Red River Showdown CROSS COUNTRY INVITATIONAL Saturday, August 24th, 2019

<u>Our Goal</u>: Red River Showdowns' desire is to spark competition between not only Oklahoma teams but Texas teams as well. Cross Country in southern Oklahoma and north Texas is considered to be strong; our goal is to provide a great meet that showcases that talent.

<u>Location and Course</u>: Legacy Park, Directly north of Mercy Health Love County Hospital. 300 Wanda St, Marietta, OK 73448. The course follows the perimeter of the pasture. Overall, it is fairly flat and spectator friendly. Buses should park in the grass south of the Growers Market. The course starts and finishes near the center of the concrete Legacy Walking trail.

| Schedule: | Time: | Distance: |
|-----------------|-------|-----------|
| Coaches Meeting | 8:00 | |
| HS Boys | 8:30 | 3m |
| HS Girls | 9:00 | 3200 |
| JH Boys | 9:25 | 3200 |
| JH Girls | 9:50 | 2400 |
| Elementary Run | 10:10 | 1600 |

Awards:

10 T-Shirts will be given to the winner in each division. Medals will be awarded to the top fifteen (15) Varsity and Junior High individuals.

Entry Fees:

High School Boys - \$75; High School Girls - \$75 Junior High Boys - \$60; Junior High Girls - \$60 \$10 per individual entered.

Entry Deadline:

Please email roster to <u>mappelman@mariettaisd.org</u> by Wed Aug 22nd Make checks payable to Marietta Cross Country

| Contact Information: | | |
|--------------------------|---------------------|---------------------------|
| Marietta High School | Phone 580-276-1200 | |
| Coach Appelman | 580-399-1217 (Cell) | |
| Coach Dobbins | 580-656-1716 | |
| 800 S 4 th ST | Fax | 580-276-4037 |
| | Email | mappelman@mariettaisd.org |