

# BLANCHARD HIGH SCHOOL

## 2019 CROSS COUNTRY INVITATIONAL

SATURDAY, AUGUST 24

The course starts at the North side of the school. Plenty of parking is available. Buses can park on the East side of the building.

9:00 coaches meeting

9:30 Middle school girls      1.5 miles

         Middle school boys      2 miles

         High School girls      2 miles

         High School boys      3 miles

(Each race will start after the previous race ends)

The schools top 7 runners will be scored for varsity. All other high school runners will be timed, but not scored. Medals will be given to the top 15 for middle school and the top 25 for high school. Trophies for first and second place for middle school and high school.

Entry fees:    \$60 each for high school      \$10 for individuals

                 \$50 each for middle school      \$10 for individuals

You do not have to send names of individuals, but we do need to know if your team or teams will be attending. Please email me at:

[vcourtney@blanchard.k12.ok.us](mailto:vcourtney@blanchard.k12.ok.us) or text (915) 861-0461.

We look forward to seeing you. The course is all dirt except to cross a road twice. Little rolling hills but nothing big. Great course for a first meet to see who will be starting 7.

We look forward to seeing you and wish you a great season!

Thanks.

Vaughn Courtney