

2017 COAC & MMSAC CROSS COUNTRY MEET

High School and Junior High Division – Tuesday 10/10/17

Hosted by: Stillwater High School and Stillwater Junior High

Location: Stillwater OSU Cross Country Course

Four blocks North and one block west of Boone Pickens Stadium at Garfield and McElroy.

Parking: Buses must drop off teams at the course only. Drivers will park buses in parking lot located at McElroy and Washington (0.3 miles east of course).

On-line Entries: All entries will be done at: www.enduroentries.com

Entry Deadline: Monday, October 9th @ 5pm

Teams and students must be entered on-line before the deadline. **TEAMS WILL NOT BE ADDED AT THE MEET.** Each runner will be given a number prior to the race start.

Junior High Entry Fee: \$150 for each Middle school team entered.

Please mail all fees to:

Stillwater Junior High
Attn: Brian Warwick
1900 N Skyline
Stillwater, OK 74075

Schedule:

High School

8:30am HS Coaches Meeting
9:00am JV Girls 5000m
9:30am JV Boys 5000m
10:00am Varsity Girls 5000m
10:30am Varsity Boys 5000m
11:00am High School Awards Ceremony

Junior High

12:00pm JH Coaches Meeting
12:30pm 7th Grade Girls 3200m
1:00pm 7th Grade Boys 3200m
1:30pm 8th Grade Girls 3200m
2:00pm 8th Grade Boys 3200m
2:30pm Junior High Awards Ceremony

*In order to stay on schedule, official timing will be stopped after 29 minutes. It will be the coaches' responsibility to keep any times after this point.

Awards

Top 20 runners in each Varsity and JV race will receive medals.

FOR MORE INFORMATION PLEASE CONTACT:

High School

Heather Mastin (918) 519-8020
hmastin@stillwaterschools.com

Junior High

Brian Warwick (405)533-6420
bwarwick@stillwaterschools.com