

CHISHOLM
Cross Country Regional
Class 2A, 3A and 4A
Saturday, October 17, 2015

LOCATION: Meet will be held at **CHISHOLM HIGH SCHOOL** in Enid (4018 W. Carrier Rd.)

TIME & DISTANCE	2A Coachesø Meeting	Indoor Facility	9:15 A.M.
	2A Girls	3200 Meters	10:00 A.M.
	2A Boys	5000 Meters	10:45 A.M.
	2A Awards Presentation	Home Bleachers	11:30 A.M.
	3A Coachesø Meeting	Indoor Facility	11:15 A.M.
	3A Girls	3200 Meters	12:00 P.M.
	3A Boys	5000 Meters	12:45 P.M.
	3A Awards Presentation	Home Bleachers	1:30 P.M.
	4A Coachesø Meeting	Indoor Facility	1:15 A.M.
	4A Girls	3200 Meters	2:00 P.M.
	4A Boys	5000 Meters	2:45 P.M.
	4A Awards Presentation	Home Bleachers	3:30 P.M.

AWARDS Top 15 Individual Places
Team Trophy for 1st Place

REGISTRATION OF CROSS-COUNTRY TEAMSø INSTRUCTIONS

On-line Entry Deadline: Wednesday, October 14th @ 5pm. All entries must be completed on-line at: www.enduroentries.com (Complete All 5 Steps.) Please enter your TEAM (athletes, up to 7 runners and up to 3 alternates) before the deadline. If you have questions regarding your ENDURO Entries account, please contact Kevin McWatters at: kevin@enduroussa.com

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Run only 7 or less runners in the race.

Place the numbered bib on the front of the runner

Each runner should be wearing a matching uniform if they are on a team of 5-7 runners. They should be school issued uniforms. Undergarments that extend below the knee, shall match in color (team of 5-7 runners) and be a solid color. Upper body undergarments should match (team of 5-7 runners) and be a solid color.

Run within 6 feet of marked line.

Placement numbers will be given to each finishing runner for the coaches to verify finishing places.

Please help keep your spectators off the course and outside roped areas.

