

All-CITY ATHLETIC CONFERENCE  
CROSS COUNTRY MEET  
October 2, 2018  
(Conference Members Only)

The All-City Athletic Conference (ACAC) Cross Country Meet will be held October 2, 2018 at Woodson Park. There will be four (2) high school (varsity boys & varsity girls) and two (2) middle school divisions (girls and boys).

SCHEDULE OF EVENTS: HIGH SCHOOL

- 4:00pm - - - - - Coaches Meeting
- 4:15pm - - - - - Varsity Girls (3200 Meters)
- 4:30pm - - - - - Varsity Boys (5000 Meters)

SCHEDULE OF EVENTS: MIDDLE SCHOOL

- 4:40pm - - - - - Coaches Meeting
- 5:00pm - - - - - Girls (2400 Meters)
- 5:15pm - - - - - Boys (3200 Meters)

High School Divisions may run nine (9) runners. (only the top seven will count toward a team score). Middle school divisions may have unlimited participation. (only the top seven runners will count toward a team scores).

Medals for the high school will be presented to the top 15 runners in each varsity boys and varsity girls division. Medals for the middle school will be presented to the top 10 runners in each boys and girls division. Team awards will be presented to the 1<sup>st</sup> and 2<sup>nd</sup> place teams in each high school and middle school varsity division.

Please e-mail your roster to Curtis Thompson by 9-28-18 at the email address as listed below.

If you have any questions please contact Coach Thompson:  
School: 587-9630      Cell Phone: 514-7416  
E-mail: [clthompson1@okcps.org](mailto:clthompson1@okcps.org)