23nd ANNUAL JR. HIGH ALL-STAR CHAMPIONSHIPS

Woodson Park, Oklahoma City, OK **PLACE:** 3299 S. May, S.W. 29th & May Thursday, October 20th & Friday, October 21st, 2016 9:00 AM DATE: Registration fee for participants will be \$15.00, and they will receive REGISTRATION a custom designed All-Star Championship T-Shirt. **ALL ENTRIES FEE: MUST BE RECEIVED BY OCTOBER 17TH TO RECEIVE A SHIRT. WHO IS This race is only for students in grades 5-6-7-8 or below. No 9th graders can compete. **ELIGIBLE:** THURSDAY, OCT. 20th 9:00 A.M. - COACHES MEETING **DIVISIONS &** 9:15 A.M. - 2A - GIRLS.......2400 meters (30 medals) **SCHEDULES:** 10:55 A.M. - 3A - BOYS......3200 meters (30 medals) 11:20 A.M. - 4A - BOYS......3200 meters (30 medals) FRIDAY, OCT. 21st 9:00 A.M. - COACHES MEETING 9:15 A.M. - 5A GIRLS......3200 meters (30 medals) 9:40 A.M. 6 6A GIRLS......3200 meters (30 medals) 10:05 A.M. - 5A BOYS.......3200 meters (30 medals) **PLEASE BE EARLY/ RACES WILL START 5 MINUTES AFTER EACH RACE** Team trophies awarded to the Top 3 Teams in each division. **TEAM** Attention: This year the 2^{nd} and 3^{rd} place teams in each division will receive a **AWARDS:** Team trophy. Custom made medals to the top 30 runners in each race. Runners 1-10 receive gold medals - 1st Team All-Star Runners 11-20 receive silver medals - 2nd Team All-Star Runners 21-30 receive bronze medals - 3rd Team All-Star 1. ONLY 5-6-7-8th graders and below are eligible to compete. RULES: 2. Each school can have unlimited runners in the championship race. Five Runners will count for Team scoring. 3. A school team must be made up of runners from the same school- NO Taking runners from other schools. (They must enter as individuals.) The Top 5 Runners will compete team scoring with 6 & 7 runners as pushers. 5. THIS IS A SANCTIONED USATF EVENT. **MAIL ENTRY** FEES TO: J & T RUNNING ASSOCIATION 820 Sleepy Hollow Blvd cell #: 405-863-3308 CHICKASHA, OK 73018 fax # 405-224-3441 e-mail: thechristiancenter@sbcglobal.net

***MAKE ALL CHECKS PAYABLE TO <u>J & T RUNNING ASSOCIATION</u>

<u>DEADLINE</u> FOR RECEIVING ENTRIES IS <u>OCTOBER 17TH</u>, <u>2016.</u>

NO RACE DAY ENTRIES

OFFICIAL ENTRY FORM

PLEASE **PRINT** (first & last name) NAME: GRADE: SCHOOL:____CLASS:___MALE__FEMALE__ (ADULT SIZES ONLY) COACH: SHIRT SIZES: (circle one) S M L XL Waiver: Waiver of Claim (MUST BE SIGNED) in consideration of acceptance of this entry, I, the undersigned, assume full and complete responsibility for any injury or accident which may occur during my participation in the Jr. High All-Star Championship Run, and I hereby hold harmless the sponsors, promoters, and all other persons and entities associated with this event from any and all injury or damage, whether it be caused by negligence of the sponsors, promoters, or other persons or entities associated with this event. **PARENT** SIGNATURE: DATE: ***Make all checks payable to: J & T Running Association*** **DEADLINE FOR RECEIVING ENTRIES IS OCTOBER 17TH, 2016 MAIL ENTRIES TO:** J & T RUNNING ASSOCIATION

820 Sleepy Hollow Blvd CHICKASHA, OK 73018

T-SHIRTS, SWEATSHIRTS AND OTHER RUNNING APPAREL WILL BE AVAILABLE AT THE MEET THROUGH **FINE DESIGNS**