

# *Moore Lions*

## *Cross Country Invitational*

**Date:** *Thursday, September 28<sup>th</sup>, 2017*

**Place:** *Buck Thomas Park 1903 NE 12<sup>th</sup> St, Moore, Ok*

**Course:** Overall flat with a few little hills. Great Spectators Course!

**Race Schedule:**     *9:00A.M. Coaches Meeting*

*9:30A.M. High School Girl's (5K) Unlimited Runners*

*10:00A.M. High School Boy's (5K) Unlimited Runners*

*10:30 P.M. Girls 8<sup>th</sup> Grade and down (2 miles)*

*11:00 A.M. Boys 8<sup>th</sup> Grade and down (2 miles)*

**Team Awards:** 1<sup>st</sup> trophy for each race.

**Individual Awards:** Medals for top 20 finishers in ALL races

**Entry Fees:** \$65 varsity girls, \$65 varsity boys, \$45 JH girls, \$45 JH boys, \$200 if all 4 teams run.

Online entries: Enter runners online at [www.enduroentries.com](http://www.enduroentries.com)

DEADLINE TO ENTER: Tuesday September 26th at 5:00pm

There will be concessions. Water will be provided for all runners.

**Make checks payable to:** Moore XC and Track Booster Club

- **Moore High School ATTN: Stefan Seifried**  
**300 N. Eastern**  
**Moore, OK 73160**  
**405-735-4757 (Office)**

Head Coaches:

- **Stefan Seifried:** [stefanseifried@mooreschools.com](mailto:stefanseifried@mooreschools.com)
- **Brian Givens:** [briangivens@mooreschools.com](mailto:briangivens@mooreschools.com)