

# Arbuckle Conference Meet

## **Date:**

Tuesday, September 3rd

## **Place:**

Marlow, OK

Red Bud Park: -From highway 81: go east on main street, over railroad tracks two blocks on left

-From I-35: Take highway 29 to Marlow, before railroad tracks on the right

## **Race Schedule:**

4:45 Coaches Meeting

5:00 Middle School Girls (1600 meters) Top 30 Medals

5:15 Middle School Boys (1600 meters) Top 30 Medals

5:30 HS Girls 9th-12th (1600 meters) Top 30 Medals (Unlimited runners Top 5 score)

5:45 HS Boys 9th-12th (3200 meters) Top 30 Medals (Unlimited Runners Top 5 score)

## **Scoring:**

We will do a quick score with numbers for each race and submit at least the top 30 to ohstrack.com

**Please keep ALL OF your athletes finish numbers and write their name legibly on the quick score sheet. Please fill out the quick score sheet even if you do not have enough for a team which will allow us to accurately report all of the results efficiently and accurately to OHSTRACK.COM**

## **Contacts:**

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