 36. Richie Hull, Wea, 20:01; 37. Cory McAtee, Lav, 20:03; 38. Joel Hawkins, Wea, 20:13; 39. Matt Schrameck-Hawki, Cas, 20:29; 40. Adam Dye, Fairv, 20:35.

PC North Invite

**Woodson Park
9/19/00**

Boys

TEAM SCORING: 1. Capitol Hill A 58; 2. Duncan 72; 3. Guthrie 72; 4. McGuinness 96; 5. Noble 136; 6. Burkburnett (Tx) 144; 7. Capitol Hill B 180; 8. Star Spencer 275; 9. Western Heights 394.

INDIVIDUALS: 1. Marco Jiminez, CH A, 17:12; 2. Sterling Pratt, Guth, 17:31; 3. Cody Weaver, Nob, 17:35; 4. Curtis Anderson, Guth, 17:43; 5. Shaun McCabe, Dun, 17:44; 6. Jose Diaz, CH A, 18:03; 7. Hemphill, Dun, 18:21; 8. Matt Cagigal, McG, 18:24; 9. Vinnie Hogan, McG, 18:27; 10. Ross Elliot, Burk, 18:28.

Girls

TEAM SCORING: 1. Enid 49; 2. McGuinness 73; 3. Mustang 113; 4. Edmond Memorial 117; 5. Stillwater 129; 6. Putnam City North 160; 7. Yukon 237; 8. Guthrie 280; 9. Noble 292; 10. Duncan 299; 11. Carl Albert 351; 12. Norman North 403; 13. Burkburnett (Tx) 452; 14. Piedmont 574; 15. Capitol Hill 607.

INDIVIDUALS: 1. Amanda Jordan, McG, 12:18; 2. Katie Leonard, Burk, 12:44; 3. Tia Antone, PCN, 12:48; 4. Natalie Baker, Enid, 12:56; 5. Christina Chavez, Nob, 12:57; 6. Danielle Van Zandt, McG, 12:58; 7. Chelsea Logan, Enid, 13:04; 8. Katrina Wright, Yuk, 13:06; 9. Christy Rogge, McG, 13:08; 10. Erin Baxter, Enid, 13:15.

Lake Country

Conference Tishomingo 9/19/00

Girls

TEAM SCORING: 1. Plainview 15; 2. Tishomingo 74; 3. Velma-Alma 82; 4. Sulphur 91; 5. Madill 105; NS—Stratford, Caddo, Lone Grove, Healdton.

INDIVIDUALS: 1. Jones, Plain, 13:20; 2. Clark, Plain, 13:39; 3. Peterson, Plain, 13:51; 4. Merlyn, Plain, 13:54; 5. McGuire, Plain, 14:05; 6. Coppedge, Tish, 14:10; 7. McCarty, Plain, 14:15; 8. A. Evans, Plain, 14:36; 9. Shula, Plain, 14:30; 10. Ta. Walker, Tish, 14:36; 11. Vale, LG, 15:08; 12. Aisha Evans, Plain, 15:28; 13. Harvey, Mad, 15:10; 14. Te. Walker, Tish, 15:11; 15. Balch, Healdton, 15:12.

Boys

TEAM SCORING: 1. Plainview 16; 2. Velma-Alma 47; 3. Bennington 84; NS—Caddo, Stratford, Dickson, Sulphur, Tecumseh, Lone Grove.

INDIVIDUALS: 1. McGuire, Plain, 17:08; 2. Womack, Plain, 18:00; 3. Stewart, Plain, 18:06; 4. Bell, Plain, 18:20; 5. Ratcliff, Dic, 18:42; 6. Greer, VA, 19:22; 7. Pickens, Plain, 19:28; 8. Welley, Plain, 19:37; 9. Peterson, Plain, 19:46; 10. Dumas, VA, 20:04; 11. Paul, VA, 20:05; 12. Smith, Sul, 20:08; 13. Bascus, Dic, 20:20; 14. Snow, LG, 20:48; 15. Jones, Tec, 20:49.

East Central Invitational

Ada 9/14/00

Small School Girls

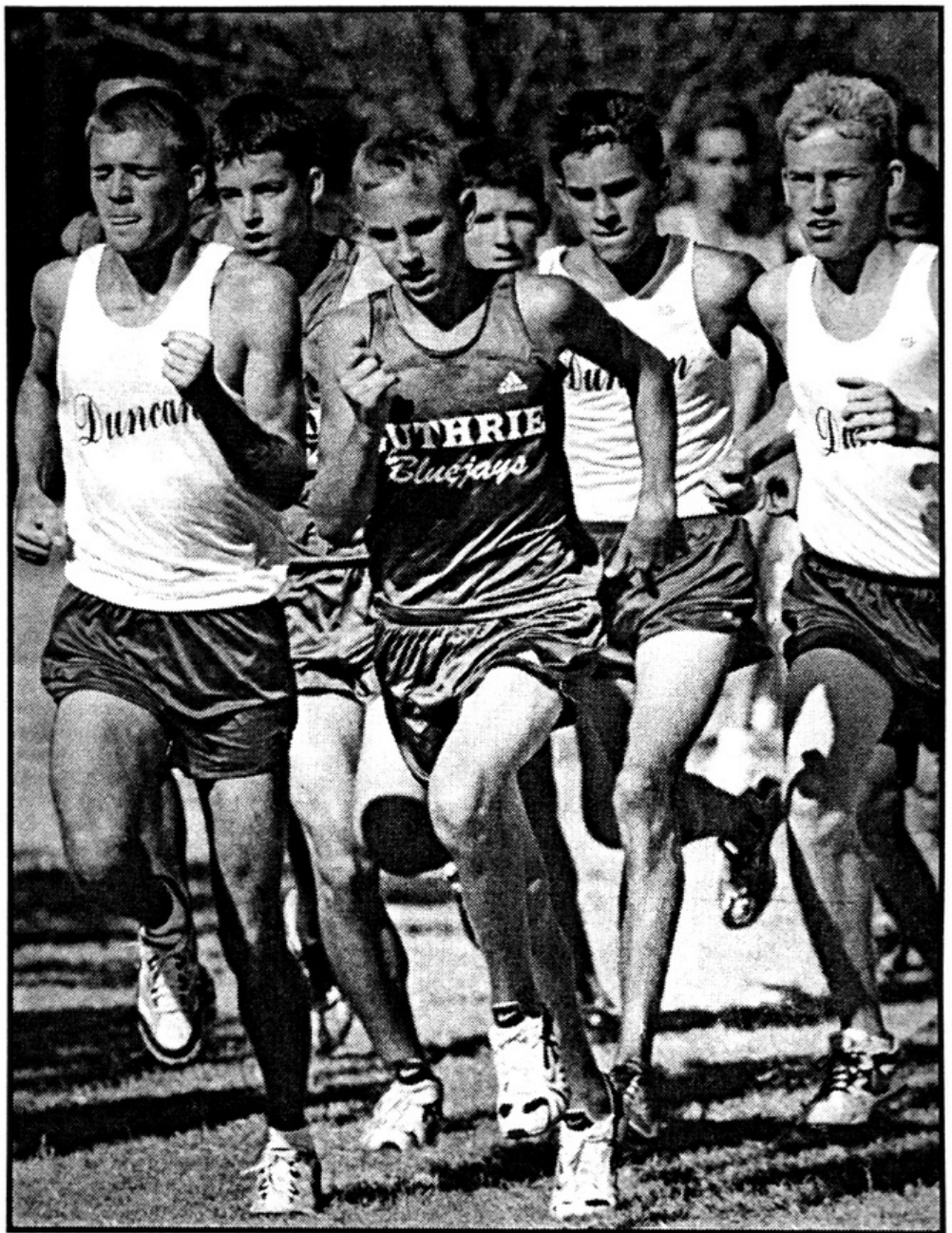
TEAM SCORING: 1. Plainview 17; 2. Marlow 52; 3. Tishomingo 101; 4. Wynnewood 105; 5. Velma-Alma 111; 6. Latta 135; NS—Konawa, Poteau, Henryetta, Lone Grove, Dickson, Byng, Madill, Healdton, Depew.

INDIVIDUALS: 1. Jessie Gordon, Plain, 12:27; 2. Sonya Peterson, Plain, 12:59; 3. Jacie Jones, Plain, 13:10; 4. Chandra Huckabay, Mar, 13:12; 5. Aja Clark, Plain, 13:18; 6. Stephanie Merlyn, Plain, 13:31; 7. Amanda McCauley, Mar, 13:44; 8. Paige Coppedge, Tish, 13:45; 9. Cheri Lemon, Mar, 13:49; 10. Melissa McCarty, Plain, 13:51; 11. Ashley Brackeen, Mar, 13:53; 12. Morgan Sjulín, Plain, 14:00; 13. Tarah Walker, Tish, 14:08; 14. Asha Evans, Plain, 14:18; 15. Megan McGuire, Plain, 14:24; 16. Claribel Mendoza, Mad, 14:26; 17. Misty Starns, Byng, 14:30; 18. Alicia Frans, Plain, 14:41; 19. Shelly Prince, Depew, 14:43; 20. Candice Cox, Plain, 14:44; 21. Kayla Wilson, VA, 14:48; 22. Amber Balch, Heald, 14:51; 23. Celeste Camach, Plain, 14:54; 24. Savanna Harvey, Mad, 14:56; 25. Tessa Walker, Tish, 15:00; 26. Cindy Lampkin, Plain, 15:04; 27. Sydnee Jordan, Latta, 15:16; 28. Kavin Rushing, Wyn, 15:17; 29. Allicia Cramer, Plain, 15:17; 30. Carrie Eastwood, Wyn, 15:18.

Large School Girls

TEAM SCORING: 1. Norman 19; 2. Noble 61; 3. Ardmore 68; 4. Durant 96; NS—Shawnee, Tecumseh.

INDIVIDUALS: 1. Shelly Sims, Nor, 13:13; 2. Katherine Ensler, Nor, 13:20; 3. Christina Chavez, Nob, 13:28; 4. L. Valouch, Nor, 13:45; 5. Dani Mitchell, Nor, 13:46; 6. Julie Cronin, Dur, 13:52; 7. Sarah,



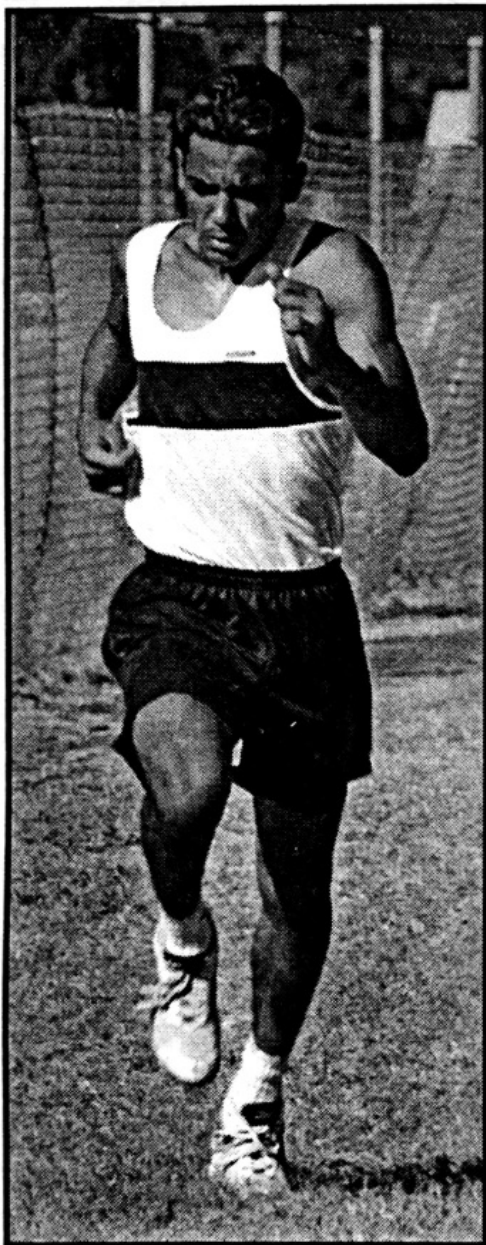
*PUTNAM CITY NORTH INVITATIONAL—The boys at about 200 meters from the start.
Photo by Roger Taylor*

Burnett, Nor, 13:54; 8. Amanda Dixon, Nor, 13:55; 9. Laura Fink, Nor, 13:56; 10. Justin Flenory, Ard, 14:20; 11. Kayli Whitlock, Nob, 14:24; 12. Jill Hudson, Tec, 14:33; 13. Hilary Jones, Nor, 14:39; 14. Leah Gibson, Nob, 14:37; 15. Tiffany Johnson, Ard, 14:54; 16. Jordan Churchill, Nor, 14:55; 17. Kaitlin Blankenship, Ard, 15:06; 18. Mary Carrier, Nor, 15:10; 19. Katelynn Calonkey, Nor, 15:19; 20. Emily Baddick, Nor, 15:32; 21. Leah Agers, Ard, 15:43; 22. Caitlin Porterfield, Nor, 15:51; 23. Phil Mbong, Nor, 15:59; 24. Patricia Johnson, Ard, 16:01; 25. Kelsy Barr, Nor, 16:15; 26. Tana Fitzpatrick, Nor, 16:43; 27. Lindsey Pettis, Shaw, 16:67; 28. Holly Houseworth, Nor, 17:08; 29. Lynette Irwin, Nob, 17:15; 30. Shrin Krinsky, Nob, 18:12.

Small School Boys

TEAM SCORING: 1. Plainview 22; 2. Marlow 63; 3. Byng 71; 4. Velma-Alma 102; 5. Latta 132; 6. Poteau 154; 7. Henryetta 183; NS—Madill, Tipton, Healdton, Roff, Dickson, Lone Grove, Depew.

INDIVIDUALS: 1. Patrick McGuire, Plain, 17:09; 2. Randy Womack, Plain, 17:53; 3. Jon Davis Mar, 17:56; 4. Matt Stewart, Plain, 18:40; 5. Ladd Sullins, Byng, 18:42; 6. Lance Sullins, Byng, 19:00; 7. Bryce Bell, Plain, 19:05; 8. Michael Bradford, Roff, 19:06; 9. Robert Welke, Plain, 19:29; 10. Alex Ratcliff, Dick, 19:31; 11. Jesse James, Mar, 19:32; 12. James Pickens, Plain, 19:45; 13. Jeremy Dumas, VA, 19:47; 14. Derrek Morris, Latta, 19:57; 15. Keith Briscoe, VA, 20:01; 16. Scott Davis, Mar, 20:05; 17. Jim Petersen, Plain, 20:09; 18. Steven Davis, Mar, 20:13; 19. Brad Hall, VA, 20:16; 20. Cody McNutt, Byng, 20:22; 21. Tony Bascus, Dic, 20:28; 22. James Jones, Byng, 20:31; 23. David McClenathan, Dep, 20:49; 24. Chase Williams, Henry, 21:11; 25. Tristan Bell, Mar, 21:12; 26. Skeeter Jordan, Latta, 21:15; 27. Andy Snow, LG, 21:15; 28. Nick Hailey, Byng, 21:19; 29. David Graham, VA, 21:11; 30. Ryan Embrey, Pot, 21:49.



PUTNAM CITY NORTH INVITATIONAL—Capitol Hill's Marco Jimenez won the boys race with a time of 17:12 and took over the top ranking in 4A boys. Photo by Roger Taylor

Dog Pack Run

Edmond
9/23/00

Girls

TEAM SCORING: 1. Enid 63; 2. Westmoore 70; 3. Norman 75; 4. Watonga 78; 5. Edmond Memorial 101; 6. Santa Fe 123; 7. Edmond North 155.

INDIVIDUALS: 1. Kimbri Lettkeman, Wat, 11:44; 2. Andrea Hurley, EN, 11:58; 3. Amanda Moore, Wat, 12:00; 4. Shoney Hixson, Wm, 12:10; 5. K. Ensler, Nor, 12:13; 6. Natalie Baker, Enid, 12:21; 7. Susan Warden, SF, 12:22; 8. Jessica Stong, Enid, 12:24; 9. Erin Backster, Enid, 12:27; 10. Joy Haggeman, Wm, 12:32; 11. Erin Wallace, Wm, 12:33; 12. D. Mitchell, Nor, 12:38; 13. Chelsea Logan, En,

12:39; 14. Julie Miller, EdM, 12:40; 15. Heather Rau, SF, 12:41; 16. Katie Klos, EdM, 12:43; 17. Robin Williams, Wm, 12:43; 18. S. Burnett, Nor, 12:44; 19. A. Dixon, Nor, 12:44; 20. Carly York, EdM, 12:45; 21. M. Carrier, Nor, 12:47; 22. Caitlin Jones, EdM, 12:49; 23. Lauren Crawford, Wat, 12:52; 24. H. Jones, Nor, 12:54; 25. Heather Coleman, Wat, 12:56; 26. Breanne Baldwin, Wat, 12:59; 27. Katie Paton, Enid, 13:00; 28. Stacy Ballard, Wm, 13:01; 29. Robin Luck, EdM, 13:03; 30. Blythe Henry, SF, 13:04; 31. Marla RomaNose, Wat, 13:04; 32. Emily Rivers, Enid, 13:08; 33. Unknown, EN, 13:10; 34. Elizabeth Broyles, Enid, 13:21; 35. Heather Wallace, SF, 13:22.

Boys

TEAM SCORING: 1. Watonga 47; 2. Edmond Memorial 54; 3. Norman 81; 4. Edmond North 107; 5. Moore 138; 6. Santa Fe 144; 7. Westmoore 147; 8. Enid 150.

INDIVIDUALS: 1. Marshall Medicine Bear, Wat, 16:28; 2. Justin Edsall, Wat, 16:30; 3. Jason Coleman, Wat, 16:36; 4. Mark Shumate, EdM, 16:41; 5. J. Mullholland, Nor, 16:56; S. Downard, Nor, 17:00; 7. Pat Morgan, EdM, 17:06; 8. Chris Taylor, Moore, 17:07; 9. Craig Swiger, Enid, 17:10; 10. Erik Hurst, Wm, 17:10; 11. John Kuehn, Wat, 17:5; 12. Chris Conrady, EdM, 17:16; 13. T.J. Ross, Wm, 17:18; 14. Adam Garcia, Moore, 17:21; 15. Brad Zimmerman, EdM, 17:27; 16. Cliff Mitchell, EdM, 17:33; 17. Patrick Venable, EN, 17:36; 18. A. brown, Nor, 17:39; 29. Alex Williams, EN, 17:41; 20. Nick Peterman, EdM, 17:43; 21. Cerlack, EN, 17:43; 22. Scott Kaserman, SF, 17:51; 23. B. Haskett, Nor, 17:52; 24. Keith Mehner, EN, 18:00; 25. Phillip Brookman, SF, 18:02; 26. Joey Marking, EN, 18:05; 27. Brian Caldwell, SF, 18:01; 28. Zack Gildens, Moore, 18:10; 29. K. Kear, Nor, 18:12; 30. Chris RomanNose, Wat, 18:13; 31. Brian Seidl, Enid, 18:13; 32. Dan Stong, Enid, 18:14; 33. Josh Ward, SF, 18:5; 34. Austin Powell, EdM, 18:15; 35. Tommy Lydon, Wm, 18:25.

Elgin Invitational

9/23/00

Girls

TEAM SCORING: 1. Marlow 33; 2. Weatherford 72; 3. Altus 90; 4. Elk City 113; 5. Elgin 124; 6. Carnegie 131; 7. Eisenhower 144; 8. Anadarko 196; NS—Lindsay, Walters, Healdton, Dickson.

INDIVIDUALS: 1. Holly Villines, Wea, 13:22; 2. Chandra Huckaby, Mar, 13:30; 3. Ashley Brackeen, Mar, 13:33; 4. Cheri Lemons, Mar, 13:41; 5. Leah Kochert, Lin, 13:47; 6. Linda Vasquez, Altus, 13:56; 7. Amanda McCauley, Mar, 13:59; 8. Shae Johnson, ElkC, 14:00; 9. Ashley, Brimage, ElkC, 14:04; 10. Carly Traylor, Lin, 14:11; 11. Kaci Axtell, Wea, 14:18; 12. Piper Tracy, Ike, 14:24; 13. Alison Carrey, Altus, 14:28; 14. Amber Balch, Heald, 14:29; 15. Morgan Hilburn, Car, 14:31; 16. Lauren Hicks, Dic, 14:36; 17. Dayna Goingkeen, Elg, 14:40; 18. Beth Caudill, Elg, 14:42; 19. Angie Grammar, Wea, 14:44; 20. Natalie Deason, Elg, 14:45; 21. Lina Vasquez, Altus, 14:49; 22. Michelle Berryman, Mar, 14:52; 23. Fvanna Simmons, ElkC, 14:56; 24. Tara Spencer, Ike, 14:58; 25. Traci Wampler, Walters, 15:01.

Boys

TEAM SCORING: 1. Elk City 27; 2. Weatherford 88; 3. Elgin 91; 4. Marlow 108; 5. Altus 109; 6. Anadarko 135; 7. Lindsay 139; 8. Duncan 153; 9. Eisenhower 259; NS—Carnegie.

INDIVIDUALS: 1. Chris McHone, ElkC, 16:38; 2. Jon Davis, Mar, 16:58; 3. Travis Johnson, ElkC, 17:00; 4. Jhavarr Swift, Ana, 17:09; 5. Robert Cantu Altus, 17:17; 6. Cody McDonald, ElkC, 17:18; 7. Trey Fryman, ElkC, 17:36; 8. Trevor Beaver, Car, 17:37; 9. Corey McElhaney, Elg, 17:38; 10. Justin Nobles, Elg, 17:39; 11. Kyle Evans, ElkC, 17:47; 12. Carols LaBrada, Car, 17:48; 13. Tucker Jones, Elg,

17:52; 14. Jon Bawden, ElkC, 17:62; 15. Nick Brennfoerden, Wea, 18:01; 16. Corey McDaniel, Altus, 18:02; 17. Jesse James, Mar, 18:02; 18. Matt Middaugh, Dun, 18:05; 19. Andrew Johnson, Wea, 18:07; 20. Brandon Abla, Wea, 18:08; 21. Brandon McDonald, Car, 18:15; 22. Mark Altland, Wea, 18:16; 23. Chad Toehay, Ana, 18:16; 24. Jeffrey Laurence, Wea, 18:21; 25. Charles Gregg, Dun, 18:23.

Laverne Invite

9/23/00

Girls

TEAM SCORING: 1. Watonga 15; NS—Laverne, Forgan, Buffalo, Guymon, Boise City, Fort Supply.

INDIVIDUALS: 1. Tonya Bentley, Lav, 13:29; 2. Kalie Radcliff, For, 13:33; 3. Cassie Prophet, Buf, 13:48; 4. Sherry Manke, Wat, 14:65; 5. Jessie Pierce, Wat, 14:12; 6. Jordi Curtis, Lav, 14:16; 7. Dana Shoemaker, Guy, 14:41; 8. Kirby Bizzell, Wat, 15:10; 9. Jamie Forrester, Wat, 15:10; 10. Cassie Bocock, BoiseC, 15:21; 11. Kala Reid, Guy, 15:25; 12. Danielle Hamlin, Lav, 15:34; 13. Ashlee Sawyer, Wat, 16:17; 14. Casey Wanger, FS, 16:18; 15. Sheria Cole, Wat, 16:36; 16. Lauren McReynolds, BoiseC, 17:28; 17. Stacie Lucero, Guy, 17:29; 18. Megan Von Schritlz, Buf, 19:15.

Boys

TEAM SCORING: 1. Guymon 15; NS—Boise City, Laverne, Watonga, Forgan.

INDIVIDUALS: 1. Andy Hegwood, BoiseC, 18:21; 2. Trent Null, Lav, 18:39; 3. Jerod Kersey, Guy, 18:41; 4. J.D. Gribble, Wat, 19:22; 5. Jeff Clark, BoiseC, 20:04; 6. Shane Daugherty, Wat, 20:11; 7. Chris Kuriyamma, Guy, 20:18; 8. Dylan McMurry, Guy, 20:32; 9. Herbie Metcalf, Guy, 20:50; 10. Cory McAtee, Lav, 21:01; 11. Chris Ross, Wat, 21:02; 12. Mario Hernandez, Guy, 21:12; 13. Ben Pate, Guy, 21:29; 14. Jonathan Henley, BoiseC, 22:00; 15. Todd Hawthorn, Guy, 22:09; 16. Joey Perez, BoiseC, 22:37; 17. Michael Davis, Guy, 22:45; 18. Jochen Becker, Guy, 22:45; 19. Michael Meier, Lav, 23:03; 20. Zack McMurry, Guy, 24:24; 21. Tommy Shield, For, 24:33.

OBU Invitational

Shawnee

9/23/00

3A-A Girls

TEAM SCORING: 1. Plainview 20; 2. Oklahoma Bible Academy 85; 3. Edmond Deer Creek 179; 4. Tishomingo 212; 5. Oklahoma Christian School 227; 6. Little Axe 245; 7. Wynnewood 252; 8. Depew 255; 9. Henryetta 357; 10. Mannford 361; NS—Woodland, Hennessey, Mt. View-Gotebo, Chisholm, Heritage Hall, Lexington, Bristow, Byng, Casady.

INDIVIDUALS: 1. Gordon, Plain, 11:54; 2. Peterson, Plain, 12:02; 3. Schmidt, OBA, 12:06; 4. Merlyn, Plain, 12:09; 5. Dell, OBA, 12:11; 6. Jones, Plain, 12:22; 7. Clark, Plain, 12:28; 8. Davis, WI, 12:33; 9. Lowry, EDC, 12:57; 10. Coppedge, Tish, 12:57; 11. Croka, Hen, 12:59; 12. Hoover, MVG, 13:03; 13. Waters, Chis, 13:04; 14. Geletzke, OCS, 13:04; 15/ Garrett, EDC, 13:06; 16. Harlan, Mannf, 13:08; 17. Walker, Tish, 13:10; 18. McGuire, Plain, 13:12; 19. McCarty, Plain, 13:12; 20. Sandwick, OBA, 13:17; 21. Boecking, HerH, 13:24; 22. Stringer, Lex, 13:27; 23. Greeson, Lex, 13:29; 24. Billings, Bris, 13:33; 25. Schafer, EDC, 13:33; 26. McClenathan, Dep, 13:34; 27. Brock, OBA, 13:34; 28. Spurriur, Hen, 13:35; 29. Starns, Byng, 13:37; 30. Ediger, OBA, 13:46; 31. Penner, Lex, 13:48; 32. Upton, LA, 13:53; 33. Rushing, Wyn, 13:55; 34. Prince, Dep, 13:56; 35. Russell, LA, 13:57; 36. Eastwood, Wyn, 13:59; 37.

Richards, OBA, 14:00; 38. Mendel, OBA, 14:02; 39. Walker, Tish, 14:06; 40. Kelch, Henry, 14:07.

5A-4A Girls

TEAM SCORING: 1. Jenks 17; w. Moore 49; 3. Guthrie 125; 4. Sapulpa 144; 5. Del City 172; 6. Shawnee 228; NS—Broken Arrow; Ardmore, Durant, Harrah.

INDIVIDUALS: 1. McLeod, Jenks, 11:33; 2. Major, Jenks, 12:00; 3. Barber, Jenks, 12:18; 4. Burns, Jenks, 12:24; 5. Navarro, Moore, 12:28; 6. Henry, Moore, 12:32; 7. Busanen, Jenks, 12:49; 8. Eldridge, BA, 12:52; 9. Owens, Moore, 12:54; 10. James, Jenks, 13:06; 11. Theobald, Guth, 13:07; 12. Swagerty, Jenks, 13:08; 13. Glenory, Ard, 13:13; 14. Freeman, Moore, 13:17; 15. Marcias, Moore, 13:33; 16. Gaither, Sap, 13:35; 16. Cronin, Dur, 13:41; 17. Cotton, Guth, 13:45; 18. Navido, DelC, 13:45; 19. Estep, Har, 14:36; 20. Johnson, Ard, 13:48; 21. Fosta, Sap, 13:52; 22. Wallace, Moore, 13:54; 23. Miskelly, Har, 13:58; 24. Ruskjer, BA, 14:04; 25. Blankenship, Ard, 14:17; 26. Boekemper, Ard, 14:24; 27. Johnson, Ard, 14:25; 28. Duel, Guth, 14:38; 29. Navido, DelC, 14:56; 30. Thompson, 15:02; 31. Monroe, DelC, 14:02; 32. Burland, Guth, 15:19; 33. Burland, Guth, 15:19; 34. Seikel, Har, 15:28; 35. Pettis, Shaw, 15:35.

3A-A Boys

TEAM SCORING: 1. Plainview 54; 2. Chisholm 81; 3. Heritage Hall 107; 4. Little Axe 117; 5. Casady 137; 6. Oklahoma Christian School 209; 7. Lexington 211; 8. Byng 228; 9. Oklahoma Bible Academy 263; 10. Edmond Deer Creek 282; 11. Tuttle 319; 12. Bristow 441; NS—Stroud, Woodland, Hennessey, Mannford, Lexington, Pioneer-Pleasant Vale, Blackwell.

INDIVIDUALS: 1. McGuire, Plain, 15:53; 2. Parekh, Cas, 16:57; 3. Pearman, 16:58; 4. Womack, Plain, 17:12; t. Rooney, OCS, 17:18; 6. Stewart, Plain, 17:22; 7. Strickland, HerH, 17:25; 8. Sullins, Byng, 17:26; 9. Bolding, HerH, 17:31; 10. Tefft, Chis, 17:39; 11. Russell, LA, 17:45; 12. Barnum, Tut, 17:49; 13. Gelton, LA, 17:51; 14. Sutter, Chis, 17:56; 15. Orsburn, LA, 18:00; 16. Long, Chis, 18:04; 17. Gray, WI, 18:05; 18. Taylor, Chis, 18:13; 23. Pickens, Plain, 18:15; 24. McCreary, Chis, 18:15; 25. Neslage, HerH, 18:16; 26. Morrison, Henn, 18:16; 27. Parker, Bw, 18:18; 28. Watson, HerH, 18:19; 29. Sturdevant, OBA, 18:20; 30. Bell, Plain, 18:37; 31. Freeman, Little Axe, 18:42; 32. Laney, Mananf, 18:43; 33. Burke, OBA, 18:50; 34. Lawson, Lex, 18:52; 35. Wood, Chis, 18:52; 36. Overstreet, PPV, 18:53; 37. Parker, Cas, 18:43; 38. Parr, HerH, 18:54; 39. Holden, Cas, 18:58; 40. Hobbs, 19:04.

5A-4A Boys

TEAM SCORING: 1. Edmond Memorial 54; 2. Harrah 68; 3. Guthrie 106; 4. Putnam City West 112; 4. Sapulpa 127; 6. Shawnee 179; 7. Ardmore 190; 8. Broken Arrow 230; 9. Putnam City 267; 10. Duran 272; NS—Del City, Bristow, .

INDIVIDUALS: 1. Schmiedeburg, EdM, 16:29; 2. Stephens, BA, 16:34; 3. Ellis, Sap, 16:35; 4. Daniel, DelC, 16:35; 5. Balden, PCW, 16:46; 6. Pratt, Guth, 16:51; 7. Anderson, Guth, 17:05; 8. Gillett, EdM, 17:07; 9. Proctor, PCW, 17:14; 10. Vasek, Har, 17:23; 11. Lancaster, Har, 17:25; 12. Wright, Shaw, 17:28; 13. Lisle, EdM, 17:31; 14. Hendern, EdM, 17:40; 15. Sutrick, Sap, 17:48; 16. Turgean, BA, 17:50; 17. Byrkit, EdM, 17:51; 18. Huffman, PCW, 17:59; 19. Le, Ard, 18:15; 20. Henkel, Har, 18:16; 21. Lansford, Har, 18:18; 22. Wilbur, DelC, 18:18; 23. Cohen, Shawn, 18:21; 24. Campbell, Edm, 18:25; 25. Moser, PCW, 18:25; 26. Ruper, Bris, 18:27; 27. Adams, Guth, 18:29; 28. Lee, EdM, 18:31; 29. Barnett, Har, 18:31; 30. Krendz, Sap, 18:35; 31. Hayes, Guth, 18:41; 32. Cross, Ard, 18:41; 33. Aylor, Har, 18:43; 34. Gilbau, Dur, 18:46; 35. Talbot, Guth, 18:49; 36. Wright, Shaw, 18:51; 37. Pennington, PutC, 18:51; 38. Branstetter, Sap, 18:53; 39. Baer, DelC, 18:55; 40. Swamson, Guth, 18:56.

Rim Rock Classic

Lawrence, KS
9/16/00

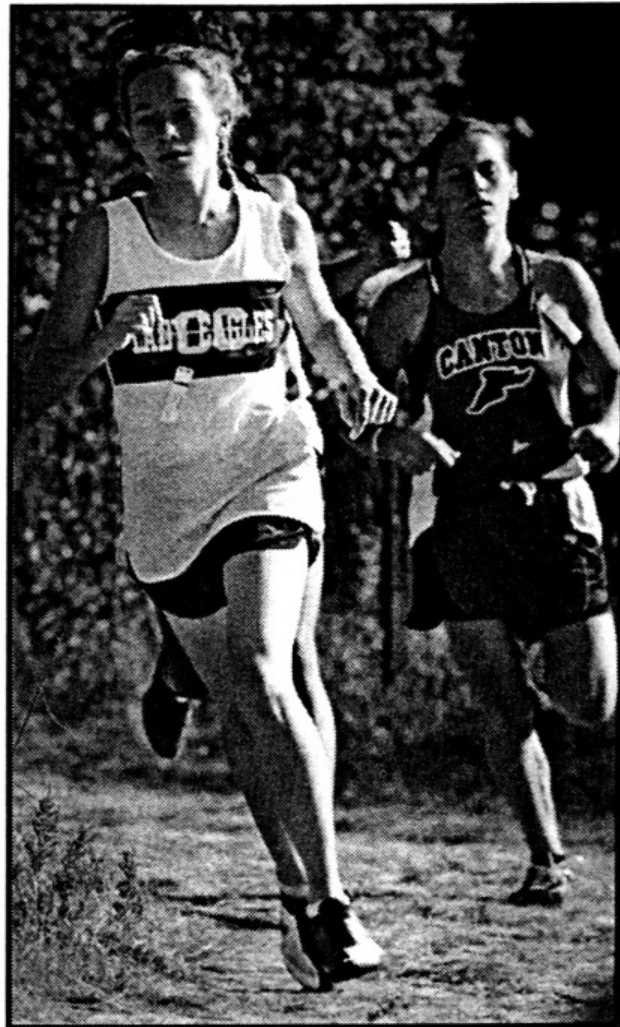
Girls (5k)

TEAM SCORING (top ten): 1. Lee's Summit, 115; 2. Liberty 180; 3. Lee's Summit North 183; 4. Olathe South 188; 5. Lawrence Free Sate 230; 6. Notre Dame de Sion 253; 7. Bishop Miege 295; 8. Shawnee Mission East 318; 9. Cheyenne Mountain 347; 10. Blue Valley 353.

INDIVIDUALS (top ten): 1. Amy Hastings, Leavenworth, 19:04; 2. Trisha Culbertson, Burlington, 19:10; 3. Alicia Galbraith, Olathe South, 19:34; 4. Amy Gochmour, Olante Soutn, 19:37; 5. Harper McConnell, Manhattan, 19:38; 6. Megan Noonan, Baldwin, 19:42; 7. Kelli Denny, Lee's Summit 19:44; 8. Sarah Glatt, Bishop Miege, 19:45; 9. Elle Pishny, Blue Valley, 19:54; 10. Katie Greenwood, Shawnee Mission Northwest, 19:55.

Boys (5k)

TEAM SCORING: 1. Kearney 92; 2. Liberty 158; 3. Lawrence 167; 4. Jenks (OK) 202; 5. St. Joseph Central 270; 6. Lee's Summit 286; 7. Lee's Summit North 289; 8. Bishop Carrol 342; 9. Liberal 347; 10. Truman 354; 11. Rogers 383; 12. Lawrence Free State 387; 13. Maize 395; 14. Bellevue West 410; 15. Great Bend 417; 16. Olathe South 439; 17. Washburn Rural 478; 18. Scottsbluff 510; 19. Cheyenne Mountain 542; 20. Palmer 609; 21. Baldwin 611; 22. Winnetonka 649; 23. Leavenworth 697; 24. Wichita West 738; 25. Union (OK) 744; Shawnee



WATONGA INVITATIONAL—Weatherford's Holly Villines leads Canton's Nancy Gray midway through the race. Photo by Roger Taylor

2000 Cross Country Schedule

October

3: Putnam City West - Lake Overholser, Guymon, Suburban Conference - Harrah. 5: OBS Pre-State - Shawnee Gordon Cooper Vo-Tech, Oklahoma City All City. 6: Oral Roberts University Oklahoma Classic. 7: Chisholm, Turpin. 11: Frontier Conference, Metro Lakes Conference. 12: Capitol Hill. 13: Southern Conference. 14: Small School Regionals at Lindsay and Chisholm, Midwest City, Chile Pepper - Fayetteville, Ark. 19: Junior High All Star. 21: Small School State Meet - Gordon Cooper Vo-Tech, Large School Regionals at two sites. 28: Large School State at Oral Roberts.

November

4: USATF State CC Meet, Tulsa (Contact John Morrow, 918-588-8673 or Jmorrow588@aol.com). 11: AAU State CC Meet, Tulsa (Contact Pat McCauley, 405-360-5507 or Mike Barber, 918-481-1176).

December

2: AAU National CC Meet, Joplin, Missouri (Must qualify at Okla. AAU State Meet Nov. 11). 9: USATF National CC Meet, Reno, Nevada (Must qualify at Okla. USATF State Meet Nov. 4) 16: USATF sanctioned indoor track meet at Oral Roberts University, all ages (Contact Joe Dial, 918-495-6839).

Mission East 762; 27. Shawnee Mission NW 776; 28. Omaha Burke 806; 29. North Kansas City 808; 30. Topeka Seaman 833.

INDIVIDUALS (top five and Oklahoma placewinners): 1. Scott Laftin, Blue Valley North, 15:39; 2. Luke Garringer, Kearney, 15:47; 3. Adam Perkins, Liberty, 16:03; 4. Scott Sweringen, Rogers, 16:15; 5. Josh Davis, Liberty, 16:17; 9. Rem Moll, Jenks, 16:23; 20. Chase Hall, Jenks, 16:39; 27. Landon Willets, Union, 16:46; 21. Ross Cohlma, Jenks, 16:56; 34. Pete Laughlin, Jenks, 16:57; 119. Ashkahn Negahban, Jenks, 17:48; 132. Tim Forthman, Jenks, 17:54; 151. Dustin Stubbs, Union, 18:03; 161. David Harris, Jenks, 18:06.

Lamont Frazier Invitational

**Tahlequah Sequoyah
9/23/00**

Girls

TEAM SCORING: 1. Caney Valley 37; 2. Jay 62; 3. Grove 92; 4. Glenpool 113; 5. Sallisaw Central 134; 6. Warner 152; 7. Riverside 160; 8. Pryor 174; 9. Inola 252; 10. Vinita 255; 11. Claremore Sequoyah 277; NS—Westville.

INDIVIDUALS: 1. Lora Loy, Jay, 12:26; 2. Tiffany Johnson, CV, 12:32; 3. Maranda Ross, CS, 12:39; 4. Brandie Coble, CV, 12:47; 5. Casey Haggard, Jay, 12:55; 6. Ashley Brewer, TS, 12:59; 7. Kaylie Scott, CV, 13:03; 8. Unknown, Wv, 13:04; 9. Megan Ince, Pry, 13:08; 10. Michelle Fields, Gr, 13:11.

Boys

TEAM SCORING: 1. Tahlequah Sequoyah 33; 2. Riverside 34; 3. Sallisaw 76; 4. Glenpool 86; NS—Pryor, Muskogee, Inola.

INDIVIDUALS: 1. Michael Elizonado, TS, 17:10; 2. Justin Williams, Glenp, 17:29; 3. Jimmy WhiteEagle, Riv, 17:39; 4. Justin Schaper, CV, 17:41; 5. Isian Boykins, Musk, 17:44; 6. Lewis Myers, Pry, 18:18; 7. Lance England, TS, 18:25; 8. Solomon Horsechief, TS, 18:29; 9. John Flud, Inola, 18:32; 10. Carleton Waikaniwa, Riv, 18:42.

Timberlake Invite

9/23/00

Boys

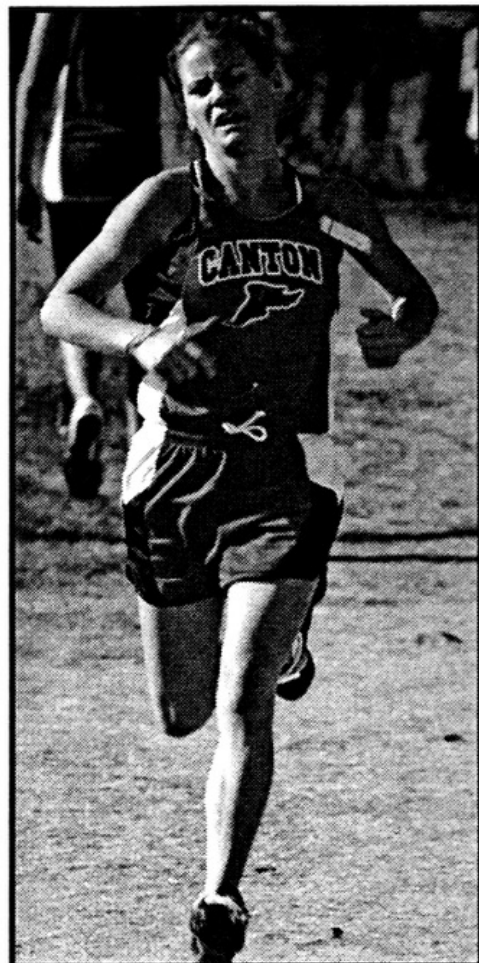
TEAMS COMPETING (no team scoring): Burns Flat-Dill City, Wakita, Medford, Tonkawa, Okeene, Timberlake, Cherokee, Freedom.

INDIVIDUALS: 1. Chilton, BFDC, 18.37 2. Rankin, 18.46, 3. Sipe, Wakita 19.02, 4. McCoy-Medford, 19.26, 5. Smith-Tonkawa-20.16, 6. Bullock-Okeene 20.47, 7. Beierman-Timberlake 21.13, 8. Phillips-Cherokee 21.13, 9. Yost-Okeene 22.01, 10. Meiseman-Okeene 22.20, 11. Rapp 22.46 12. Crain-Timberlake 22.53, 14. Fraizer-Freedom 23.13

Girls

TEAM SCORING: 1. Timberlake - 35, 2. Tonkawa - 46, 3. Freedom-47; NS—Pond Creek-Hunter, Wakita,

WATONGA INVITATIONAL—Canton's Nancy Gray finished third with a time of 12:22. Photo by Roger Taylor



Oral Roberts University Oklahoma Classic

Friday, October 6, 2000

9:00a.m. Junior High Girls 1 mile
9:30a.m. Junior High Boys 2 mile
10:15a.m. 2A Girls 2 mile
10:45a.m. 2A Boys 5000 meters
11:15a.m. 3A Girls 2 mile
11:45a.m. 3A Boys 5000 meters
12:15p.m. University Women 5000 meters
12:45p.m. University Men 8000 meters
1:30p.m. JV Girls 2 mile
2:00p.m. JV Boys 5000 meters
2:30p.m. 4A girls 2 mile
3:00p.m. 4A Boys 5000 meters
3:30p.m. 5A Girls 2 mile
4:00p.m. 5A Boys 5000 meters

Campus of Oral Roberts University

High School & Junior High are limited to 7 athletes per team
JV teams may enter an unlimited number of athletes per team

For more information contact Joe Dial @ (918)495-6839

INDIVIDUALS: 1st. Ray-Tonkawa 13.40, 2. Rapp-Wakita 14.00, 3. Kirby-Pond Creek-Hunter 14.01, 4. Wilson-Freedom 14.02 5. Berermeyer-Freedom 14.02 6. Pierce-Timberlake 14.27, 7. Buller-Timberlake 14.29 8. Hoover-Tonkawa 14.44, 9. Pecha-Timberlake 14.49, 10. Means-Cherokee 15.06, 11. Buller-Timberlake 15.08, 12. Brady-Wakita 15.13 13. Coates-Tonkawa 15.19, 14. Staffer-Cherokee 15.21, 15. Martin-Tonkawa 15.23, 16. Rapp-Wakita 15.33, 17. Parks-Timberlake 15.44, 18. Yeager 15.57, 19. Donley-Timberlake 15.59, 20. Buzzard-Pond Creek 16.11, 21. Lanie-Wakita 16.14, 22. Pecha-Timberlake 16.26, 23. Coulter-timberlake 16.26, 24. Smith-Wakita 16.35, 25. Waltz-Freedom 16.37.

Tulsa All-City

9/15/00

Boys

TEAM SCORING: 1, Tulsa Memorial 27. 2, Edison 45. 3, BT Washington 99. 4, Hale 137. 5, East Central 148. 6, Webster 155.

INDIVIDUALS: 1, Travis Wolfe (Ed) 18.28. 2, Michael Dixon (Ed) 18.29. 3, Pete Ridilla (TM) 18.47. 4, Vincent Miller (TM) 18.59. 5, Jorge Aguirre (TM) 19.07.

Girls

TEAM SCORING: 1, Washington 38. 2, Tulsa Memorial 47. 3, Edison 62. 4, East Central 101; NS—BT Washington.

INDIVIDUALS: 1, Alicia Dalby (Ed) 13.29. 2, Jennifer Dalby (Ed) 14.10. 3, Emily Coggins (H) 14.22. 4, Kari Coleman (TM) 14.54. 5, Billea Rippe (BTW) 15.32.

Washington Inv.

9/22/00

Boys

TEAM SCORING: 1, Owasso 46. 2, Edison 77. 3, Kelley 83. 4, Bixby 98. 5, Holland Hall 99.

INDIVIDUALS: 1, Josh Bundren (HH) 17:04. 2, Kyle Robbins (Owasso) 17:21. 3, Nate Moseley (Bixby) 17:27. 4, Dallas Carroll (Owasso) 17:48. 5, Marcus Mayes (Sand Springs) 17:49. 6, Michael Dixon (Edison) 18:16. 7, Pete Ridilla (TMI) 18:22. 8, Chris Denton (Kelley) 18:26. 9, Bryan Jones (Kelley) 18:36. 10, David sutter (Owasso) 18:42.

Girls

TEAM SCORING: 1, Owasso 51. 2, Kelley 55. 3, Holland Hall 141. 4, Claremore 154. 5, BT Washington 175.

INDIVIDUALS: 1, Jamie German (Owasso) 12:30. 2, Alicia Dalby (Edison) 12:35. 3, Kara Cassel (Grace Fellowship) 12:46. 4, Erika Helmireel (HH) 13:15. 5, Jenny Wall (Kelley) 13:35. 6, Kendal (Kelley) 13:45. 7, Carmen Davis (Sand Springs) 13:56.1. 8, Stephanie Carroll (Owasso) 13:56.4. 9, Emily Coggins (Hale) 13:58. 10, Katy Hawes (CH) 14:03.

Jenks/Union Dual

9/22/00

Boys

INDIVIDUALS: 1. Rem Moll, J, 17:06; 2. Chase Hall, J, 17:08; 3. Landon Willets, Un, 17:20; 4. Pete Laughlin, J, 18:06; 5. Ross Cohlma, J, 18:29; 6. Tim Forthman, J, 18:33; 7. David Harris, J, 18:35; 8. Nate Swanson, Un, 18:39; 9. David McVay, J, 18:41; 10. Zach Phillips, J, 18:49; 11. Daniel Slack, Un, 18:54; 12. Zach VanHarn, J, 18:57; 13. Dustin Stubbs, Un, 19:01; 14. Tyler Moody, J, 19:06; 15. Dan Morris, J, 19:09

Junior and Senior CC Boys National Meet Opportunity

Team Oklahoma Masters Track Club will sponsor a young men's cross-country team to compete at the AAU Junior Olympics National Cross-Country meet in Joplin, MO on December 2nd. This is a great opportunity for Oklahoma to field an all-star team and compete against some of the nation's best distance runners.

The Team Oklahoma Track Club has registered as an AAU youth club and will provide the club fees, team and individual entry fees, motel room, and Friday night pre-race meal for athletes selected to be on the team. Additional sponsorship will include a discounted uniform rental, or athletes may opt to purchase the uniform at cost. Transportation will be provided from Tulsa to Joplin if needed.

Athletes will be selected for the team based on their performance during the high school cross-country season. To provide an unbiased selection mechanism, emphasis will be given to each athlete's comparative performance on the ORU cross-country course. All athletes have an opportunity to compete on this course October 6 at the ORU meet, and the larger schools will have a second opportunity at the state meet October 28. Consideration will also be given to outstanding athletes who are unable to compete at the ORU course this year. The final season cross country rankings contained in this magazine will be one of the primary factors used in team selection. Athletes selected for the team must be able to fulfill the following criteria: 1.) age - will be or is age 17 or 18 in 2000, cannot be 19 in 2000 2.) must be 1 of the overall top 10 cross-country athletes in Oklahoma (8 will be selected) 3.) willingness to continue workouts and be in top condition for the December 2nd race 4.) must join the AAU as a member of the Team Oklahoma club (cost \$10, can join at state AAU meet) 5.) must compete in the state AAU XC meet in Tulsa on Nov 11 as a member of the Team Oklahoma club 6.) must rent or purchase the team uniform 7.) must have signed permission from High School coach and parents for participation

Brian Yockers (Jenks High School) and Tracy Simmons (Union High School) have agreed to be the team's primary coaching staff. George Hall (Team Oklahoma Masters) is coordinating the team logistics. Additionally, the high school coach of each selected participant will be asked to be a team coach and to ensure their athlete(s) continue working out and are in top condition for the meet.

The team is planning for a course preview workout and time trial on Saturday November 18, to familiarize the team with the national meet course and to gauge the conditioning level of the athletes. Transportation will be provided from Tulsa, and team members will be strongly encouraged to attend. Questions concerning the team may be directed to George Hall (Team_Oklahoma@bigfoot.com, or 918-446-7288), Tracy Simmons (simmonst@unionps.org, or 918-743-0763), or Brian Yockers (yockeb@www.jenksusa.k12.ok.us, or 918-446-4571).

COMING IN JANUARY

UTA NATIONAL TRACK & FIELD CLINIC

JANUARY 4-5-6, 2001

GREEN OAKS INN
FT. WORTH, TX

Plan now to attend !

For information call John Sauerhage, Co-Director

817-272-5753

2000 Girls Cross Country Individual Rankings

A	2A	3A	4A
1. Melissa Dell <i>Oklahoma Bible</i>	1. Jessie Gordon <i>Plainview</i>	1. Lora Loy <i>Jay</i>	1. Amanda Jordan <i>McGuinness</i>
2. Nancy Gray <i>Canton</i>	2. Kimbri Lettkeman <i>Watonga</i>	2. Chandra Huckabay <i>Marlow</i>	2. Holly Villines <i>Weatherford</i>
3. Kishia Sharp <i>Carnegie</i>	3. Sonja Peterson <i>Plainview</i>	3. Amanda Lowry <i>Edmond Deer Creek</i>	3. Christina Chavez <i>Noble</i>
4. Heidi Schmidt <i>Oklahoma Bible</i>	4. Stephanie Merlyn <i>Plainview</i>	4. Ashley Brackeen <i>Marlow</i>	4. Danielle VanZandt <i>McGuinness</i>
5. Beth Hooten <i>Canton</i>	5. Amanda Moore <i>Watonga</i>	5. Jenna Garrett <i>Edmond Deer Creek</i>	5. Alicia Dalby <i>Edison</i>
6. McKale Davis <i>Woodland</i>	6. Jacie Jones <i>Plainview</i>	6. Cheryl Lemons <i>Marlow</i>	6. Janie Theobald <i>Guthrie</i>
7. Kayla Wilson <i>Velma-alma</i>	7. Aja Clark <i>Plainview</i>	7. Brooke Estevez <i>Cache</i>	7. Christy Rogge <i>McGuinness</i>
8. Jessi Robertson <i>Hooker</i>	8. Tiffany Johnson <i>Caney Valley</i>	8. Carriane Harlan <i>Mannford</i>	8. Megan Ince <i>Pryor</i>
9. Tonya Bentley <i>Laverne</i>	9. Brandy Cole <i>Caney Valley</i>	9. Sara Schafer <i>Edmond Deer Creek</i>	9. Michelle Fields <i>Grove</i>
10. Cassie Prophet <i>Buffalo</i>	10. Heather Coleman <i>Watonga</i>	10. Krystal Billings <i>Bristow</i>	10. Jenny Walls <i>Kelley</i>

OTHERS: Afton Hoover, Mt. View-Gotebo; Kalie Radcliff, Forgan; Kala Richards, Oklahoma Bible; Ediger, Oklahoma Bible; Rapp, Wakita; Wilson, Freedom; Beremeyer, Freedom; Pierce, Timberlake; Tiffany Tilley, Velma-Alma; Brock, Oklahoma Bible; Miranda Aldridge, Velma-Alma; Andrea Phillips, Carnegie; Jordi Curtis, Laverne; Cara Keown, Walters.

OTHERS: Clarabel Mendoza, Madill; Leah Kochert, Lindsay; Paige Coppedge, Tishomingo; Lindsey Crocka, Hennessey; Ashley Brewer, Tahlequah Sequoyah; Breanne Baldwin, Watonga; Kalie Scott, Caney Valley; Abbey Waters, Chisholm; Maria Romanose, Watonga; Tarah Walker, Tishomingo; Megan McGuire, Plainview; Melissa McCarty, Plainview; Carly Traylor, Lindsay; Emily Boecking, Heritage Hall.

OTHERS: Smanda McCauley, Marlow; Shae Johnson, Elk City; Casey Haggard, Jay; Ashley Brimmage, Elk City; Starus, Byng; Dana Goingkeen, Elgin; Beth Caudill, Elgin; Ashley Upton, Little Axe; Kathy Russell, Little Axe; Natalie Deason, Elgin; Dana Shoemaker, Guymon; Amy White, Edmond Deer Creek; Darcie Lancaster, Sulphur.

OTHERS: Justin Flanory, Ardmore; Linda Vasquez, Altus; Kayla Hogan, Grove; Nicole Porte, McGuinness; Cronin, Durant; Ashley Cotton, Guthrie; Angie Grammar, Weatherford; April Janzen, Grove; Emily Coggins, Hale; Kaci Axtell, Weatherford; Alison Carney, Altus; Kendall Kelly, Kelley; Molly Erickson, Grove; Sarah Hogan, McGuinness

2000 Boys Cross Country Individual Rankings

A	2A	3A	4A
1. Erin Rooney <i>Oklahoma Christian</i>	1. Patrick McGuire <i>Plainview</i>	1. Chris McHone <i>Elk City</i>	1. Marco Jimenez <i>Capitol Hill</i>
2. Doug Nesahkluah <i>Carnegie</i>	2. Marshall MedicineBear <i>Watonga</i>	2. Jon Davis <i>Marlow</i>	2. Sterling Pratt <i>Guthrie</i>
3. Steve May <i>Oklahoma Christian</i>	3. Justin Edsall <i>Watonga</i>	3. Travis Johnson <i>Elk City</i>	3. Morgan Snipes <i>McGuinness</i>
4. Steve Kammerzell <i>Braman</i>	4. Jason Coleman <i>Watonga</i>	4. Jhavarr Swift <i>Anadarko</i>	4. Nate Moseley <i>Bixby</i>
5. Trevor Beaver <i>Carnegie</i>	5. Travis Pearman <i>Stroud</i>	5. Cody McDonald <i>Elk City</i>	5. Cody Weaver <i>Noble</i>
6. Hal Sturdivant <i>Oklahoma Bible</i>	6. Michael Elizonado <i>Tahlequah Sequoyah</i>	6. Ladd Sullins <i>Byng</i>	6. Robert Cantu <i>Altus</i>
7. Carlos LaBrada <i>Carnegie</i>	7. Randy Womack <i>Plainview</i>	7. Justin Williams <i>Glenpool</i>	7. Curtis Anderson <i>Guthrie</i>
8. Victor Valenzuela <i>Carnegie</i>	8. John Kuehn <i>Watonga</i>	8. Trey Fryman <i>Elk City</i>	8. Shaun McCabe <i>Duncan</i>
9. Justin Harrison <i>Braman</i>	9. Matt Stewart <i>Plainview</i>	9. Corey McElhaney <i>Elgin</i>	9. Courtney Vasek <i>Harrah</i>
10. Mike Satepauhoodle <i>Carnegie</i>	10. Cole Strickland <i>Heritage Hall</i>	10. Justin Nobles <i>Elgin</i>	10. Paul Wright <i>Shawnee</i>

OTHERS: Brandon McDonald, Carnegie; Andy Hegwood, Boise City; Luke Voth, Hooker; Trent Burk, Oklahoma Bible; Trent Null, Laverne; Baret Claborn, Oklahoma Bible; Andrew Marble, Oklahoma Bible; Michael Bradford, Roff; Alan Holden, Braman; Nathan Overstreet, Pioneer-Pleasant Vale; Keith Briscoe, Velma-Alma; Phillips, Cherokee.

OTHERS: Chase Bolding, Heritage Hall; Jimmy WhiteEagle, Riverside; Justin Schaper, Caney Valley; Kyle Tefft, Chisholm; Crai Wood, Chisholm; Ash Sutter, Chisholm; Josh Sawyer, Chisholm; Jason Long, Chisholm; Chris Romanose, Watonga; Taylor Chisholm; Lance England, Tahlequah Sequoyah; James Pickens, Plainview; Solomon Horsechief, Tahlequah Sequoyah; Stephen Neslage, Heritage Hall.

OTHERS: Justin Schaper, Caney Valley; Jimmy Russell, Little Axe; Billy Baynum, Tuttle; Kyle Evans, Elk City; Zach Felton, Little Axe; Tucker Jones, Elgin; Chris Orsban, Little Axe; Jon Bawden, Elk City; Jesse James, Marlow; Chad Toehay, Anadarko; Evan Morgan, Edmond Deer Creek; Jerod Kersey, Guymon.

OTHERS: Nick Brennfoerder, Weatherford; Chris Denton, Kelley; Jose Diaz, Capitol Hill; Corey McDaniel, Altus; Thai Le, Ardmore; Michael Dixon, Edison; Henkel, Harrah; Michael Hemphill, Duncan; Lansford, Harrah; Bryan Jones, Kelley; Matt Cagigal, McGuinness; Cohen, Shawnee; Vinnie Hogan, McGuinness; Travis Wolfe, Edison; Andrew Johnson, Weatherford; Lewis Myers, Pryor; Matt Middaugh, Duncan; Brandon Abla, Weatherford.

5A

1. Brianna McLeod
Jenks
2. Chelsie Baldwin
Ponca City
3. Jamie German
Owasso
4. Andrea Hurley
Edmond North
5. Laura Major
Jenks
6. Jessica Thompson
Mustang
7. Jessica Jorgenson
Ponca City
8. Nicole Henry
Moore
9. Rachel Barber
Jenks
10. Megan Burns
Jenks

OTHERS: Amanda Navarro, Moore; Tia Antone, Putnam City North; Alayne Thompson, Jenks; Susan Warden, Santa Fe; Shelly Sims, Norman; Natalie Baker, Enid; Sara Saffa, Union; Shoney Hixson, Westmoore; Katherine Ensler, Norman; Alison Thompson, Bartlesville; Jessica Strog, Enid; Mia Vesanen, Jenks; Katy Rader, Union; Henry, Moore; Jenna James, Jenks.

5A Boys

1. Marc Shumate
Edmond Memorial
2. Remington Moll
Jenks
3. Blake Culp
Bartlesville
4. Chase Hall
Jenks
5. Landon Willets
Union
6. Daniel Ray
Del City
7. Tyler Schmiedeberg
Edmond Memorial
8. Patrick Morgan
Edmond Memorial
9. Hunter Stephens
Broken Arrow
10. Daniel Ellis
Sapulpa

Others: ; John Mulholland, Norman; Marcus Gillat, Edmond Memorial; Brian Gosnell, Tahlequah; Chris Taylor, Moore; Scott Downard, Norman; Eric Hurst, Westmoore; Kyle Robbins, Owasso; Andrew Call, Norman North; Stuart Lisle, Edmond Memorial; Craig Swiger, Enid; Pete Laughlin, Jenks; Dallas Carroll, Owasso; England, Ponca City; Brad Zimmerman, Edmond Memorial; Ross Cohlma, Jenks.

Boys Power

1. Watonga
2. Edmond Memorial
3. Jenks
4. Mustang
5. Union
6. Norman
7. Plainview
8. Edmond North
9. Moore
10. Santa Fe

Girls Power

1. Plainview
2. Jenks
3. Enid
4. Westmoore
5. McGuinness
6. Mustang
7. Norman
8. Moore
9. Union
10. Edmond Memorial

5A Girls

1. Jenks
2. Enid
3. Westmoore
4. Mustang
5. Norman
6. Moore
7. Union
8. Edmond Memorial
9. Santa Fe
10. Edmond North

5A Boys

1. Edmond Memorial
2. Jenks
3. Mustang
4. Union
5. Norman
6. Edmond North
7. Moore
8. Santa Fe
9. Westmoore
10. Owasso

4A Boys

1. Capitol Hill
2. Harrah
3. Duncan
4. Guthrie
5. McGuinness
6. Edison
7. Weatherford
8. Kelley
9. Noble
10. Altus

4A Girls

1. McGuinness
2. Grove
3. Weatherford
4. Kelley
5. Guthrie
6. Noble
7. Duncan
8. Ardmore
9. Pryor
10. Durant

3A Boys

1. Elk City
2. Little Axe
3. Elgin
4. Marlow
5. Anadarko
6. Glenpool
7. Edmond Deer Creek
8. Tuttle
9. Piedmont
10. Star Spencer

3A Girls

1. Marlow
2. Edmond Deer Creek
3. Jay
4. Little Axe
5. Elk City
6. Elgin
7. Mannford
8. Anadarko
9. Tuttle
10. Purcell

2A Boys

1. Watonga
2. Plainview
3. Chisholm
4. Heritage Hall
5. Tahlequah Sequoyah
6. Riverside
7. Lindsay
8. Lexington
9. Henryetta
10. Alva

2A Girls

1. Plainview
2. Watonga
3. Caney Valley
4. Tishomingo
5. Lexington
6. Riverside
7. Cascia Hall
8. Wynnewood
9. Madill
10. Henryetta

A Boys

1. Oklahoma Bible
2. Canton
3. Velma-Alma
4. Carnegie
5. Oklahoma Christian
6. Timberlake
7. Canute
8. Wakita
9. Walters
10. Freedom

A Girls

1. Carnegie
2. Oklahoma Christian
3. Oklahoma Bible
4. Braman
5. Velma-Alma
6. Timberlake
7. Wakita
8. Freedom
9. Hooker
10. Walters