## **Wyandotte High School**

PO Box 360 Wyandotte, OK 74370 October 4, 2018

## **Lucky 7 Conference Meet**

**Location**: Bearskin Fitness Center

1 Turtle Drive

Wyandotte, OK 74370 parking will be located behind Bearskin Fitness (follow signs)

Schedule	Time	Distance
Coaches Meeting	4:45 PM	at starting line
JH Girls 6-8 <sup>th</sup> grade	5:00 PM	1600m
JH Boys	5:20 PM	1600m
HS girls	5:40 PM	2 miles
HS boys	6:00 PM	5k

<sup>\*</sup>Times of races are approximate. Races will start when the proceeding race ends.

Awards: Individual medals given to the top 20 runners in all divisions. No team plaques will be given

**Course**: will start off in a field with gentle terrain, and slowly transition into slight hills for elementary and junior high. High School will start off the same, with more challenging hills.

**Entry Deadline:** You may email Coach Siegrist your list of runners, or make your own tags, top 5 runners will be scored from each team, we will comply with OSSAA rules and regulations

**Meet Director**: Jeanie Siegrist Cell 918-257-1111

Work 918-678-2222 ext 4

Email: jsiegrist@wyandotte.k12.ok.us