



Capitol Hill High School Red Wolves Invitational Cross Country Meet
Thursday October 8th at Capitol Hill High School

Order of Events

- 4:00 Coaches Meeting at the start line
- 4:10 HS Varsity Girls 5k 5A and 6A
- 4:45 HS Varsity Boys 5k 1 Division
- 5:10 HS Girls 3200M 4A and Below as well as 5A and 6A JV
- 5:40 HS JV Boys 5k 1 Division
- 6:10 Middle School Coaches Meeting at the start line
- 6:15 MS Girls (7-8) 2 miles
- 6:35 MS Boys (7-8) 2 miles

LOCATION: The XC course is located next to Capitol Hill High School behind the stadium. The school address is 500 SW 36th Street, Oklahoma City

Restrooms and Concessions will be available.

ENTRY FEES: High School boys \$65; High School girls \$65; Junior High boys \$50; Junior High girls \$50; All teams Middle through High School \$180; Just Boys and Girls High School \$120 No JV fee when you run a Varsity team.. \$10.00 per individual (teams with less than 5 runners).

Send entry fees to: Capitol Hill High School ATTN: XC 500 SW 36th Street, Oklahoma City 73109

Make check out to Capitol Hill Athletics-XC

You must email your roster to Coach Kenny Schell at kpschell@okcps.org by **Tuesday August 25th** Any questions please email send a text or call my cell at 405-808-0357

Awards: Medals to top 25 of each race. Awards to top two teams in Varsity, Girls 3200M Race, as well as one award in the Junior High divisions.