

FREE MEET !!!!

Army National Guard Cross Country Meet Held at Camp Gruber, Braggs, OK

Sept. 6, 2019

Union and Coweta will be joining to host a Cross Country meet again this year at Camp Gruber located near Braggs OK. This meet is not limited. The National Guard is sponsoring this meet and entry is **FREE** to the confirmed teams.

The meet is located near Braggs Ok at 327 Central Europe Rd. Braggs, Ok 74423

The First race will start at 9:00 am and will be on a rolling schedule.

- All High school boys (5km)
- All High school girls (5km)
- All JH Boys (2 miles)
- All JH Girls (2 miles)

Medals to the 1st 15 runners - 1st Place Team plaques will be presented to the winners each division.

The Meet will be held at Camp Gruber. It is a military base and they will check all adults IDs upon entering the gates, so please inform your parents who come to watch to have their IDs available.

Seating will be available for the spectators.

Coach Toby Hummingbird will need definite confirmation by September 4th.

Please contact Coach Hummingbird at 918-231-9449

Entries need to be submitted to I-40 Racing . Martin Updike 918-577-1956

Fax 918-682-0280

martin@i40raceservice.com