Broken Arrow Tigers XC Meet 2019

Date: Saturday, September 7

Location and Course:

- ★ Oneta Ridge Middle School, 6800 E. Quincy Place, Broken Arrow, 74014
- ★ The 5k course consists of two 1.55 mile loops on a grass field, situated across the street.

Schedule:

8:00	Packet Pickup		
9:00	Flag Ceremony by BA Air Force JROTC		
9:30	HS Girls V	5 k	7 runners
10:00	HS Boys V	5 k	7 runners
10:30	HS Girls JV	5 k	unlimited
11:10	HS Boys JV	5 k	unlimited
11:40	MS Girls	1.55 mile	unlimited
12:00	MS Boys	1.55 mile	unlimited

Awards:

★ Medals to the top 15 in each MS and HS division

Entry Fee:

★ HS School Teams: \$60 (or total \$100 for both Girls & Boys; JV teams free with paid Varsity teams)

★ MS School Teams: \$50 (or total \$90 for both Girls & Boys)

★ MS & HS Individuals: \$5 no unattached or club runners allowed in MS or HS races

★ Make checks payable to BAXC; bring or send to Broken Arrow Athletics 2200 N. 23rd St. 74012

Meet Registration:

- **★** 16 TEAM LIMIT
- ★ High School and Middle School:
 - o enter teams and individuals on ENDURO
 - o RSVP via email as early as possible (school name and divisions entered) by August 30
 - race timing and online results furnished by Nexus Timing

Contact Info: HS Head Coach Shane Messinger smessinger@baschools.org

MS Head Coach Emilee Iverson eiverson@baschools.org

Parking / Drop Off:

- ★ <u>Buses</u> park on Quincy Place in front of Highland Park Elementary. Enter heading east from Oneta Road onto Quincy Place. Drop off athletes and gear just past Oneta Ridge MS. To park, continue around to the east side of Highland Park Elementary, and park on the southside of the street. Backfill behind the bus in front of you.
- ★ **Spectators** park at Highland Park Elementary, not in the street or on any grass. Get there via Highlands Avenue driving south off 81st street, which enters north of Highland Park Elementary.
- ★ The street in front of the schools, Quincy Place, will be blocked to only allow bus passage.

Restrooms: portables in the field near the course

Emergencies: go to the Oneta Ridge MS gym

Team Tents: setup Tent City in the grass field in the middle of the course, behind the finish line

Concessions: drinks, snacks, and t-shirts on sale via BAXC Booster Club

Oneta Ridge Middle School, 6800 E Quincy Place

All buses enter from Oneta Road, unload in between schools, continue on to park nose to tail on Quincy starting at east side of Highland Park Elementary

All buses exit east past Highland Park Elementary; except if parked in the Volunteer / Handicapped Lot (exit via Oneta)

Spectators enter either via Oneta Road or Quincy Place.

PLEASE DO NOT PARK in neighborhood north of Elementary or along the road to the west and south.

Parking on the hillside to the south and in the neighborhood north of the elementary is ticketable through BA city.

Port-a-potties are in the field,

Tents only in tent city to the south of the finish area

