

Okemah Public Schools
107 W. Date
Okemah, Oklahoma 74859
918-623-1874 ext. 206

Tony Dean
Superintendent

Melissa Turner
High School Varsity XC Coach

3rd Annual Okemah Cross Country Meet

I would like to extend to you an invitation to the Okemah Panther Cross Country Meet. It will be held on Saturday, September 3, 2016. This meet is for Class 3A and below. The location of the meet will be on the Okemah High School campus, 704 East Date St., Okemah, OK 74859.

<i>8:30AM</i>	<i>Coaches Meeting</i>		
<i>8:45AM</i>	<i>Elementary (B & G)</i>	<i>1 mile, Award to all finishers</i>	
<i>9:00AM</i>	<i>JH Girls (7 & 8)</i>	<i>1 mile</i>	<i>15 medals</i>
<i>9:20AM</i>	<i>JH Boys (7 & 8)</i>	<i>1 mile</i>	<i>15 medals</i>
<i>9:40AM</i>	<i>HS girls (7)</i>	<i>2miles</i>	<i>15 medals</i>
<i>10:00AM</i>	<i>HS boys (7)</i>	<i>5K</i>	<i>15 medals</i>

Cost: *HS \$50 per team, JH \$40.00 per team, Elementary \$20.00 for the one division, Individuals: \$5.00 for elementary and \$10.00 for JH/HS student athletes.*

Mail Payment:
Okemah Public Schools
OHS Cross Country
ATTN: Melissa Turner
107 W. Date St.
Okemah, OK 74859

For more information, contact Melissa Turner (918-285-0928) or email mturner@okemahk12.com

****Parking and restrooms will be available at the Panther Dome***
*****Only OSSAA Member Schools will be allowed to participate, No unattached runners allowed.***