

Chieftain XC Invitational

4A and Below

August 29, 2015

Mekusukey Mission

NS 3540 Seminole, Oklahoma 74868

8:45 a.m. Coaches' Meeting

9:00 a.m. Elementary 1 mile awards to all finishers

9:20 a.m. Varsity and JV Girls 1 mile 20 medals

9:35 a.m. Varsity and JV Boys 2 miles 20 medals

10:00 a.m. JH Girls (7-8) 1 mile 20 medals

10:15 a.m. JH Boys (7-8) 1 mile 20 medals

*Course is on grass, but there is one short asphalt path to cross.

*Please park buses behind the gym (east side)

*Our plan is to run JV and Varsity together. Your first 7 runners will be counted as Varsity to score. If the number of runners justifies it, we will separate Varsity and JV.

* If you send me the first and last names of your runners and which division they are in, I will have your tags ready upon arrival.

*****Any team planning on attending the meet needs to notify Coach Sanford by email before Tuesday, August 25, please.**

1st and 2nd place team plaque for Varsity divisions.

1st and 2nd place plaque for Junior High divisions.

Cost: High School boys \$60; High School girls \$60; Junior High boys \$50

Junior High girls \$50; Elementary Free; Individuals \$10.00 (4 or less)

No Junior Varsity fee if you run a Varsity team. **No unattached runners**

Mail payment to: Seminole Schools Athletics, 618 Snyder Ave, Seminole, OK 74868

Attn.: Coach Bobby Sanford and Mike Snyder

School-(405) 382-5065 Cell-(405) 712-3094

Email - bsanford@sps.k12.ok.us