

Dress up as your
favorite superhero

SUPERHERO SHOWDOWN



When: Saturday, September 23, 2017

Race Time: 8:45 am

Where: Kiefer Track, 4600 West 151st
Street South, Kiefer, OK

What: Dress up as your favorite
superhero and run a 5 Km

Who: Anyone!

How Much: \$60/school (This means you
can enter HS, JH, and Elementary all
for \$60.) Individuals are \$5 each.

5 KM



***This is a fundraiser for the Kiefer Cross Country Program.
Donations are gladly accepted.

Additional Information

****Dress up as your favorite Superhero!****

Everyone races at the same time. JH and HS will be separated at the finish line into 2 chutes.

This race is open to any age person. The medals and trophies are reserved for cross country runners.

Top 10 boys and girls in High School (9th -12th grade), Jr. High (7th-8th grade), and Elementary (6th grade and below) will receive medals.

Top Cross Country Boy and Girl winner overall will receive trophy.

Top 5 overall adults will receive medals (5 men and 5 women)

Half of the race will be on grass and half will be on the road. Spikes are not suitable for this race. Racing flats are good to use.

*** COACHES: CROSS COUNTRY RUNNERS SIGN UP THROUGH ENDURO, PLEASE GO TO www.endurosa.com TO ENTER YOUR TEAM(S).**

INDIVIDUALS, PLEASE SIGN UP USING THIS LINK:

<https://www.webscorer.com/register?pid=1&raceid=108826>

*****Entry turned in by Thursday, September 21st, please.**

This does not count as an OSSAA meet.

Why are we doing this?

We needed a race for this date. We thought this would be fun! If you are also looking for a meet on this date, please join us in some fun!

****If you have questions, please contact Cheyenne Castillo at ccastillo@kiefer.k12.ok.us or 918-504-0356 (cell).