## ARKANSAS-OKLAHOMA ALL-STAR CROSS COUNTRY MEET November 16, 2019 ROGERS HIGH SCHOOL ROGERS, AR

## **Race Schedule**

Check-In	10:00 am
Girls (5K)	11:30 am
Boys (5K)	12:00 pm

Oklahoma/Arkansas All-Star Meet: ALL RUNNERS who participate in the Oklahoma Meet of Champions are invited to run in the Oklahoma/Arkansas Dual on November 16th.

The official scoring team for the Oklahoma/Arkansas duel will consist of the top 20 finishers from the Meet of Champions and 5 at large runners. The five at large berths will be given to runners who A) do not run at the Meet of Champions and are nominated by their coach B) finish 21st-25th at the Meet of Champions. If a runner from the official scoring team is not present at the Oklahoma/Arkansas Duel, a runner will be moved up to fill the spot based on performance at the Meet of Champions.

Team members will wear their Meet of Champions jersey provided by the OTCA. All qualifying athletes should report to the registration area no later than 10 am.

Please note: The qualifiers for this year's team will be posted on Facebook at "Oklahoma Track & Field and Cross Country" and OHStrack.com. If you qualify for the meet, please either email, text or call the coaches listed below to let them know if you are participating or not, or use the Facebook page to let us know if you are attending. If you text, please include your name in the text.

Classes 2A/3A/4A Kendra Hoover hoover@mooreland.k12.ok.us (405) 761-8146 Classes 5A/6A Aaron Partridge apartridge@baschools.org (405) 777-8979

Please confirm your participation no later than Monday, November 11<sup>th</sup> with the above coaches.

## **Arkansas Course Location**

2300 South Dixieland Road Rogers, Arkansas 72758 The cross country course is just south of the school. Parking is in the school's south parking lot.