

**Lomega High School
Cross Country Invitational**

Date: Saturday, August 29th , 2015

Location: Lomega High School. Please park north of the gym. Restrooms will be available at northeast end of the gym. Concession stand will be open.

Time: 8:30am H.S. Boys (2 miles)
 H.S. Girls (1 mile)
 7th and 8th Boys (1 mile)
 7th and 8th Girls (1 mile)
 4th, 5th, and 6th Boys (1 mile)
 4th, 5th, and 6th Girls (1 mile)
 3rd and Below Boys (875 meters)
 3rd and Below Girls (875 meters)

Entry Fees:	\$50: each H.S. team	\$10: H.S. Individuals
	\$50: each J.H. team	\$10: J.H. Individuals
	\$25: each elem. team	\$5: Elem. Individuals

******Make checks payable to Lomega Schools*******

Awards: Medals for top 25 finishers in high school and junior high divisions. Top 20 elementary.

Roster: Please email a complete roster of participants (NAMES, DIVISION-HS, JH, Elem, and GENDER) by Tuesday August 25th.

Any questions please contact:

Justin Edsall

justin@lomega.k12.ok.us

405-368-5910