

Hornets don't run-----they FLY!
Washington High School Cross-Country
1514 E. Zion Street
Tulsa, Ok. 74106

Fly with Booker T.....
Booker T. Washington
CROSS COUNTRY INVITATIONAL

- **DATE** Thursday, September 15, 2016
- **TIME** 3:00 p.m.-5:30 p.m.

- **LOCATION** O'Brien Park
 6149 North Lewis Ave.
 Tulsa, Ok.

- **SCHEDULE**
 - 3:00 COACHES MEETING**
 - 3:15 VARSITY GIRLS**
 - 3:45 VARSITY BOYS**
 - 4:15 JV GIRLS & BOYS**
 - 4:45 MIDDLE SCHOOL GIRLS & BOYS**

**Next race will start immediately following previous race.*

- **DISTANCE**

| | | |
|---------------------|-------------|--|
| Varsity Girls | 5000 Meters | |
| Varsity Boys | 5000 Meters | |
| JV Girls | 5000 Meters | |
| JV Boys | 5000 Meters | |
| Middle School Girls | 3200 Meters | |
| Middle School Boys | 3200 Meters | |

- **AWARDS**

| | | |
|----------------|-----------------------------------|------------------|
| Varsity Medals | Top 25 | Boys & Girls |
| JV Medals | Top 25 | Boys & Girls |
| Middle School | Top 20 | Boys & Girls |
| Team Plaques | 1 st , 2 nd | Varsity Division |

- **ENTRY FEES** Varsity Division 7 Team Members-Top 5 Score
 JV Division Unlimited Entry-No Team Score
 \$75.00 per team
 \$150.00 both teams (Girls & Boys)
 MS Division \$50.00 per team
 Individual runners \$15.00
 *Please make checks payable to BTW Cross-Country

- **MAIL TO** Greg Nash Cross-Country Coach
 Booker T. Washington High School
 1514 E. Zion St.
 Tulsa, Ok. 74106

- **ELIGIBILITY** All OSSAA GUIDELINE rules apply.

- **QUESTIONS** Greg Nash, BTW Head Coach
 School-918.925.1068
 Cell-918.638.1525

- **DEADLINE** September 15, 2016
- **CONCESSIONS** Available for sale at site

Entry Form

PLEASE COMPLETE AND RETURN WITH PAYMENT.

SCHOOL: _____

COACH NAME: _____ **PHONE:** _____

DIVISIONS: *Please Circle*

| | | |
|---------------|----------|----------|
| Varsity Girls | JV Girls | MS Girls |
| Varsity Boys | JV Boys | MS Boys |