2018 OK Runner Classic Friday, September 14, 2018

The 13th annual OK Runner Classic will be hosted by Norman High School and be held at the NHS Soccer Complex located directly behind Irving Middle School. A coaches meeting will be held at 8:15 for small classes, and 10:30 for large classes. There will be two high school divisions (5A/6A & 2A/3A/4A races) that will each have a varsity division and a junior varsity division. This year the junior high races have been moved to Thursday, September 13. This will be the site of the Class 5A/6A Regional Meet.

- 8:15 Coaches Meeting 2A/3A/4A
- 8:45 2A/3A/4A Varsity Girls (2 miles)
- 9:05 2A/3A/4A Varsity Boys (5K)
- 9:30 2A/3A/4A JV Girls (2 miles)
- 10:00 2A/3A/4A JV Boys (5K)
- 10:30 Coaches Meeting 5A/6A
- 10:45 5A/6A Varsity Girls (5K)
- 11:15 5A/6A Varsity Boys (5K)
- 11:45 5A/6A JV Girls (5K)
- 12:15 6A JV Boys (5K)
- 12:45 5A JV Boys (5K)

Directions: From the North: I-35 South merge left at the 1st Norman exit, US-77 S via exit 113 for about 3 miles. Turn left (East) on Robinson for 2.5 miles. Turn Right (South) on 24 Ave. NE. Drive 1 mile to Alameda. Continue (South) on 24 Ave. N.E for ½ mile. The NHS Soccer/Softball/XC parking lot is on the right. From the South: EAST Highway 9 exit off of I-35 (108A) and travel east for 3.5 miles until you come to 24th Avenue, take a left (North) for 2 miles. The NHS Soccer complex will be on your left (west side of 24th) where you will have plenty of room to park buses.

Awards: Team plaques will be awarded to first place teams in Varsity Divisions. Medals will be awarded to the top 20 individual finishers in each race. **DEADLINE TO REGISTER FOR RUN IS TUESDAY, SEPTEMBER 11.** Any school showing up on day of race without registering in advance will be charged an additional \$25 for each team. Any teams that are interested in participating in the meet need to e-mail Scott Monnard at smonnard@norman.k12.ok.us.

Entry Fee:

\$75 for each single varsity team (JV included) \$140 if school brings both boys & girls team

IMPORTANT RACE INFO!! All teams must <u>e-mail only the names of the varsity runners</u> that will be running, and please distinguish if boys or girls division. The deadline once again is Tuesday, September 11, and names must be e-mailed to Scott Monnard at smonnard@norman.k12.ok.us. <u>Names of junior varsity are not needed for this meet.</u>

Need more Info? You can e-mail/call Scott Monnard at smonnard@norman.k12.ok.us (405) 420-5951

Mail Entries to: Norman High School (Attn: Bo Maynes) 911 W. Main Street Norman, Ok. 73069