

Waurika

Cross Country Regional

Class 2A, 3A and 4A

Saturday, October 19, 2019

Location: Meet will be held at the **Waurika Football Field** in Waurika (617 West Anderson Street)

TIME & DISTANCE	4A Coaches Meeting	Finish Line Area	9:15am
	4A Girls	3200 Meters	10:00am
	4A Boys	5000 Meters	10:45am
	4A Awards Presentation	Home Bleachers	11:30am
	2A Coaches Meeting	Finish Line Area	11:15am
	2A Girls	3200 Meters	12:00pm
	2A Boys	5000 Meters	12:45pm
	2A Awards Presentation	Home Bleachers	1:30pm
	3A Coaches Meeting	Finish Line Area	1:15pm
	3A Girls	3200 Meters	2:00pm
	3A Boys	5000Meters	2:45pm
	3A Awards Presentation	Home Bleachers	3:30pm

AWARDS Top 15 Places
Team Plaque for Champion

REGISTRATION OF CROSS-COUNTRY TEAMS—INSTRUCTIONS On-line Entry
Deadline: Thursday, October 17th @ 5pm. All entries must be completed on-line at:
www.runenduroussa.com (Complete All Steps.) Please enter your TEAM (athletes, up to 7
runners) before the deadline. If you have questions regarding your ENDURO Entries account,
please contact Kevin McWatters at: kevin@enduroussa.com

Joe Masoner jmasoner@waurikaschools.org
Cell Phone: 580-313-0224 School Phone: 580-228-2341

- Buses park on the west end of the football field
- Run only 7 or less runners in the race.
- Each runner should be wearing a matching uniform (singlet and shorts) if they are on a team of 5-7 runners. They should be school issued uniforms.
- Undergarments do not have to match.
- Run within 6 feet of the marked line on the course.
- Place team camps designated area.
- No spectators on the football field during the awards presentation.
- Please help keep your spectators off the course and outside roped areas and remind them not to run with a competitor during the competition.

GIRLS



BOYS

