



Significant 7

High School Cross Country Meet

This is a unique format where each member of a team of 7 runs a separate race against the corresponding members of other teams. The #7 runner is in a race against the #7 runner of the other teams. The #6 competes against the other #6s, and so on until the #1 runners compete in the final race.

Date: Saturday, October 7th

Location: O'Brien Park ó 6149 N. Lewis Ave, Tulsa, OK 74130

Course: All race distances are 2 miles. Course is a flat, grass/trail course. Restrooms are available on site.

Race Schedule:

8:00 A.M.	Packet pick-up		
8:30 A.M.	Coaches meeting		
9:00 A.M.	#7 Girls race	9:10 A.M.	#7 Boys race
9:20 A.M.	#6 Girls race	9:30 A.M.	#6 Boys race
9:40 A.M.	#5 Girls race	9:50 A.M.	#5 Boys race
10:00 A.M.	#4 Girls race	10:10 A.M.	#4 Boys race
10:20 A.M.	#3 Girls race	10:30 A.M.	#3 Boys race
10:40 A.M.	#2 Girls race	10:50 A.M.	#2 Boys race
11:00 A.M.	#1 Girls race	11:10 A.M.	#1 Boys race
11:45 A.M.	Team Awards		

Awards: Medals will be awarded to the top 5 finishers in each race. Team plaques will go to the first and second place male and female teams based on cumulative finish place points of the #1-5 runners.

Results: Meet timing and results provided by Tatur Racing.

Entry fee: \$60 per team. Make checks out to Tulsa Public Schools Athletics.

Registration: Register your team online at www.runsignup.com/tpssig7xc **Deadline for registration is Friday, October 6th at 6:00 P.M.**

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