

# 11<sup>th</sup> ANNUAL RATTLESNAKE RUN



Hosted by Guymon High School

**DATE:** Tuesday, September 29<sup>th</sup>, 2015

**LOCATION:** Guymon High School (West Side) 2002 North James Street

**SCHEDULE:** Packets & Course maps available 3:45 p.m. @ check-in station

Race	Time	Distance
HS & JH Coaches Mtg.	4:45 p.m.	-----
JH Girls	5:00 p.m.	2 Miles
JH Boys	5:30 p.m.	2 Miles
Varsity/JV Girls	6:00 p.m.	2 Miles
Varsity/JV Boys	6:30 p.m.	5K

**AWARDS:** Medals - Top 20 (Varsity), Top 10 (JV), Top 20 (JH)  
Plaques will be awarded to the 1<sup>st</sup> place teams (Varsity)  
Plaques will be awarded to the 1<sup>st</sup> place teams (JH)

**SCORING:** All divisions will be unlimited runners but will score top 7 finishers. Please enter athletes on athletic.net

**FEES:** \$45 per Varsity/JV Team, If Var/JV or JH team is less than 5 runners \$10 per indiv.  
\$35 per Junior High Team, \$1.00 per JV Runner if varsity team is entered.

**ENTRY:** Please do your entries on *athletic.net* E-mail me if you have issues.

**CONTACT:** HS & JH Andy Brown GHS CC Coach  
School: 580-338-4350  
Cell: 580-817-0219  
E-mail: andy.brown@guymontigers.com

**PARKING:** South Parking lot of High School. Restrooms available

**EXTRA:** There will be a concession stand & meet shirts for sale for \$12.00

**11<sup>th</sup> ANNUAL RATTLESNAKE RUN**  
**Tuesday, September 29<sup>th</sup>, 2015**

School/Coach: \_\_\_\_\_

Phone #: \_\_\_\_\_ Fax #: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Amount Total: \$ \_\_\_\_\_

Please register athletes on athletic.net by September 27<sup>th</sup>.

<b>Varsity Boys (\$45.00)</b>	<b>Varsity Girls (\$45.00)</b>
1	1
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9	9
10	10
<b>Junior Varsity Boys (\$1.00 Per Runner)</b>	<b>Junior Varsity Girls (\$1.00 Per Runner)</b>
1	1
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9	9
10	10
<b>Junior High Boys (\$35.00)</b>	<b>Junior High Girls (\$35.00)</b>
1	1
2	2
3	3
4	4
5	5
6	6
7	7

# RATTLESNAKE RUN

## Course Records

### JH Girls

Name	Team	Time	Year	Distance
Lariat Lerner	Gruver	13:28	2011	2 Miles
Samantha Gonzalez	Stratford	13:30	2011	2 Miles
Amy McFarland	Hooker	13:33	2013	2 Miles
Amy McFarland	Hooker	13:34	2012	2 Miles
Autumn Mizer	Boise City	13:35	2010	2 Miles

### JH Boys

Name	Team	Time	Year	Distance
Jose Amador	Hooker	11:31	2013	2 Miles
Eli Herrera	Guymon	11:42	2012	2 Miles
Eli Herrera	Guymon	11:46	2011	2 Miles
Levi Bowers	Guymon	11:55	2010	2 Miles
Michael Serna	Guymon	11:56	2010	2 Miles

### HS Girls

Name	Team	Time	Year	Distance
Destyni Lucero	Liberal	12:34	2012	2 Miles
Chelsea Jackson	Garden City	12:36	2011	2 Miles
Samantha Gonzalez	Stratford	12:39	2012	2 Miles
Alex Miller	Garden City	12:45	2011	2 Miles
Shelley Gibson	Gruver	12:53	2010	2 Miles

### HS Boys

Name	Team	Time	Year	Distance
Angel Viveros	Liberal	17:10	2012	5K
David Perez	Hooker	17:11	2010	5K
Fabian Mercado	Perryton	17:13	2011	5K
Fabian Mercado	Perryton	17:14	2010	5K
Hugo Anguiago	Dumas	17:15	2009	5K

### Fastest Team Average

Division	Team	Average	Year	Distance
Varsity Boys	Liberal	17:38	2012	5K
Varsity Girls	Garden City	13:01	2011	2 Miles
Junior High Boys	Guymon	12:21	2011	2 Miles
Junior High Girls	Gruver	14:37	2010	2 Miles

# Guymon Rattlesnake Run (#105707)

## Online Entry Instructions

*This meet is using free online registration at Athletic.net!*

<b>Date</b>	9/29/2015	<b>Host</b>	Guymon
<b>Location</b>	Guymon HS Guymon, OK 73942	<b>Director</b>	Andy Brown
<b>First Race</b>	5:00 PM	<b>Email</b>	<a href="mailto:andy.brown@guymontigers.com">andy.brown@guymontigers.com</a>
		<b>Phone</b>	580-817-0219

**Follow the 4 steps below to get started:**

### 1. Sign up for a free coach account

*(if you do not have one)*

- Go to the website: [www.athletic.net](http://www.athletic.net)
- Click on '[Sign up for a free coach account](#)' on the homepage
- Complete the signup wizard
- After receiving the confirmation email, go on to #2

### 2. Add meets to your season calendar

- Login to Athletic.net using your email address and password
- Click on your team's name in the left navigation bar
- Click "**Add Meet**" above your calendar box
- Where it says "Meet ID:" enter **105707** and click **Add**
- Review the information and click **Save and Continue >**
- You may need to click **Save and Continue >** again
- Repeat this process for the rest of your season calendar (*You can also add meets by date, if you don't know the Meet ID*)
- Verify that your calendar is correct. Use the Edit button next to meets to make corrections

### 3. Enter team roster

- Click "**Edit Athletes**" on the Coaches Toolbar, on your team's page
- Add athletes to the roster manually, or upload your roster using the "Upload Athlete Roster" option

### 4. Register athletes for Guymon Rattlesnake Run

- Locate **Guymon Rattlesnake Run** on your team's main cross country page and click on it
- On the right under **Team Tools**, click **Register Athletes**.
- Click **Increment Divisions** to quickly register all your athletes in the first race division, or manually select the race division for each athlete
- Use the boxes on the bottom of the page to add additional athletes to your roster