

# ALL-STATE/ SENIOR ALL-STAR POLICIES

## CROSS COUNTRY ALL-STATE

### Oklahoma Cross Country & Track Coaches Association

- Recognizes the 11-15 finishes at each respective State Championship, regardless of class.
- Blue & Gold jacket, state patch must be embroidered with the following: "OCCTCA ALL-STATE"

### Oklahoma Coaches Association

- Recognizes the top 10 finishes at each respective State Championship.
- Blue & Gold jackets are reserved for seniors.
- Red & Gold jackets are reserved for all underclassmen. *Underclassmen may purchase a Blue & Gold jacket their senior year of participation per OCA Policy.*

## CROSS COUNTRY SENIOR ALL-STAR

### Oklahoma Cross Country & Track Coaches Association

- Recognizes the top 15 finishing seniors at each respective State Championship, not earning All-State honors.
- 2 Hardships available per gender/ class, hardships will need to be completed by the coach via google form available on OHStrack.com
- Athlete's coach MUST be an OCCTCA member to be eligible.
- Red & Gold jacket, state patch must be embroidered with the following: "OCCTCA SR ALL-STAR"

## TRACK & FIELD ALL-STATE

### Oklahoma Cross Country & Track Coaches Association

- Recognizes the top 3 finishes at the Meet of Champions, regardless of class.
- Blue & Gold jacket, state patch must be embroidered with the following: "OCCTCA ALL-STATE"

### Oklahoma Coaches Association

- Recognizes the top finish per event/ relay at each respective State Championship.
- Blue & Gold jackets are reserved for seniors.
- Red & Gold jackets are reserved for all underclassmen. *Underclassmen may purchase a Blue & Gold jacket their senior year of participation per OCA Policy.*

## TRACK & FIELD SENIOR ALL-STAR

### Oklahoma Cross Country & Track Coaches Association

- Recognizes the top scoring (top 8 finish) senior per individual event at each respective State Championship, who did not win that event.
- 2 Hardships available per gender/ class, hardships will need to be completed by the coach via google form available on OHStrack.com
- No recipients will be awarded in events absent of Seniors.
- Athlete's coach MUST be an OCCTCA member to be eligible.
- Red & Gold jacket, state patch must be embroidered with the following: "OCCTCA SR ALL-STAR"