

Wyandotte High School
PO Box 360
Wyandotte, OK 74370
October 15, 2019
Lucky 7 Conference Meet

Location: Bearskin Fitness Center
1 Turtle Drive
Wyandotte, OK 74370

parking will be located behind Bearskin Fitness (follow signs)

Schedule	Time	Distance
Coaches Meeting	4:45 PM	at starting line
JH Girls 6-8 th grade	5:00 PM	1600m
JH Boys	5:20 PM	1600m
HS girls	5:40 PM	2 miles
HS boys	6:00 PM	5k

***Times of races are approximate. Races will start when the proceeding race ends.**

Awards: Individual medals given to the top 20 runners in all divisions. No team plaques will be given

Course: will start off in a field with gentle terrain, and slowly transition into slight hills for junior high. High School will start off the same, with more challenging hills.

Entry Deadline: You may email Coach Siegrist your list of runners, or make your own tags, top 5 runners will be scored from each team, we will comply with OSSAA rules and regulations

Meet Director: Jeanie Siegrist Cell 918-257-1111
Work 918-678-2222 ext 4
Email: jsiegrist@wyandotte.k12.ok.us