

2015 OK Runner Classic

Friday, September 18, 2015

The 10th annual OK Runner Classic will be hosted by Norman High School and be held at the NHS Soccer Complex located directly behind Irving Middle School. A coaches meeting will be held at 9:30 for small classes, 12:30 for large classes, and 4:00 for junior high. There will be two high school divisions (5A/6A & 2A/3A/4A races) that will each have a varsity division and a junior varsity division, and there will be two junior high divisions (7th & 8th) as well. This will be the site of the Class 5A/6A Regional Meet

9:30 Coaches Meeting 4A/3A/2A
10:00 4A/3A/2A Varsity Girls 2 miles
10:30 4A/3A/2A JV Girls 2 miles
11:00 4A/3A/2A Varsity Boys 3.1 miles
11:30 4A/3A/2A JV Boys 3.1 miles
12:30 Coaches Meeting 5A/6A
1:00 6A/5A Varsity Girls 3.1 miles
1:45 6A/5A JV Girls 3.1 miles
2:30 6A/5A Varsity Boys 3.1 miles
3:00 6A/5A JV Boys 3.1 miles
4:00 JH Coaches Meeting (All Classes)
4:30 JH Girls (7th) 1 .5 miles
5:00 JH Girls (8th) 1.5 miles
5:30 JH Boys (7th) 2 miles
6:00 JH Boys (8th) 2 miles

Directions: From the North: I-35 South merge left at the 1st Norman exit, US-77 S via exit 113 for about 3 miles. Turn left (East) on Robinson for 2.5 miles. Turn Right (South) on 24 Ave. NE. Drive 1 mile to Alameda. Continue (South) on 24 Ave. N.E for ¼ mile. The NHS Soccer/Softball/XC parking lot is on the right. From the South: EAST Highway 9 exit off of I-35 (108A) and travel East for 3.5 miles until you come to 24th Avenue, take a left (North) for 2 miles. The NHS Soccer complex will be on your left (west side of 24th) where you will have plenty of room to park buses.

Awards: Team plaques will be awarded to first and second place teams in Varsity Divisions. Medals will be awarded to the top 25 individual finishers in each race.

DEADLINE TO REGISTER FOR RUN IS MONDAY, SEPTEMBER 14

Any school showing up on day of race without registering in advance will be charged an additional \$25 for each team. Any teams that are interested in participating in the meet should e-mail Scott Monnard at smonnard@norman.k12.ok.us as soon as possible, as a cap will be set with the number of teams that will be allowed to run due to safety concerns.

Entry Fee: \$75 for each single varsity team (JV included)
 \$140 if school brings both boys & girls team
 \$50 for each junior high team

IMPORTANT RACE INFO!!

All teams must e-mail names of runners that will be running only the varsity races and please distinguish if boys or girls division. The deadline once again is Monday, September 14, and names must be e-mailed to Scott Monnard at smonnard@norman.k12.ok.us . Names of junior varsity and junior high runners are not needed for this meet.

Need more Info? You can e-mail/call Scott Monnard at smonnard@norman.k12.ok.us (405) 420-5951

Mail Entries to: Norman High School (Attn: Shari Dillard)
911 W. Main Street
Norman, Ok. 73069