## ANNOUNCING THE 18<sup>TH</sup> ANNUAL

## EAST CENTRAL UNIVERSITY "TIGER CHASE"

## **CROSS COUNTRY INVITATIONAL**

THURSDAY, SEPTEMBER 8, 2016

Race Schedule: Jr. HS Girls (1.5 Mi) 4:15 p.m. Jr HS Boys (2 mi) 4:35 p.m.

HS Girls (2 Mi) 5:00 p.m. HS Boys (5K) 5:30 p.m.

Course: Pontotoc Technology Center

Viewer friendly - challenging - located on Richardson Loop Bypass on the South Side of Ada (Hwy 3W). Going towards Stonewall, take the Oak Ave. Exit and turn left on 32<sup>nd</sup> St. Going towards Latta, take the Kerr Lab Rd.

Exit and turn right on 32<sup>nd</sup> St.

Entry Fees: \$100.00 per team, \$20.00 per individual. Separate entry fee for

Men's/Women's Teams. Make checks payable to ECU Cross Country.

Entries & Deadline: ENDURO Timing will be handling all entries, timing & results. ENDURO

has their own online entry website. <a href="www.enduroentries.com">www.enduroentries.com</a>
Entries will no longer be accepted by fax or email to East Central Univ. Please take note of this new policy. - <a href="Do not send your entries to ECU">Do not send your entries to ECU</a>. <a href="Each coach must enter their own students on-line">Entries must be done online through - - - <a href="www.enduroentries.com">www.enduroentries.com</a>
Race day entries are strictly prohibited. Runners not entered on-line by the entry deadline will not receive a competition number and may not line up on the start line, nor run in a race. - - - They will simply NOT be allowed to compete.

On-line Entry Deadline: - - - Wednesday 5pm - - - September 7, 2016

Our meet will be listed in Step #2. Complete All 5 On-line Entry Steps.

**Scoring:** Seven (7) runners may be used with five (5) to score and the other two

(2) will be used as pushers. Others may run, but will not count in scoring. You do <u>not</u> have to designate your top seven (7) runners, however <u>ALL</u> potential runners MUST be entered on-line. Runners not entered on-line can not be on the start line, and can not run in a race at the meet.

Awards: Individual awards will go to the top 15 in each junior high race and top

25 in each high school race. A 1<sup>st</sup> place team champion plaque will be given to the top junior high team in each race. A 1<sup>st</sup> and 2<sup>nd</sup> place plaque will be given to the top two teams in each high school race.

**Results:** All results will be handled through Enduro Timing. Results will be posted

on ohstrack.com and the Enduro results website. www.enduroresults.com

**Restrooms:** Restrooms are available at the Start/Finish area.

T-Shirts 18<sup>th</sup> annual Tiger Chase T-Shirts will be on sale for \$15 each. If coaches

wish to pre-order shirts for themselves or athletes then he/she is required to email Coach Sawyer for permission. Coach Sawyer will require money in hand before the meet for any pre-ordered shirts.

Meet Director: Steven Sawyer, 580-559-5386, ssawyer@ecok.edu

Meet Director: Steven Sawyer, (580)235-3554, <a href="mailto:ssawyer@ecok.edu">ssawyer@ecok.edu</a>