

Frontier Mustangs Stampede Cross Country Meet

MAKE CHECKS PAYABLE TO: FRONTIER ATHLETICS – IF MAILING PLEASE SEND TO – FRONTIER PUBLIC SCHOOL P.O. BOX 130 RED ROCK, OK 74651

DATE: Saturday, October 5th - - - - - ***Open to all Classes***

PLACE: Frontier Public School

MEET DIRECTOR: Charles Sanders – 580-485-7873

Email- charles.sanders@frontierok.com

ENTRIES: All entries are online on the ENDURO USA website (www.endurousa.com) by OCTOBER 4, 2019 @ 6PM. Complete all steps on our meet's "Entries Window". Be sure to visit our meet's "**PREVIEW**" window before departing for the meet. If you have questions about our ENDURO USA account contact Kevin McWatters at: kevin@runenduro.com

Entry Fee: \$75/High School team - \$150 if your school has both genders.
\$10 per individuals HS (4 or less)
\$50/Junior High School team - \$100 if your school has both genders.
\$40/Middle School team (5th-6th Grade) - \$80 if your school has both genders.
\$8 per individuals MS/JH (4 or less)
\$300 Max if you have all 6 teams (HS B/G, JH B/G, MS B/G)

Awards: 1st place team award and top 15 medal in each division.

8:15 – Coaches Meeting

8:30 – 5th-6th Girls 1600M

8:45 – 5th-6th Boys 2400M

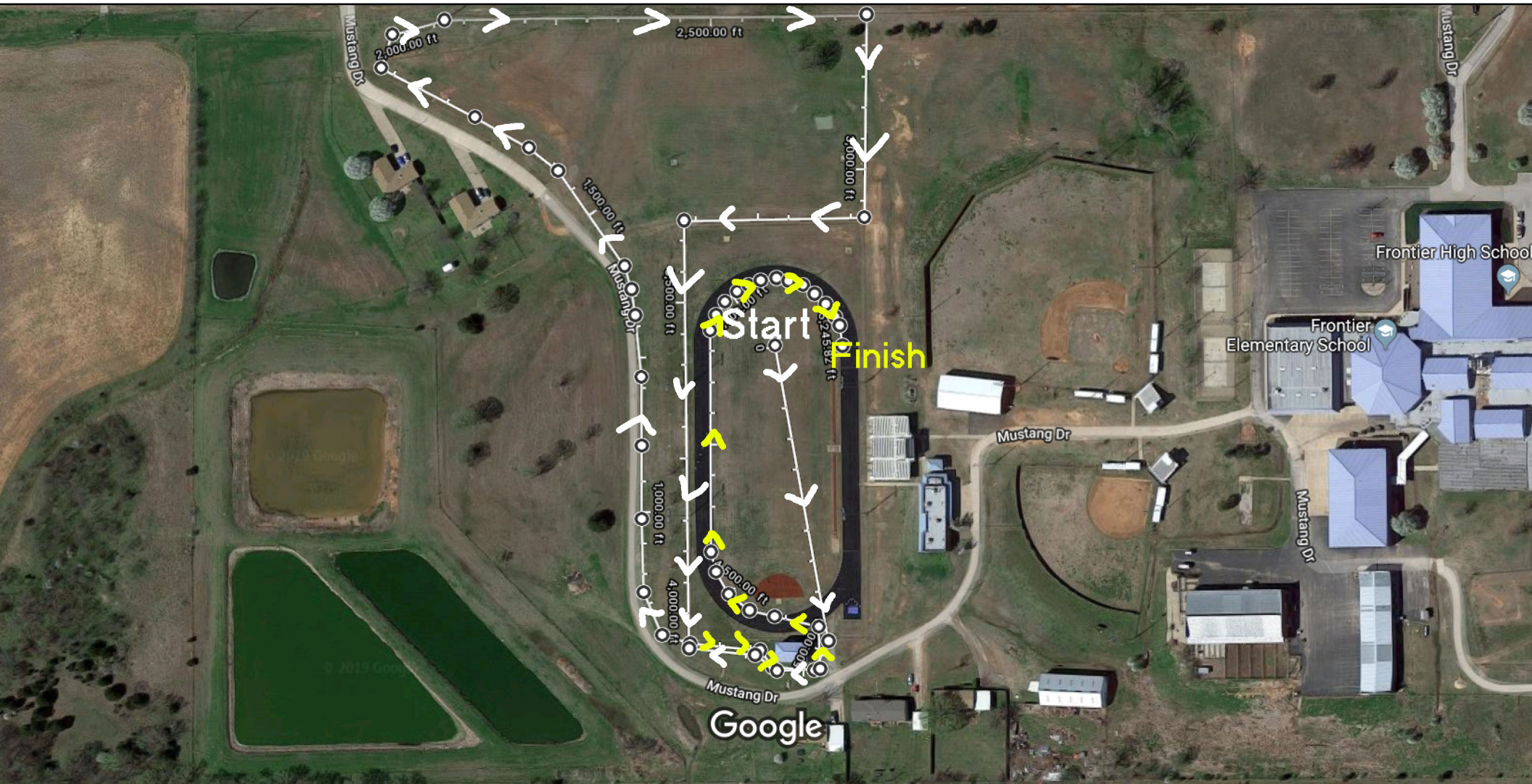
9:05 – JHG 2400M

9:25 – JHB 3200M

9:45 – HSG 3200M

10:05 – HSB 5000M

Admission will be \$5 per car.



**5TH-6TH
GIRLS 1600M**

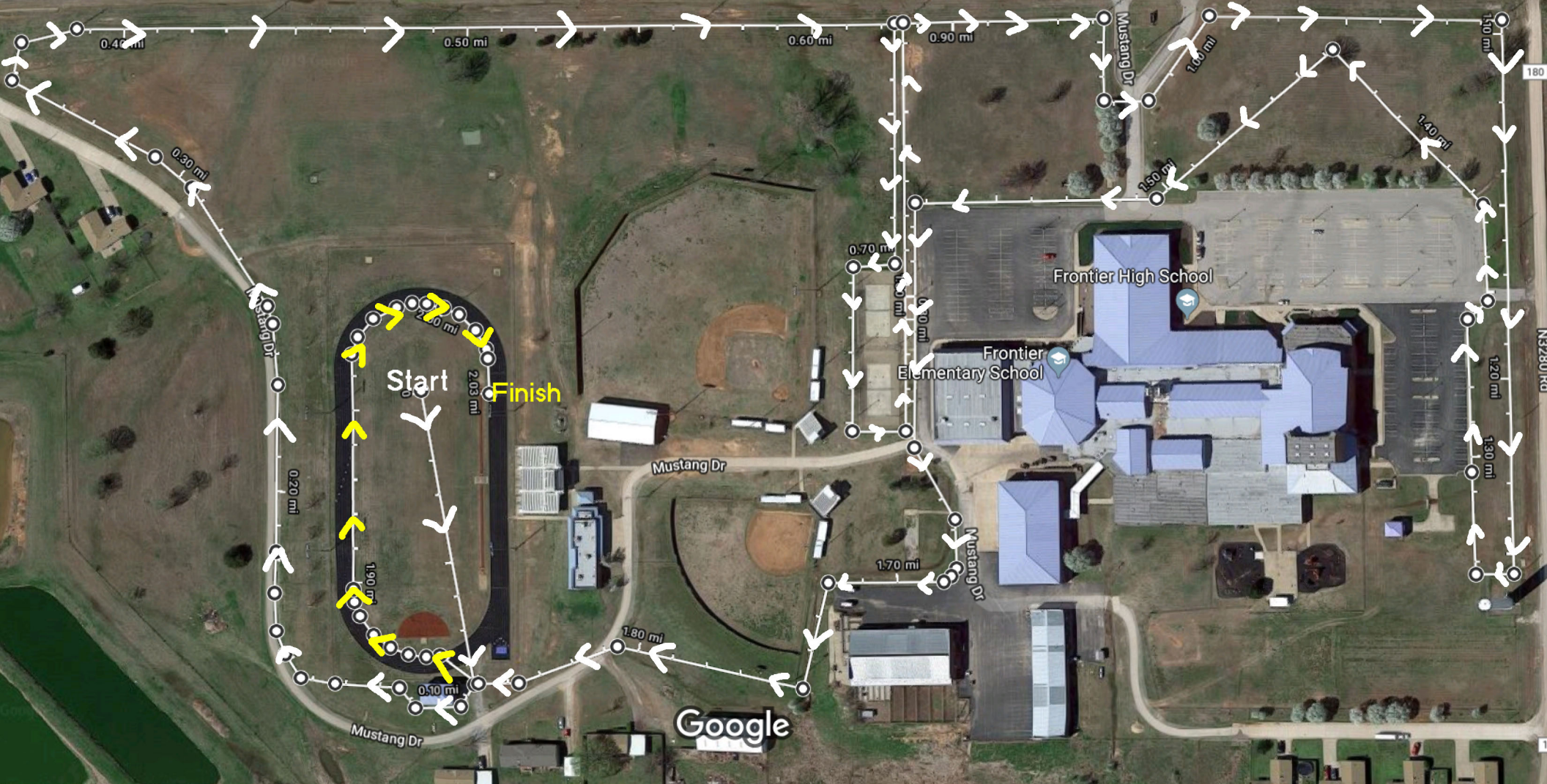
Measure distance

Total distance: 5,245.82 ft (1.60 km)



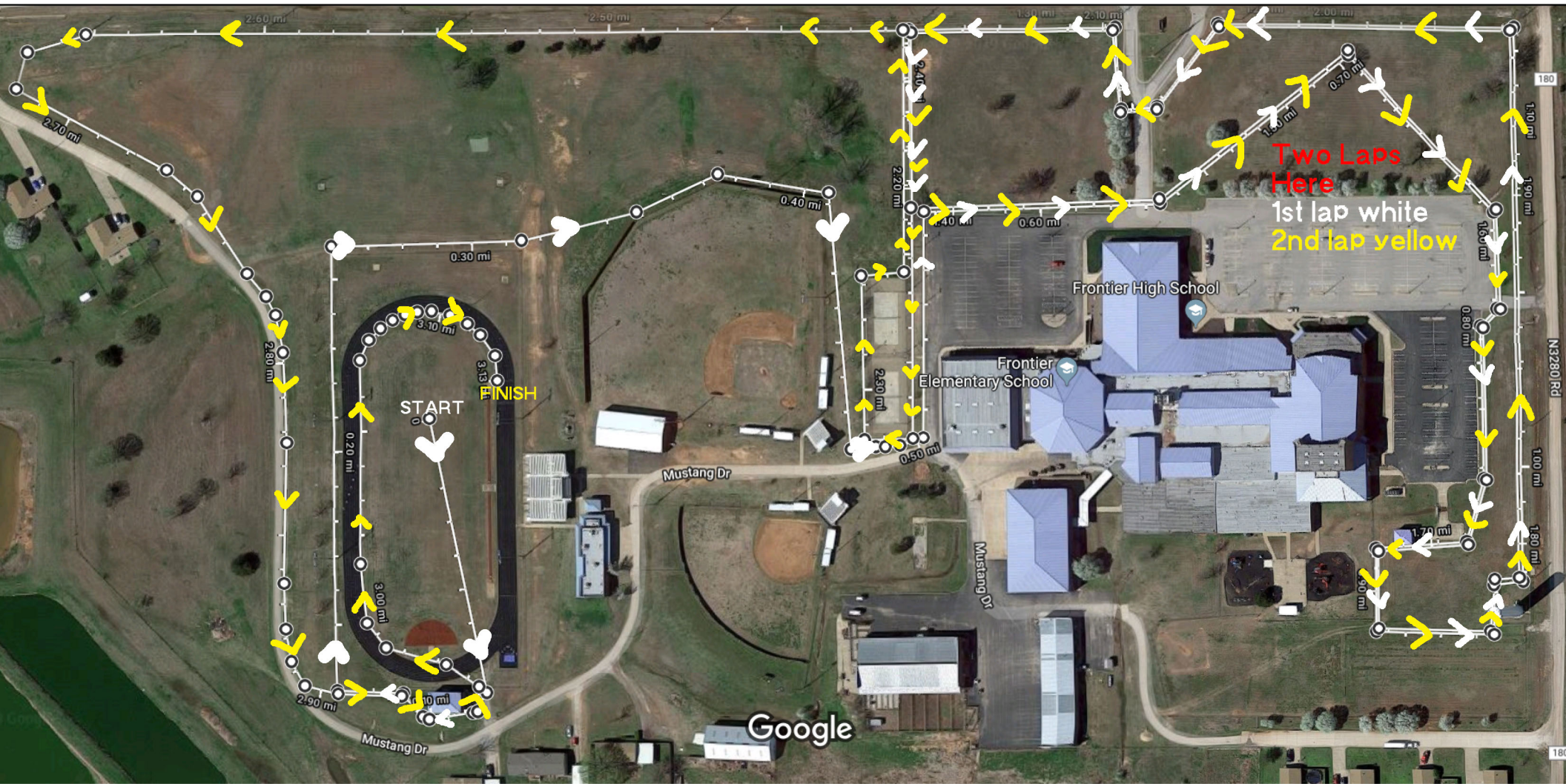
5TH-6TH BOYS
7TH-8TH GIRLS
2400M

Measure distance
Total distance: 1.50 mi (2.42 km)



**7TH-8TH BOYS
HIGH SCHOOL GIRLS
3200M**

Measure distance
 Total area: 1,306,517.45 ft² (121,379.44 m²)
 Total distance: 2.03 mi (3.27 km)



HIGH SCHOOL BOYS 5K

Measure distance
 Total area: 812,844.68 ft² (75,515.74 m²)
 Total distance: 3.13 mi (5.03 km)