## Harrah Panthers Cross Country Meet

When: Friday, September 25, 2015

Where: Harrah High School Gym

20370 Elm Street, Harrah, OK

The course is located behind the High School gym. Parking available north of gym.

There are 6 divisions (HS Boys, HS Girls, 8th Boys, 8th Girls, 7th Boys and 7th Girls). Races will begin immediately after the previous race finishes.

Coaches Meeting: 11:30

Varsity and JV Girls 2 mile 11:45

Varsity and JV Boys 5k

8th Grade Girls 1.5 mile

8th Grade Boys 1.5 mile

7th Grade Girls 1.5 mile

7th Grade Boys 1.5 mile

**Information:** The course can be challenging depending the the weather. It has hills, turns and sometimes mud. Due to spring rains which uprooted a large tree from last year the course has been modified to include a portion ( $\frac{1}{3}$  mi) of an asphalt trail. Medals will be given to the top 25 finishers in each race. Restrooms will be available.

\*\*\*\*\*\* CONCESSIONS AVAILABLE \*\*\*\*\*\*\*\*

**Entry Fee:** \$60 per division Please send checks to:

\$10. per individual Harrah Middle School

Harrah Middle School 1480 N. Dobbs Harrah, OK 73045

**Contact:** Zane Casey (work) 405-347-2713 (cell) 405-850-7681

zcasey@harrahschools.com

Please contact me if you plan on attending.