

Claremore Zebra
Cross Country Meet

- DATE:** Thursday, October 1st, 2015
- TIME:** Coaches meeting starts at 3:00 p.m. First race starts at 3:15 p.m.
- LOCATION:** Walnut Park
1505 N. Jay
Claremore, OK 74017
- DIRECTIONS:** Take Highway 66 to Blue Star Drive, go west on Blue Star Drive, Go north on Jay Street about one quarter of a mile, Walnut Park will be on the west side of the road.
- DIVISIONS:** H.S. Boys (7 members), H.S. Girls (7 members), J.V. Boys (unlimited), J.V. Girls (unlimited), J.H. Girls (unlimited), J.H. Boys (unlimited)
- DISTANCE:** All H.S. Boys 5K, All H.S. Girls 5K, All J.H. Divisions 2 mile
- ENTRY FEE:** \$60 varsity girls, \$60 varsity boys (J.V. Free with varsity fee)
\$50 J.H. girls, \$50 J.H. boys
\$10 per runner if less than 7 runners
- AWARDS:** Top 20 receive medals in Varsity, J.V. and J.H.
First place team in varsity division will receive a plaque.
- SCHEDULE:** 3:00 Coaches Meeting
3:15 J.H. Girls (2 miles)
3:45 J.H. Boys (2 miles)
4:15 J.V. Girls (5K)

4:45 J.V. Boys (5K)

5:15 H.S. Girls (5K)

5:45 H.S. Boys (5K)

CONTACT:

Eric Wiens

Head Cross Country Coach

Please send all rosters to

E-Mail- Ewiens@claremore.k12.ok.us

School: 918-341-0724

Cell: 918-261-0197

PAYMENT:

Have all checks made out to:

Claremore Cross Country

201 E. Stuart Roosa

Claremore, OK 74017