## **PCW PATRIOT**

# **Cross Country Invitational**

Friday – September 11th, 2015 @ Route 66 Park 9901 NW 23<sup>rd</sup>, Yukon Oklahoma West Side of Lake Overholser

All team entries must be completed on-line: www.enduroentries.com (TrackRoster).

Coaches must complete **Steps #2 - #5** to complete their team on-line entries.

Middle School teams cannot be added to your existing High School account.

If you do not have a Middle School account, contact Kevin McWatters.

Please email him at the following email address: kevin@enduro.us

You must add the "PCW Patriot XC Inv." to your on-line schedule,

then enter your athletes in the meet. (Steps 2-5) (no exceptions)

--- DEADLINE for all entries: Wednesday, September 9<sup>th @</sup> 5:00pm.

## 9:00 a.m. - Middle School Coaches Meeting

9:30 a.m. - 7th Grade Girls 1.5 miles

9:45 a.m. ó 8th Grade Girls 1.5 miles

10:00 a.m. ó 7th Grade Boys 1.5 miles

10:15 a.m. ó 8th Grade Boys 1.5 miles

### 10:30 a.m. - High School Coaches meeting

10:45 p.m. ó 5A/6A Varsity Girls 5K

11:00 p.m. ó 5A/6A JV Girls 5K

11:15 p.m. ó 5A/6A Varsity Boys 5K

11:30 p.m. ó 5A/6A JV Boys 5K

11:45 p.m. ó 2A/3A/4A Varsity Girls 3200m

12:00 p.m. 62A/3A/4A JV Girls 3200m

12:15 p.m. ó 2A /3A/4A Varsity Boys 5K

12:30 p.m. ó 2A/3A/4A JV Boys 5K

LOCATION: Route 66 Park 9901 N.W 23<sup>rd</sup> St, Yukon Oklahoma 73099. (West Side of Lake Overholser. Park in Park along access road or Drop off at Entrance and Park at Skate Park West of Park.

**ENTRY FEES**: \$75.00 per each High School team entered (girls and boys are separate entry fees). - - J.V. team fees are included with each varsity team entered.

\$50.00 per each Middle School division team entered or \$150.00 for all 4 7<sup>th</sup>-8<sup>th</sup> Div

\$10.00 per individual (teams with less than 5 runners).

**Send entry fees to:** Putnam City West High-school

ATTN: Katy Hale, 8300 N.W. 23rd Oklahoma City, Oklahoma 73130

Make check out to PCW Cross-Country

<u>AWARDS:</u> Individual (Varsity and J.V.) medals for <u>TOP 20 places in each race</u>. Team Championship plaques for each Varsity race and Middle School Division race.

### **Contact Information:**

Coach Miller 1(405) 863-0819 Cell, Emial: JohnM@putnamcityschools.org