## **CHISHOLM**

## Cross Country Regional Class 2A, 3A and 4A

Saturday, October 14, 2017

LOCATION:	Meet will be held at <b>CHISHOLM HIGH SCHOOL</b> in Enid (4018 W. Carrier Rd.)		
TIME &	3A Coachesø Meeting	Indoor Facility	9:15 A.M.
DISTANCE	3A Girls	3200 Meters	10:00 A.M.
	3A Boys	5000 Meters	10:45 A.M.
	3A Awards Presentation	Home Bleachers	11:30 A.M.
	4A Coachesø Meeting	Indoor Facility	11:15 A.M.
	4A Girls	3200 Meters	12:00 P.M.
	4A Boys	5000 Meters	12:45 P.M.
	4A Awards Presentation	Home Bleachers	1:30 P.M.
	2A Coachesø Meeting	Indoor Facility	1:15 A.M.
	2A Girls	3200 Meters	2:00 P.M.
	2A Boys	5000 Meters	2:45 P.M.
	2A Awards Presentation	Home Bleachers	3:30 P.M.
AWARDS	Top 15 Individual Places Team Plaque for 1 <sup>st</sup> Place		

Team Plaque for 1<sup>st</sup> Place

## REGISTRATION OF CROSS-COUNTRY TEAMSô INSTRUCTIONS

On-line Entry Deadline: Wednesday, October 11th @ 5pm. All entries must be completed on-line at: www.runendurousa.com (Complete All Steps.) Please enter your TEAM (athletes, up to 7 runners and up to 3 alternates) before the deadline. If you have questions regarding your ENDURO Entries account, please contact Kevin McWatters at: kevin@endurousa.com

Jim Coleman	jcoleman@chisholm.k12.ok.us	
Chisholm High School, Enid, Oklahoma 73703		
School Phone	(580) 237-5512	
Cell Phone	(580) 791-1309	

Run only 7 or less runners in the race.

Place the numbered bib on the front of the runner.

Place pins in proper place. Do not fold or pin tear off barcode.

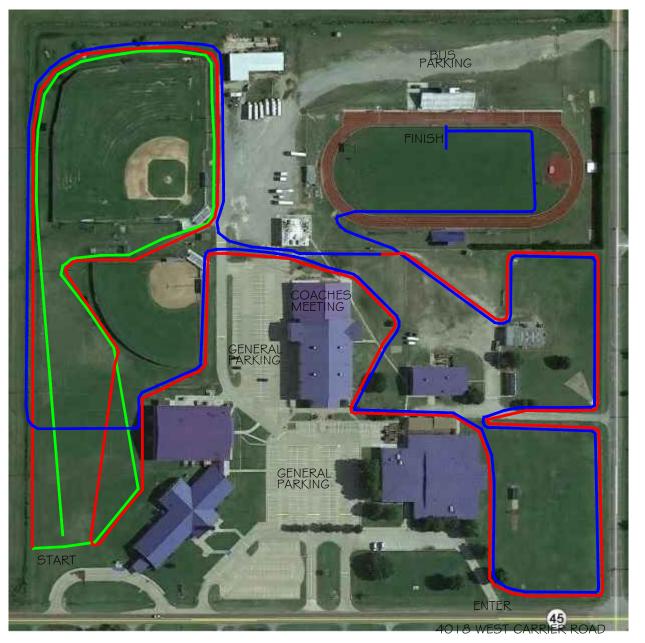
Each runner should be wearing a matching uniform if they are on a team of 5-7 runners. They should be school issued uniforms. Undergarments that extend below the knee, shall match in color (team of 5-7 runners) and be a solid color. Upper body undergarments should match (team of 5-7 runners) and be a solid color.

Run within 6 feet of marked line.

Place team camps outside the roped areas.

No spectators on the football field.

Please help keep your spectators off the course and outside roped areas.

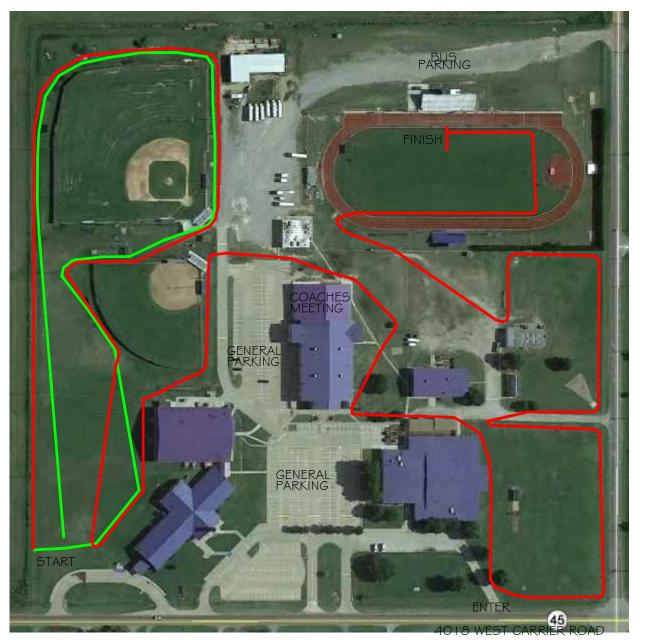


CHISHOLM HIGH SCHOOL REGIONAL

5000 METERS

For Results See: OHSTRACK.COM

HIGH SCHOOL BOYS



CHISHOLM HIGH SCHOOL REGIONAL

3200 METERS

For Results See: OHSTRACK.COM

HIGH SCHOOL GIRLS