22nd ANNUAL JR. HIGH ALL-STAR CHAMPIONSHIPS

Woodson Park, Oklahoma City, OK **PLACE:** 3299 S. May, S.W. 29th & May Thursday, October 15th & Friday, October 16th, 2015 9:00 AM DATE: Registration fee for participants will be \$15.00, and they will receive REGISTRATION a custom designed All-Star Championship T-Shirt. **ALL ENTRIES FEE: MUST BE RECEIVED BY OCTOBER 10TH TO RECEIVE A SHIRT. WHO IS This race is only for students in grades 5-6-7-8 or below. No 9th graders can compete. **ELIGIBLE:** THURSDAY, OCT. 15th 9:00 A.M. - COACHES MEETING **DIVISIONS & SCHEDULES:** FRIDAY, OCT. 16th 9:00 A.M. - COACHES MEETING 9:15 A.M. - 4A GIRLS......2400 meters (30 medals) 10:05 A,M. 6 6A GIRLS......3200 meters (30 medals) 10:30 A.M. - 4A BOYS.......3200 meters (30 medals) 11:20 A.M. - 6A BOYS......3200 meters (30 medals)

PLEASE BE EARLY/ RACES WILL START 5 MINUTES AFTER EACH RACE

TEAM Team trophies awarded to the Top 3 Teams in each division.

AWARDS: Attention: This year the 2nd and 3rd place teams in each division will receive a

Team trophy.

Custom made medals to the top 30 runners in each race. Runners 1-10 receive gold medals - 1st Team All-Star Runners 11-20 receive silver medals - 2nd Team All-Star Runners 21-30 receive bronze medals - 3rd Team All-Star

RULES:

- 1. ONLY 5-6-7-8th graders and below are eligible to compete.
- 2. Each school can have unlimited runners in the championship race.

Five Runners will count for Team scoring.

- 3. A school team must be made up of runners from the same school- NO Taking runners from other schools. (They must enter as individuals.)
- 4. The Top 5 Runners will compete team scoring with 6 & 7 runners as pushers.
- 5. THIS IS A SANCTIONED USATF EVENT.

MAIL ENTRY

FEES TO: J & T RUNNING ASSOCIATION

820 Sleepy Hollow Blvd cell #: 405-863-3308 CHICKASHA, OK 73018 fax # 405-224-3441

e-mail: thechristiancenter@sbcglobal.net

MAKE ALL CHECKS PAYABLE TO <u>J & T RUNNING ASSOCIATION</u>
<u>DEADLINE</u> FOR RECEIVING ENTRIES IS <u>OCTOBER 10TH</u>, <u>2015.</u>
NO RACE DAY ENTRIES

OFFICIAL ENTRY FORM PLEASE **PRINT** (first & last name) NAME: GRADE: SCHOOL: CLASS: MALE FEMALE (ADULT SIZES ONLY) COACH: SHIRT SIZES: (circle one) S M L XL Waiver of Claim (MUST BE SIGNED) in consideration of acceptance of Waiver: this entry, I, the undersigned, assume full and complete responsibility for any injury or accident which may occur during my participation in the Jr. High All-Star Championship Run, and I hereby hold harmless the sponsors, promoters, and all other persons and entities associated with this event from any and all injury or damage, whether it be caused by negligence of the sponsors, promoters, or other persons or entities associated with this event.

Make all checks payable to: J & T Running Association

DEADLINE FOR RECEIVING ENTRIES IS OCTOBER 10TH, 2015

SIGNATURE: DATE:

MAIL ENTRIES TO:

PARENT

J & T RUNNING ASSOCIATION 820 Sleepy Hollow Blvd CHICKASHA, OK 73018

T-SHIRTS, SWEATSHIRTS AND OTHER RUNNING APPAREL WILL BE AVAILABLE AT THE MEET THROUGH FINE DESIGNS