

TAHLEQUAH TIGER CROSS COUNTRY INVITATIONAL

ONLINE MEET REGISTRATION:

1. Entries are to be complete online using ENDUROUSA.COM, Phone or faxed entries will not be accepted. If you do not already have an on-line entry account, you will need to visit the new "ENDURO" website (www.endurousa.com). After you set up your account, you must **UPGRADE** your account to "**Coach of Record (school meets)**". The blue button to upgrade is in the upper-right hand corner of the Home Page. After you upgrade, click on "**My Roster List**" and continue.
(1) Setup - - - then **UPGRADE** your ENDURO USA account so you can add your school and desired roster(s);
(2) After you upgrade, click on "**My Roster List**" (left side of Home Page) to find your rosters and add students"
(3) Add the meet to your schedule (Main Roster window) and enter your students.

Deadline for entering is: Tuesday, September 19th

Please email to confirm your entry: amasona@tahlequahschools.org

DATE: Thursday, September 21st, 2017

TIME: Packet pickup will begin at 4:00 pm. First race starts at 4:30 pm.

LOCATION: THS XC course. Located on campus just west of the MS facility near Baseball/Softball fields.

DIVISIONS: Varsity High School Boys, Varsity High School Girls, JV Boys, JV Girls & MS Boys, MS Girls.

ENTRY FEE: High School Teams / \$50 per team (\$90 for both Boys & Girls).
Junior Varsity- Free with Varsity Entry-Unlimited entries
Middle School Teams / \$35 per team (\$60 for both Boys & Girls).
Individual runners / \$10 each.

****If entering 2 High School teams & 2 Middle School teams / \$130 Total.***

AWARDS: There will be 25 medals awarded in each HS race, 15 in JV race, and 10 medals awarded in MS

COURSE: The course is in open fields and has rolling terrain. There will be restrooms.

PARKING: Bus parking will be in the softball/ baseball field parking along Moccasin Ave., near the start line or in the MS parking lot.

RESULTS: We will have computer timing and scoring at the finish line.

SCHEDULE:

4:00 Packet Pick-up	
4:30 MS Girls	3200m
4:45 MS Boys	3200m
5:10 HS Girls	5000m
5:50 HS Boys	5000m

CONTACT INFORMATION:

Elzy Miller
Girls Head Cross Country Coach
Cell: (918) 931-2789
School: (918) 458-4154

Anthony Amason
Boys Head Cross Country Coach
Cell: (918) 348-5627
School: (918) 458-4154
Email: amasona@tahlequahschools.org

TAHLEQUAH TIGER CROSS COUNTRY INVITATIONAL

MS Girls & Boys 3200 Course (1 white lap, 1 black lap, grey Finish)
HS Girls & Boys 5000 Course (2 Black Laps, White Finish)



TIGER INVITATIONAL CROSS COUNTRY MEET

