

**Southeastern Oklahoma State University  
Cross Country 2017**

**Southeastern Invitational  
Saturday, September 16, 2017**

- Race Schedule:** We will follow a rolling schedule – estimated starts times as indicated  
High School Varsity Girls 5K – 8:30 a.m. (7 runners maximum)  
High School JV Girls 5K – 9:00 a.m. (unlimited runners)  
High School Varsity Boys 5K – 9:30 a.m. (7 runners maximum)  
High School JV Boys 5K – 10:00 a.m. (unlimited runners)  
High School Varsity Girls 3200 (2 mile) – 10:30 a.m. (unlimited runners)  
Junior High Girls – 11:00 a.m. (unlimited runners)  
Junior High Boys – 11:30 a.m. (unlimited runners)
- Course:** The meet will be held on Southeastern State University's new cross country course located on campus
- Entry Fees:** Varsity Girls and Boys – \$100 per team (\$200 for both)  
Varsity Girls and Boys with JV Teams - \$300  
Varsity Girls and Boys with JV Teams and JH Teams - \$350  
Individual – \$20 per runner (or for schools with fewer than 5 runners)
- Entry Deadline:** Friday, September 9, 2017
- Entry Procedure:** Please email [rhair@se.edu](mailto:rhair@se.edu) with your intent to compete.  
Enter online at [www.directathletics.com](http://www.directathletics.com)  
Southeastern Invitational
- Results:** Printed computerized results (team & individual) will be available
- Awards:** Awards to Girls and Boys Team Champions and top 20 individuals
- Accommodations:** Hotels – Hampton Inn, Holiday Inn, La Quinta Inn, Comfort Inn
- Meet Director:** Ron Hair, (580)745-2480 office, (940)704-7477 cell, email: [rhair@se.edu](mailto:rhair@se.edu)