Claremore Zebra

Cross Country Meet

DATE: Thursday, September 22nd, 2016

TIME: Coaches meeting starts at 3:00 p.m. First race starts at 3:15

p.m.

LOCATION: Walnut Park

1505 N. Jay St.

Claremore, OK 74017

DIRECTIONS: Take Highway 66 to Blue Star Drive, go west on Blue Star Drive,

Go north on Jay Street about one quarter of a mile, Walnut

Park will be on the west side of the road.

DIVISIONS: H.S. Boys (7 members), H.S. Girls (7 members), J.V. Boys

(unlimited), J.V. Girls (unlimited), J.H. Girls (unlimited), J.H.

Boys (unlimited)

DISTANCE: All H.S. Boys 5K, All H.S. Girls 5K, All J.H. Divisions 2 mile

ENTRY FEE: \$65 varsity girls, \$65 varsity boys (J.V. Free with varsity fee)

\$50 J.H. girls, \$50 J.H. boys

\$10 per runner if less than 7 runners

AWARDS: Top 20 receive medals in Varsity, J.V. and J.H.

First place team in varsity division will receive a plaque.

SCHEDULE: 3:00 Coaches Meeting

3:15 J.H. Girls (2 miles)

3:45 J.H. Boys (2 miles)

4:15 J.V. Girls (5K)

4:45 J.V. Boys (5K)

5:15 H.S. Girls (5K)

5:45 H.S. Boys (5K)

CONTACT: Eric Wiens

Head Cross Country Coach

Please send all rosters to

E-Mail- E-Mail- E-Mail- Ewiens@claremore.k12.ok.us

School: 918-341-0724

Cell: 918-261-0197

PAYMENT: Have all checks made out to:

Claremore Cross Country

201 E. Stuart Roosa

Claremore, OK 74017