## Eastside Steppers Track Club 1-Mile Practice Race

Please come out and join us for a 1 mile timed fun race for some good ole fashion running!

All ages will run together 1-Race 1-Mile! Pre-K to 8th grade

Dates: September 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, and 24<sup>th</sup>

**Location: Mitch Park-(Covell/Kelly)** 

(Driving off of Covell, turn on Marilyn Williams and follow that street all the way down to the stop sign. The Edmond YMCA Mitch Park location will be on your left side. When you get to that stop sign make a right on Kitefest Lane and park over there. Look for the Pavilion up the hill and proceeded to registration.)

Time: 4:45pm registration will begin; Run: 5:30pm (promptly)

Contact: Keitha Wyatt (405) 570-0639/ esstrackclub@gmail.com



\$5.00

(Per 1-Mile Practice Race)

\*\*Save time by completing your registration in advance. Please bring exact cash and or check payable to Eastside Steppers Track Club

Medals for all runners

## EASTSIDE STEPPERS TRACK CLUB

## 1 Mile Practice Race

## **RUNNER INFORMATION**

| First and Last Name  |     | Age         | В     | irthday | Sex            |          |
|--|-----|-------------|-------|---------|----------------|----------|
|  |     |             |       |         | Male or Female |          |
|  |     |             |       |         | (Circle)       |          |
| Address  |     |             | City  |         | State          | Zip Code |
|  |     |             |       |         |                |          |
| Home Phone # School  |     | l           | Grade |         | 1              |          |
|  |     |             |       |         |                |          |
| PARENTAL INFORMATION   |     |             |       |         |                |          |
| Parent/Guardian Name:  |     |             |       |         |                |          |
|  |     |             |       |         |                |          |
| Cell Phone #   |     |             |       |         |                |          |
| Emoil Address.   |     |             |       |         |                |          |
| Email Address:   |     |             |       |         |                |          |
| I fully understand that participation in this 1-Mile Practice Race could result in both minor and serious injury. I further understand that to minimize the risk of injury or harm, the runner (participant) should have had a physical within the past year. I assume any and all risks associated with the above participant and I hereby waive and release the Eastside Steppers Track Club, its coaches and representatives, and the location site, of any and all rights for damages or injuries suffered while participating in the 1-mile practice race. This is not an official meet. This shall serve as an open practice race to provide an opportunity for kids to run against some other athletes outside of their own school, friends, and teams.  MEDIA RELEASE  I hereby release to the Eastside Steppers Track Club and any of its agents, the right and permission, in respect of the photographs and video which the Eastside Steppers Track Club or its agents have taken of me or my children, or in which I/we may be included with others, to copyright the same in its own name or otherwise; to use, reuse, publish and re-publish in the same in whole or in part, in conjunction with any printed matter in any and all media now or hereafter known, and for any purpose whatsoever, for illustration, promotion, art, advertising and trade, or any other purpose; and to use my name, my children's names, and any statement made by me or my children, in connection therewith if the Eastside Steppers Track Club so chooses. I have read the foregoing and fully understand the contents hereof. This release shall be binding upon me and my heirs, legal representatives and assigns. I affirm by selecting "Yes" below. |     |             |       |         |                |          |
| (Parent's Name) (Parent/Guardian Signature) Date   |     |             |       |         |                |          |
| (For ESTC Representative)  |     |             |       |         |                |          |
| Runner #:  | Fin | nishing Pla | ce:   | Time:   |                |          |

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