

TAHLEQUAH "EARLY TIGER" CROSS COUNTRY INVITATIONAL

ONLINE MEET REGISTRATION:

Entries are to be complete online using RUNENDUROUSA.COM. Phone or faxed entries will not be accepted. If you do not already have an account with RUNENDURO you will need to visit the website (www.runendurousa.com) and select "Setup New Account" in the upper right hand corner.

You **MUST** complete the following steps:

- (1) set up your account and a team for "XC",
- (2) add the desired meet to your on-line schedule;
- (3) enter the desired athletes in the desired meet.(MEETS FOUND-under My roster/student rosters tab)

Deadline for entering is: Monday, August 29th

Please email to confirm your entry: amasona@tahlequahschools.org

DATE: Thursday, September 1st, 2016

TIME: Packet pickup will begin at 4:00 pm. First race starts at 4:30 pm.

LOCATION: THS XC course. Located on campus just west of the MS facility near Baseball/Softball fields.

DIVISIONS: Varsity High School Boys, Varsity High School Girls, JV Boys, JV Girls & MS Boys, MS Girls.

ENTRY FEE: High School Teams / \$50 per team (\$90 for both Boys & Girls).
Junior Varsity- Free with Varsity Entry-Unlimited entries
Middle School Teams / \$35 per team (\$60 for both Boys & Girls).
Individual runners / \$10 each.

****If entering 2 High School teams & 2 Middle School teams / \$130 Total.***

COURSE: The course will be a rolling 2k loop. There will be indoor restrooms.

RESULTS: We will have computer timing and scoring at the finish line.

AWARDS: There will be 25 medals awarded in each HS race, 15 in JV race, and 10 medals awarded in MS.

SCHEDULE:

4:00	MS Packet Pickup	5:30	JV Girls 4k
4:30	MS Girls 2k	6:00	JV Boys 4k
5:00	MS Boys 2k	6:30	HS Girls 4k
5:00	HS Packet Pickup	7:00	HS Boys 4K

CONTACT INFORMATION:

Elzy Miller
Girls Head Cross Country Coach
Cell: (918) 931-2789
School: (918) 458-4154

Anthony Amason
Boys Head Cross Country Coach
Cell: (918) 348-5627
School: (918) 458-4154
Email: amasona@tahlequahschools.org
Fax: 453-1307

PAYMENT: You can have checks made out to Tahlequah Athletics and mail payment or bring check the day of the race. Mailing Address
Tahlequah Athletics
591 Pendleton
Tahlequah, OK 74464