## 2019 OK Runner Classic Thursday, October 10, 2019

The 14<sup>th</sup> annual OK Runner Classic will be hosted by Norman High School and be held at the NHS Soccer Complex located directly behind Irving Middle School. A coaches meeting will be held at 9:00 a.m. There will be four divisions (7G/8G/7B/8B races) that will have a maximum of 20 runners per team this year. Only the first 20 schools in each division will be entered to race. No more than 20 runners from one team per race. If you have more than 20 runners, you will have to pay for a 'B' team

9:00 Coaches Meeting 9:30 7<sup>th</sup> Grade Girls (2 miles) 10:00 8<sup>th</sup> Grade Girls (2 miles) 10:30 7<sup>th</sup> Grade Boys (2 miles) 11:00 8<sup>th</sup> Grade Boys (2 miles)

Directions: From the North: I-35 South merge left at the 1st Norman exit, US-77 S via exit 113 for about 2 miles. Turn left (East) on Robinson for 2.5 miles. Turn Right (South) on 12<sup>th</sup> Ave. and drive 1 mile to Alameda. Take a left (east) on Alameda and travel about ¾ of a mile to Vicksburg. Turn right (south) and Irving Middle School will be on your left. From the South: EAST Highway 9 exit off of I-35 (108A) and travel east for 3.5 miles until you come to 24th Avenue, take a left (North) for 2 miles. Once you come to Alameda street, take a left (west) for about ¼ mile to Vicksburg. Turn left (south) and you will see Irving Middle School on the left. Bus parking will be at Irving Middle School this year, since the meet will be held during Fall Break. Spectator parking will be located east of the course, off of SE 24<sup>th</sup> Ave. There will be admission for spectators this year.

Awards: Team plaques will be awarded to first place teams. Medals will be awarded to the top 20 individual finishers in each race. DEADLINE TO REGISTER FOR RUN IS MONDAY, OCTOBER 7 (if there is still room at that point). Any teams that are interested in participating in the meet need to e-mail Scott Monnard at smonnard@norman.k12.ok.us

## Entry Fee:

\$50 for each division entered (\$200 for all four divisions; if no division is more than 20 runners) \$50 for each -Bøteam (a -Bøteam will have to be entered if a school has more than 20 runners in a particular race)

\$10 per individual runner

Need more Info? You can e-mail/call Scott Monnard at smonnard@norman.k12.ok.us (405) 420-5951

Mail Entries to: Norman High School (Attn: Bo Maynes) 911 W. Main Street Norman, Ok. 73069