

Seminole Invitational X-C Meet

4A and Below

Date: August 26, 2017

Location: Mekusukey Mission NS 3540

Seminole, Oklahoma 74868

COACHES: IF YOU ARE PLANNING ON PARTICIPATING IN OUR MEET,

PLEASE GO TO www.enduroussa.com TO ENTER YOUR TEAM(S).

DEADLINE FOR ENTRY IS August 24rd, 2017 (5pm). THERE WILL BE

NO LATE ENTRIES ALLOWED---TEAMS CAN NOT BE ADDED

THE DAY OF THE MEET. NO EXCEPTIONS!

Schedule:

8:30 am Coaches Meeting

8:45 am Elem Girls & Boys (1 mile)

9:00 am Jr High Girls (1 mile)

9:15 am Jr High Boys (1 mile)

9:30 am Varsity Girls (1 mile)

9:45 am Varsity Boys (2 miles)

10:05 am JV Girls (1 mile)

10:20 am JV Boys (2 miles)

Awards: Varsity-----Top 20 Medal
Jr High-----Top 20 Medal
JV-----Top 10 Medal
Elementary-----All participants will receive award
1st & 2nd Place Team Trophies (Varsity Only)

Entry Fee: Varsity Team - \$70; Individuals - \$10
(1st 7 runners will count as varsity)
Jr High - \$50 (5 runners);
Individuals - \$10 (4 runners or less)
Elementary - \$10 (unlimited runners)

*****NO UNATTACHED RUNNERS ALLOWED! ONLY OSSAA MEMBER
SCHOOLS WILL BE ALLOWED TO PARTICIPATE*****

**Mail payment to: Seminole Athletics, 618 Snyder Ave,
Seminole, OK 74868**

Attn.: Coach Bobby Sanford

School-(405) 382-5065 Cell-(405) 712-3094

Email - bsanford@sps.k12.ok.us

Please contact me if you plan to attend. This meet will have a 15 team limit