Okemah Public Schools 107 W. Date Okemah, Oklahoma 74859 918-623-1874

Dr. Bob Gragg Interim Superintendent Melissa Turner High School Varsity XC Coach

5th Annual Okemah Cross Country Meet

I would like to extend to you an invitation to the Okemah Panther Cross Country Meet. It will be held on Saturday, September 1, 2018. This meet is for Class 3A and below. The location of the meet will be on the Okemah High School campus, 704 East Date St., Okemah, OK 74859. Overall winner for HS boys and girls division will receive a plaque.

8:30AM	Coaches Meeting		
8:45AM	Elementary (B & G)	Elementary (B & G) 1 mile, Award to all finishers	
9:00AM	JH Girls (7 & 8)	1 mile	20 medals
9:20AM	JH Boys (7 & 8)	1 mile	20 medals
9:40AM	HS girls (7)	2miles	20 medals
10:00AM	HS boys (7)	5K	20 medals

Cost: HS \$50 per team, JH \$40.00 per team, Elementary \$20.00 for the one division, Individuals: \$5.00 for elementary and \$10.00 for JH/HS student athletes.

Mail Payment: Okemah Public Schools

> **OHS Cross Country** ATTN: Melissa Turner 107 W. Date St.

Okemah, **OK** 74859

For more information, contact Melissa Turner (918-285-0928) or email mturner@okemahk12.com

*Parking near the Panther Dome and restrooms at the Okemah Track. **Only OSSAA Member Schools will be allowed to participate, No unattached runners allowed.