

Cleora Cardinal Cross Country Invitational

451358 East 295 Road, Afton, OK 74331-8113

Date: Tuesday, September 24th, 2019

Time: 3:45 pm (coaches meeting)

Divisions: High School, Junior High (7th/8th)

Approx. Start Time

Distance:

Junior High Girls: 1.5 miles	(4:00)
Junior High Boys: 1.5 miles	(4:20)
High School Girls: 2 miles	(4:40)
High School Boys: 5 K	(5:00)

Entry Fee: \$60 per HS division, \$50 per JH division, (\$200 for all 4 divs. HS girls, boys, JH girls, boys)
\$10 per individual runner

Entering: H.S. and J.H. must be entered on enduro by noon, Monday, September 23, 2019.
<http://www.endurousa.com>

Awards: Individual medals to top 20 in each High School division, 15 in each JH division

Payment: Checks may be mailed or brought the day of the meet. Please make checks payable to Cleora Athletics.

Contact Information: Please text or email and question to:

Dori Branham
Cleora Girls Coach
dbranham@cleora.net
(918) 244-0093

Mark Ricks
Cleora Boys Coach
mricks@cleora.net
(918) 269-6492