

HINTON KIWANIS PARK CROSS COUNTRY MEET 2015

THIS MEET IS FOR 2A ONLY!

Date- Tuesday, October 6, 2015

***** NEW LOCATION** This meet has been moved to Red Rock State Park on the south side of Hinton on highway 281,

Divisions- 5th & 6th, JH, HS. No JV races. Unlimited no. of runners in each division.

Cost: \$55 per team/ \$10 per individual. 5th & 6th run free if JH & HS teams run.

Awards: Plaques will be given to Champion and Runner-Up teams in HS & JH divisions.

Coaches meeting @ 4:00-----race time are approximate.

TIME	DIVISION	DISTANCE	MEDALS
4:15	5 th & 6 th girls	1600M	30
4:30	5 th & 6 th boys	1600M	30
4:45	JH girls	2400M	20
5:15	JH boys	3200M	20
5:45	HS girls	3200M	20
6:15	HS boys	5000M	20

ENTRY FORM: SCHOOL _____

Teams or number of individuals you bring. Do not need names.

5th & 6th girls _____ 5th & 6th boys _____ Coach's name _____

JH girls _____ JH boys _____ Coach's cell number _____

HS girls _____ HS boys _____

Mail checks to: Hinton High School, c/o Dale Russ, PO box 1036, Hinton, Ok. 73047

IF YOU HAVE QUESTIONS CALL OR TEXT COACH RUSS at 405-545-0155