

Duncan Cross Country Meet

Saturday, August 31, 2019

This meet will be held at New Hope Baptist Church, located at 200 S 42nd Street, Duncan OK. The course sits on the corner of Beech ave and the Highway 7 Bypass.

All team entries must be completed on-line: www.enduroentries.com (TrackRoster). Coaches must complete Steps #2 - #5 to complete their team's online entries. Middle School teams cannot be added to your existing High School account. If you do not have a Middle School account, contact Kevin McWatters. Please email him at the following email address: kevin@enduro.us - - DEADLINE for all entries: Thursday, August 29, 5:00pm

Coaches meeting: 8:00am

Meet Start Time: 8:15am

All times are approximate, and we have a rolling schedule.

5A/6A Girls	8:15	5k
4A & Below Girls	8:40	2 miles
Varsity Boys (all classes)	9:10	5k
MS Girls	9:40	1 1/2 miles
MS Boys	10:00	2 miles

Varsity and JV runners will run together and be separated at the finish line!

Team Awards: Varsity division team championship trophy and Middle School team championship trophy Top 20 in each division will receive medals

Cost: Varsity Boys \$65.00
Varsity Girls \$65.00
JV is free if varsity is running
\$120.00 if both are competing
Middle school Boys \$55.00
Middle school Girls \$55.00
\$100 if both are running

Make checks payable to: Duncan High School Cross Country
515 N 19th
Duncan, Oklahoma 73534

Contact ToddLedford at 580-467-2741 or Tim Buben at 580-470-5042