

CROSS COUNTRY REGIONALS

VARSITY GIRLS & BOYS

CLASS 2A, 3A & 4A

SATURDAY, OCTOBER 13, 2018

Location: Nichols Park, Henryetta

12140 Laurel Rd., Henryetta, OK 74437

SCHEDULE OF EVENTS

10:00 am	Class 2A Girls
10:45 am	Class 2A Boys
Awards Presentation	
12:00 pm	Class 3A Girls
12:45 pm	Class 3A Boys
Awards Presentation	
2:00 pm	Class 4A Girls
2:45 pm	Class 4A Boys
Awards Presentation	

Any questions, contact: Tim Gillispie, 918-652-6571, ext. 7711 or 918-906-7783

Please remind your crowd that there is a state gate charge of \$5.00 per person.

Coaches Meeting Review:

- 1) Go to www.enduroentries.com to enter your team(s). Please check website for deadline.
- 2) Please bring a copy of Enduro entries the day of the meet.
- 3) Pick up packet at check-in and make sure you only have 7 runners that compete!!
- 4) Please help keep spectators off the course—especially the final stretch. Ask your supporters to not run alongside of your runners. This could interfere with the race and cause you a disqualification.
- 5) Coaches make sure your athletes abide by all OSSAA rules and regulations.
- 6) The OSSAA has asked that you settle any discrepancies with placements before results are sent in to them. Therefore, you will need to settle them before you leave the meet.