FREE MEET !!!

Oklahoma Army National Guard Cross Country Meet Held at Camp Gruber, Braggs, OK Sept. 7, 2018

Union and Coweta Schools will be joining to host a Cross Country meet this year at Camp Gruber in Braggs OK. This meet is unlimited and will have a desperate race for 4A and below girls. The National Guard is sponsoring this meet and entry is **FREE** to the confirmed teams.

The meet is located near Braggs Ok at 327 Central Europe Rd. Braggs, Ok 74423

The First race will start at 9:00 am and will be on a rolling schedule. Coaches meeting is at 8:30 am.

Varsity boys (5km) JV Boys (5km)

Varsity Girls (5km)

JV girls and 4A and below girls (2 miles)

JH Boys (2 miles)

JH Girls (2 miles)

Medals to the 1st 15 runners - 1st Place Team plaques will be presented to the winners of the Varsity divisions.

The Meet will be held at Camp Gruber. It is a military base and they will check all adults IDs upon entering the gates, so please inform your parents who come to watch to have their IDs available.

Seating will be available for the spectators.

Coach Toby Hummingbird will need definite confirmation and t shirt size for two coaches by August 31 (ladybird1414@gmail.com).

To enter athletes You will need to email *pauline.tatur@coxnet* with contact info and school name by September 5th. This email needs to be in spreadsheet form with headings that include first name, last name, gender which division(V,JV,4A girls, or JH). Please contact Coach Hummingbird at 918-231-9449 with any questions.