MOORE LIONS Cross Country Invitational

(15 team limit for High school & Junior High races) *Elementary Race*

DATE: Thursday, September 19, 2019

PLACE: First Moore Baptist Church, 301 NE 27th St. Moore, Ok

COURSE: Some long hills. Great Spectators Course!

RACE SCHEDULE: 3:30 P.M. Coaches Meeting

3:45 P.M. JH Girls – $(7^{th}/8^{th} \text{ grade})$ (2 miles)

4:10 P.M. JH Boys - (7th/8th grade) (2 miles)

4:35 P.M. High School Girls (V) (5K)

5:05 P.M. High School Boys (V) (5K)

5:35 P.M. High School Girls (JV) (5K)

6:05 P.M. High School Boys (JV) (5K)

6:35 P.M. Elementary Race (6th grade and down) (1 mile)

TEAM & INDIVIDUAL AWARDS:

1st place & Runner-up team award for each JH & HS race. Medals for top 30 finishers in JH & top 20 HS Varsity races, plus 10 medals for HS JV runners

ENTRY FEES: \$75 high school girls, \$75 high school boys (JV Free with Varsity entry), \$55 JH girls, \$55 JH boys, \$230 if all 4 teams run. Individuals \$15 each.

ONLINE ENTRIES: Enter runners online at <u>www.endurousa.com</u>

<u>Deadline to enter</u>: **Wednesday, September 18 at 6:00pm.** Teams will not be added at the meet. Each team will receive a packet with a bib for each runner. The bib must be worn on the front (chest area). Students will not be allowed to start/enter a race without his/her bib. Junior high students can NOT be entered through a high school account. If you need assistance with your ENDURO USA account, please contact Kevin McWatters at kevin@runenduro.com, or (405)641-6006. No race day entries will be accepted.

ELEMENTARY RACE INFO: All elementary runners must enter in at <u>www.endurousa.com</u> by Wed. Sept. 18th at 6 :00pm. **All elementary finishers will receive an award**. Race fee is <u>\$5/person</u>. Email Coach Givens for team prices.

Make checks payable to: Moore XC and Track Booster Club

Moore High School ATTN: Brian Givens 300 N. Eastern Moore, OK 73160 580-318-1184

RSVP to Moore HS Head Coach, Brian Givens: briangivens@mooreschools.com